

Coventry citivision

● Browns Lane gearing up

● Autumn What's On

inside



Dig this!
Proud
citizens
launch
campaign



New outdoor youth space



Major boost for apprenticeships



Wanted! Your Sky Blues' memories

Plus: Your 8-page 2012 Olympic Games special

Become a Coventry Ambassador and welcome the world to London 2012

Be part of it!

Including: news, comments and updates from organisations across the city working together to improve life in Coventry

**Are you a
Coventry
Ambassador?**

inspired by
London
2012



The London 2012 Olympic Games Football competition is coming to Coventry and bringing with it thousands of visitors during the Games in July and August 2012.

We are looking for over 300 volunteers who will represent Coventry as ambassadors during the London 2012 Games.

**This is your chance to
welcome the world
to your city**

**Coventry
Ambassadors**

Proud Of My City

For more details visit:
www.coventry.gov.uk/coventryambassadors

Coventry
Ambassadors





● A personal message from Cllr John Mutton, Leader, Coventry City Council.

Proud to be a Cov Kid

One of the most enjoyable parts of my job as Leader of the Council is talking to people about what makes this city of ours so special.

I'm really proud to be a Cov Kid and I'll tell anyone who'll listen why Coventry is a great place to live and work – not just because of our history, but because of our future, too.

We want to make sure the thousands of people who visit us next year during the Olympics will see the city at its best, get a warm welcome and feel at home in a city with a worldwide reputation for friendliness.

That's why we've launched the Proud of My City campaign to encourage residents to get together to make their neighbourhoods look their best and share stories about all that's good about Coventry.

This issue of *Citivism* does just that – it's full of stories about people getting together to help each other out, and organisations like the Council making the effort to go the extra mile to deliver great services for local people. You can find out how to get involved in Proud of My City yourself on page 8.

The eyes of the world will be on us next summer. Let's do Coventry proud – it's what this city deserves.

*You can write to John at The Council House, Earl Street, Coventry CV1 5RR, or e-mail him at john.mutton@coventry.gov.uk

If you need this information in another format or language please contact us:

Tel: 024 7683 1081

Fax: 024 7683 1132

e-mail: communications@coventry.gov.uk

Cover story: Council leader John Mutton and partners get the Proud of my City campaign off to a flying start. For full story, turn to page 7.

news

- 4 **Coventry** is on its marks for London 2012, with local people being invited to welcome the world to the city as Ambassadors.
- 6 **Car production** is set to return to Browns Lane in Coventry after CPP Global Holdings Ltd signed an exclusive purchase agreement with the owners of the site.
- 7 **The Council** has launched a major scheme to boost the number of apprenticeships offered by the authority and around the city.
- 8 **People** are being encouraged to be part of Proud of My City, a new campaign which aims to involve residents in the 2012 Olympics.
- 9 **The Herbert Art Gallery and Museum** is asking for stories, photographs and memorabilia from the Sky Blues' 1987 cup triumph for a new exhibition.

community focus

- 11 **Citivism** looks at the history of Neighbourhood Watch and talks to local people who have benefited from their local scheme.

green focus

- 12 **Coombe Country Park, Longford Park, Allesley Park and Caludon Castle Park** have all been awarded a Green Flag for excellence.
- 13 **Coventry** has struck gold after winning the large city category at this year's Heart of England in Bloom awards.

A personal message from Dave Walton, chair of the Coventry Partnership....

Citivism includes a great range of articles from organisations across the city that make up the Coventry Partnership. The partnership includes the public, private, community and voluntary sectors and as the new chair, I'm keen to see everyone play their part in the Proud of my City campaign. It's a great opportunity to celebrate all that's good about Coventry and the tremendous civic pride generated by the work of communities across the city. I encourage you to go to www.proudfmymcity.org.uk for more information.

The run up to the 2012 Olympics presents a fantastic opportunity to



* Dave Walton is acting Assistant Chief Fire Officer/Director with responsibility for the Technical and Operational Support sections within West Midlands Fire Service.



promote the city. The opportunity for the city to host part of such a prestigious sporting event is unique to all of us. I also wanted to take the opportunity to thank the outgoing chair of the Coventry Partnership, Roger Lewis, for his hard work and dedication to ensuring that in tough economic times, partnership working across the city remains as strong as ever.



New students have been finding out all that's on offer at the Universities of Coventry and Warwick.

19

health focus

- 14 **Residents** who are at risk of seasonal flu can protect themselves and others by getting their free flu jab from their GP.
- 17 **Coventry and Warwickshire Partnership NHS Trust** will be asking the public, partner and stakeholder groups to help in its impending public consultation on its Foundation Trust application.

what's on

- 18 **A round-up** of some of the attractions on offer in and around Coventry this autumn and early winter.

councillors

- 22 **Need to contact your councillor?** Check out our comprehensive directory for who you should turn to for help or advice.

contact us

Call the *Citivism* newsdesk on 024 7683 1075 or write to Newsdesk, Room 27, The Council House, Earl Street, Coventry, CV1 5RR, or e-mail communications@coventry.gov.uk

Written and produced by the Communications Team, Coventry City Council. Each edition of *Citivism* costs 7p per copy to write,

print and distribute to every home in Coventry. You can also pick up a copy at libraries and council buildings. *Citivism* is produced on paper from sustainable woodland and is chlorine free. The milling process also has Environmental Management Systems in place. Once read, please recycle.

If you would like to advertise in the next issue of *Citivism*, contact Darren O'Shaughnessy on 024 7683 1075. Coventry City Council is grateful for the support from advertisers in this issue of *Citivism*, but accepts no responsibility for the accuracy of adverts. The next issue of *Citivism* will be delivered in December 2011.

Welcome the world



■ Promoting the Coventry Ambassadors Scheme are (from left) Sue Ogle, director, Operations and Development, Voluntary Action Coventry, Cllr Mal Mutton, chair of the Council's Cabinet Advisory Group for the Olympics, Ian Dunn, Pro Vice Chancellor, Coventry University and Cllr John Mutton, leader of the Council.

Coventry is on its marks for London 2012, with local people being invited to welcome the world to the city as Coventry Ambassadors.

Jonathan Hunt, project manager for

the Ambassadors scheme, said organisers were looking to recruit 300 volunteers to offer an unforgettable welcome to Coventry during the Olympic Games.

"We're looking for a range of

people who live, work, volunteer or study in Coventry. If you are passionate about selling the positives of Coventry then you will be a great addition to the team of volunteers," he said. Coventry Ambassadors will be

the first port of call for anyone needing assistance and information about the London2012 Olympic Football competition which is being hosted by the city.

The once in a lifetime opportunity is open to people over 18 from January 1, 2012. Details about how to apply are available by visiting www.coventry.gov.uk/coventryambassadors. For more information, call Voluntary Action Coventry on 024 7622 0381 or e-mail volunteering@vac Coventry.org.uk

Coventry Ambassadors is funded by the Council in partnership with Coventry University, Voluntary Action Coventry and Coventry, Solihull and Warwickshire Sports.

■ **London2012 pull-out**
- See centre pages

Halloween help

While Halloween can be fun for many, for the old and vulnerable it can be something of a trial. So for those worried by the prospect of impending mystery callers, West Midlands Police has issued the polite notice pictured left. Simply cut it out and place it inside a front window in view of callers - and look forward to a peaceful Halloween.

Boot camp helps turn lives around

Eight young people from Coventry have proved hard work is the key to success after a week-long boot camp course gave them the chance to turn their lives around.

Whitefriars Housing Association ran the course for young people out of work and education, with the incentive of an apprenticeship for the person who excelled the most during the week.

Seventeen-year-old Katy O'Beirn (pictured) from Cheylesmore, was chosen as 'The Apprentice', but all eight were so outstanding that they will now embark on a 12-week Foundation to Learning course to boost their academic abilities. Two further apprenticeships are now up for grabs over the next three months.



Some of the 16 to 18-year-olds who took part have been involved in low level anti-social behaviour or are known to the Youth Offending Service.

Katy, who began her housing apprenticeship at Whitefriars' Torrington Avenue office in September, said: "Being given the apprenticeship has changed my life because it's going to allow me to earn money and one day hopefully I'll be able to get my own place."

The week included team building and physical challenges, plus advice on CV writing and interview skills.

Gail Cooper, head of anti-social behaviour at Whitefriars Housing, said: "Katy has been a star throughout the week and deserves the apprenticeship."

■ **Apprentices boost**
- Page 7

Showing they care

The latest recipients of the Good Citizen Award are **Pat Watson** and **John Marriott** for their sterling community work at Henley Green. If you know someone who 'goes the extra mile' in the community where you live, why not nominate them? Key in 'Good Citizen Award' at www.coventry.gov.uk and complete the online form. Alternatively, write to The Communications Team, Coventry City Council, The Council House (Room 27), Earl Street, Coventry City Council CV1 5RR.

Music to the ears

People looking to make a career or develop their passion for music and the arts are now able to visit a newly expanded Taylor John's House in Coventry. The venue has moved into additional units at the Canal Basin. It includes new rehearsal studios, additional space and access to a larger selection of instruments and equipment. The facility is a joint project with Coventry City Council and the Department for Culture, Media and Sport and supported by UK Music. The venue now includes three new band rehearsal studios, available for hire at a special introductory rate. For details, go to www.thetinangel.co.uk

Strategy review

The Coventry Sustainable Community Strategy (SCS) sets out the vision for Coventry by the Council and all its partners until 2028. Three years into the strategy, the Council is reviewing whether the priorities are still relevant. The review of the SCS has already pulled information together from a number of sources and has been led by the Coventry Partnership. For more information and a copy of the refreshed SCS, go to www.coventrypartnership.com/scsrefresh

Faithful strollers

Coventry Multi-Faith Forum's annual Peace Walk takes place on Saturday November 5 at 10am in Cloister Gardens, in front of Priory Visitor Centre. Walkers will be welcomed by the Lord Mayor Cllr Keiran Mulhall before heading off to visit a church, a mosque, a Hindu temple and a gurdwara. For more information, ring Harry Hall on 07780 722428 or e-mail multi-faith.forum@zen.co.uk

■ Cllr Jim O'Boyle joins Roman Conka (left) Simona Horvatova and project partners at the youth space opening.



Youths design new outdoor hangout

A new outdoor area for young people in the city centre has been opened with the support of the Council and a number of partners. Young people were involved in the design of the Youth Space meeting place and activity zone next to Coventry Sports Centre. A youth

advisory group will be set up to monitor the project in its first months.

Cllr Jim O'Boyle, councillor for St Michael's Ward, said: "I look forward to seeing the area grow and develop as a place for young people to meet up in a safe and enjoyable

environment." Young people are now being invited to suggest a new name for the space. The project has been led by the Council, with the support of a number of partners including West Midlands Police, Coventry University and Coventry Sports Trust.

New seat of learning

A new education centre for young people has opened in Wyken.

The new building, on the grounds of Caludon Castle School in Axholme Road, will be home to the new Extended Learning Centre, previously based at Tiverton Road, and will also provide a base for youth services in the area.

The centre will provide teaching for up to 24 students during school hours and will open three evenings a week and some Saturdays for other youth activities. The state-of-the-art £2m facility boasts bespoke learning environments, an ICT rich environment, a dedicated ICT room, a recording studio, an activity area with a sprung floor, meeting rooms available for external use, a café/dining area and an outside space.

Cllr Lynnette Kelly, cabinet member for Education, said: "The previous location for the Extended Learning Centre was no longer fit for purpose so I am delighted that the young people have a new facility to enjoy."



■ Cllrs Jim O'Boyle and Lynnette Kelly with pupils from the young peoples centre in the grounds of Caludon Castle School

Informative things happen at your forum

Ward Forums provide an opportunity to get involved in your community. They are held quarterly and are chaired by one of the three councillors representing the ward.

The meetings cover community and citywide strategies and initiatives. You can check out the details of your next ward forum at www.coventry.gov.uk/wardforums



Landmark offers chance to buy slice of history

One of Coventry's most iconic buildings is up for sale. Whitefriars Gatehouse, formerly the Toy Museum in Much Park Street, is available to buy or let with potential for commercial or residential development.

The unique 14th-century property originally formed part of the city wall, and is now an historic Grade II* listed building. It was extended during the 18th and 19th centuries and part of the

property was rebuilt earlier this year following a fire, keeping its historical design intact but also featuring modern facilities. Internally, the extension provides a number of rooms including a large open space with exposed beams.

If you would like more details, or want to make an appointment to view the property, contact Tara Gill, Commercial Property Management, on 024 7683 2653 or e-mail tara.gill@coventry.gov.uk

Brakes off Jag site car plan

■ Checking out the Browns Lane site are CPP's Brendan O'Toole, Council leader John Mutton, Cllr Linda Bigham and Steve Holland of Advantage West Midlands.



Motor firm's factory plan for Browns Lane

Car production is set to return to Browns Lane in Coventry after CPP Global Holdings Ltd signed an exclusive purchase agreement with the owners of the site.

The Coventry-based automotive specialist has signed an exclusive option agreement to purchase 23 acres from Advantage West Midlands and plans to bring all its current operations in the city to the new location within five years.

