

# Early Years Newsletter



## **Helping Managers to Support Staff Wellbeing**

Thrive at Work Wellbeing Commitment is a standard of good practice and a quality mark for health and wellbeing in work. It is a West Midlands initiative with over 300 organisations currently working towards the award. The programme helps employers improve staff health and wellbeing, engage and communicate more effectively with employees and help achieve a range of business and organisational benefits.

This programme could support you in meeting the requirements within the new Early Years Inspection Handbook (page 38), which highlights how the well-being of practitioners is consistently supported, in relation to pressures which may impact on their workload

By participating in Thrive at Work Commitment, you are already on the road to addressing issues such as reducing sickness absence costs, improving productivity and improving staff engagement and commitment.

**All early years providers of any size or location can take part in the programme and sign up free of charge.**

Providers will have the chance to receive a 'Thrive at Work' Wellbeing Award and be celebrated at an awards ceremony if they achieve the Thrive at Work Commitment.

For further information visit the website <https://www.wmca.org.uk/what-we-do/thrive/thrive-at-work/> or contact Jenny Duggan at [jenny.duggan@coventry.gov.uk](mailto:jenny.duggan@coventry.gov.uk).