



COVENTRY OUTDOORS
EDUCATION & ADVENTURE SERVICE

COVENTRY OUTDOORS SERVICE BROCHURE

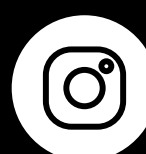
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Coventry City Council

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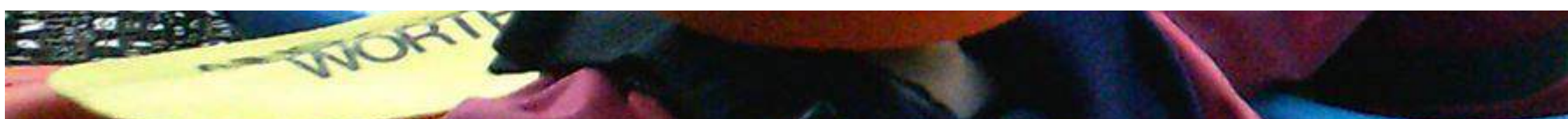
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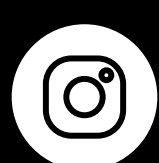
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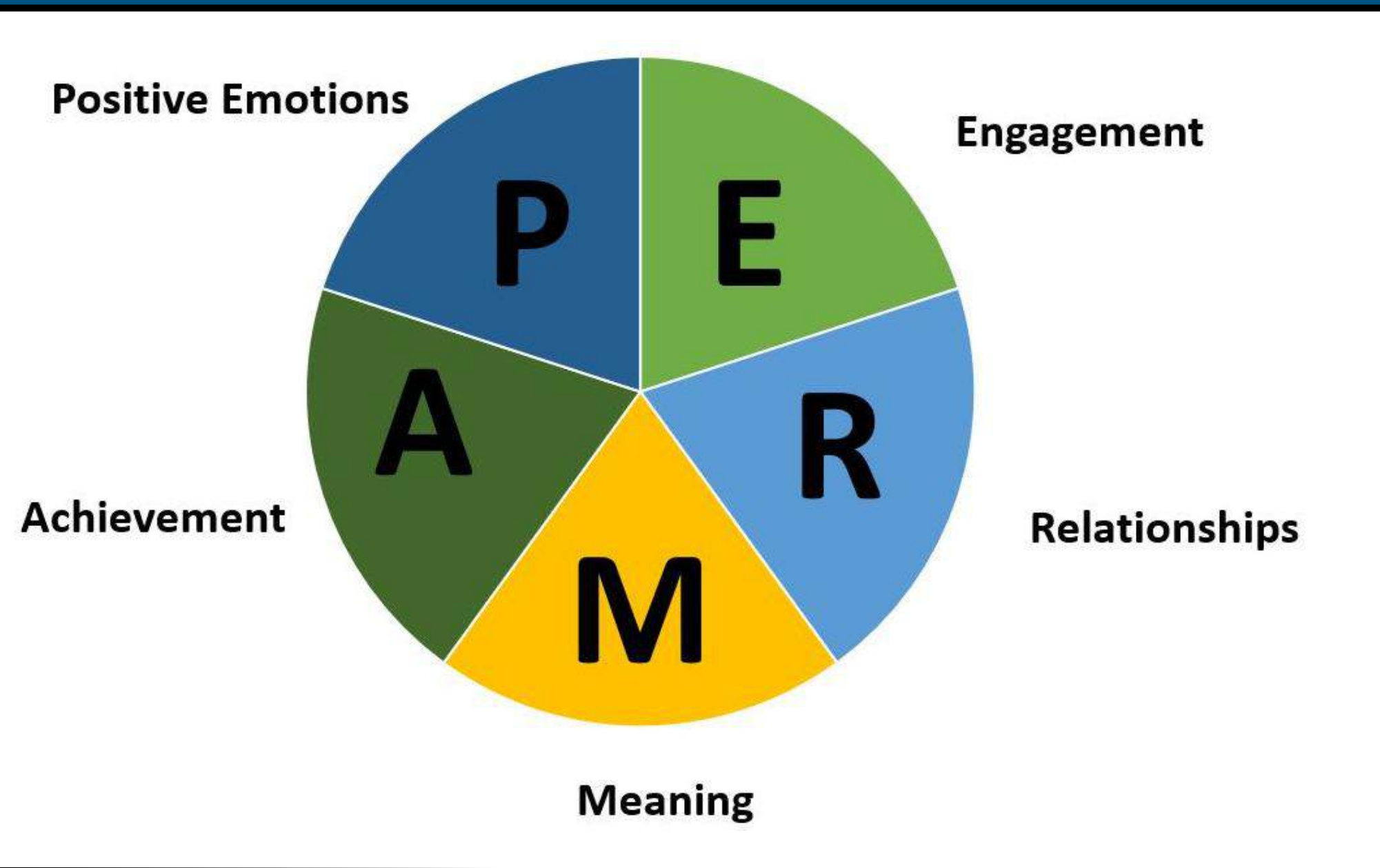







Introduction

Coventry Outdoors offers a broad range of educational and curriculum programmes for schools from early years through primary, secondary, special schools, FE and HE as well as youth and uniformed groups. Our approach is to provide a world-class Outdoor Education Service which supports children and young people to flourish through a purpose-built provision which focusses on:

-  **Character Education and Personal Development**
-  **Raising achievement through experimental, authentic learning experiences**

Our service is designed to support children and young people to develop ‘Character Traits’ and ‘Flourish’ as individuals. This is achieved through specially designed programmes that promote strong links between the outdoor experience, the curriculum and character education. Children and young people will be able to explore and develop their character strengths along with the 5 key important building blocks of well being; assisting them in their transition to adulthood.



-  **Positive emotion - feel good factor and fulfilment**
-  **Engagement - engrossed in whatever you are doing**
-  **Relationships - authentic and secure connections**
-  **Meaning - living with a sense of purpose**
-  **Accomplishment - a sense of achievement**



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Courses, Qualifications & CPD Packages

We have a range of courses and qualifications that will give confidence and inspiration to practitioners and teachers to use outdoor learning in day-to-day teaching; creating safe, valuable and effective experiences for children and young people in the outdoors.

The National Curriculum Outside Courses

Twilight (School based)
Learning Beyond the Classroom (Level 1)

Open Courses
Learning Beyond the Classroom (Level 1)
Learning Beyond the Classroom (Level 3)

Outdoor Learning Competency based Curriculum Courses

Twilight (School based)
Wild Passport Practitioner (Level 1)

Open Courses
Wild Passport Practitioner (Level 1)
Wild Passport Practitioner (Level 3)

Wilderness Therapeutic Approaches & Interventions

Wilderness Therapeutic approaches & Interventions (Level 2)

***Wild Things**
***Wild Tribe**
***Wild Crew**

Extended Offer

Apprenticeships
Forest School Leader Training Education and Training (Level 5)
Curriculum Deep Dive
Outdoor First Aid
Consultancy & Grant Support
Staff Team Development Days

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Wilderness Therapeutic Approaches and Interventions is an accredited qualification exclusively for schools. The therapeutic programmes are structured and progressive, using recognised and established therapeutic approaches.



Challenging, diverse activities and structured projects uniquely integrating elements from:

- Wilderness therapy management
- Other established therapeutic approaches
- Rites of passage
- Backwoods Survival and Hunter Gatherer living skills
- Environment Mastery Problem Solving
- Change and Transition
- Self Mastery
- Advanced Bushcraft
- Long-term wilderness
- Creativity and Strategy

Character Education:

- Perseverance, resilience, tolerance and respect for others
- Bullying response and behaviour
- Confidence and 'Can Do' attitude
- Self motivation, self regulation, self awareness
- Empathy, social skills and respect for our community and world
- Integrity, trust, openness, true self esteem and dignity
- A desire to explore and to learn
- Tenacity - Don't give up, concentration, team skills and practical skills



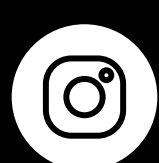
Wild Things (Key Stage 1)

Wild Things is a capacity building early intervention programme aimed at Key Stage 1 and can be used for children who may be struggling socially and emotionally or as a fun and developmental booster for all. This is a fun programme; it uses Wilderness Therapy, Developmental and Creative Approaches whilst exploring specific key developmental Behaviour Schemas.