CPP currently operates from five sites across the city and employs around 250 staff working on component manufacturing, body-in-white engineering, prototype vehicle production and low-volume vehicle assembly. Founder and co-owner Brendan O'Toole said that the move would see the company "expand significantly". Full details of the proposals will be announced when planning approvals are finalised.

In January, CPP acquired Bowler, the manufacturer of all-terrain supercars.

John Mutton, Leader of the Council, said: "This is a massive boost for the city and the local economy – creating new jobs for Coventry people is a key priority for the Council and I'm delighted we've been able to play a part in bringing car production back to Browns Lane."

Don't miss out: have say on plans

Local people are being encouraged to have their say on Council plans for the development of Coventry.

Coventry's Core Strategy will set out our plans for the city's future development and will guide the growth of the city up to 2028.

Every Council has a Core Strategy and the proposals will provide a foundation for developing important new planning policies for the city.

The strategy is available to download at www.coventry.gov.uk/ldf and you can also leave your comments online. If you prefer, you can also read the document at:

- Any city library;
- The Civic Centre 4, Much Park Street;
- The Council House, Earl Street.

Respondents can also e-mail comments to localdevelopmentframework@coventry.gov.uk or write to the Council at Planning Policy, Floor 6, Civic Centre 4, Much Park St, Coventry CV1 2PY.

If you want to know more, or to discuss any of the issues raised within the document, contact the Council on 024 7683 1187

The consultation period closes after October 31.

Rail link reminder

Time is running out for people to have their say on the blueprint for a multi-million pound rail link between Coventry and Nuneaton and the new stations at Coventry Arena and Bermuda Park.

The proposals have already been on display at various locations around the region, and the consultation period closes after October 29.

An electronic version of the information leaflet can be found online at www.warwickshire.gov.uk/nuckle, and you can return the form using a Freepost address.

Cllr Linda Bigham, cabinet member for City Development, said: "This is an opportunity for Coventry people to comment on the project, and I would urge them to do so."

Helping hand for the hospitality stars of the future

Future stars of the hospitality industry are being given a helping hand by Coventry City Council to get their careers started.

The Council has been recycling its IT equipment and has donated it to the new De Vere Academy of Hospitality based at Coventry's Ricoh Arena, which will train 16 to 24 year olds currently not in education, employment or training – NEETs.

Bev Messinger, the Council's director of Customer and Workforce Services, is part of the Partnership Project Team which has helped De Vere Academy establish its base in Coventry.

She approached Staffordshire-based IT supplier Stone which

donated 20 high-quality refurbished base units, while the Council chipped in with monitors, mice and keyboards that were no longer needed.

Bev said: "Whilst this is the first project of this scale that the new Coventry ICT team has supported, we would be happy to investigate the possibility of supporting other charities and organisations from around the city if they believed they could make use of our end-of-life equipment."

The donated IT equipment will help apprentices work towards their Level 2 qualification.

Kellie Rixon, managing director of De Vere Academy, said: "We are committed to developing a new pipeline of talent which will

support other businesses in the region, and we simply couldn't do it without the help of the local Council."

The Council is encouraging other employers to look at apprenticeships as a way of helping young people find work.

■ Cllr Lindsley Harvard, cabinet member for City Services, joins four of the first recruits to the De Vere Academy Hospitality scheme.



...and Council leads the way

The Council has launched a major scheme to boost the number of apprenticeships offered by the authority and around the city.

Leaders want the new Apprenticeship Strategy to develop the skills of young people and help them find ways into work.

The strategy aims to increase the number of apprenticeship places offered by the Council to 120 by 2013/14. It will also increase the range of apprenticeships, with a specific focus on skills' shortages, looked after children, people from workless households and those not in education, employment and training.

Cllr George Duggins, cabinet member for Strategic



■ Apprentices helping to make their mark on a range of council services.

Finance and Resources, said: "We are a city with a proud tradition of young people serving apprenticeships to gain the skills they need to get on in life. With this strategy, we are signalling our intent to invest in the future workforce of the city?"

Henley's

RESTAURANT

How to book
 Call 024 7662 6335
 & quote code CV or email
henleyrestaurant@henley-cov.ac.uk

Henley's Restaurant

reopens
on Tuesday
4th October.

Book early for Christmas.

Booking is essential.

Large bookings welcome.

Scan this QR Code to
View a sample menu

Henley Road, Bell Green, Coventry CV2 2ED
 See our website for more details: www.henley-cov.ac.uk



■ Vicky Scott: All smiles at Spirit Quarters.

Spirit Quarters brings 230 homes

The Spirit Quarters redevelopment in North East Coventry is building momentum as building works for the second phase starts this month.

The £360m scheme will see another 230 homes get underway, taking the total number being built to nearly 400 in the Wood End and Deedmore areas, which are undergoing massive regeneration along with neighbouring Henley Green and Manor Farm.

Vicky Scott, a member of the Regeneration Action Team, said: "Local residents are extremely happy that despite a tough housing market, we are pushing ahead and creating an area where people want to come and live."

Spirit Quarters is one of the largest housing regeneration schemes in the Midlands being delivered by partners Whitefriars Housing, Coventry City Council, the HCA, Moat House Community Trust and a developer consortium - Bovis Homes, Keepmoat Homes and Westbury Partnerships.

This latest phase of 230 homes will be built over the next three years and is worth around £21m. There will be 144 homes available for private sale, 60 for affordable rent, 20 for shared ownership and six for low cost home ownership. Properties will be a mix of two-four bedroomed houses and flats.

Cllr Linda Bigham, cabinet member for City Development, said: "This is great news for Coventry. Affordable housing, both to buy and to rent, is in short supply across the city."

For more information about the regeneration visit www.spiritquarters.co.uk

The BIG Conversation: all you ever wanted to know about

Health and education officials in Coventry are inviting city residents to join The Big Conversation about relationships and sex at The Belgrade Theatre at 4.30pm on Saturday November 12.

People of all ages who are parents or carers are invited to attend the

event and listen to a panel of experts answer questions and get advice and support to communicate with their children on a range of issues.

Although Coventry has made good progress in reducing the number of teenage pregnancies the city still has a higher than average number of

under 18s falling pregnant every year. There is good evidence to suggest that where there is good communication between young people and parents or carers, young people are more likely to have the confidence to deal with relationships, delay sex until they are ready and

Campaign's a great chance to show pride in your city

Local people are being encouraged to be part of Proud of My City, a new campaign which aims to involve residents, businesses and community groups in preparations for Coventry's role in London 2012.

Whether it's taking part in a street clean-up, organising a community funday, becoming a Neighbourhood Watch Co-ordinator or just coming into the city to enjoy its attractions, the new Proud of my City website – www.proudomycity.org.uk – offers a one-stop shop for more information on how people of any age can get involved

Council leader John Mutton said: "Co-hosting the London 2012 Olympics in Coventry next year gives us a great opportunity to move forward as a city. Everyone knows how proud I am of Coventry but the Proud of My City campaign gives every person in the city the opportunity to get involved."

Click on the 'submit your story' link to tell us your story of how you're making a positive difference to Coventry and why you're proud of your city. You can also send us your photos and we'll post them to this site and add them to the 'Proud of

Case study



My City' Flickr group.

The Council will be co-ordinating many of its services over the coming months to ensure that the people of



Pictured on the corner of Bishop Street and Corporation Street is a small plot of land that is about to undergo a makeover.

Although plans are in place to develop the site rather than leave the area overgrown, it will be revived into a green space or pocket park.

The Council and its partners are taking the opportunity to improve the area along with other plans to improve the city's landscape in readiness for the Olympic Games.

Whether it's local clean-ups or other projects that are making a difference where you live we'll be telling you more in the coming months of how you can get involved.

Coventry can play their part in preparing for London 2012.

Heart of the city gets makeover ahead of Olympic showcase

Hertford Street in the city centre is set to benefit from a package of improvements which will revitalise the look and feel for shoppers, visitors and traders.

The improvements are aimed at supporting the city centre ahead of the more comprehensive redevelopment of the southern precinct area – work is underway on an outline planning application for the

area around Market Way, Bull Yard and the Barracks car park.

The improvements in Hertford Street include repairing the canopy and paving, replacing the benches, upgrading the lighting, de-cluttering and improving the appearance of shop fronts.

Cllr Linda Bigham, cabinet member



for City Development, said: "This package of improvements will be completed in time for the Olympics when the eyes of the world will be our city. Hertford

Street is certainly in need of some tender loving care and I think these plans will make a real difference."

Work is set to start after the January sales and will be completed by Spring 2012.

teenage relationships and sexuality but were too afraid to ask

practice safer sex. The Big Conversation aims to encourage more people to talk to the young people in their care.

The Big Conversation was inspired by Spring Awakening, a Belgrade Young Company production, which dives headfirst into the confused and tangled

mess that can be teenage life. Tackling tough subjects such as homosexuality, abortion, suicide and rape, this classic tale of teenage angst is as explosive now as when it was first written in the 19th century.

For Spring Awakening tickets or to attend the Big Conversation please

contact the Belgrade Theatre Box Office on 024 7655 3055 or alternatively visit the website at www.belgrade.co.uk.

If you plan to attend the Big Conversation and would like to ask a question please contact jane.craig@coventry.gov.uk



Rebecca helps sex-wise teens

Rebecca White is Coventry's C Card Co-ordinator, working with the Teenage Pregnancy Team and other partner organisations to promote the C Card scheme.

The scheme, launched in 2010, is a confidential service which aims to make condoms more accessible to young people aged 13 to 25 years and to provide support and information about sexual health and how to use condoms correctly.

Following registration and a talk, the credit-sized card given to the young people will allow them to get free condoms up to ten times at a number of locations across the city before they have to register again.

Rebecca has recently also published a book on sex education.

There have been 213 people trained to deliver c card since March 2010. There are 71 C Card venues in the city, and 2432 young people have registered since the scheme began. It has had the fastest take up of any C Card scheme in the UK.

Wanted! Your memories of Sky Blues' cup triumph

A new exhibition celebrating one of the greatest days in Coventry City's footballing history will be staged at the Herbert.

The Herbert Art Gallery and Museum is asking for people to donate their stories, photographs and memorabilia to the new exhibition, From Highfield Road to Wembley Way, which opens in April 2012.

Just as with other historical events, everyone in Coventry knows where they were and what they were doing when Coventry City won the FA Cup. The Herbert is asking for donations of memorabilia that fans may have made or bought that hold stories and memories from that day.

Images, videos and written stories are also being sought to showcase the excitement and joy to a new generation of Sky Blues' fans and those who weren't there.

Dominic Bubb, exhibitions officer, at the Herbert, said: "This FA Cup wasn't just about the players on the pitch and the final. The run of the FA Cup brought an entire city together. Even if football wasn't your game, you'd be proud of the mark the city was making."

"The public's donations to the exhibition are vital. Every submission will show the opinion and perspective of the person who donated it, and their views will be different to the next. Each object is a little piece of living history."



Flashback to that wonderful day in May 1987 when Coventry City lifted the FA Cup.



FACTfile

History of the Sky Blues looks at the founding of the club up until 1960 and then the Jimmy Hill years between 1961 and 1986. To submit stories, photos or memorabilia people should email skybluestories@theherbert.org or use www.flickr.com/groups/theherbert. All images and stories may be included in the exhibition and used for press and publicity purposes. For further information on FREE family events, exhibitions, and activities visit www.theherbert.org or join our family mailing list at www.theherbert.org/mailling-list.

Over 55s playing for kicks after City fund nets cash award

Sky Blues in the Community has been awarded a grant of £9,536 to fund regular sport and social activities for older people.

The grant is part of a nationwide Extra Time initiative conceived and funded by two of the UK's biggest charities – the Football Foundation and Sport Relief. Extra Time endeavours to drive up the participation of older people, while delivering social inclusion and physical activity projects

nationwide. Sky Blues in the Community offers taster sessions to the over 55s in a number of low impact Olympic and Paralympic sports. The sessions take place at the Coventry Sports and Leisure Centre on Friday afternoons from 1-3pm.

Sky Blues' coaches will also be visiting a number of care and residential homes in the city to offer activities to elderly residents.

David Busst, community manager for

Sky Blues in the Community, said: "We are working with a number of key partners, including Age UK Coventry and Coventry City Council, and hopefully the football club and Olympic fever can offer something attractive to complement the many projects already out there for older people."

To find out more about the Extra Time project in Coventry, contact Guy Rippon on 024 7678 6313 or e-mail guy.rippon@ccfc.co.uk

special offer

compost bin

Autumn is an excellent time for composting. Spent bedding plants, grass cuttings, leaves and prunings, along with your kitchen peelings and other compostable kitchen waste can be transformed into a nutrient rich food for your garden.



FROM ONLY
£15
 R.R.P. £39.00
 PLUS £5.49 DELIVERY
 PER ORDER

BUY TWO
 Get Second
**HALF
 PRICE**

Available in 2 sizes

220 litre Compost Bin

Height **900mm** Diameter **740mm**

ONLY £15.00 R.R.P. £39.00

Get second for only **£7.50**

330 litre Compost Bin

Height **1000mm** Diameter **800mm**

ONLY £18.00 R.R.P. £49.00

Get second for only **£9.00**

Offer ends 31 March 2012

Made from 100% black recycled plastic. Guaranteed for 15 years.

