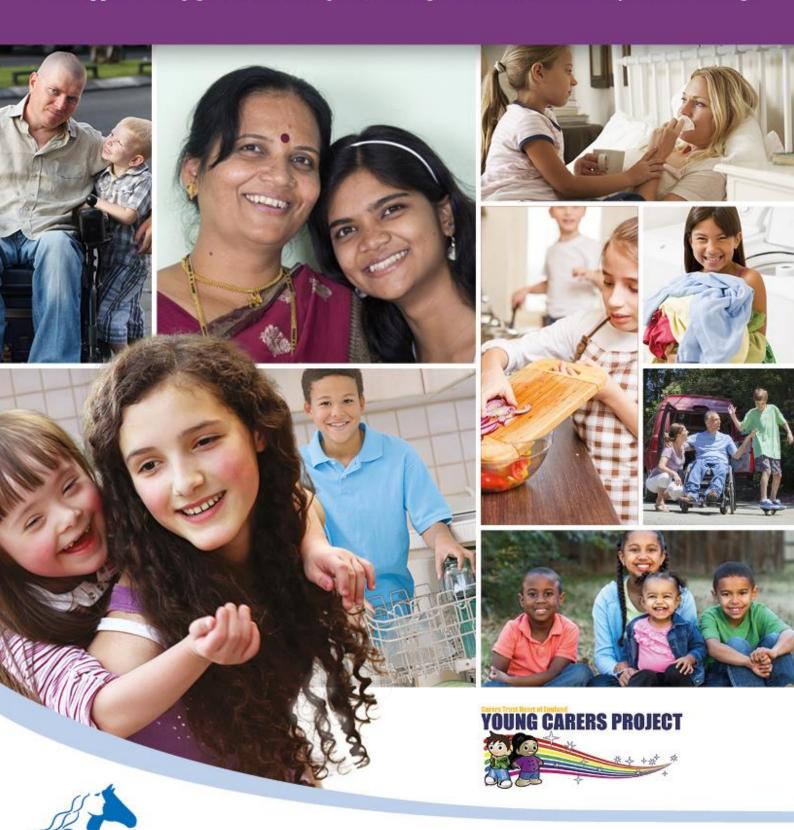
# Supporting Young Carers in Schools an online good practice guide

A supplementary guide to Coventry's 'No Wrong Doors' Memorandum of Understanding



Coventry City Council

## Who are young carers and why are they important?

Young carers are children or young people who look after someone (normally in their family) who have an illness, a disability, mental ill-health or a problem with drugs or alcohol. They may take on practical *or* emotional caring tasks that an adult would normally do.

Around one in 20 young people miss school because of their caring responsibilities

There are an estimated 5,000 children and young people under the age of 25 with caring responsibilities in Coventry.

One in 12 young people care for more than 15 hours per week

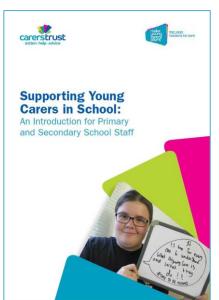
Young carers don't always identify themselves as a carer because they see it as part of their everyday life and something they have always done. Often young carers are reluctant to tell anyone about their caring responsibilities. This can lead to young carers becoming isolated and not getting the right support and the impact on their life can be huge regardless of

the type of care they provide or how often they provide it

Juggling all their responsibilities may be difficult and it can be hard to find time for homework, activities after school or friends

Schools play a vital role in helping to identify young carers and ensure they get the right support at the right time

## FREE E-Learning "Young Carer Aware" is available on the Council website



This Carers Trust guide provides information, advice and guidance for staff and schools to develop support mechanisms for young carers and their families.

# **Supporting Young Carers in School:**

An Introduction for Primary and Secondary School Staff

Carers Trust has a wide range of other resources to explore on their <a href="Professionals webpages">Professionals webpages</a> including details about their <a href="Young Carers in">Young Carers in</a> Schools award.

There is also a new resource to **protect young carers from bullying** 

Young carers have significantly lower educational attainment at GCSE

# Young carers and safeguarding

Children and young people must not be relied upon to provide excessive or inappropriate care and all practitioners must be able to recognise and respond to risks to children's safety and welfare, especially where they have concerns that children are, or may be, suffering significant harm

Young carers are one and half times more likely to have a special educational need or a long-standing illness or disability



# **The Young Carers Project**

Carers Trust Heart of England

Phone - 024 7610 1040 Text - 074 2867 0040

The Young Carers Project is independent of statutory services, funded through Children in Need and Big Lottery

#### How can the project support young carers?

We work with young carers aged between 5 and 18 years old and run a range of supported activities, as well as providing one to one emotional support and working with families. We can also support young carers to raise any issues they might be having at school. Our workers have a presence in a number of schools across the city

We also have a support worker for young adult carers funded through the Carers Trust "Programme for Change" who provides support to 14-25 year old carers on issues around managing a caring role and education and/or employment.