- Participants experience safety, containment and belonging
- They will learn to connect positively with others, and will develop a sense of appropriate boundaries.
- They will experience freedom to explore their environment, their peers, and themselves, and have their senses awakened
- Physical and specific mental developmental processes will be exercised



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Wild Tribe (Key Stage 2)

Wild Tribe is an outdoor, capacity building, therapeutic and developmental intervention programme for children in Years 3 and 4 who may be currently struggling socially and emotionally or for those who may be presenting specific identified issues - typically SEBD, ADHD, Autism or other special needs and issues.

“Who am I..? How do I relate to others..?” Wild Tribe consciously and directly explores and transfers social skills and responsibilities into all areas of children's lives.

Wild Tribe examines self, intrapersonal/interpersonal issues and responsibilities to others for example respect for self, for others and for the world beyond our own skin.

It is about where we are now, developing acute self-knowledge, so changes and firm intentions can be made, to transfer experiences and learning in the wild back into everyday parts of children's lives – behaviours at home, and at school.

Wild Crew (9 - 24 years old)

Wild Crew is implemented in consultation with teachers/clients to explore specific issues, needs and objectives for identified individuals and small groups – e.g. social / emotional issues, SEBD/SEMH, ADHD, Autism/ASD and other special needs.

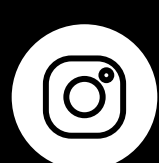
Wild Crew exploits a range of recognised and established therapeutic approaches, alongside Wilderness Therapy / Rites of Passage techniques and Mentoring. These are uniquely integrated, using eQe Outdoors professional expertise in therapy and therapeutic approaches with children and young people.

Using specific activities, expertly designed to run alongside professionally structured and guided discussion and reflection activities, with low-level therapeutic approaches, it enables the group members to be:

- **Self aware**
- **Emotionally intelligent and therefore more aligned in their behaviour**
- **Able to develop in the Six Pillars of True Self-Esteem**
- **Improve their lives now and their expectations as they progress to become adults**



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These courses and qualifications are intended to provide practitioners and teachers with an understanding of the benefits of learning beyond the classroom and the practical skills in delivering the National Curriculum in the Outdoors. Outdoor Learning is proven to raise attainment levels, attendance and wellbeing through these authentic learning experiences.



Twilight
Option
Available

Learning Beyond the Classroom (Level 1) (Open Course)

An introduction to the key skills and pedagogy of educating outside the classroom. This course is a certificated Level 1 qualification for practitioners and teachers intended as an introduction to:



Planning and delivering individual or parts of lessons outdoors which are linked to the curriculum



Risk assessment, facilitation and practical delivery of learning beyond the classroom



Use of nature based resources to supplement learning within the classroom

The Learning Beyond the Classroom introduction course can also be delivered as a training twilight session for up to 16 participants one of whom can gain the Level 1 qualification.



Learning Beyond the Classroom (Level 3) (Open Course)

A certificated Level 3 qualification delving deeper in to the key skills and pedagogy of educating outside the classroom enabling practitioners and teachers to regularly:



Plan and deliver all classroom based learning, schemes of work and individual lesson progressions (including all statutory subjects) outside on a regular basis



Support other staff to risk assess, facilitate and practically deliver learning beyond the classroom

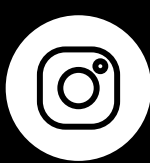


Use informal and natural learning environments to compliment and solidify more formal learning using nature based resources

Candidates will receive a complimentary book of their choice from the National Curriculum Outdoors series and discounts on further resources



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The WILD Passport is a skill, knowledge and competency based outdoor learning curriculum and progression monitoring system. It provides a five-year curriculum to take learners from the very foundations of woodland skills right through to an advanced level. WILD Passport provides a framework for evidencing learner progression and achievement, providing justification for the provision of outdoor learning opportunities.



Twilight
Option
Available

Wild Passport Practitioner (Level 1) (Open Course)

This bespoke course is an introduction into outdoor learning where skills will be learnt without the need for special tools and insurance. A certificated Level 1 qualification for practitioners and teachers to:



Learn how to use the Wild Passport with session plans and kit list to enable candidates to get started without any extra planning



Learn to visually risk assess and understand good practice when delivering outdoor skills

The introduction to Wild Passport can also be delivered as a training twilight session for up to 16 participants one of whom can gain the Level 1 qualification.



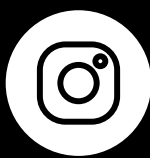
Wild Passport Practitioner (Level 3) (Open Course)

An advanced Outdoor Learning Practitioner Accredited Level 3 course designed to equip staff with the necessary competencies and assessment opportunities to take the National Curriculum outside.

- A progressive, differentiated 5-year skills based curriculum for Outdoor Learning
- Each task and lesson plan linked to the National Curriculum
- Visual assessment by task and activity
- Skill-evidence progress and improvement ready for Ofsted
- Can be used as a tool for school improvement, and social and emotional development



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Forest School is a child-centred inspirational learning process, that offers opportunities for holistic growth through regular sessions. It is a long-term programme that supports play, exploration and supported risk taking. It develops confidence and self-esteem through learner inspired, hands-on experiences in a natural setting.



Forest School Leader Training (Level 3) (Open Course)

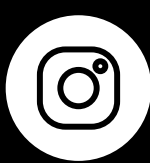
This course provides learners with the skills required to run and manage a Forest School setting when conducting Forest School outdoor programmes and activities. It is designed to meet the needs of teachers and practitioners in providing everything required to set up a Forest School. A certificated Level 3 qualification for practitioners and teachers to:

-  **Understand the learning theories which underpin quality Forest Schools practice and how to apply theories in everyday practice**
-  **Learn about site selection, site set-up, woodland management and how to do this sustainably**
-  **Learn practical skills around the use of fire and safe effective use of tools in an education setting**
-  **Gain knowledge of setting up, delivering and evaluating a Forest School programme**
-  **Safely conduct risk assessments and follow health and safety protocols associated with Forest Schools and Outdoor Learning**

As well as the practical training where skills will be learned and assessed, candidates will be required to complete a portfolio of coursework as part of their learning journey which they will have up to a year to complete.



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The Diploma in Education and Training qualification (Outdoor Learning Specialism) is designed to support an individual's entry into the teaching/training industry, and is aimed specifically at those wishing to be employed in the outdoor learning sector. Meeting the national Minimum Core Standards for Teacher Training Qualifications for the Further Education and Skills Sector.



Diploma in Education and Training Outdoor Learning Specialism (Level 5) (Open Course)

This course will allow practitioners to achieve a higher level qualification in education and training specialising in Outdoor Learning.



Comprising of units designed to equip the candidates to deliver a range of different Outdoor Learning schemes of work, teaching learning and assessment in this specialism, theories, principles and models, professional practice in the outdoor learning sector, alongside wider professional practice.



Suitable for those that have started their journey in outdoor education through qualifications such as Wild Passport Practitioner, Forest School Leader (Level 3) or have experience of working with young people.



Learners will take part in a number of face to face, online and observed sessions in their setting with highly qualified and experienced teachers with many years' experience in the field.



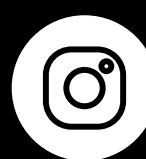
As well as the practical training where skills will be learned and assessed, candidates will be required to complete a portfolio of coursework as part of their learning journey which they will have up to 2 years to complete.