Plus a range of accessories to help you produce top quality compost more conveniently!

Compost Bin Base

Provides a secure composting environment and improves aeration and drainage. Fits both 220 litre and 330 litre Compost Bins.



Buy 2 get second **HALF PRICE!**

ONLY
£8.50
 R.R.P. £12.99

Compost Activator

Speeds up the composting process naturally. This 500ml bottle should be sufficient for at least a year.



ONLY
£6.25
 R.R.P. £7.00

Kitchen Caddy

Collect organic kitchen waste in this convenient 5 litre lidded bin. No odour, no mess, no drips!



ONLY
£5.25
 R.R.P. £5.00

To order or to see more of our special offers on compost bins, wormeries and accessories visit www.getcomposting.com or call **0845 130 6090** quoting reference COV01A

A watching brief for the neighbours

The people of Mollington in Cheshire had a simple idea: to form a group whose members would look out for each other, help protect each other's homes, and keep their village a safe, pleasant place to live.

Little did they know that, almost 30 years later, their decision would spark a national movement which today has eight million UK members. That association is Neighbourhood Watch.

There are currently 372 Neighbourhood Watch Association (NWA) groups in Coventry. Each is overseen by a NWA co-ordinator who acts as a vital link between local police and residents, alerting them to any anti-social behaviour issues and spreading important crime prevention advice amongst members. Many also campaign to keep their communities clean and tidy – liaising with the Council to clear graffiti or arranging litter picks – and bring neighbours together at community events.

Far from unsung heroes, there is a chorus of approval for them among residents grateful for their efforts. One is Peter Dixon who has been a NWA co-ordinator in Spon End's Rivermead Estate for the last 10 years. He said: "The role is a very social one and helps raise community spirit. We'll organise clean-up days or do some tree-cutting – but rather than being chores, we turn these into community events, opportunities to get to know your neighbours, and we finish off with a drink and maybe a BBQ."

Peter, aged 64, also makes sure that any new residents receive a welcome letter. The group has also helped improve security by erecting lockable gates to seal off alleyways which had previously attracted anti-social behaviour. Another passionate Neighbourhood Watch member is Frank Beresford from Despard Road in Eastern Green. "It's about people looking out for one another...when



■ Good Neighbours - Frank Beresford (top) and Peter Dixon (inset) help to keep an eye on things with friends and residents.

someone goes on holiday other members keep an eye on their home," said Frank, who has received a police Blue Lamp award in recognition of his NWA role. "It's in everyone's best interest to maintain a safe, pleasant neighbourhood," he added.

Cllr Phil Townshend, cabinet member for Community Safety and Equalities, said: "Coventry can be proud that so many of its citizens are willing to make a contribution to maintaining community safety."

Action team gets things sorted

Neighbourhood Action opened its doors this month at a launch held at the John White Community Centre, Binley.

Neighbourhood Action – previously known as Neighbourhood Management - aims to help communities become more involved with services, projects, issues and problems which affect their area.

This covers everything from helping community centres offer services to residents, through to developing Ward Forums. A dozen community connection officers will each be responsible for one of nine neighbourhoods and three projects in the city. The team is based at the Moat House Leisure Centre, CV2 1EA. For more information, call 024 7678 5910.



■ Cllr Tony Skipper (back row second left) joins community representatives to launch the new Neighbourhood Action service.

Your city needs you!

Kerry Blakeman, chief inspector for local policing, said: "We're always looking for new Neighbourhood Watch recruits...people who want to make a difference in their area."

"There are many benefits: they receive regular police updates about crime, including information about burglars and bogus traders, which they can use to better protect their homes and those of neighbours."

"Homeowners in Neighbourhood Watch areas also often benefit financially as some insurance companies recognise the good work of the scheme and lower premiums for properties within those areas."

"We're particularly keen to increase the number of younger Neighbourhood Watch coordinators, people in their 20s and 30s, who can bring new ideas and enthusiasm to the scheme."

Anyone who would like to get involved in Neighbourhood Watch, or establish a new group, is asked to contact the Community Partnerships Officer at Coventry Central Police Station on 0345 113 5000.



■ Award-winning city parks, from left Coombe Country Park, Longford Park, Allesley Park and Caludon Castle Park.

Green Flag parks do us proud

Coventry has some of the best parks in the country.

Coombe Country Park, Longford Park, Allesley Park and Caludon Castle Park have all been awarded a Green Flag for excellence, a prestigious national award given to parks that meet a national benchmark for excellence in England and Wales.

It is the fifth time that Coombe Country Park has received this national accolade, scoring one of the highest marks in the country, but it is a first for Caludon Castle Park.

Launched in 1996 to recognise and reward the best green spaces in the country, the awards provide the standard against which

■ *Local councillors and community supporters join some of the Council's Streetpride staff who help to maintain the parks*



parks are measured. It is also seen as a way of encouraging others to achieve high environmental standards, setting a benchmark of excellence in recreational green areas.

This remarkable achievement is the result of a successful partnership at all four parks including residents groups, elected members, Parks Services and Coventry Streetpride -

the Council's single grounds maintenance and street cleansing service.

All of the four sites were presented to a very high standard thanks to the Coventry Streetpride team that undertakes the maintenance work.

For more information about the Green Flag Awards visit www.greenflagaward.org



...and city's premier parkland site gets £2.8million lottery makeover

An ambitious £2.8 million programme of work to improve Coventry's War Memorial Park has been completed.

Over a 14 month period almost 30 different projects have been completed around the city's 121-acre premier park.

The work was funded thanks to money from the BIG and Heritage Lottery

Funds from the Parks for People programme.

The improvement work around the War Memorial Park was completed to an ambitious timescale but the park has always remained open to the public since work started last year meaning visitors have been able to enjoy a complete events programme as planned.

Coventry marks one year to go!

Coventry celebrated the one year to London 2012 landmark in style with a series of events and announcements across the city.

The London 2012 Open Weekend, which ran 22-24 July and is supported by BP, is the national annual countdown celebration for the London 2012 Games and this year Coventry marked the event by showcasing the best in art, dance, film, music and sport from the city.

One of the highlight celebration events saw Olympians and Paralympians from Coventry and Warwickshire joined by up and coming athletes for interviews in Coventry's Millennium Place, as well as challenges and videos on the Live Site Big Screen.

A commemorative pin badge was also launched

to mark the one year to go until London 2012, and has been designed to indicate Coventry's status as a co-host city for the 2012 Games.

A limited number of the sky blue and silver badges have been commissioned by London 2012 and will be awarded to deserving individuals and groups who are playing a significant part in bringing the London 2012 experience to Coventry.

One year to go until the start of the Paralympic Games was also marked through the profiling Team GB hopeful athletes from Coventry and Warwickshire on the Live Site Big Screen in Millennium Place.

Some of those in contention are Warwick's wheelchair rugby star Mandip Sehmi, Coventry-educated judo brothers Sam and Joe Ingram, Stratford rower

Photo by: Joanna Onowska



Theatre organisation Talking Birds performing their public show 'The Q'

Coventry marked the event by showcasing the best in art, dance, film, music and sport from the city.



Cllr Linda Bigham, David Moorcroft and Daniel Gidney marking one year to go at the City of Coventry Stadium

James Roe, and Leamington-based stars Nigel Murray, boccia, and Rob Smith, wheelchair racing.

Inside this issue:

Page 2

Africa Inspires
Coventry pupils travel to Uganda to deliver a London 2012 inspired sports event.

Page 4

Lord Seb Coe
London 2012 Chairman Sebastian Coe visits the City of Coventry Stadium for the first time.

Are you a Coventry Ambassador?



Coventry Ambassadors

Do you want to act as an ambassador for Coventry during the London 2012 Games? Apply now!

Page 3

Page 6

Coventry Community Games Fund
Apply for funding to assist in staging your own Community Games inspired by London 2012.

Page 8

Pin badge competition
Win a limited edition pin badge marking one year to go until London 2012 by entering our competition.

Welcome

Cllr John Mutton - Leader of Coventry City Council

“Welcome to the next edition of ‘Our Journey’ which highlights a range of exciting developments and projects the city and region are working on in preparation for 2012.

I’m sure like the vast majority of people in the city, as next year approaches and more and more excitement builds, we will be prepared to welcome visitors from around the world to our city.

One of my key aims for the city in 2012 is to create a wonderful city that will not only provide a warm welcome but leave a lasting legacy for its people. Projects such as the Community Games and Coventry Ambassadors which are covered in more detail inside this supplement, are great examples of how local people can be involved in the biggest sporting event in the world and engage local communities.

As I’ve highlighted before, we are living in some challenging times, but London 2012 does provide a once-in-a-lifetime opportunity to put Coventry on the world stage.



David Moorcroft - Lead Coventry 2012 Games Ambassador

Although I am biased, I thought Mo Farah’s recent World Championship 5000m gold in Daegu was one of the greatest races I have ever seen.

Watching in the stadium and experiencing the excitement generated by a small contingent of British supporters, I could imagine what it will be like for our athletes in front of tens of thousands of screaming home fans.

2011 has been a terrific year for some of our key Olympic and Paralympic sports. Male and female World Champions in Triathlon, three World Championship gold medals for our swimmers, the GB rowers sweeping the board at their World Championships and our Paralympic disciplines excelling at their respective European and World Championships.

Much can change in a year, but Team GB has a wonderful platform to build on and the British public has so much to look forward to at London 2012.



Africa inspires

A group of teachers and pupils have returned home from an unforgettable trip to Africa where they held a London 2012 inspired sporting event.

Ten students and ten teachers travelled to Uganda for the latest installment of Africa Inspires – a London 2012-inspired project led by Coventry Sports Foundation and supported by Coventry City Council.

Africa Inspires aims to establish the provision of sport and PE in schools in the Ugandan capital, Kampala,

and supply sustainable means of providing pupils with clean drinking water.

The pupils and teachers from Caludon Castle, Lyng Hall, Stoke Park, Foxford and Westwood Schools flew out to provide a week of sports training at five Ugandan schools twinned with the Coventry schools.

After the sports coaching, around 1,500 children from the five Kampala schools joined together at Makerere University for a 2012 Games inspired sports tournament to put their new skills to the test.



Activities taking place at the London 2012 inspired sports festival at Makerere University

Paul Breed, chief executive of Coventry Sports Foundation and Africa Inspires project ambassador, said: “This was a truly unforgettable trip for everyone involved and I have no doubt it has changed the perceptions of many of our young ambassadors.

“The phrase ‘life changing experience’ is probably overused, but from the feedback I have received from parents, teachers and the pupils themselves the trip has really had a profound effect on them.”

The project links the five Coventry secondary schools along with five of their feeder primary schools – Wyken Croft, Stoke Heath, Stoke, Grangehurst and Cannon Park, with the five Kampala schools Nateete, Mutundwe, Kiddawalime, Bright Future and Family Primary.

Now that the student ambassadors and teachers have returned to Coventry, they will start fundraising for the next stage of the project which aims to raise £4,000 for water harvesting installations at their twinned schools.



An up skilling session at Mutundwe School in Uganda

Coventry Ambassadors



Are you a Coventry Ambassador?

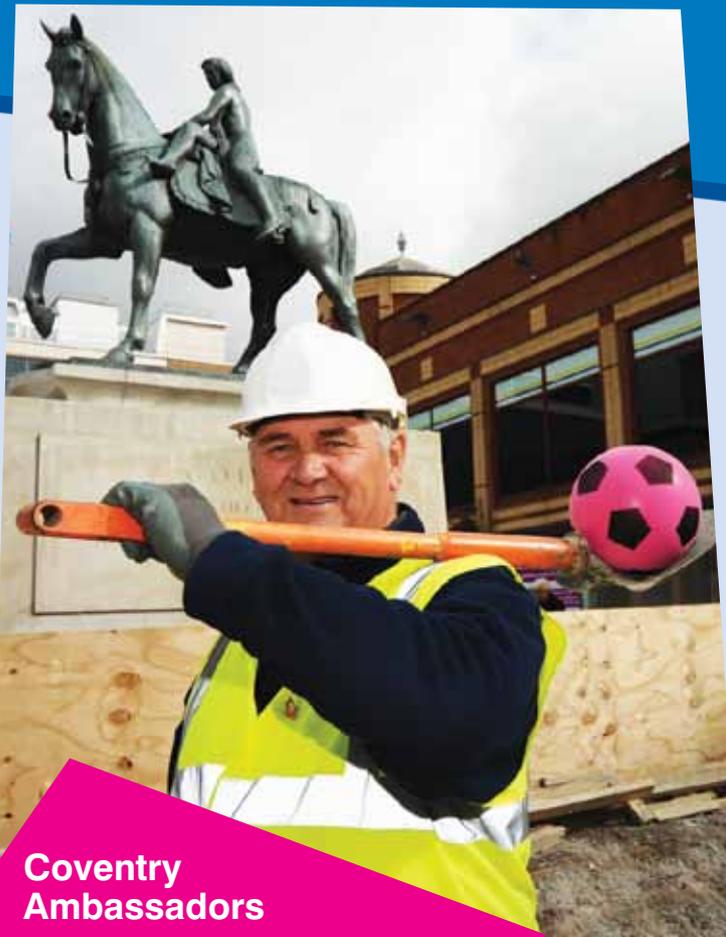
The London 2012 Olympic Football competition is coming to Coventry and bringing with it thousands of visitors during the Games in July and August 2012.