Our service is open to all young carers and **more information can be found on our website**.

# How can the project support your school?

The Education Worker will provide support to schools in different ways; holding awareness assemblies, referring to our Young Carers and Family Support Worker for 1:1 support, attending meetings, running information/drop in sessions and PS HE lessons.

The Education Worker will also be working with primary schools in achieving the **Young Carers in Schools** award. This enables schools across Coventry to effectively provide a high standard of support for Young Carers in their schools.

More details of this scheme and how to get involved can be found on our website

## **Assessing young carers**

The Care Act 2014 and the Children and Families Act 2014 introduced new right and assessments for young carers and their families which, taken together, promote a whole family approach that aims to reduce children's caring roles and responsibilities.

Young carers are more than one-and-a-half times as likely to be from black,
Asian or minority ethnic communities

Section 17 of the Children Act 1989 has been amended and introduces new rights for young carers in the following ways

- Local Authorities must identify young carers in their area
- Young carers have a right to a needs assessment and support
- The assessment should appraise whether it is appropriate for the child/young person to provide, or continue to provide care, their other needs and wishes and should also identify whether they are a child in need
- The assessment should include the views, wishes and needs of the young carer and the person who needs support, and any others identified by the young carer
- The young carer and the person who needs support should be given a written copy of the assessment
- Assessment and support should address the needs of families through the whole family approach

The Care Act 2014 introduces new measures for assessing adult carers aged 18 and over and young carers in transition – those moving between children's and adult services. The Act introduces new measures that are intended to

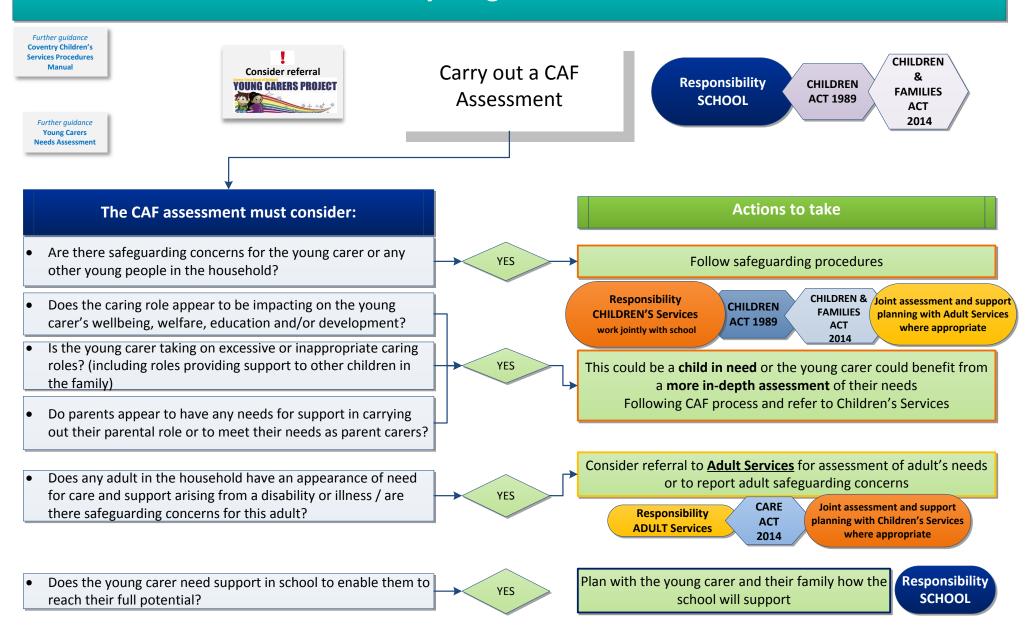
- Recognise the changing needs of young carers
- Give young carers in transition the right to a needs assessment in their own right
- Ensure assessments identify their support needs and assess whether they are able and/or willing to provide care after the age of 18
- Ensure any support provided helps young cares in their preparations for adulthood (e.g. education, training, employment, etc.)

Young carers are more
likely than the national
average to be 'not in
education, employment or
training' (NEET) between
the ages of 16 and 19

 Address the needs of families through the whole family approach (including parenting needs)

This assessment should start in school through the CAF process

# What to do when a young carer is identified in school



Other guides in this series:

# **Supporting Young Carers**

An online good practice guide for health professionals

A supplementary guide to Coventry's 'No Wrong Doors' Memorandum of Understanding

# **Supporting Young Carers**

An online good practice guide for social care

A supplementary guide to Coventry's 'No Wrong Doors' Memorandum of Understanding

All the guides and the 'No Wrong Doors' A Memorandum of Understanding for Young Carers can be downloaded from

www.coventry.gov.uk/youngcarers

Our local Carers' Strategy is also available on the Council website at www.coventry.gov.uk/carersstrategy