Studying this course will enable a learner to:

- **plan and deliver sessions to groups of learners**
- **plan a programme of work in the outdoor learning sector**
- **undertake risk-benefit assessments**
- **develop their professional practice to a high level**



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Curriculum Deep Dive

This course will provide subject leaders with background information on the deep dive process and how taking Outdoor Learning may be used to assist in helping schools to prepare for an inspection.

We can deliver training aimed to ensure subject leaders are well-prepared for an inspection process and are able to demonstrate the effectiveness of their use of Outdoor learning.



Staff Team Development Days

Coventry Outdoors offers a vast range of activities or scenarios which can be great for encouraging bonding, creative thinking, problem solving, wellbeing and confidence boosting. You can choose from the following team day options:



Survival, Bushcraft and Wilderness Day

Action packed activities that will leave you feeling more confident in your future outdoor adventures



Woodland Craft Day

Select, prepare and craft your very own piece of work e.g making wooden eating utensils and wooden mallets



Survival Weekend

Working as part of a team, you will be responsible for making your own shelter, sourcing water, finding food and making fire



Consultation & Grant Support

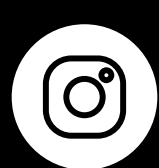
Through our consultancy package we can support you to develop a project and costed plan which will attract funding for the development of an outdoor education area for your own school site which practitioners and teachers can utilise as part of the outdoor learning school curriculum.

Outdoor First Aid (Level 3) (Open Course)

This qualification is designed to meet the needs of those working away from immediate assistance (more than 30 mins) in the remote and rural regions of the UK. This course is recognised throughout the UK and is the course of choice for experienced practitioners who use the outdoors and will maintain the license to practice for those with Outdoor National Governing Body Instructor awards.



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Committed to equipping children and young people with the vital skills, knowledge and experiences which assist them in their transition to adulthood

Apprenticeships

We have created bespoke apprenticeship pathways to enable schools and other educational organisations to develop their own specialist who support the school to embed outdoor education within their setting.

Outdoor Learning Specialist (Level 5)

Our Level 5 apprenticeship allows schools to gain a qualified practitioner (at no cost). The only commitment is one day study release a week for up to 2 years.

The apprenticeship develops educators to have the knowledge and skill to deliver a wide range of outdoor pedagogies including:

- Bushcraft and survival activities
- Learner led, play based sessions
- Outdoor therapeutic practices
- Curriculum lessons outdoors

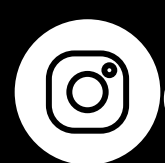
Past and current apprentices have recorded positive impacts to their learners after delivering Outdoor Learning. The range of positive impacts have included improvement in pupils: well-being, in-school behaviour, social skills, academic achievement and attendance.

Qualifications & Awards Included

- L2 Wilderness Therapy Practitioner (Optional)
- L3 Forest School Leader Training (Optional)
- L3 Learning Beyond the Classroom (Optional)
- L3 Wild Passport Practitioner (Optional)
- L3 Outdoor First Aid (Essential)
- Safeguarding Training (Essential)



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Through our popular apprenticeship programme, we will equip learners with everything they need to kickstart their career in the great outdoors. We will show learners the ropes and help them gain a whole host of qualifications to be able to deliver both land and water based activities to people looking to make the most of their time in the great outdoors.



Outdoor Activity Instructor (Level 3)



A chance to develop a career in an Outdoor Education or Outdoor Activity setting (at no cost).

Based at our Outdoor Learning centre at Plas Dol-y-Moch. Come and learn a range of technical qualifications, in addition to the Apprenticeship standard as part of your training.

Qualifications such as Lowland leader, Paddlesports and Mine leader, can be funded as part of a training programme specifically designed for the needs of staff at Outdoor Activity and Adventure Centres.

Trained by highly experienced and qualified instructors, who have many years of experience in working and managing programmes and centres.

Learners will have the unique opportunity to bolt on two National Governing Body (NGB) qualifications and the Level 3 Outdoor First Aid qualification, all funded as part of the apprenticeship.

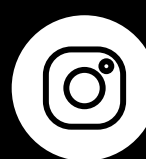
Qualifications & Awards Included

Supported by a dedicated, experienced staff team, our apprenticeship will give you the opportunity to gain a variety of in-house and nationally recognised industry qualifications such as:

- Canoeing/ Kayaking
- Climbing
- Archery
- Bushcraft
- Habitat & Wildlife
- Lowland Leader
- Paddlesports
- Mine Leader
- Mountain Leader
- L3 Outdoor First Aid
- L3 Safeguarding Training



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Educational Visits: Guidance & Advice Service

Coventry Outdoors provides professional high quality advice, guidance and support Service Level Agreement for schools and establishments in managing educational visits and activities, to assist delivering outdoor education, learning and adventure. We have a team of advisors who are members of the national Outdoor Education Advisors Panel (OEAP) who are highly experienced Outdoor Educators.



The team can provide support and compulsory training to educational establishments, providing professional and practical advice on all aspects of managing educational visits, adventurous/hazardous activities and in developing curriculum-linked outdoor learning



Our proven framework will ensure educational establishments in the Local Authority meet all statutory health & safety responsibilities whilst observing duty of care requirements



The key to our service is that we ensure all off site visits that need Local Authority approval (overseas, residential and adventurous activities) are fully quality assured and compliant providing Headteachers, CEOs and School Leaders the reassurance they are often seeking



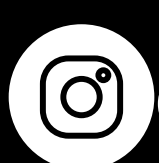
We provide educational establishments with a platform to plan and deliver successful educational visits and off-site activities by ensuring they have access to nationally-recognised OEAP training, advice and support and access to the current best practice



We ensure Quality Assurance visits (spot check visits) to a number of organised trips are conducted, along with a variety of reports available and produced giving Local Authorities insight in to educational visits taking place



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Coventry City Council acknowledges the immense value of off-site visits and related activities to young people, and fully supports and encourages those that are well planned and managed. The key to effective and successful outdoor learning and off-site visits is having the right leaders doing the right activities with the right young people in the right places at the right times.



Our service will provide each establishment access to:



Advice and Support - on all aspects of the educational visits process from a team of qualified Education Visits Advisors & Industry Professionals



Online Advice and Notification System - with approval for high risk educational visits, to check that arrangements reflect Coventry City Council's guidance and current good practice



Access to EVOLVE - through the Coventry City Council EVOLVE website for educational visits



Inclusive Training – complimentary access to a range of flexible online training courses (saving cover costs and staff time) along with direct face-to-face and bespoke sessions available:

- EVC Training (OEAP & IOL Accredited)
- EVC Update Training (OEAP & IOL Accredited)
- Visit Leader Training (OEAP & IOL Accredited)
- EVOLVE Training



Administration & System Support – at hand advice and guidance on systems and procedures via telephone and email service



Termly Webinars – sharing national guidance and statutory requirement updates, advice and guidance on good practice & the EVOLVE system



Newsletter Updates – access to regular newsletter, guidance and statutory information



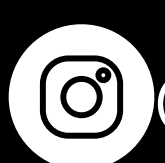
Policy Support - Educational Visits Policy and additional Policy Document support on request



Discounted CPD – Guidance and Advice SLA, gives exclusive access to membership rates for all our Courses, Qualifications and CPD packages!!



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Character Education & Intervention Programmes

A series of 12-week programmes, each session lasting a full day. Programmes are aimed at children and young people with a broad range of issues, ranging from mainstream with everyday basic social and emotional issues, low confidence, and low self-esteem, through to those with deeper issues such as behavioural and SEMH. Each programme is designed to enhance mental health and wellbeing, through focussing on personal development and character education whilst also equipping children and young people with new skills and qualifications.



Challenge Week : Each programme will focus on developing a set of key Outdoor Education skills over 11 weeks with the final week (week 12) being set as a challenge day! Participants will have to use all their developed skills and knowledge to complete the tasks set and complete the challenge as a team!