We are looking for over 300 volunteers who will act as Ambassadors during the London 2012 Games that are responsible for welcoming the world to the city of Coventry.

Coventry Ambassadors

will be the first port of call for anyone needing assistance and information about the London 2012 Olympic Football competition or other London 2012 related events occurring across the city.

Coventry Ambassadors will have the crucial role and responsibility in ensuring that everyone who comes to Coventry during the London 2012 Games has a spectacular experience.



Coventry Ambassadors

What roles are available?

Coventry Ambassador

Act as friendly and efficient hosts to spectators and other visitors to Coventry during the Olympic Games offering assistance to all.

Coventry Ambassador Team Leader

Responsible for a small group of Ambassadors during London 2012 events in Coventry ensuring that they conduct themselves in an appropriate way and that they adhere to tasks.

Coventry Ambassador Linguist

Offer clear and accurate information for non-English speaking visitors during Games time ensuring that people arrive at their destination on time and navigate easily around Coventry.



What are the criteria?

To be eligible to be selected as a Coventry Ambassador you must:

- 1 Be 18 or older by 1 January 2012
- 2 Live, work, study or volunteer in Coventry
- 3 Communicate effectively in English
- 4 Be available to volunteer during July and August 2012
- 5 Complete specified training for the role

How to apply...

- 1 Visit www.coventry.gov.uk/coventryambassadors
- 2 Read all the information, criteria and role descriptions very carefully
- 3 Complete the online application form

Lord Coe visits Coventry



Above: (L-R) Cllr George Duggins, Seb Coe, Daniel Gidney, Martin Reeves and David Moorcroft at the City of Coventry Stadium

Lord Coe, Chairman of London 2012, has visited the Midlands only Olympic Venue, the City of Coventry Stadium, to see Coventry's preparations to host the Olympic Football Tournament.

Greeted by Daniel Gidney, Chief Executive of City of Coventry Stadium and Martin Reeves, Chief Executive of Coventry City Council, Lord Coe toured the Ricoh Arena, to be re-named the City of Coventry Stadium for the 2012 Games.

During his tour on 19 September, Lord Coe learnt of the significant £7million city centre investment taking place in Coventry in preparation for 2012, including the transformation of Broadgate and Gosford Street.

Lord Coe also met representatives from Coventry University, key in organising the city's Ambassadors programme, recruiting over

300 local people as volunteers for the 2012 Games. He also met Games and Me champion John Ledwidge, Head Groundsman at the City of Coventry Stadium and, at 25, the youngest groundsman in the UK.

Sebastian Coe, Chairman of the London 2012 organising committee said: "I am delighted to be in the West Midlands as we get ever closer to the London 2012 Games and to have the opportunity to hear more about progress being made in Coventry on plans to host Olympic Football matches. It is great to see people and businesses from across the West Midlands playing a key role in the preparations for the 2012 Games next year. I hope that the region's achievements to date in staging and celebrating this once in a lifetime event will inspire others to get involved and make it a truly UK wide occasion."



Olympic Torch made in Coventry

London 2012 has announced that the Olympic Torch which will be carried by 8,000 inspirational Torchbearers, is to be made in Coventry.

Earlier this year East London based designers Edward Barber and Jay Osgerby won the competitive tender run by the London 2012 organising committee and the Design Council that set the brief to design a Torch that reflects the celebratory nature of the Olympic Torch Relay and the Olympic Games.

The Torch's triangular, gold-coloured form is

perforated by 8,000 circles representing the 8,000 Torchbearers and their stories of personal achievement and/or contribution to their local community which will be celebrated during the London 2012 Olympic Torch Relay.

The design, engineering and manufacture of the Torch celebrates the best of British talent, with designers Edward Barber and Jay Osgerby working in partnership with Basildon based product engineers Tecosim and Coventry based manufacturers The Premier Group.

Deputy Council Leader George Duggins said: "This

London 2012 is coming to Coventry...

2012

April

London 2012 Olympic Football test event at the City of Coventry Stadium

April 23

World Shakespeare Festival begins

June 25

Music Commission performed at Coventry Cathedral

July 1

Olympic Torch Relay overnight celebration event in Coventry



World Shakespeare Festival

The final line up has been announced for the World Shakespeare Festival which will form part of the climax of the cultural celebrations for the London 2012 Games.

As part of the London 2012 Festival, the BP-supported event is a celebration of Shakespeare as the world's playwright, and will feature over 50 arts organisations around the UK.

Among the highlights of the World Shakespeare Festival is a major exhibition, 'Shakespeare: staging the world - The BP Exhibition', which will be held at the British Museum and explore the 17th century world through the eyes of Shakespeare.

There will also be almost 70 productions, plus events and exhibitions across the UK as well as online.

The festival will run from 23 April to November 2012, with over a million tickets going on sale now.

It is produced by the Royal Shakespeare Company, in an unprecedented collaboration with leading arts organisations, and with Globe to Globe, a major international programme produced by Shakespeare's Globe.

Ruth Mackenzie, Director of the Cultural Olympiad and London 2012 Festival, said: "Shakespeare belongs not just to the UK, but to the whole world, which is why it is right that we celebrate London 2012 with great artists from around the world performing alongside amateur groups and young people."

The World Shakespeare Festival is supported by BP, as Founding Presenting Partner, and by the National Lottery through the Olympic Lottery Distributor and Arts Council England.

A full list of events and ticket information please visit: www.worldshakespearefestival.org.uk



'As You Like It' being performed by the Royal Shakespeare Company



George Mollison of the Premier Group with Sebastian Coe, the Olympic Torch and the company's manufacturing director Gez Halton

Coventry and Warwickshire has won 80 contracts.

is great news for the city. The Olympic Football tournament is coming to Coventry, the Torch is coming to the city and we have a London 2012 Live Site - and now this news that the Torch is being made here.

"The Torch Relay is going to be fantastic - it sums up the spirit of the Games and the spirit of Coventry and I hope everyone feels as proud as I do that it is being made here."

Figures show Coventry and Warwickshire has received a major boost to the local

business economy as a result of the 2012 Games being hosted in London.

With just under a year to go until London 2012, a total of 303 organisations in the West Midlands region have already landed London 2012-related business contracts with a total value in excess of £515 million.

Coventry and Warwickshire has won 80 contracts, with more likely in the future, after businesses registered through the CompeteFor portal - the system by which organisations can apply for 2012 tender opportunities.

July 25

First Olympic Football match to be played at the City of Coventry Stadium



July 27 - August 12

London 2012 Olympic Games

August 29 - September 9

London 2012 Paralympic Games

September 9

London 2012 Festival ends



Community Games

Coventry Community Games Fund

The London 2012 Games aims to inspire millions of people all across the world through sport.

To support this ambition a grants programme called the Coventry Community Games Fund has been set up to provide upto £1,500 to help local communities in Coventry celebrate London 2012 at a grass roots level. The Coventry City Council funded scheme is administered by The Heart of England Community Foundation and is also funded by Orbit Heart of England and NHS Change for Life.

The grants programme is to support the West Midlands programme Community Games, which is a mechanism for you to play your part in inspiring people through London 2012 by staging your own celebrations of the Olympic and Paralympic Games.

Community Games builds upon the origins of the Olympic Games, the Wenlock Olympian Games, which focused on the celebration

of cultural and sporting achievement within the small town of Much Wenlock in Shropshire.

The emphasis on Community Games is to give local communities an opportunity to stage their own Games, whether this has a competitive element, or offering a new challenge whilst providing an opportunity for everyone in your community to participate and get involved.

To support communities wishing to stage events, a toolkit has been created which provides information on event planning, activity suggestions, logistics and evaluation.

There is also training for event leaders to help facilitate the staging of Games in the run up to London 2012.

Any community or voluntary organisation can apply for a grant as long as it represents the Olympic and Paralympic values. To stage Coventry Community Games, event organisers need to include an opening and closing ceremony.



**Children from Stivichall
Primary School taking part
in their own Community
Games**

Things to remember before you apply

- 1 Maximum grant is £1,500
- 2 A constitution or set of rules for your group
- 3 A bank account in the name of the organisation with two non-related signatories
- 4 A copy of your group's account statements
- 5 Policies for working with young or vulnerable people

How to apply

- 1 Go to www.coventry.gov.uk/coventrycommunitygamesfund
- 2 Download and complete the application form
- 3 Return the form to: info@heartofenglandcf.co.uk or The Grants Team, HoECF, Pinley House, PO Box 227, 2 Sunbeam Way, Coventry, CV3 1ND

Application advice and support

Contact the Heart of England Community Foundation grants team on **024 7688 4435** for application support.

What are the Wenlock Olympian Games?

Dr. William Penny Brookes founded the Wenlock Olympian Games in Much Wenlock, Shropshire in 1850.

The Games promoted physical and intellectual improvement and awarded prizes for skill in athletic exercises. Cultural competitions around poetry and art were also a key

part of the early Wenlock Olympian Games.

The Games grew within the community but it was a visit from Baron Pierre de Coubertin in 1890, where he took the inspiration of the Wenlock Games to create an international equivalent and form what we now consider as the modern Olympic Movement.



News in brief

Coca Cola Torch Tour comes to Coventry in search for Future Flames

The Coca-Cola Torch Tour arrived in Coventry on Thursday 1 September as part of a nationwide search for inspirational young people – Future Flames – to carry the Olympic Flame during the London 2012 Olympic Torch Relay. Coca-Cola, a Presenting Partner of the London 2012 Olympic Torch Relay are aiming to recognise and reward the positive contributions made by young people in the region every day by making some of these special people torchbearers for London 2012.



Coca Cola Future Flames torch tour in Coventry

Are you up for the Gold Challenge to try new Olympic and Paralympic sports?

A scheme that seeks to encourage mass sports participation and raise money for charity as a result of the London 2012 Games. Gold Challenge is intending to raise £20m for charity by the end of 2012 by getting people to test themselves across various Olympic and Paralympic sports. Individuals or teams will be able to participate in up to 30 types of sport though the scheme and it is hoped that over 100,000 people will enrol to help their chosen charity. For more information visit: www.goldchallenge.org



Will you take up the Gold Challenge in Archery?

International Paralympic Day celebrates sport like never before

London's Trafalgar Square was the venue to celebrate International Paralympic Day on September 8, the first time that the event has been held outside of Germany. The celebration of Paralympic sport featured appearances from top international and British athletes which included local sports stars Nigel Murray, boccia player from Leamington Spa, Mandip Sehmi, wheelchair rugby player from Warwick, and James Roe, rower from Stratford-Upon-Avon.



James Roe (left), Stratford and 2011 World Champion Team GB rower at International Paralympic Day in London

Get Set profile: Edgewick Primary School

Edgewick Primary School have been one of the most active schools in the city when it comes to bringing the London 2012 Games and Olympic and Paralympic values into the classroom.

The school's activities spread right across the curriculum with highlights including visits from local Godiva Harriers Olympians David Moorcroft and Bill Adcocks.

The proudest moment for the school was when a design by eight pupils was selected as the West Midlands winner in a nationwide competition to 'Make your own Mascot.'

The rules stipulated that designs should reflect something special about the school's community. The reward for Edgewick was a visit from Paralympic mascot Mandeville who joined in their summer sports day celebrations.

Is your school registered on Get Set? Ask your teacher to register to get access to London 2012 resources, competitions and exclusive rewards. Register for Get Set at: www.getset.london2012.com



Edgewick Primary School pupils with Paralympic mascot Mandeville at the school sports day

Finish line

Olympic Football Hospitality

Hospitality opportunities are now available at the City of Coventry Stadium for the London 2012 Olympic Football tournament.

All 12 matches that will take place between 25 July - 9 August 2012 are available for purchase as private boxes through to individual tickets which include a hot snack and a drink.

If you previously missed out on London 2012 tickets this

is another opportunity to get hold of tickets to the Games being held in Coventry.

For more information about these ticketing offers please contact Arena Coventry Ltd* on 0844 873 6323 or visit www.coventry.gov.uk/london2012

**Arena Coventry Ltd is an authorised distributor of London 2012 Hospitality at the City of Coventry Stadium.*

The City of Coventry Stadium



London 2012 Hopeful



James Roe
Rowing

James, from Leamington Spa, has had a hugely successful international rowing career with Team GB after first being selected in 2009. James competes as part of a crew in the LTA mixed coxed fours category and has won gold medals at rowing World Cup events in 2009, 2010 and 2011. James and his crew have continued this success to recently become 2011 World Champions at the Rowing World Championships in Bled, Slovenia, which makes James a hot prospect to succeed at the London 2012 Paralympic Games.

Competition

Win a limited edition pin badge marking one year to go until London 2012 by answering the following question correctly.

