



## LOCAL OFFER to care leavers





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#### Introduction

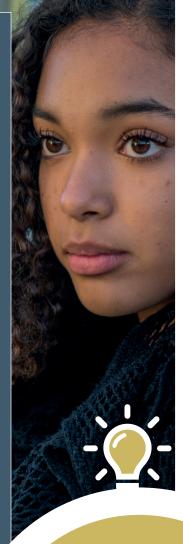
This leaflet tells you about all the support that is available to you as a care leaver. Becoming an adult can be a tricky time. Things like leaving school, finding a job, starting a relationship, setting up home and becoming a parent don't always happen in order. We know that it's a big step to move to living on your own. We want to make sure that you feel supported and know where and who to go to for advice and help.

Care leavers helped us design this local offer and we will continue to listen to your views to make sure the services we offer are what you need. We have written this leaflet with a group of care leavers.

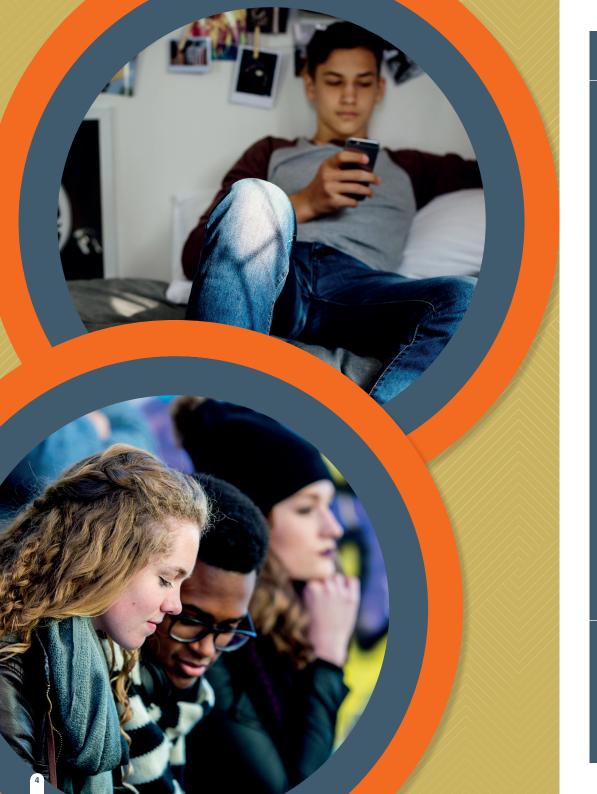
To be able to get the support detailed in this leaflet, you must have been in care for at least 13 weeks between the ages of 14 and 16 (including your 16th birthday) or for 13 weeks after your 16th birthday. If you're not sure whether you have, then ask your personal advisor.

This leaflet is available online at www.coventry.gov.uk/careleavers you can email ThroughCareService@coventry.gov.uk to request a copy and your personal advisor will talk to you about it.

As a local authority we are your corporate parents, this may seem like a strange term but it means that care leavers should expect the same level of care and support that others would expect from a reasonable parent. Through Care helps make sure that care leavers have the opportunities they need, which will include offering you more than one chance as you grapple with taking on the responsibilities of adulthood as we know that not everyone gets it right first time.



Keep this leaflet somewhere safe so you can look at it when you need to and if you are unsure about anything or want some more information, please speak to your social worker or personal advisor



# The support we must give you by law

#### Personal advisor

- From April 2018 care leavers have the right to personal advisor support up to the age of 25.
- The role of a personal advisor is to help care leavers prepare for independent living and to support them after they leave care.
- Personal advisors are responsible for ensuring that a Pathway Plan is developed and kept up to date for each care leaver until they reach 21.
- We will try and ensure that care leavers keep the same personal advisor where possible.
- Until you reach 21 your personal advisor will see you at least once every two months and keep in touch with you between visits.

#### **Pathway Plan**

- We will prepare a Pathway Plan for all young people leaving care that sets out how we will help you to achieve the things you want to.
- We will start developing the Pathway Plan while you are still in care around your 16th birthday.
- We must review your Pathway Plan at least every six months until you reach 21.
- We will ensure you are involved in preparing and reviewing the Pathway Plan.



#### Leaving care before turning 18

- You can choose to leave care before you turn 18 but we do not encourage this due to you losing some of the benefits you are entitled to whilst in care. The Director of Children's Services must sign off all decisions to allow a 16 or 17 year old to leave care.
- If you do choose to leave care before you are 18, we will ensure that you are in suitable accommodation and provide you with assistance to meet your needs in relation to education, training or employment as set out in your Pathway Plan.

### Support to engage in education employment or training

We want to make sure every young person leaving care has the support to achieve their goals in life.