Awards/Qualifications : Participants will achieve recognised awards based on the challenges completed, such as the John Muir award, Sports Leaders UK and other National Governing Body Qualifications.



Programmes are designed to support the development of soft skills including:

- | | |
|--|--|
|  Communication |  Teamwork |
|  Problem solving |  Organisation |
|  Dependability |  Positive attitude |
|  Critical thinking |  Adaptability |
|  Creativity |  Conflict resolution |
|  Perseverance |  Resilience |
|  Reflective learning |  Decision making |

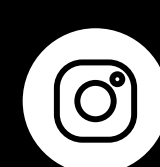
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Project Escape Challenge

This 12-week intervention programme is designed to help develop emotional intelligence in its participants. Emotional intelligence is the ability to identify, evaluate, control and express emotions, and to be able to read and respond appropriately.

This course will focus on developing:



Emotional literacy: recognising your own feelings and the feelings of others



Managing emotions: being able to control your emotions effectively



Developing empathy: understanding and sharing the feelings of others



Motivation: pushing yourself to meet the goals you have set



The challenge day will place pupils in an extreme situation where they use their wits, teamwork and new skills to ensure all members of their team make it back to civilisation safely. Students will have to locate, assess injury and rescue a member of their team from the wilderness bringing them to safety.

Activities include:



Team Building Challenges



Ghillie Suit Challenge



Combat Archery



Principles of First Aid



Compass & Map



Following Trails



Rescue



Search & Evasion



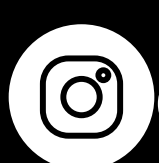
Build a log Lean-To



Rescue Challenge







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Project Survival Challenge

Trauma informed social and emotional learning is an approach to promote our pupil's social-emotional development whilst creating a safe and reliable environment where pupils who have experienced trauma and adverse childhood experiences feel supported. In order to do this, students will;

-  Explore their strengths and identities
-  Develop meaningful positive relationships
-  Provide positive experiences, and learning opportunities to support more formal learning
-  Engage positively with challenging and new scenarios;
 - Positive experiences
 - Mindfulness activities
 - Self Regulation and Self Care
 - Emotion Coaching



For the challenge Participants will be placed in teams, and will have to work together to complete tasks, using limited items of their choice, on the Ultimate Survival Challenge. Students will have to select a number of resources from a central store to complete a series of tasks and challenges to complete Project Survival

Activities include:

-  Tools & Sharps
-  Basket & Container Making
-  Cooking Utensils
-  Build a log Lean-To
-  Free standing Ridge Shelter
-  Making a Bender Shelter
-  Building a Campfire
-  Water Acquisition
-  Pre-historic Fire
-  Campfire Cooking
-  Making Cordage
-  Primitive Bow Making
-  Combat Archery
-  Trapping



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Woodland Enterprise Challenge

Woodland Enterprise is a child and young person initiated activity which is directly linked to developing students. Independence, responsibility and teamworking skills are key elements of enterprise. The project is designed to enrich the curriculum further and give children the opportunity to experience real life problems.

Traditional woodland craft can also be known as 'woodmanship' which means working with trees, forests and tools in a way that communities going back thousands of years would recognise. Traditional craft and green wood sessions will involve woodwork without the use of nails and screws - and with a focus on hand tools. As part of the intervention programme pupils will:



Experience work expectations first hand



Understand how an employing organisation functions



Experience social relationships in the working environment



Appreciate expectations that employees will have of fellow workers



Gain self-confidence, skills and knowledge needed for adult life



Increase self-esteem and self worth



Students will spend 12 weeks making several useable and saleable items that they can take away at the end of the course. These could include, a chair, table, spoon and butter knife or a piece of jewellery made from sourced materials or smelted metal. This provides students with an opportunity to gain work experience in a non-threatening environment

Activities include:



Tools & Sharps



Splitting & Cutting



Wood Carving



Carving a utensil



Making a stool



Joints & Pegs



Splitting Hazel & Willow



Wattle Fencing



Daub & Cob



Green Wood Framing



Table Production



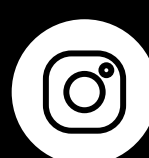
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Coventry Alternative Provision




Coventry Alternative Provision (CAP) is set up to provide support for students who are, for many reasons, struggling in their respective educational establishments. The various opportunities we provide for the students are equipping them to deal with past trauma, SEMH needs and anxiety. The therapeutic programs all use various outdoor learning and life experiences that help bolster resilience and enable the students to benefit from the positive effects on mental health from being in an outdoor setting.

Flourish Programme

Flourish is a termly behavioural intervention programme that addresses the specific needs of young people with Social, Emotional, and Mental Health (SEMH) needs, attention deficit hyperactivity disorder (ADHD), and autism spectrum disorder (ASD).

The programme aims to improve young people's mental well-being, self-regulation skills, and social interactions. The outdoor environment serves as a natural context for delivering therapeutic interventions, providing ample opportunities for experiential learning, physical movement, and interaction with nature.

This programme will help young people to:

-  **Foster a sense of belonging, improve attention, and reduce impulsivity**
-  **Facilitate emotional expression, enhance empathy, and promote problem-solving skills**
-  **To boost confidence, enhance social skills, and promote independence and resilience**

The programme not only addresses specific behavioural patterns but also fosters a love for nature, promotes physical health, and instils a sense of achievement and self-worth.






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EOTAS Programme

Education Other than at School (EOTAS) is a 12-week programme that provides education for young people outside of a formal school setting. This programme aims to help young people to become better equipped when coping with various anxieties, gain self-confidence and self-belief by overcoming challenges and discovering their capabilities within the outdoor environment.

This programme will help young people to:





-  **Engage with their learning and improve their mental health**
-  **Develop skills that mainstream schools might not offer**
-  **Learn in a safer and more comfortable environment**



Personal Development Programme

The Personal Development programme runs for the full year, designed for young people to develop personal skills and to gain a Level 2 Award in Outdoor Skills Competency.

This programme will help young people to:




-  **Understand the learning theories which underpin quality Outdoor Skills practice and how to apply theories in everyday practice**
-  **Learn about site selection, site set-up, woodland management and how to do this sustainably**
-  **Learn practical skills around the use of fire and safe effective use of tools in an education setting**
-  **Safely conduct risk assessments and follow health and safety protocols associated with outdoor learning**



Level 3 Diploma in Work based Trees & Timber

The Diploma in Work-based Trees and Timber is aimed at Post 16 learners to develop their skills in forestry and arboriculture. This qualification is a 2 year diploma leading to pathways in to forestry establishments, maintenance and harvesting, green wood trades and arboriculture.

Learners will receive qualifications in:

-  **Combined Chainsaw Maintenance, Cross Cutting and Felling up to 380mm**
-  **Lantra Wood Chipper & Brush Cutter - learning how to operate powerful machines and tools safely and confidently**
-  **Level 3 Outdoor First Aid with trauma module**



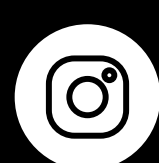
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Committed to equipping children and young people with the vital skills, knowledge and experiences which assist them in their transition to adulthood

Education & Curriculum Programmes



From rivers and habitats to den building, orienteering and natural art, our programmes cover science, geography, history, PE and team building and all with English and Maths embedded throughout.

If you have specific topics or themes, we can adapt our programmes to cover everything you need or even create a bespoke programme just for you.

How will the day work?



On your arrival, we will greet you outside the Visitor Centre and take you to our indoor classroom to drop off your bags and lunches before taking you in to the park to begin your activities. All programmes are two hours long and session times are 10am to 12pm and 12.30pm to 2.30pm but we can be flexible with this if necessary



At lunchtime, our indoor classroom is available for you to eat your lunch, but we encourage having a picnic in the park if the weather is good, as this will add to the enjoyment of your day!