Q: When will Coventry host an evening celebration of the Olympic Torch Relay?

- A) 1 July 2012
- B) 2 July 2012
- C) 3 July 2012

Please send your answer followed by your name, address and contact number by e-mail to communications@coventry.gov.uk

Entries by Monday 31 October 2011. Winner will be contacted by e-mail and announced on 4 November at: www.coventry.gov.uk/london2012



Paralympic Legend

Melanie Easter
Swimming
1996 and 2000 Paralympic Games



Melanie, from Kenilworth, swam internationally for Team GB in freestyle disciplines from 1992 until 2000, winning gold, silver and bronze medals at many international events. The pinnacles of her career include winning gold and silver at the Atlanta 1996 Paralympics and gold, silver and bronze at the Sydney 2000 Paralympics. Since retiring from swimming she has competed in the World Cycling Championships and went on to win the disabled World Triathlon Championships in 2008.

Next issue of Our Journey

Cultural Olympiad Special



Find out about the major cultural programmes and events that are happening in Coventry and Warwickshire for the London 2012 Games.

Search for Coventry 2012 Games:



Coventry re-visits Coventry



Zimbabwean swimmer and seven time Olympic medallist, Kirsty Coventry, is returning to Coventry city ahead of London 2012.

Coventry City Council, Council House, Earl Street, Coventry, CV1 5RR
e-mail: 2012gamesenquiries@coventry.gov.uk

www.coventry.gov.uk/london2012

City blooms strike gold

Coventry has struck gold after winning the large city category at this year's Heart of England in Bloom awards.

The awards form the regional section of the nationwide Britain in Bloom Campaign which is organised and run by the Royal Horticultural Society.

Coventry's entry this year was aimed at encouraging participation throughout the city and judges were particularly impressed with the city's colourful parks, greens and floral displays across the city centre, with the University of Warwick being singled out for its excellent grounds.



■ Bloom judges inspect floral displays

Conservation poser for waterway

Coventry's historic canal was designed by the pioneer canal engineer James Brindley and built between 1768 and 1769 to transport coal into the city from the mines of north Warwickshire.

The canal is of particular historical interest as it still retains many of its original buildings and features which are an important link to Coventry's past, including car and cycle factories, pubs and even air raid shelters. The Council wants to know what you think about making the five-and-a-half miles of the canal between the Canal Basin and Hawkesbury Junction a

Conservation Area. The conservation of the canal's historic character and appearance is an important reason behind the proposal, but equally important is the need for quality new developments on derelict sites which will add to the canal's character. If you would like to have your say, a draft Conservation Area Appraisal and Management Plan is available from www.coventry.gov.uk/consultations or alternatively you can contact Christopher.patrick@coventry.gov.uk who will e-mail them to you. The consultation runs until November 25.



Garden waste winter break looms

The last collections of garden waste will take place at the end of November on weeks beginning November 15 and 22, depending on your collection schedule. Collections will start again in February next year. Cllr Lindsley Harvard, cabinet member for City Services said: "We only stop collecting for two months of the year so now is the time to get cracking on a final winter tidy up before collections end for this year." To check your collection information, go to www.coventry.gov.uk/bindays

Recycling and Refuse Centre opening times

Bar Road (off London Road) CV3 4AN

This site is provided for Coventry residents to recycle their unwanted household rubbish free of charge. Please sort your rubbish before you arrive on site to help maximise recycling - this will also save you time and lead to less waiting at the site.

The site is not for businesses to dispose of rubbish

From 1 October to 31 March:
Monday to Saturday 8am to 4.45pm • Sunday 8am to 4.45pm

From 1 April to 30 September:
Monday to Saturday 8am to 5.45pm • Sunday 8am to 4.45pm

Closed: 25 and 26 December and 1 January



recycle for Coventry

www.coventry.gov.uk

It's time to care for Coventry kids.

Could you foster?

Coventry City Council needs more foster carers.
Help us transform the lives of children in our care.

FREE 'FIND OUT ABOUT FOSTERING' SESSION
Thursday 1st December, 7-9pm, central Coventry
Call us to book your place

024 7678 5577



www.coventry.gov.uk/fostering



SEE OUR VIDEO AT
www.orbithomebuyagents.co.uk

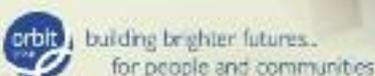


Thought you couldn't afford a home of your own? Think again!

We are the HomeBuy Agent for Coventry and Warwickshire, and we help people of all ages in all sorts of circumstances to find their dream home. In this role, we act as the first point of contact for all those seeking a home through one of the range of HomeBuy low-cost home ownership and discounted market rent products.



Open the door to your new home with Orbit HomeBuy Agents



Visit www.orbithomebuyagents.co.uk or call **03458 50 20 50** (select option 2)

Terms and conditions apply – ask for details. Orbit HomeBuy Agents is managed by Orbit Homes (2020) Limited, a member of Orbit Group Limited which is an exempt charity registered under the Industrial and Provident Societies Act 1965.

Coventry and Warwickshire Partnership NHS Trust

Why it's important we consult with YOU on our Foundation Trust application

Coventry and Warwickshire Partnership NHS Trust will be asking the public, partner and stakeholder groups to help in its impending public consultation on its Foundation Trust application.

The consultation will run from late November until the end of February 2012. We will be asking you to support our recently changed Vision and Values through to our possible new name, once we become an authorised Foundation Trust. It is very important that we capture our communities' views on these points in order to gauge the public's opinion. A series of meetings are to be arranged across the region for the public to hear and see our plans. These will be advertised and published on the Trust website. We think the most important thing about Coventry and Warwickshire Partnership NHS Trust is the quality of the services we provide, and the experience people have when they use them. Our philosophy as a Foundation Trust will be to develop a range of services to meet the needs of the people we serve, invest in the potential of our staff, and work to ensure that everyone in our community has the chance to lead a healthy and fulfilled life. Ultimately authorisation will help us deliver the best of those services we currently offer but will allow us the freedom to choose those areas in which to respond to people's needs in new and innovative ways. We hope people will take the opportunity to give us feedback on our consultation. Take the opportunity to visit the Trust website for further information. www.covwarkpt.nhs.uk/News/Pages



Food fun was a winner for youngsters during the summer



■ Olympic hopeful Jamie Blundell and Xorin Brown eat healthily at Gosford Park.

Children have been having fun with food and learning about how to eat more healthily in Coventry this summer.

Children's healthier eating habits were celebrated in July at Gosford Park Primary with the help of a special guest. Canley-born long jumper and 2012 hopeful Jamie Blundell presented prizes for those who had been eating more fruit and veg as part of the Food Dudes programme.

So far this year, 19 schools in Coventry have taken part in the programme which changes children's eating habits through rewards, role modelling, repeated tasting and the exciting DVD adventures of the Food Dudes. In Coventry, approximately

9,000 primary school pupils will benefit from the project by 2012, thanks to funding from the Coventry Health Improvement Programme (CHIP).

In August, families in Bell Green attended a free Cook and Eat Well holiday club. Over the three days, children were able to take part in food-based crafts, including potato printing, story time with food-related tales, and make their very own healthy dishes. Details about Food Dudes and Cook and Eat Well events can be found on www.cookandeatwell.co.uk.

Call 0845 388 2369, visit the website or e-mail cookandeatwell@groundwork.org.uk for more information.

Bee demo sets city walking group buzzing

Twenty people from the Coventry Healthy Walks Scheme enjoyed a stroll with a difference earlier this year when the Canley and Tile Hill Walking Group met up at Tocil Wood and Bee Meadow for a talk on beekeeping.

The Tocil Bee Meadow Project aims to raise awareness of the plight of honeybees and their importance to the environment.

The walk and demonstration, first mooted at a Canley stakeholders' meeting by a Warwick University representative, involved a beekeeping demonstration by the Woodland Trust on land off Gibbet Hill.

Health development officer Sarah Paine from Coventry City Council arranged for the walkers to meet up with Michael Smith from the Warwickshire Beekeepers' Association.

If you are interested in attending one of the many regular Coventry healthy walks, call Naomi Brook or Romilla Devi on 024 7683 2365 or e-mail Naomi.brook@coventry.gov.uk or romilla.devi@coventry.gov.uk. To find out more about beekeeping, visit www.warleambees.com

Improved choice of school meals

Look out for the new school menu that will be launched in January.

The menu is currently being taste-tested by groups of schoolchildren and developed in conjunction with headteachers.

The food will still be nutritionally balanced and include improved choices for vegetarians. Look out for more information through your school nearer the time, and on the Council's website.

National School Meals Week starts on November 11 and this year the Council will be joining in with the spirit of the 1940s and featuring a 1940s' themed menu.

Don't feel blue with flu

Get your vaccination early



■ Dr Parveen Aggarwal and receptionist Susan Jersyszek, who's in the 'at-risk' group, receiving her flu jab.

Coventry residents who are at risk of seasonal flu can protect themselves and others by getting their free flu jab from their GP.

For most people, flu is a mild illness. It is caused by a virus, which means that antibiotics won't treat it. Most people get better by staying in bed, drinking plenty of water and taking over-the-counter flu medication.

However, some people are more at risk of serious illness if they catch flu, such as bronchitis or pneumonia, or it can make existing health conditions worse.

In the worst cases, seasonal flu can mean a stay in hospital or even death, so it's important for at risk people to get the flu vaccine from their GP.

The flu vaccine changes each year to match the flu strains in circulation so it's important people have it annually. It is safe and quick and the best protection against seasonal flu.

People eligible for the vaccination should contact their GP now.

Some people are more at risk of serious illness if they catch flu, or it can make existing health conditions worse. Flu can mean a stay in hospital or even death...

You can help prevent flu spreading by washing your hands regularly.

This destroys bugs that you may have picked up from touching surfaces used by other people, such as light switches and door handles.

It's also important to keep the house and any household items, such as cups, glasses and towels, clean, especially if someone in your house is ill.

If you would like more information about winter health and seasonal flu, visit www.nhs.uk

FACTfile: At risk groups include...

- Asthma sufferers
- Diabetes patients
- Those with chest/respiratory conditions
- A heart condition
- A kidney or liver disease
- A neurological condition like multiple sclerosis (MS)
- Lowered immunity due to disease or treatment
- Pregnant women

Stay fit and healthy during the winter

Winter's darker evenings can be a real turn-off when it comes to exercising but don't be discouraged, there's lots of things you can do to help you get through the winter chill.

Exercise is an essential part of any lifestyle, whatever the season, and has many benefits, such as:

- You will have more energy, which will help you get out of bed on cold, dark mornings;
- It helps to improve your blood circulation and generate heat, so activity will help you keep warm when it's chilly;
- Your immune system will get a boost, killing germs and viruses, and your mood will be better.

Here's some tips on keeping warm:

- Keep curtains drawn and doors closed to block out draughts.
- Have regular hot drinks and at least one hot meal a day if possible.



- Eating regularly helps keep energy levels up during winter.
- Wear several light layers of warm clothes (rather than one chunky layer).
- Keep as active as possible.
- Wrap up warm if you need to go outside on cold days.

For more information about keeping warm and well visit www.coventry.nhs.uk

CARE VISITS AT HOME
Good old fashioned service

A comprehensive care at home service

Contact us

Call our professional team
024 76 471044

Our staff

Our staff are dedicated, caring and trained to give medication. All our carers are police checked for your peace of mind.

Alternative

We offer a realistic cost effective alternative to residential care. With familiar friends, relatives and possessions Bluebird Care easily fits in around you - whatever your needs.

What we offer

From personal care to shopping and cleaning or just to come and chat with you in the comfort of your own home; just tell us what you want.

For more information on health services in Coventry...

Make sure you get the right treatment during the winter

Your time is a precious thing and making sure you get the right treatment at the right time in the right place is important. Hundreds of people in Coventry use A&E (Accident and Emergency) every week for minor illnesses and ailments such as; cold/flu, morning after pill, stomach ache or back pain when another service would have treated them sooner. Below are some pointers on how to get the best out of your NHS...

ADVICE AT HOME

From the comfort of your home you can call NHS Direct on 0845 46 47 who offer free and confidential advice and guidance from professional healthcare staff on how to get the right treatment for all kinds of non-emergency situations.

SELF CARE

Keeping your medicine cabinet well stocked will mean you can easily treat everyday illnesses, such

as coughs and colds. So, while tackling the run-up towards some early shopping bargains before the festive season, why not pop in to your local pharmacy and stock up on some home remedies.

OVER THE COUNTER

Pharmacists can offer health advice and remedies over the counter for a range of illnesses such as coughs, colds and flu, pregnancy testing and minor cuts and injuries. You can find details of a pharmacy near you by visiting www.coventry.nhs.uk

YOUR LOCAL GP

If you feel unwell and need to see a doctor, contact your surgery to make an appointment. If you need help registering with a GP surgery, contact NHS Coventry on 024 7652 6805 (office hours only).

WALK IN CENTRE

The Walk in Centre, based on the edge of the city centre on the Coventry and Warwickshire Hospital site, is open from 8am to 10pm every day. Call 0300 200 0060 to contact the centre.