The law says we must provide you with assistance with expenses linked with employment, education and training. In particular:

- We will provide you with a Higher Education (HE) bursary of at least £2,000 if you go to university.
- We will provide somewhere for you to stay during university holidays (or funding for this if you would prefer to make your own arrangements) if you are in HE or in residential further education.





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#### **Accommodation**

If you are aged over 18, your personal advisor will help you to find suitable accommodation. This might involve:

- Working with housing services to come up with suitable housing options for you, including supported accommodation if you are not ready or don't want to have your own tenancy.
- Giving you high priority access to social housing in accordance with our housing allocation policy.
- Supporting you in a housing crisis, including offering a 'second chance' if your first move to independence does not work out for you, backdating this to your 16th birthday.
- If this is what you and your foster carers want, supporting you to remain with your foster carers under what's called a 'Staying Put' arrangement.





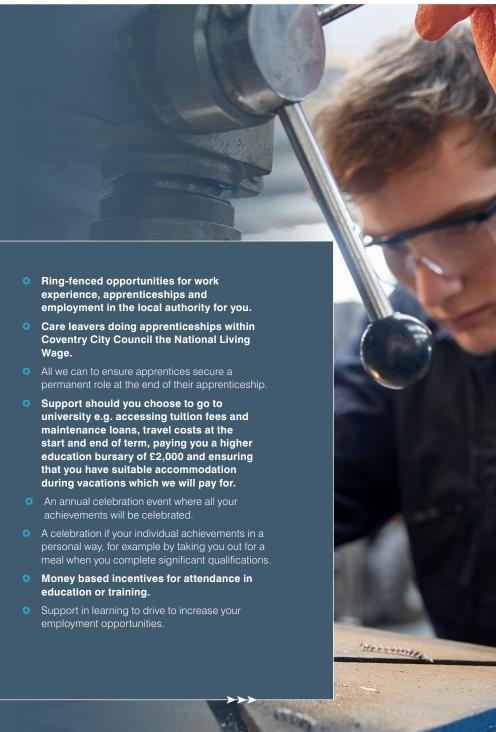


## Education, training and employment

We want you to succeed in your education, training and employment. We will ask you how you are doing and be ready to celebrate your achievements with you

We will support you to access and maintain education training and employment by offering:

- Careers advisors based within Through Care to provide specialist advice and support with accessing education, training and employment
- Support with transport costs when travelling to training, school/college, apprenticeships or job interviews
- Support to access your Further Education Bursary.
- Support to buy equipment, essential clothing, and books





#### **Health and Wellbeing**

We will support you in getting the support you need around your physical and mental health by offering:

- A health passport for you when you leave care which will give your health history.
- Signposting to where you can get help to pay for prescription costs.
- Support for you to register at health services when moving home.
- Ongoing mental health support until you reach the age of 25.
- You and a guest free access to sports facilities in the city.
- Transport costs when you are attending hospital or doctors' appointments.
- Additional support to you if you are a young parent.
- Ongoing support beyond your 18th birthday, and involving Adult Social Care if this is needed.





When most young people leave home to live independently, they cannot always afford everything they need straight away and cannot always afford everything new. Your savings are there for you to use in your transition to independence and into later adulthood. Spend them wisely!





#### Relationships

As well as support from a personal advisor, we may be able to offer you additional practical and emotiona support, such as through:

- Providing you with a mentor/peer mentor;
- Where appropriate, continuing to support contact with the 'Independent Visitor' you had while you were in care:
- Help to maintain or regain contact with people special to you, or who cared for you in the past, like former foster carers, residential staff or social workers.



#### **Useful contact numbers**

Key contact numbers		
Through Care team:	024 7678 7808	
Emergency Duty team:	024 7683 2222	
Voices of Care:	024 7683 1432	
My personal advisor:		
My GP:		

Health & wellbeing		
Samaritans:	116123 (FREE)	
Childline:	0800 1111	
NHS England:	111	
Crisis team (Mental Health):	024 7696 7900	
Police non emergency:	101	

Housing	
Coventry homeless team:	024 7683 4025
Coventry drug & alcohol service:	024 7601 0241
National Insurance number helpline:	0300 200 3500
Shelter:	0808 800 4444 / 0808 1644 660
	(Emergency)

Other support		
Rees Foundation:	www.reesfoundation.org 0800 023 2033	
Buttle:	www.buttleuk.org <b>020 7828 7311</b>	
National Youth Advocacy Service:	www.nyas.net 0808 808 1001	
The Care Leavers' Foundation:	01678 540598	
Coventry Law Centre:	024 7622 3053	
Become:	advice@becomecharity.org.uk www.becomecharity.org.uk 0800 023 2033	
Propel:	www.propel.org.uk	