You are more than welcome to visit the park with your pupils to explore and run your own activities. However, we ask that you complete a 'Self-led Visit' form, which can be found on our website. This is so we can advise you on whether there are any other groups, events or work going on, onsite on the day that will affect your plans



If you can't get to us, we can come to you! We can adapt some of programmes to deliver them in your school grounds. For more information, please get in touch with us

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First Nature

Using their senses, pupils will explore the park through a series of short activities that include looking for different textures, colours, sounds and smells, bark rubbing, bug hunting and of course, feeding the ducks! Pupils will build on language skills using adjectives to communicate what they see, hear, feel and smell in the park and develop the confidence to explore their surroundings.

EYFS

-  Communication & Language
-  Physical Development
-  Understanding the World
-  Literacy
-  Mathematics
-  Personal, Social & Emotional Development

KS1

-  Plants and their seasonal changes
-  Living things and their habitats



Three Little Pigs

Pupils will listen to the story of the Three Little Pigs in the woodland before building their own house of sticks for the pigs to live in. Working in groups, they will build on their teamwork and communication skills to create their 'home in the woods'. Pupils will be encouraged to use their imaginations by selecting natural resources that look like or could be used as furniture (chairs, tables, beds etc), utensils (e.g. pots, pans, spoons), gardens (maybe a picket fence, outdoor seating, path or plants) and maybe even a trap for the wolf!

EYFS

-  Communication & Language
-  Physical Development
-  Understanding the World
-  Literacy
-  Mathematics
-  Personal, Social & Emotional Development

KS1

-  Story Telling
-  Design & Technology



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Autumn Changes

Pupils will discover how the park changes during the autumn by exploring the park through a series of short activities that cover what happens to trees across the year, looking for autumn colours and seeds, bug hunting, bark rubbing and of course, feeding the ducks! Pupils will build on language skills using adjectives to explain what they discover in the park and develop the confidence to explore their surroundings and communicate with others what they find.

EYFS

-  Communication & Language
-  Physical Development
-  Understanding the World
-  Literacy
-  Mathematics
-  Personal, Social & Emotional Development

KS1




-  Plants and their seasonal changes
-  Living things and their habitats



Woods & Water

Pupils will investigate the woodland and pond habitats and the invertebrates that inhabit both areas. They will compare the two habitats, and the invertebrates found in them, building on the key vocabulary and language required to describe them. They will also discuss why the invertebrates and other animals seek out the habitats they live in and discover which will migrate between habitats for different stages of their lives. Pupils will keep a tally of each of the minibeasts they find and build on their confidence to explore their surroundings, independently and as a group by moving logs, touching the trees, mud and pond water, using fine and gross motor skills to use the equipment and collect and treat the animals with respect and care. This programme will be differentiated to meet the needs of each Key Stage.

KS1

-  Working scientifically
-  Living things and their habitats
-  Animals, including humans



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Monsters in Miniature (Summer Term)

Pupils will compare and contrast the woodland and meadow habitats. They will investigate the invertebrates found in each habitat. Pupils will be able to build on key vocabulary and language skills associated with describing the habitats and invertebrates, as well as improving their confidence to explore their surroundings, independently and as a group by moving logs, touching the trees, mud and plants, using fine and gross motor skills to use the equipment and collect and treat the animals with respect and care.

KS1 & KS2



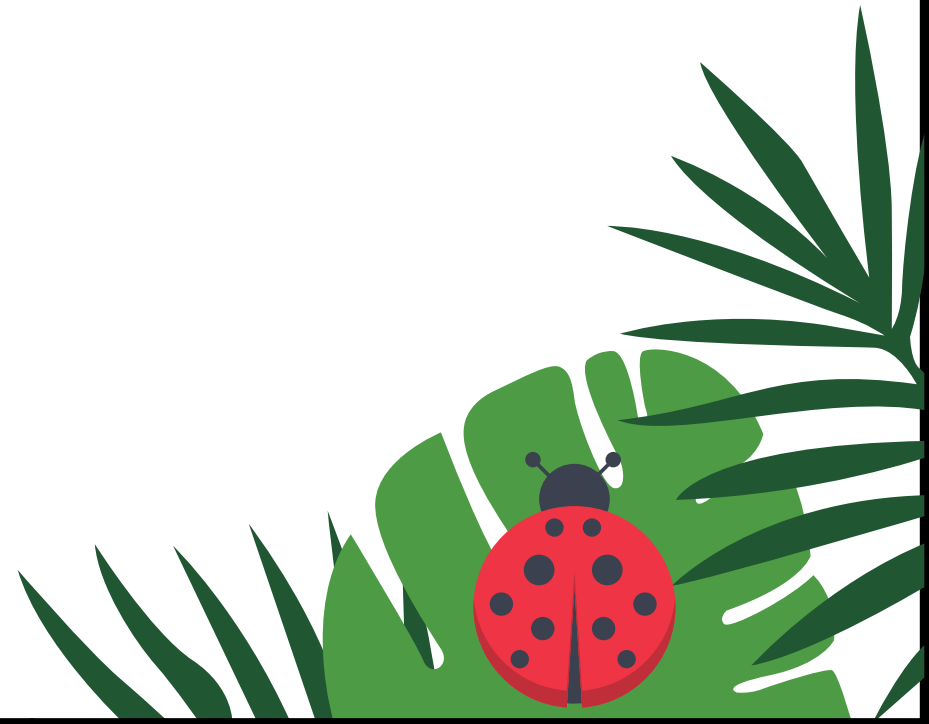
Working scientifically



Living things and their habitats



Animals, including humans



Discovering Fresh Water Life

Pupils will have the opportunity to explore the water life at Coombe in depth. They will observe and identify the water birds that inhabit the waterways at Coombe and of course, will get to feed the ducks! They will then do a pond dipping session to investigate the invertebrates that live in the water. Pupils will be able to build on key vocabulary and language skills associated with describing the habitat and invertebrates, as well as improving their confidence to explore new and magical learning environments. The programme is differentiated to meet the learning objectives of each Key Stage.