NHS Coventry

Time chooser or time loser?

NONE OF THESE PEOPLE NEEDED A&E

Make sure you get the right treatment

Your time is a precious thing. Hundreds of people use A&E every week for minor illnesses and ailments when another service would have treated them sooner. Don't waste your own time. Get the right treatment for you.

For more information about service choices available, visit www.coventry.nhs.uk or call NHS Direct on 0845 46 47

QR code

Sell Care Pharmacy
GP
Walk in Centre

ACCIDENT AND EMERGENCY

Open 24/7, 365 days a year. You can find the A&E Department at University Hospital, Clifford Bridge Road, Walsgrave, Coventry, CV2 2DX. Or call 999 for an emergency ambulance. For information about service choices available, visit www.coventry.nhs.uk or call NHS Direct on 0845 46 47.

Keep it to yourself! Don't share Norovirus this winter

As winter approaches and everyone starts thinking about sharing presents with loved ones, hospitals across Coventry and Warwickshire are asking the public to keep one gift to themselves.

Every autumn and winter members of the public who have suffered from the diarrhoea and vomiting bug Norovirus come to hospitals unnecessarily either to A&E or to visit friends and family and inadvertently "share" this gift with patients and staff.

In previous years hospitals have had to shut wards and limit or suspend visiting. To try and prevent this, anyone suffering from diarrhoea or vomiting is asked to stay away from all hospitals

until they have been symptom free for 48 hours, unless they need emergency care.

In the first instance those suffering from Norovirus should contact their GP for advice. Those in Warwickshire who need non-emergency health advice can also call the new Warwickshire Healthline on 03000 247 111. Warwickshire Healthline is available 24 hours a day, seven days a week.

Jill Foster, Acting Chief Nursing Officer at UHCW, said: "Our top wish for Christmas this year is to stop Norovirus spreading. The message is simple – please don't bring Norovirus into our hospitals. If you have vomiting or diarrhoea, call your GP first and

don't visit friends or family for 48 hours after symptoms have disappeared."

Steps to help reduce the spread of Norovirus include:

- Rest and keep fluid levels up
- Washing your hands frequently and thoroughly with soap and water, especially after using the toilet and before preparing food.
- Not sharing towels or flannels.
- Disinfecting any surfaces or objects that could be contaminated using bleach-based household cleaner.
- Washing any clothing or bedding that could be contaminated.
- Avoiding eating raw, unwashed fruit and vegetables.
- Keeping toilet areas clean.



■ Jill Foster: Don't bring Norovirus into hospital.

Faiths get together for week of community celebration

It's Coventry's Inter Faith Week from November 20-26. Inter Faith Week is a programme of activities delivered by faith communities to strengthen good inter-faith relations,

increase awareness of the different faith communities and increase understanding between people of religious and non-religious beliefs. For more details, contact Coventry

Multi-Faith Forum, Priory Visitor Centre (1st Floor), Priory Row, Coventry CV1 5EX, e-mail multi-faith.forum@zen.co.uk or call 024 7625 7594.

Toasting the get-along gang

Sixteen projects from across the private, public, voluntary, community and youth sectors in Coventry came together at the city's second Community Cohesion Awards Ceremony recently at St Mary's Guildhall.

Entertainment was provided by drummers and dancers from the Congolese Community of Coventry, as well as the Hina Dancers and dancing by Ernesford Grange Community School.

The winners were as follows: Private Sector - **Progressive Educational Tools**; Public Sector - **Ernesford Grange Community School**; Voluntary and Community (Large) - **Groundwork West Midlands**; Voluntary and Community (Small) - **The Godiva Association**; Young People - **The Mossdale Rangers**.



■ Cllr Tim Sawdon, Deputy Lord Mayor, and the proud prize winners helping to forge community relations

The June issue of *Citivism* introduced readers to the new **Trusted Traders service** launched by Age UK Coventry in partnership with the Council's Trading Standards. Here, we speak to those who have already benefited from the service...

Putting the squeeze on rogue traders

With just one phone call, Age UK Coventry can put residents of any age in touch with tradespersons who have been rigorously checked out and interviewed.

The tradespersons are willing to take on both large and small jobs and include plumbers, builders, gardeners, roofers, gas fitters and electricians, in fact almost all jobs that are needed in your home or garden.

John, a former teacher who returned to Coventry when he retired has used the service and is also a volunteer for Age UK. When he contacted Age UK about a problem he had, he was impressed with the friendly service and decided he would like to give them some of his time.

Menus from £15 per person

Tis the Season...

Celebrate Christmas with us

Specially designed menus offering traditional yet Italian inspired food made from the finest sourced ingredients. Stressa, sharing the passion, love and verve for food that we love at Christmas time.

Private dining is available for up to 40 guests including options with fantastic panoramic views of Coventry and Warwickshire from our 16th floor for smaller intimate celebrations.

Contact our Christmas team today for full details of our Christmas packages.



Located at  **RAMADA**
HOTEL & RESIDENCY, COVENTRY

The Butts Earlsdon Coventry CV1 3GG t: 02476 238 110
e: stressa@ramadacoventry.co.uk w: www.ramadacoventry.co.uk



■ April Dearden (front) with some of the Council's Promoting Independent Living team.

April in running for national award

A Coventry City Council employee has been short-listed to receive a Great British Care Award. April Dearden was nominated for her role as Community Resource Manager at the local authority's Promoting Independent Living Service (PILS). The PILS service helps about 50 people with learning disabilities across the city carry out all aspects of daily living in their own homes. April will attend the West Midlands regional final of the Great British Care Awards at the ICC in Birmingham on October 15.



He said: "I use the service myself and the tradespersons and staff are reliable, friendly and trustworthy."

Mrs K of Longford said she had felt 'jinxed' when it came to getting jobs completed at her home. But when she made one 'phone call to Age UK Coventry, the plumber contacted her and gave the quote, and the work was completed quickly and efficiently with no worrying and no inconvenience.

For details, call Trusted Traders at Age UK Coventry on 024 7643 3982 or drop in to their city centre office at 7 Warwick Row. Alternatively, visit www.ageukcoventry.org.uk More information is also available at www.coventry.gov.uk under Trading Standards.

Degrees by the score as autumn temperatures soar for Freshers' Fair



Hundreds of students received a warm welcome at Coventry University Freshers' Fair, with a late September heatwave making for a balmy week. The University welcomes thousands of national and international students each year, with the city's role in London 2012 no doubt adding to the many advantages of studying here.

Warwick's a world-beater

INA COLE of the Warwick University communications team gives an insight into what the university has to offer...

Students at the University of Warwick benefit from being taught by world-leading academics on a campus with a global reputation, and a total of 4,638 graduated this summer.

The University is committed to further improving the experience of students in the future, and plans to invest £150 million on campus infrastructure by 2015.

The University has around 23,000 students and each year provides thousands of highly trained employees to employers. More than 10,000 of the University's graduates live and work in Coventry and Warwickshire, making a substantial contribution to the local and regional economy and to society, both in terms of the provision of their skills to the local workforce, and their support of services.

Warwick Medical School is now the largest graduate entry-only medical school in the UK, producing highly-trained doctors and world-class research. The school has taken on around 1,400 students since its inception, with about 50 per cent going on to work in the local NHS. In addition, around 65 per cent of Warwick Institute of Education's students go on to work as teachers in the Midlands.

Students also become involved in self-managed events on campus which are open to the local community, such as One World Week - the world's largest student run event offering an array of entertainment. In addition, Warwick Volunteers provide opportunities for students to volunteer in the local community and has over 2,000 students registered.

Name your Flame

The Coca-Cola Olympic Torch Tour comes to the University of Warwick on October 19 as part of a nationwide search for inspirational young people – Future Flames – to carry the Olympic Flame during the London 2012 Olympic Torch Relay. Coca-Cola, a presenting partner of the London 2012 Olympic Torch Relay, is calling on local people to nominate their own Future Flames – young people who use their passion for sport, music and dance, the community and the environment to spread happiness.



Quids in for Mayor's fund

Lord Mayor Cllr Keiran Mulhall is reminding everyone in the city that they can still donate £1 to support his charity appeal for this year.

Cllr Mulhall came up with the idea of asking everyone in the city to give just £1 for the year - an amount that shouldn't have too much of an effect on people's finances and yet will have a great impact on the charities he has chosen to support during his year.

Cllr Mulhall said: "I thought this was a great way to bring people of all ages together with a community spirit to donate just a pound during the year. The idea was that if everyone in the city gave just a one off, one pound, then a large amount of money could be raised for this year's selected charities. It's a massive honour to be Lord Mayor and I would love everyone to really get behind this charity appeal."

The three charities he has chosen to support are Coventry Ophthalmology Service which provides specialist research and treatment of eye problems at the University Hospital; the Army Benevolent Fund – the Soldier's Charity; and Coventry children with special needs.

Coventry Building Society is backing the campaign to help co-ordinate the Charity Appeal and people can donate at any branch of the building society or online through their own bank. Details can be found at www.coventry.gov.uk/onepound.

Warm glow to autumn in city

Here are some of the things you can enjoy during the autumn months around Coventry

OCTOBER

8 (until November 12)

Harpotunities, Herbert Art Gallery & Museum, 1-3.30pm. Free, informal drop-in sessions on the Celtic harp. Visit www.theherbert.org

■ (also November 12 and Dec 3)

Tea Dance, Herbert Art Gallery & Museum, 2-4pm. £2. Call 024 7622 7753.

■ **Seed Gathering Sunday**, Tile Hill Wood. Meet at layby on Banner Lane 10am-noon. Help keep Britain's great tree heritage alive by collecting and planting seeds from native species. Suitable for families. Call 024 7645 3720.

12 **Autumn Fungi Walk**, Coombe Country Park, 2-4pm. An adult beginners' walk to arm you with the basic skills for identifying fungi. £2.50, booking essential. Call 024 7645 3720.

13 Family workshops, **Tiny Tot Explorers Sensory Play**, Herbert Art Gallery & Museum, 10.30-11.30am & 1-2pm. Free early years sensory play session for 1-3 years. Booking essential. Call 024 7629 4774.

15 **Creative Writing Adult Workshops: BBC Walking with Beasts Exhibition**, Herbert Art Gallery & Museum, 1-4pm. £8 (includes entry to the exhibition). Workshop to stir the imagination, examining topics of memoir, fiction and poetry. Booking essential. Call 024 7629 4774.

■ **Autumn Gold Activity**, War Memorial Park, 11am-1pm. Collect leaves and autumn fruits and create 3D pictures. Dress warmly. £1.50 per child. Meet at Visitor Centre in centre of the park. Suitable for over four years. Call 024 7678 6280.

18 Herbert Illuminations, **Making Space for Peace: The Work of Peace Brigades International**, Herbert Art Gallery & Museum, 12.30-1.30pm. Free drop-in event. Ruth Cherrington describes the work of the PBI assisting and protecting human rights activists throughout the world.

19 **Ranger Volunteer Day**, Longford Park car park, 10am-3.30pm. Plant daffodil and crocus

Half Marathon scorcher



■ The Lord Mayor of Coventry, Cllr Keiran Mulhall, said: "What a wonderful event it was with thousands of people enjoying the day whether they were running or just watching the entertainment. Although it was a very hot day it was so inspiring seeing people take part in such a fantastic event that has become integral to the city's events calendar. I'm sure lots of money was raised for a whole range of worthwhile charities and thank you to all those people who played their part in making it a success."

bulbs in the park. Suitable for 16+, booking essential. Call 024 7683 1951.

22 (until November 20) **Coventry Arts Consortium**, Herbert Art Gallery & Museum. Free. Annual exhibition of work by local artists.

■ **The Second Time Around with Kell Elliott**, Central Library, 11-11.45am. Kell talks about what she's being doing since she last visited. Check out www.kelelliott.com

■ **National Apple Day**, Lake View Park, 10am-2pm. Join the Park Service Rangers and learn all about the wide variety of English apples. Tastings, free children's craft workshop and a chance to buy local produce.

■ **National Parent Week Den Building Challenge**, Coombe Country Park, 12.30-2.30pm. Family and friends get together to create the perfect shelter, with prizes for the best. £2.50.

23 **Halloween Cookery Club for Children**, Coombe Country Park, 10am-noon and 1-3pm. Heron's Cafe staff share their passion for good food made from local produce with workshops to help you cook and eat well. Meet at Heron's Café. Suitable for older children. To book, call 024 7645 0454.

24 (until Friday 28) **Wild World's Family Workshops: Precious Things**, Herbert Art Gallery & Museum. Drop-in 10.30am-12.30pm & 1.30-3.30pm. Discover the Herbert's permanent collection and some of the weird and wonderful treasures.

■ (also Oct 26 & Nov 2) **Family Fishing for Beginners**, Coombe Country Park, 11am-1pm. Equipment provided. £2.50, booking essential. Call 024 7645 3720.

