

CGL Training Programme for Professionals Coventry 2023

Change Grow Live are delivering FREE training and information sessions for our partners interested in developing drug and alcohol awareness, available to all the stakeholders and agencies who work closely with us or our service users.

We will be holding these sessions both online and in our office at Lamb Street. We can also deliver in person sessions to your organisation onsite. To book onto any of our courses, contact coventrytraining@cgl.org.uk

Our sessions are ideal for: Pharmacists, housing officers, social care, homelessness teams, mental health, general health workers, outreach workers, police, benefits advice agencies, children's social care, health visitors, teachers, anyone working with children or adolescents.

Most of our sessions run for between 1-2 hours with a variety of interactive activities and tasks, information videos and an information pack to keep after the session.

We also offer pre-recorded information videos around various substance related topics and the work we do at CGL Coventry.

Our sessions are led by our Community Development Lead, and often accompanied by one of our volunteers, sharing valuable lived experience and knowledge with the attendees.

Calendar dates and course specifics attached. Feel free to share this calendar with your professional network who may benefit from our programme. Also, keep an eye on our social media channels throughout the year for added events and sessions. We look forward to welcoming you!



| Course | Dates Available |
|--|--|
| Introduction to CGL Services | AT CGL - LAMB STREET |
| Coventry via our Coffee Morning | |
| A short presentation covering | |
| what we do and our referral | First Wednesday of each month 10.30-12.00 |
| pathways, accompanied by | BEGINNING IN MARCH 2023 |
| refreshments and the | 1/3/23 5/4/23 3/5/23 7/6/23 5/7/23 |
| opportunity to speak with our | 2/8/23 6/9/23 4/10/23 1/11/23 6/12/23 |
| staff and volunteers. | |
| | |
| 1.5 hours | ONLARS TEARRS |
| Opiate Substances Awareness An overview of opiates such as | ON MS TEAMS |
| heroin, the effects of the drug | Tuesday 14 th February 10.30-12.00 |
| and the treatment and support | 1063004 1416010019 10.30-12.00 |
| available, harm reduction | Tuesday 9 th May 10.30-12.00 |
| advice and how we can | 1003ddy / 171dy 10.00 12.00 |
| support as a community around | Tuesday 22 nd August 10.30-12.00 |
| the stigmatic issues of opiates. | 7.00000.7 <u></u> 7.00g00. 10000 1 <u>-</u> 1000 |
| | Tuesday 14 th November 10.30-12.00 |
| | , |
| 1.5 hours | |
| Non-Opiate Substance | ON MS TEAMS |
| Awareness | |
| An overview of non-opiate drugs | Tuesday 14 th February 12.30-2.00 |
| such as cocaine, cannabis and | T |
| NPS, the effects of these types of | Tuesday 9 th May 12.30-2.00 |
| drugs and the support and treatment available for these | Tuesday 22nd August 12 30 2 00 |
| substances, including brief | Tuesday 22 nd August 12.30-2.00 |
| interventions and harm | Tuesday 14 th November 12.30-2.00 |
| reduction advice. | Total and the second se |
| | |
| 1.5 hours | |
| Alcohol Awareness Workshop | AT CGL- LAMB STREET |
| Exploring the effects of alcohol, | |
| alcohol dependency and | Wednesday 29 th March 10.00-11.30 |
| guidance around brief | |
| interventions. Advice on how to | Wednesday 14 th June 10.00-11.30 |
| recognise the signs someone | W. J. J. O.74b C. J. J. O. O. 44 O. |
| may need support, brief | Wednesday 27 th September 10.00-11.30 |
| interventions and how to start | Wadnesday 12th Dagambar 10 00 11 20 |
| those conversations. | Wednesday 13 th December 10.00-11.30 |
| 1.5 hours | |
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| Course | Dates Available |
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| Substance Misuse and Mental Health | ON MS TEAMS |
| The links between drugs, alcohol | Monday 13 th February 10.30-12.00 |
| and mental health. Understanding what dual | Monday 8 th May 10.30-12.00 |
| diagnosis is and how we play a role. | Monday 21st August 10.30-12.00 |
| 1.5 hours | Monday 13 th November 10.30-12.00 |
| Substance Misuse in Pregnancy | ON MS TEAMS |
| We Look at the risks associated with the use of drugs and alcohol | Monday 13 th February 12.30-2.00 |
| whilst pregnant, the risk to unborn children, potential long term | Monday 8 th May 12.30-2.00 |
| harm to children including FASD. | Monday 21 st August 12.30-2.00 |
| 1.5 hours | Monday 13 th November 12.30-2.00 |
| Naloxone and Overdose | AT CGL- LAMB STREET |
| Training Essential information for anyone working with injecting drug users | Thursday 30 th March 10.00-11.30 |
| including correct needle sizes, paraphernalia, injecting risks, and | Wednesday 3 rd May 2.00-3.30 |
| safer injecting advice. | Wednesday 19 th July 2.00-3.30 |
| 1.5 hours | Thursday 2 nd November 10.00-11.30 |

Please email <u>coventrytraining@cgl.org.uk</u> with your name, organisation and the course name and date you would like to book.