KS1



Working scientifically



Animals, including humans



Living things and their habitats

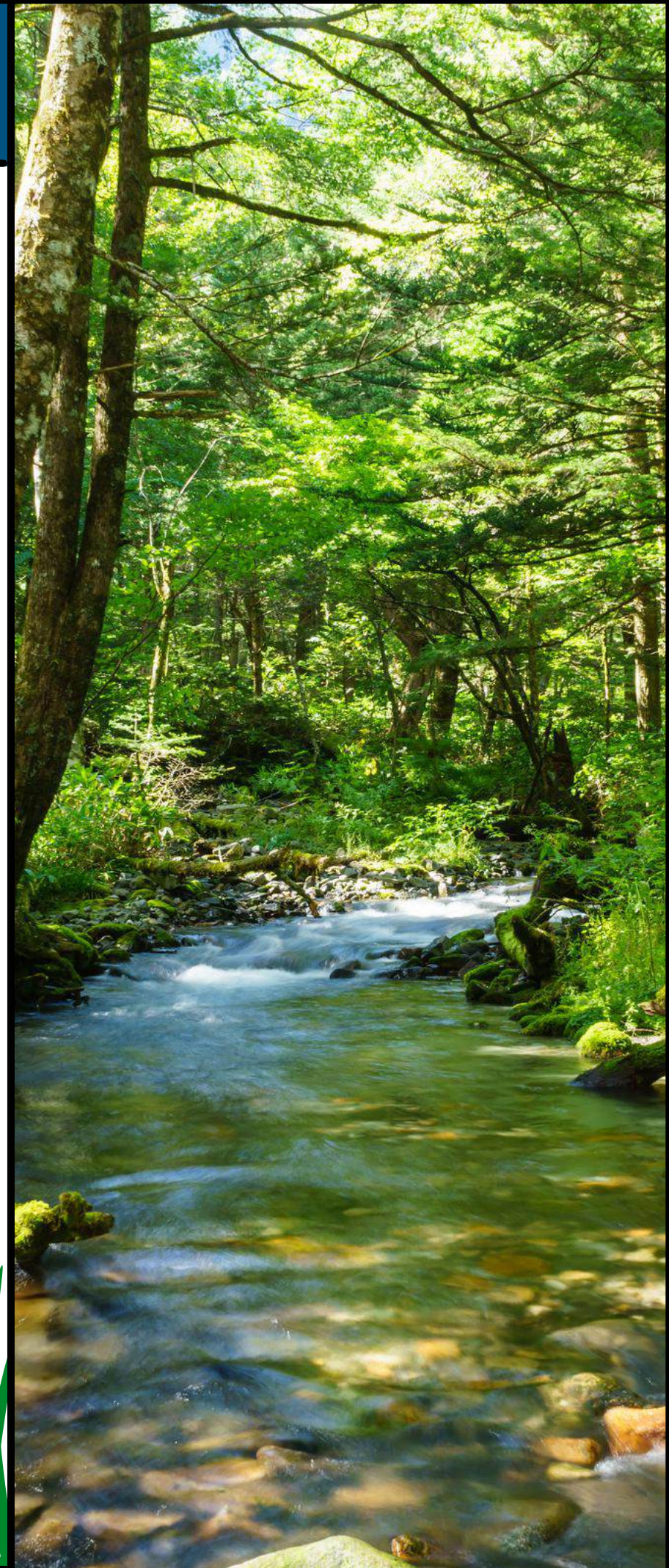
KS2



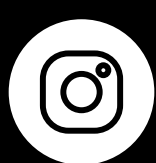
Working scientifically



Living things and their habitats



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Animal Adaptations

During this session, pupils will learn about the adaptations of a small woodland bird before discovering how it fits into the food chain, food web and the habitat in general. This interactive session uses props and a costume to get pupils thinking about how the bird would be affected if one or more parts of the food web or habitat were lost. Teachers can then choose one of the three habitats (woodland, meadow or pond) they would like the pupils to explore where they will investigate and classify the animals they find. The session is differentiated to meet the learning objectives for each Key Stage.

KS1

-  Working scientifically
 -  Plants
 -  Animals, including humans
 -  Living things and their habitats
- 








KS2

-  Working scientifically
-  Plants
-  Animals, including humans
-  Living things and their habitats
-  Evolution and Inheritance







Wild About Maths

Differentiated for each Key Stage, pupils will take part in activities that all build on key maths skills while exploring the park. They will measure the circumference of a tree and use this to work out its age, hunt for minibeasts, keep a tally of what they find and use this data to create a giant bar chart, use compass points to create shapes, look for symmetry and patterns in nature, create 2D and 3D shapes using natural materials.

KS1

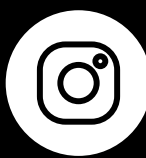
-  Number
-  Counting
-  Represent numbers using objects
-  Measurement
-  2D and 3D Shapes
-  Statistics
-  Position and direction

KS2

-  Number
-  Problem Solving
-  Measurement
-  2D and 3D Shapes
-  Statistics
-  Geometry



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River Study

Pupils will follow the path of the river through the park discussing its natural and man-made features along the way. They will annotate a map with key vocabulary and learn how the river fits in to the wider river system. Pupils will also investigate the invertebrates that inhabit the freshwater river system during a pond dipping session and measure the width, depth, and flow of the river. This can be done as a half-day session or be extended to a full day to give your pupils more time to explore and digest the information given. The programme is differentiated to meet the learning objectives for each Key Stage.

KS2



Locational knowledge



Human and physical geography



Geographical skills and fieldwork



Living things and their habitats



Animals, including humans



Measurement, plotting and data handling



Whole numbers, place value, fractions and decimals

KS3 & KS4



Human and physical geography



Geographical skills and fieldwork



Biodiversity



Ecosystems

Woodland Survey

This programme focusses on the trees in the woodland at Coombe. Through a series of tasks, pupils will work in groups to identify trees using identification keys, identify their properties and classify them into deciduous and evergreen before working out the approximate age of the tree. Pupils will then investigate the invertebrates that live in the habitat and look for signs of other animals that make the woodland their home. The programme allows pupils to build on language and communication skills with pupils being encouraged to use the key vocabulary associated with the identification of trees. The programme can be differentiated to meet the learning objectives of each Key Stage.

KS1 & KS2



Plants and their seasonal changes



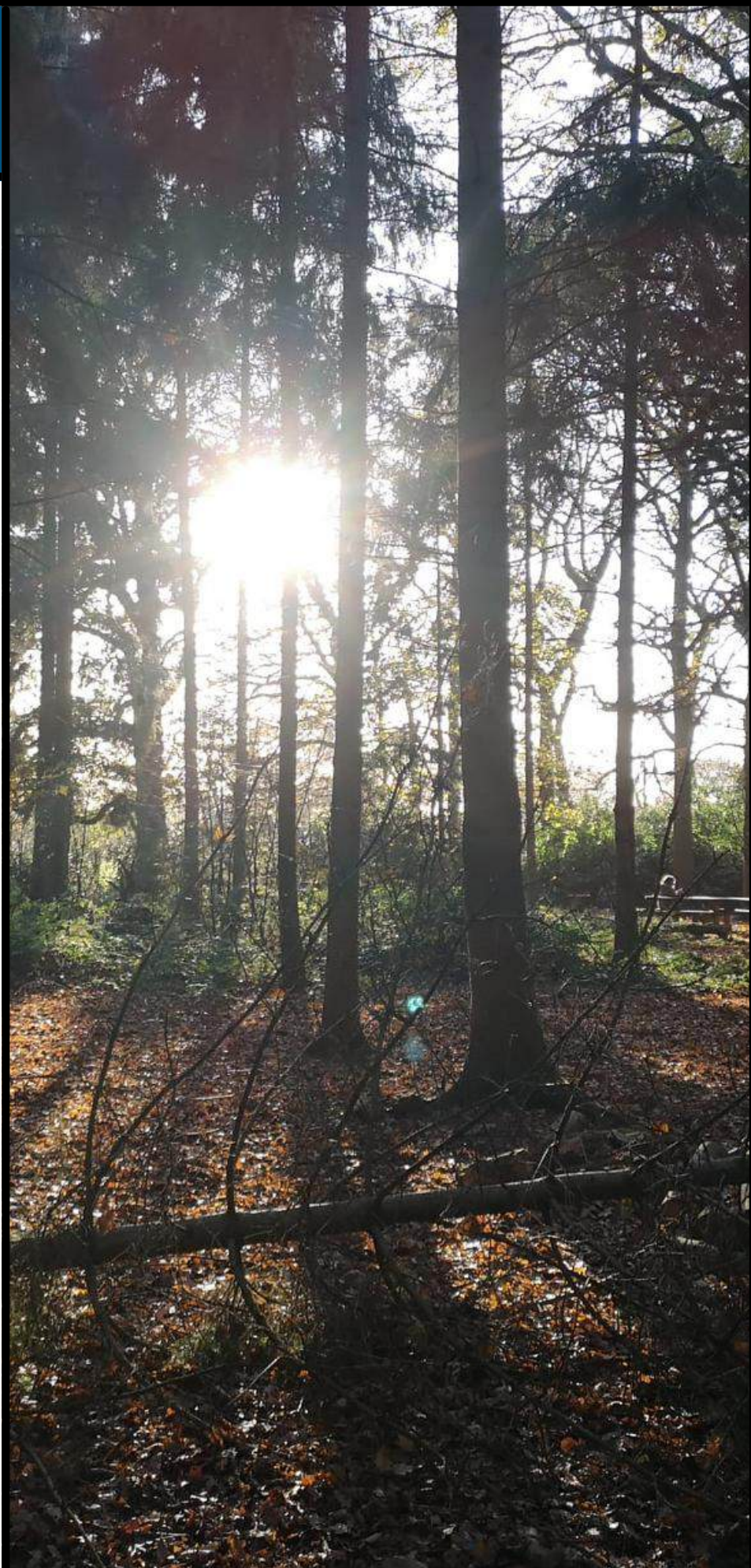
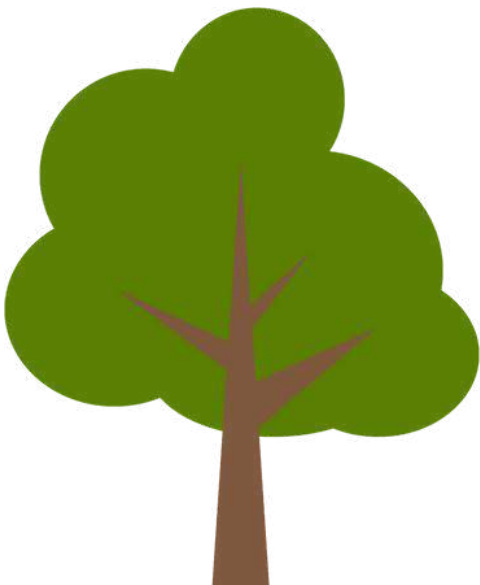
Living things and their habitats