■ (until Oct 30) **Wild Skills Week**. Week-long series of events as follows offering a fun and safe introduction to some essential bushcrafts including finding your way, shelter building, fire setting and animal tracking: Monday 24, Finding Your Way, Park Wood, 2-4pm; Tuesday 25, Shelter Building, Tile Hill Wood, 2-4pm; Wednesday 26 - Tracking, Plants Hill Wood, 2-4pm; Sunday 30 - Camp, Wainbody Wood, 2-4pm. Open to parent and child teams. Suitable for 8-12 year olds. £2 or £1. Passport to Leisure and Learning per session. Call 024 7645 3720

■ (October half-term) **Secrets of the City**, Herbert Art Gallery & Museum, 1.30-3pm. Free. Unique opportunity for families to delve into our precious History Centre

archives. Suitable for ages 9+. Children must be accompanied by an adult. Call the History Centre on 024 7683 4060.

25 **Coventry Arts Consortium Workshops: Life Drawing**, Herbert Art Gallery & Museum, 10am-4pm. £15 plus £5 materials each. Learn to draw, paint or sculpt in figure-drawing session led by Tanya Kozin. Booking essential. Call 024 7629 4774 or ask at reception.

■ **Collection Conversations**, Herbert Art Gallery & Museum, 10am-noon. Free. Drop-in to What's In Store and handle items from our natural history, archaeology and social history collections.

■ **Spooky Candles**, Coombe Country Park, 11am-1pm. Spooky Halloween fun creating ghost candles. £2.50. Call 024 7645 3720.

26 (until Friday 28) **Roman Crafts and Games**, Lunt Roman Fort, 10.30am-4.30pm. Create a Roman puppet and build a Roman watch tower. Free, but site entry fee applies - £2.50 for adults, concessions £1.25, family £7. Check out www.luntromanfort.org

27 (until Nov 1) **Zippos Circus**, Hearsall Common. £6-£22. Check out www.zipposcircus.co.uk

For a full list, visit www.coventry.gov.uk/events

- **Fungi Fun**, Coombe Country Park, 11.30am-1.30pm. Join Detective Mushroom as he investigates the good, the bad and the ugly of the mushroom world. £2.50, suitable for children aged 8-14. Booking essential. Call 024 7645 3720.
- **Creepy Creatures**, War Memorial Park, 11am-1pm. Come to the Visitor Centre to make some spooky spiders and slippery snakes for Halloween. £1.50 per child. Suitable for ages 4 years and over. Call 024 7678 6280.
- 28 Storytelling around the campfire**, Coombe Country Park, 4-6pm. A night of games, stories and plenty of marshmallows. £2.50. Booking essential. Call 024 7645 3720.
- 29 Free Tennis Open Day**, War Memorial Park. Equipment provided. Come and try tennis, suitable for all ages and abilities. Call inspire2coach on 024 7615 0688, e-mail info@inspire2coach.co.uk or simply turn up on the day.

NOVEMBER

- 1 (until Nov 14) Coventry Peace Festival**. Visit www.coventry.gov.uk/peace.
- **Glee Club**, Barrs Hill School, Kids Club 5.30-7pm, Adult Club 7.30-9pm. New weekly class with charts songs, rock classics and dance routines. Kids club for age 7-17. £5 per session. Check out www.allstarstheatre.com
- 9 Coventry Arts Consortium Workshops: Silk Painting**, Herbert Art Gallery & Museum, 10am-4pm. £15 plus £5 materials each workshop. Workshop led by Susan Moore. Booking essential. Call 024 7629 4774 or ask at reception.
- 12 People's Poppies**, War Memorial Park, 11am-1pm. Come and make some Remembrance poppies. £1.50 per child. Meet at Visitor Centre in centre of the park. Suitable for ages 4 years and over. Call 024 7678 6280.
- 13 Remembrance Sunday**, War Memorial Park, 11am-12.30pm. Parade leaves Spencer Park at 10.30am and arrives in the park for a service led by the Bishop of Coventry.
- 15 Herbert Illuminations, The RSA: the Society that pokes its nose into everything**, Herbert Art Gallery & Museum, 12.30-1.30pm. Susan Bennett explores the history of The Royal Society. Free drop-in event.
- 16 Coppicing and Hedgelaying**, Park Wood, 10am-3.30pm. Learn

- about traditional woodland skills. Suitable for 16+. Booking essential. Call 024 7683 1951.
- 18 (until March 11 2012) – George Shaw: I woz ere**, Herbert Art Gallery & Museum. Free. Local artist and recent Turner Prize nominee George Shaw has been making paintings of the Tile Hill housing estate where he grew up. For the first time, this collection of paintings is shown in the place they represent.
- 19 Creative Writing Adult Workshops: Coventry Arts Consortium**, Herbert Art Gallery & Museum, 1-4pm. £8. Booking essential. Call 024 7629 4774 or ask at reception.
- **Making Merry**, Herbert Art Gallery & Museum, 11am-4pm. Free. Enjoy a seasonal treat with local craftspeople, unique gifts, mulled wine, wreath-making and choirs.
- **Christmas Scratch Choir**, Herbert Art Gallery & Museum, 10.30am-3.30pm. Free. Learn festive songs from around the world. Booking essential. Call 024 7629 4774 or ask at reception.
- **Festive Wreath workshop**, Herbert Art Gallery & Museum, 11am-1pm & 2-4pm. £10. Create your own festive wreath in this artist led workshop. Booking essential. Call 024 7629 4774 or ask at reception. All materials included.
- 20 Coventry's Christmas Cracker** The countdown to Christmas with a programme of family entertainment including dance, acrobats, pantomime and jugglers.
- 24 Countdown to Christmas**, Coombe Country Park, 10am-noon and 1-3pm. Free workshops at Heron's Cafe to help you cook and eat well, and grow and source fantastic food. Suitable for adults. Call 024 7645 0454.
- 29 Enamel Christmas Decorations Workshop**, Herbert Art Gallery & Museum, 10am-4pm. £15 plus £5 materials. Create Christmas decorations in workshop led by artist Carol Griffin. All materials provided. Suitable for beginners. Booking essential. Call 024 7629 4774.

DECEMBER

- 3 The Big Tree Hunt**, Coombe Country Park, 11am-1pm. Join the Big Tree Hunt team measuring the height, width and age of Coombe's giant trees. £2.50. Suitable for families. Booking essential. Call 024 7645 3720.

Herbert

Art Gallery & Museum, Coventry

TURNER PRIZE NOMINATED

GEORGE SHAW

I WOZ ERE

18 NOVEMBER – 11 MARCH 2012



Scenes from 'I woz ere' (The Fall, 1999) by George Shaw, courtesy Whitson Gallery, London

Enter our **EXCLUSIVE** competition to **WIN** an original **GEORGE SHAW** watercolour at www.theherbert.org

Jordan Well, Coventry, CV1 5QP
T: 024 7683 2386 W: www.theherbert.org

Admission FREE

If you've an event you'd like listed, contact the *Citivism* newsdesk, Room 27, The Council House, Earl Street, Coventry CV1 5RR or e-mail cultureandleisure@coventry.gov.uk

I BABLAKE

Cllr John Gazey: Call or fax 024 7633 3780 for attention or appointment. Will visit you.
Cllr David Kershaw: Keresley surgery held at the Coronation Club, Keresley Road noon-1.30pm the first Saturday in the month. Allesley surgery held at Allesley Parish Church Hall, 5-6pm on the second Monday of the month. For an appointment please call 07985 811885 or 024 7671 1107 or e-mail david.kershaw@coventry.gov.uk
Cllr Andrew Williams: Call 024 7683 1039 or e-mail andrew.williams@coventry.gov.uk

I BINLEY & WILLENHALL

Cllr Dave Chater: For an appointment, call 024 7667 2619 or 07759 062733. Happy to make a home visit or e-mail dave.chater@coventry.gov.uk
Cllr Ram P Lakha OBE: For an appointment, call 024 7645 6161 or 024 7683 1039. Happy to make a home visit. e-mail ram.lakha@btinternet.com or ram.lakha@coventry.gov.uk
Cllr John Mutton: Call 024 7683 2672 for an appointment or advice.

I CHEYLESMORE

Cllrs Foster and Noonan hold regular surgeries at the Cheylesmore Community Centre at 6.30-8pm on the last Wednesday of each month (Except December) and at Whitley Community Centre every second Saturday of the month between 1-2pm. You can also contact them directly on the details below.
Cllr Kevin Foster: 024 7683 1276 (daytime) or e-mail kevin.foster@coventry.gov.uk
Cllr Hazel Noonan: 024 7683 1039 (daytime) or 024 7650 5109 (evenings), or e-mail hazel.noonan@coventry.gov.uk
Cllr Harjinder Singh Sehmi: Last Friday of the month at Cheylesmore Social Club, Quinton Park, 6-7pm or call for an appointment on 07507 687268 or e-mail harjinder.singhsehmi@coventry.gov.uk

I EARLSDON

Cllr Allan Andrews: Happy to help where I can. Call 024 7683 1039 or e-mail allan.andrews@coventry.gov.uk www.allanandrews.com
Cllr Michael Hammon: Call 024 7644 8585 for an appointment or e-mail michael.hammon@coventry.gov.uk
Cllr Ken Taylor OBE: Call 024 7667 3717 for an appointment.

I FOLESHILL

Cllr Tariq Khan: For an appointment, call 024 7683 1039 or 07983 600286 e-mail tariq.khan@coventry.gov.uk
Cllr Abdul Salam Khan: Call 024 7683 1039 (Council House) or 07903 847160, or e-mail abdul.khan@coventry.gov.uk
Cllr Malkiat Auluck: Last Monday of each month, 6-7pm at the Indian Community Centre, Cross Road, 2nd Tuesday of the month 6.30pm-7.30pm at the Foleshill Community Centre, Foleshill Road, or call 024 7663 7965 for an appointment.

I HENLEY

Cllr Lynnette Kelly: 024 7671 1682. e-mail lynnette.kelly@coventry.gov.uk
Cllr Kevin Maton: 07941 827229. e-mail kevin.maton@coventry.gov.uk
Cllr Ed Ruane: 07817 218137. e-mail ed.ruane@coventry.gov.uk. If there is something you need us to help with, call us or visit us at 4pm on the 3rd Thursday of every month at Moat House Leisure Centre, Winston Avenue, Henley Green.

I HOLBROOKS

Cllr Joe Clifford: Every Weds 6.30-7.30pm at Holbrook Community Care Association, Holbrooks Lane. Call 024 7646 5315 or

e-mail joseph.clifford@coventry.gov.uk
Cllr Rachel Lancaster: Call 024 7636 0021 or e-mail rachel.lancaster@coventry.gov.uk for an appointment.
Cllr Ann Lucas: Call 024 7633 2084 for a chat or appointment. Surgery on first Monday of each month 9.30-10.30am at Holbrook Health Centre, Wheelwright Lane.

I LONGFORD

Cllr Linda Bigham: First Friday of every month 3.30-4.30pm at the Longford Primary Care Centre, Longford Road, and 5.30-6.30pm at the Scout Headquarters, Aldermans Green Road. Last Friday of every month 6-7pm at the St Thomas' Parish Church Hall, Longford Road. Please phone 024 7636 0898 to confirm an appointment.
Cllr George Duggins: Second Saturday of every month noon-1pm at Bell Green Community Centre, Old Church Road and 1.15-2pm at Royal Hotel, Old Church Road. Second Sunday of every month 11.30am-1pm at Bell Green Working Men's Club, Roseberry Avenue or call 024 7683 1003 (daytime) or e-mail george.duggins@coventry.gov.uk
Cllr Lindsley Harvard: First Saturday of every month 10.45-11.45am at the Scout Headquarters, Aldermans Green Road and noon-1pm at the Bell Green Community Centre, Old Church Road. First Sunday of every month 11am-noon at the Church Hall, St Thomas' Parish Church, Longford Road, and 12.15-1.15pm at the Bell Green Working Men's Club, Roseberry Avenue. Call 024 7667 5717, e-mail lindsley.harvard@coventry.gov.uk

I LOWER STOKE

Cllr John McNicholas: If you have a problem, need help or advice, can visit you in your own home and can be contacted on 024 7683 1039 (daytime), 024 7650 4037 (evenings) or e-mail john.mcnicholas@coventry.gov.uk
Cllr Phil Townshend: Call 024 7683 1034 (daytime) for details of dates and venues of surgeries.

I RADFORD

Cllr Mal Mutton: Call 024 7630 4497 for an appointment.
Cllr Keiran Mulhall (Lord Mayor): Every Tuesday at Jaguar Sports and Social Club, Middlemarch Road, 6.30-7.30pm. Also Radford Social Club on the first Sunday of the month 11.30am-12.30pm. Or call 024 7683 3048 for an appointment.
Cllr Tony Skipper: Available to see Radford residents at Coventry Coachmakers' Club, 72 Radford Road, CV1 4BY. For details and to make an appointment or to leave a message, call 024 7683 1039.