Animals, including humans



Measurement, plotting and data handling



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Den Building

In small groups, pupils will work together to create a den from natural materials they find on the woodland floor before giving the rest of the class a guided tour and explanation of their den. During the session, pupils will be able to work on their teamwork skills and self-esteem, as well as problem solving and are encouraged to use their imaginations to produce a fun, creative design.

KS1, KS2, KS3 & KS4



Woodland Art and Design



Materials and their properties



Design and Technology



Orienteering

After a short introduction to map reading and orienteering, pupils will work in small groups to navigate their way around the park to find a set of orienteering posts, collect the letters on them and work out the anagram. The programme develops pupils' teamwork and communication skills as well as map reading, building on Geography, Maths, PE and Citizenship Studies.

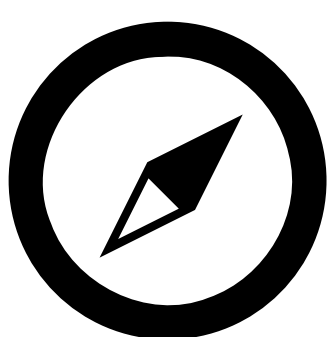
KS2, KS3 & KS4



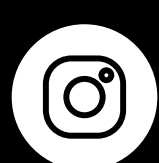
Outdoor Adventurous Activity



Geography Skills and Fieldwork



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Art in the Park

Pupils will have the opportunity to create various pieces of art from natural materials found in the woodland. This will normally be 2D and 3D pictures of animals and landscapes or habitats, however, if you have a particular topic or theme, we can tailor the activities to this for you to enhance their learning. Through exploring the woodland and creating their artwork, pupils will build on their communication skills and will be encouraged to use their imagination.

EYFS, KS1, KS2, KS3 & KS4



Use a range of materials



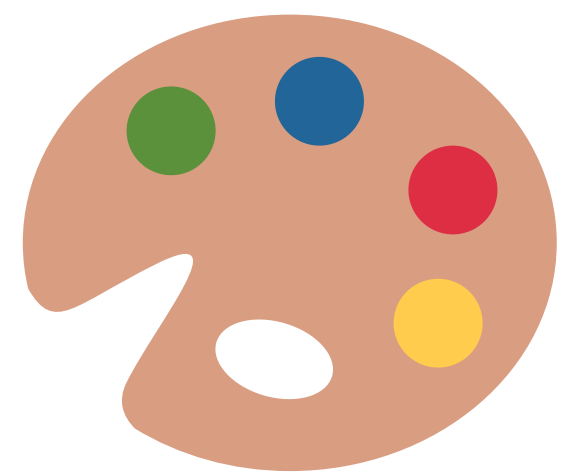
Woodland Art and Design



2D and 3D shapes



Materials and their properties



Tale of Two Boys Workshop (War Memorial Park)

Pupils will learn about the story of two childhood friends from Coventry who enlisted into the army during the First World War. Through discussing a series of photos, they will discover what the reality of life was like while in the trenches before learning the fate of the two friends. Pupils will also learn about the history and importance of the War Memorial Park, including the Memorial itself, and the Trees. They will discuss why it is important that we remember those who died in conflicts and the significance of the poppy before making their own poppies to take back to school. During the session, pupils will build on their language and communication skills and empathise with the soldiers.

KS2



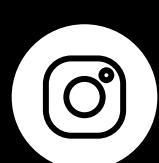
History topic immersive experience



Creative Writing



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Stone Age

Learn about how people in the Stone Age lived and survived. Discover all about the different types of houses, making your own stone age house. Learn about the different tools and weapons they would have used and have a go at making your own fire to keep you warm. Discover what they wore and what they used to create paint and even have a go at your own cave painting.

KS2



Learn about changes in Britain from stone age to iron age



Explore neolithic hunter-gatherers and early farmers



Native Americans

Spend the day thinking like the Native Americans. Work together to build a shelter from natural materials found in the woods and then learn how to make a fire to keep you warm, whittle sticks to toast marshmallows on the fire. Work together to create a Totem pole, decorating it with clay faces or other Native American crafts. All the essential skills every Native American needs!

KS2



Understand key aspects of human geography



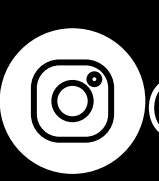
Explore types of settlement and land use economic activity including trade links



Explore distribution of natural resources including energy, food, minerals and water



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Bright Sparks

Join the team and learn all about renewable energy. Discover the different sources of energy including fossil fuels and renewable energy sources. Compare the benefits of each and their impact on the planet. How do you create energy from the sun, wind and water? Use our weather recorders to record the conditions on the day before having a go at creating energy from all three sources and then work out which one is the best on the day!

KS2



Plan different types of scientific enquiries, recognising and controlling variables, comparative and fair tests



Record findings using simple scientific language, drawings, labelled diagrams, bar charts, classification keys, tables, scatter graphs, bar and line graphs



Draw simple conclusions, make predictions for new values, suggest improvements and raise further questions, set up further comparative and fair tests



Measurements using standard units, using a range of equipment, including thermometers and data logger increasing accuracy and precision

Wonderful Weather

What's the weather like today? What makes the weather? What are clouds? Where does rain come from? Observe and record the weather using our weather station and have a go at some fun experiments while learning all about the weather. Then discover how the weather affects the landscape and wildlife in the habitats around us.

KS2



Set up simple practical enquiries, make predictions to set up further comparative and fair tests