I ST MICHAEL'S

Cllr David Welsh: First Saturday of each month, noon-1pm at the Redeemed Christian Church of God (former Howitzer Club), Albert Street. Third Friday of each month, 3-4pm at the Regeneration Office, 121-124 Far Gosford Street. Call 07956 307 437 or e-mail david.welsh@coventry.gov.uk
Cllr Dave Nellist: First Friday of month St Peter's Church Centre, Charles Street, Hillfields, 6-7pm and third Friday of each month at St Anne's and All Saint's Church, Acacia Avenue, Charter House 6-7pm.. Alternatively call 024 7683 1039 (daytime), leave a message on 024 7622 9311 or e-mail dave.nellist@coventry.gov.uk
Cllr Jim O'Boyle: Second Saturday of each month, noon-1pm at Zeenat Restaurant, Cambridge Street, Hillfields, fourth Saturday of month, noon at Transport House, Short Street. Call 024 7669 4873 or 024 7683 1032, or e-mail jim.o'boyle@coventry.gov.uk

I SHERBOURNE

Cllr Seamus Walsh: Call 07956 546983 or 024 7683 1039 (Council House), or e-mail

seamus.walsh@coventry.gov.uk
Cllr Gary Ridley: Happy to help where I can, please feel free to call 024 7683 1039 (day). e-mail gary.ridley@coventry.gov.uk for an appointment.
Cllr Damian Gannon: For an appointment call 07985 811877 or e-mail damian.gannon@coventry.gov.uk

I UPPER STOKE

Cllr Russell Field: First Wednesday of month at St Albans Centre, Mercer Avenue, 7-7.30pm. Or call 024 7661 2689. e-mail russell.field@coventry.gov.uk or upperstokefocus@covlibdems.org.uk
Cllr Sucha Bains: Barras Green Social Club, Coventry Street, between noon-12.45pm every first and third Saturday. Or call 024 7645 9484.
Cllr Colleen Fletcher: For an appointment call 07939 111992, or 024 7683 1039 or e-mail colleen.fletcher@coventry.gov.uk

I WAINBODY

Cllr John Blundell: Call 024 7683 1276 (weekdays) or 024 7641 9794 (evenings and weekends), or e-mail john.blundell@coventry.gov.uk for an appointment; will gladly visit.
Cllr Gary Crookes: For an appointment, call 024 7646 1777 (after 6pm) or e-mail gary.crookes@coventry.gov.uk
Cllr Tim Sawdon: (Deputy Lord Mayor) Call 024 7641 5771 (after 6pm).

I WESTWOOD

Cllr Marcus Lapsa: Call 024 7647 4540 or 024 7683 1039 (daytime) for an appointment or e-mail marcus.lapsa@coventry.gov.uk
Cllr David Skinner: Call 024 7646 8106 or e-mail david.skinner@coventry.gov.uk
Cllr Richard Sandy: Surgeries will be held at The Lime Tree Club, Templar Avenue second Saturday of the month from 12noon - 1pm and every fourth Saturday of the month from 11.30am - 12.30pm at Canley Library, Prior Deram Walk. For an appointment please call 07949 900445 or e-mail richard.sandy@coventry.gov.uk

I WHOBERLEY

Cllr Dan Howells: Call 07985 811883 or e-mail dan.howells@coventry.gov.uk
Cllr Roger Bailey: Call 024 7683 1039 (daytime) for an appointment or e-mail roger.bailey@coventry.gov.uk
Cllr Bally Singh: Call 07779 256898 for an appointment, or e-mail bally.singh@coventry.gov.uk Regular Surgeries are held every third Saturday of the month 10am-noon at the St Mary Magdalene Centre, Sir Thomas White Road.

I WOODLANDS

Cllr Patricia Hetherington: Please call 07985 811881 for an appointment or e-mail patricia.hetherington@coventry.gov.uk
Cllr Heather Johnson: Call 024 7683 1039 (Council House) or 024 7667 0901 (home) for an appointment. Alternatively e-mail heather.johnson@coventry.gov.uk
Cllr Julia Lepoidevin: For an appointment, call 024 7683 1039 (daytime) or e-mail julia.lepoidevin@coventry.co.uk

I WYKEN

Cllr Susanna Dixon: Call 024 7683 1039 (daytime), 024 7662 2206 (evenings), or e-mail susanna.dixon@coventry.gov.uk
Cllr Faye Abbott: For an appointment call 07944 996294 or e-mail faye.abbott@coventry.gov.uk
Cllr Hazel Sweet: For an appointment or home visit call 024 7661 6273 or e-mail hazel.sweet@coventry.gov.uk You can visit Cllr Abbott or Cllr Sweet every Friday 6.30 - 7.30pm at Wyken Working Mens Club, Ansty.

Have a say in what happens in your area. For details visit www.coventry.gov.uk/wardforums

Cabinet members

Cllr John Mutton, Leader
 Policy, Leadership and Governance
Cllr George Duggins, Deputy Leader
 Strategic Finance and Resources
Cllr Joe Clifford
 Health and Community Services
Cllr Lynnette Kelly - Education
Cllr Linda Bigham - City Development
Cllr Lindsley Harvard - City Services
Cllr Tony Skipper - Neighbourhood Action, Housing, Leisure and Culture
Cllr Jim O'Boyle - Children and Young People
Cllr Phil Townshend - Community Safety and Equalities
Cllr Abdul Khan - Sustainability and Local Infrastructure

Committees

Licensing and Regulatory
 C Cllr Abbott DC Cllr Singh Sehmi
Planning
 C Cllr Maton DC Cllr Walsh
Audit
 C Cllr Chater DC Cllr Blundell
Scrutiny Co-ordination
 C Cllr Lucas DC Cllr McNicholas
Council Resources Communities and Sport (Scrutiny Board 1)
 C Cllr Ruane DC Cllr Bains
Children, Young People, Learning and Culture (Scrutiny Board 2)
 C Cllr M Mutton DC Cllr B Singh
Economy, Regeneration and Transport (Scrutiny Board 3)
 C Cllr Lakha DC Cllr Noonan
Environmental and Community Safety (Scrutiny Board 4)
 C Cllr Lancaster DC Cllr Auluck
Health and Social Care (Scrutiny Board 5)
 C Cllr Welsh DC Cllr Sweet
 C = Chair DC = Deputy Chair

Coventry MPs

Bob Ainsworth MP
 Coventry North East
 Call 024 7622 6707
 e-mail ainsworthr@parliament.uk
Jim Cunningham MP
 Coventry South
 Call 024 7655 3159
 e-mail emmal.davies@parliament.uk
Geoffrey Robinson MP
 Coventry North West
 Call 024 7625 7870
 e-mail robinsong@parliament.uk

European MPs

West Midlands Region
CONSERVATIVE - Malcolm Harbour, Philip Bradbourn, 285 Kenilworth Road, Balsall Common, CV7 7EL
 Call 01 676 530621/01676530297
LABOUR - Michael Cashman, Terry Duffy House, Thomas Street, West Bromwich B70 6NT
 Call 0121 569 1923
LIBERAL DEMOCRATS - Liz Lynne, 55 Ely Street, Stratford-upon-Avon, Warwickshire, CV37 6LN
 Call 01789 266354
UKIP - Mike Natrass, 123 New John Street, Birmingham, B6 4LD
 Call 0121 333 7377
INDEPENDENT - Nikki Sinclair, 123 New John Street, Birmingham, B6 4LD
 Call 0121 359 5933

WHEELS & WAVES

Coventry
TRANSPORT MUSEUM

KEEPING THE STORY ALIVE

FREE
ADMISSION

20 October 2011 - 18 March 2012

An exhibition of vehicles used by
British surfers, 1950s to present



SCAN ME

It may be Winter outside but at Coventry Transport Museum the sun will be shining all year long, so pull up a deckchair, grab your sunglasses and come in out of the cold - Surf's Up!

Tel: 024 7623 4270 or visit: www.transport-museum.com



Photo by Mark Tappin

Stresa

Restaurant & Bar

Authentic Italian Restaurant & Bar

Open to the public between 8am and 11pm

15% Discount off Total Bill & Free Bottle of House Wine

Call and quote 'Stresa 15' to secure your booking - offer valid until October 2nd 2011 and valid for up to 3 people from the main menu

Serving times:
Open Times:
12.30pm-10pm Daily
£6.95 Lunch Menu
available 12.30pm-5pm
Mon-Sat
Sunday Lunch Menu
12.30pm-5pm

Located at  **RAMADA.**
HOTEL & SUITES, COVENTRY

The Butts, Earlsdon, Coventry CV1 3GG
t: 02476 238 110 e: stresa@ramadacoventry.co.uk



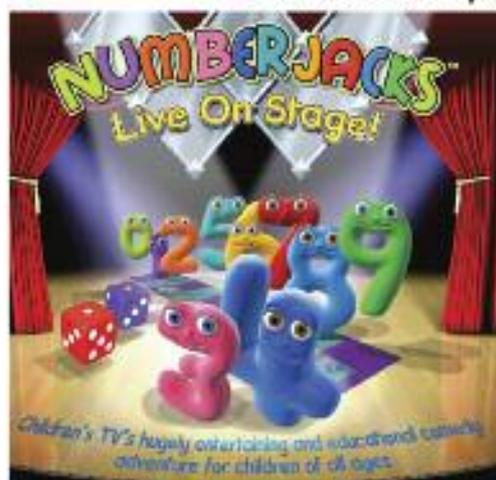
Belgrade
Theatre
Coventry

Experience more... ...at the Belgrade

Save £s
book
online

Find us on
Facebook
Follow us on Twitter
@belgradetheatre

Close secure car parking • Signatures Café Bar & Restaurant 024 7684 6762



Tues 18 – Sat 22 Oct

Family Tickets from: £34

20% off



Mon 24 – Sat 29 Oct

£15.25 – £28.75

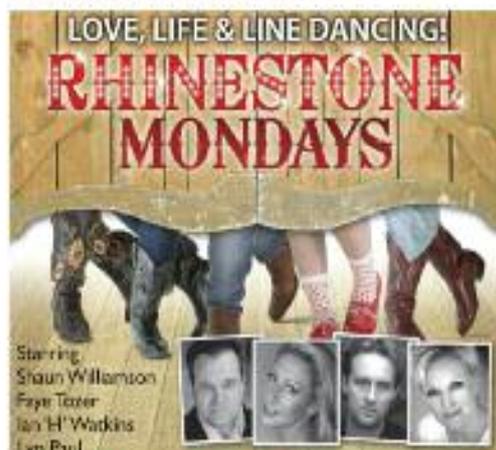
20% off



Tues 25 Oct – Fri 11 Nov

£12 including a pie and a pint*

*wine and soft drink are also available



Mon 31 Oct – Sat 5 Nov

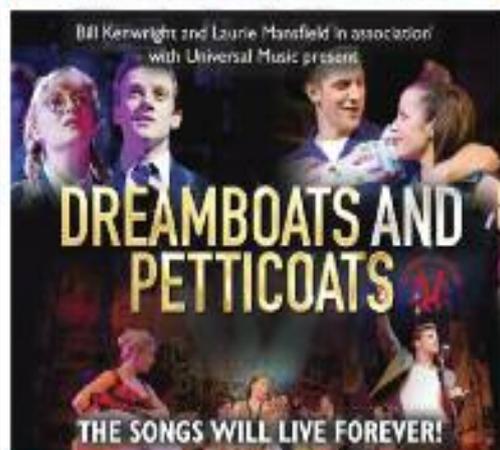
£17.25 – £29.25

20% off



Fri 11 & Sat 12 Nov

£16.25 – £22.50



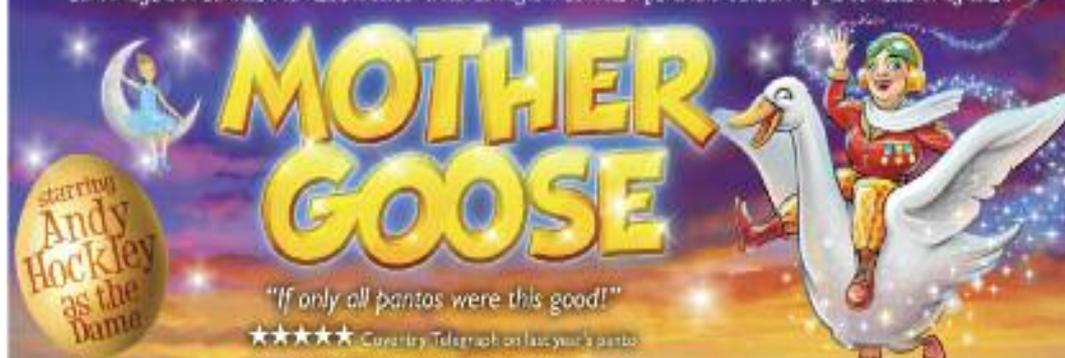
Mon 14 – Sat 19 Nov

£20.50 – £30.25

20% off

Celebrate Christmas... at the Belgrade

The Belgrade Theatre in association with Imagine Theatre present a festive panto extravaganza



Tues 29 Nov 2011 – Sat 7 Jan 2012

£13.25 – £21.75 Kids from £9.75

20% off

The Belgrade Theatre presents



Mon 12 – Fri 23 Dec

£8.25 – £14.50

20% off

Save 20% when you book equivalent amounts of tickets for more than one of the shows with the 20% symbol in one transaction. See website for further information on ticket prices and other concessions.

BOOK NOW 024 7655 3055 www.belgrade.co.uk