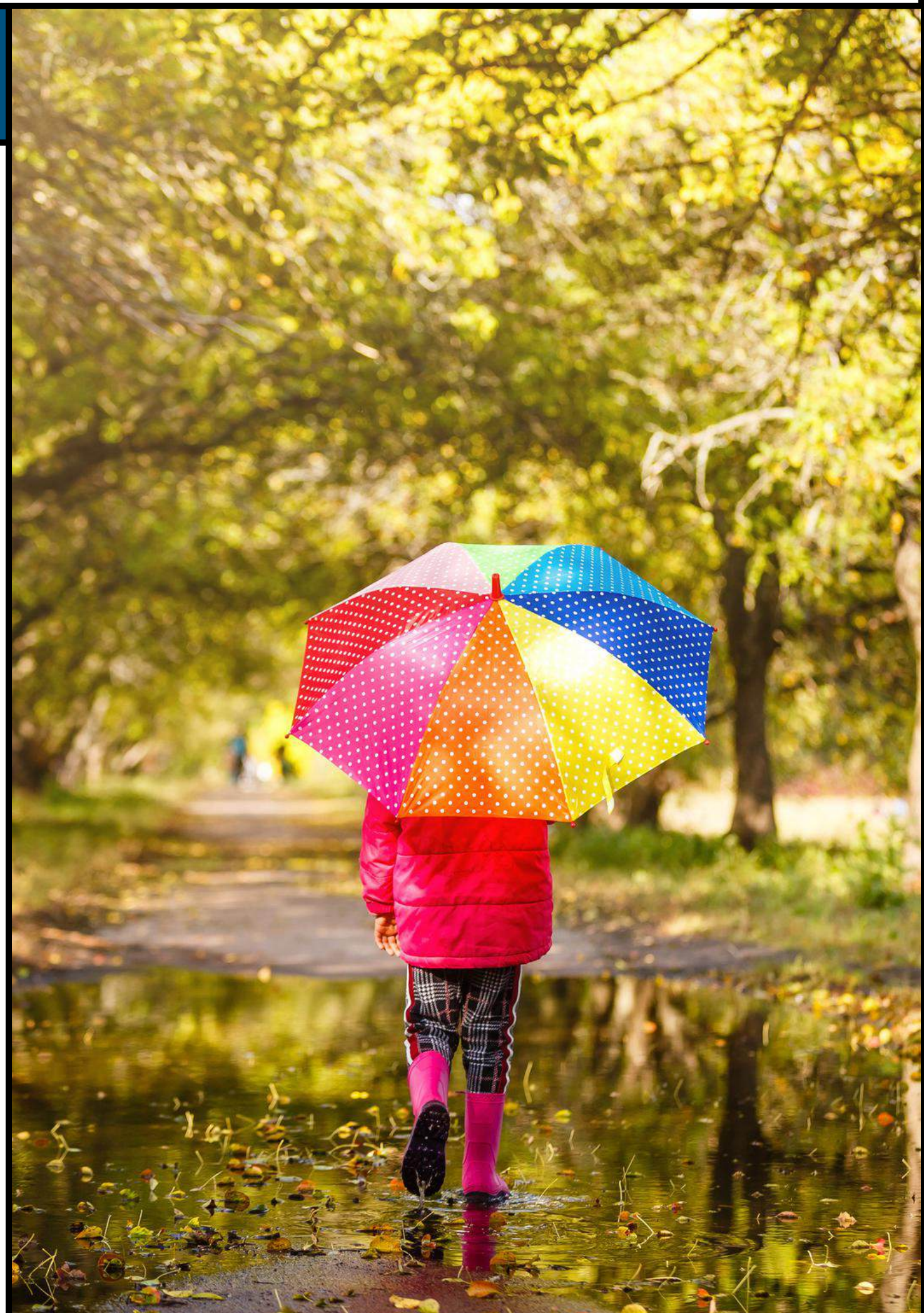
Take measurements, using a range of scientific equipment, with increasing accuracy and precision,



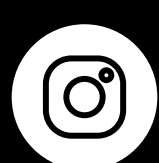
Take accurate recordings using simple scientific language, drawings, labelled diagrams, bar charts, classification keys, tables, scatter graphs, bar and line graphs



Report on findings from enquiries, including oral and written explanations, displays or presentations of results and conclusions



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Bird Safari

What are birds? What features do they have? Where do they live? Discover the range of bird life at Coombe Abbey Park. Learn how to use binoculars. Discuss what different birds eat and how they have adapted to their environment. Feed the water birds. Immerse yourself into the life of a bird and create a nest using woodland materials.



KS1



Identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals



Identify and name a variety of common animals that are carnivores, herbivores and omnivores



Describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets)

Coombe Safari

Put on your safari hat and explore the nature at Coombe Abbey Park. Study the main features of animals and learn how to classify them into different groups. Investigate our woodlands and wetlands, to discover a range of vertebrates and invertebrates. Identify, classify, and record your findings to demonstrate your new knowledge of the wild.

KS2



Explore how living things are classified into broad groups according to common observable characteristics and based on similarities and differences, including microorganisms, plants and animals



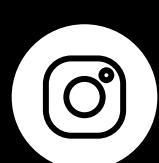
Classify plants and animals based on specific characteristics



Classify animals into commonly found invertebrates and vertebrates



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Viking Experience

Fearsome warriors from a land across the sea, Vikings brought a strange new culture to our shores. Build a fire and discuss life as a Viking whilst we eat marshmallows. Make a traditional craft item and create a Viking structure out of woodland materials.

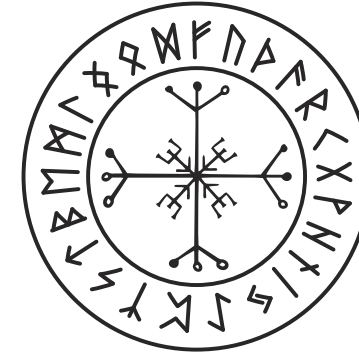
KS2



Explore the Viking and Anglo-Saxon struggle for the Kingdom of England to the time of Edward the Confessor



Understand the key aspects of human geography, including: types of settlement and land use, economic activity including trade links, and the distribution of natural resources including energy, food, minerals and water



GCSE River Study

Explore a river landscape first-hand, learning how water flows from Coombe Abbey Park through the Severn water shed. Discuss the fluvial processes of erosion, transportation and deposition, understanding their key terms. Measure the rate of flow and sample the river sediment. Investigate how erosion and transportation interacts with the sediment. Examine our meanders, looking at their formation through erosion and deposition. Observe our flood management strategies. Explore a freshwater ecosystem through pond-dipping, collecting data on the species present.

KS4



River landscapes in the UK



Fluvial Processes and landforms



River management strategies



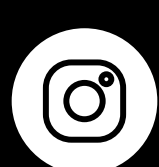
Recording and measuring river rate of flow



Sampling a freshwater pond ecosystem



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Belt Transects

Pupils will investigate the species distribution in the habitat. Using fieldwork and sampling methods, they will identify and record the species present along the transect, noting the changes in species coverage as they work. They will investigate and record the abiotic factors and use this information to draw conclusions on their effect on the biotic data they collect.

KS3



Working scientifically



Relationships in an ecosystem

KS4



Working scientifically



Biodiversity



Ecosystems



Vegetation Sampling

Pupils will sample and identify the vegetation in the woodland and grassland habitats using quadrats, to investigate species abundance and distribution. They will record their results also investigate abiotic factors that will affect the species found in each habitat.

KS3



Working scientifically



Relationships in an ecosystem

KS4



Working scientifically



Biodiversity



Ecosystems



Invertebrate Sampling

Pupils will investigate the invertebrates found in the meadow. They will identify, classify, and record the species found as well as the flora species in each area sampled. They will also record abiotic factors such as temperature. Pupils will begin to draw conclusions from their findings about the relationships between flora and fauna species found in the meadow.

KS3



Working scientifically



Relationships in an ecosystem

KS4



Working scientifically



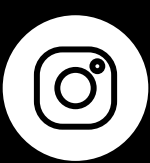
Biodiversity



Ecosystems



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Freshwater Invertebrate Sampling

Pupils investigate the invertebrates in the pond and river. Using sampling methods, they will identify and record the species found and draw conclusions about the food chains present. They will investigate abiotic factors in the habitat and use this information to draw conclusions on the species found.

KS3



Relationships in an ecosystem

KS4



Biodiversity



Ecosystems



Team Building

Pupils will participate in a variety of team challenges that will encourage teamwork, independent thinking and problem solving. We provide an experience that pupils will find challenging yet safe, encouraging them to develop both their individual and team working skills, allowing them to test themselves and their limits whilst developing a wide range of interpersonal skills.

KS2, KS3 & KS4



Communication



Collaboration



Co-operation



Decision Making



Problem Solving



Perseverance



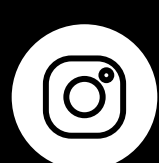
Resilience



Reflective Learning



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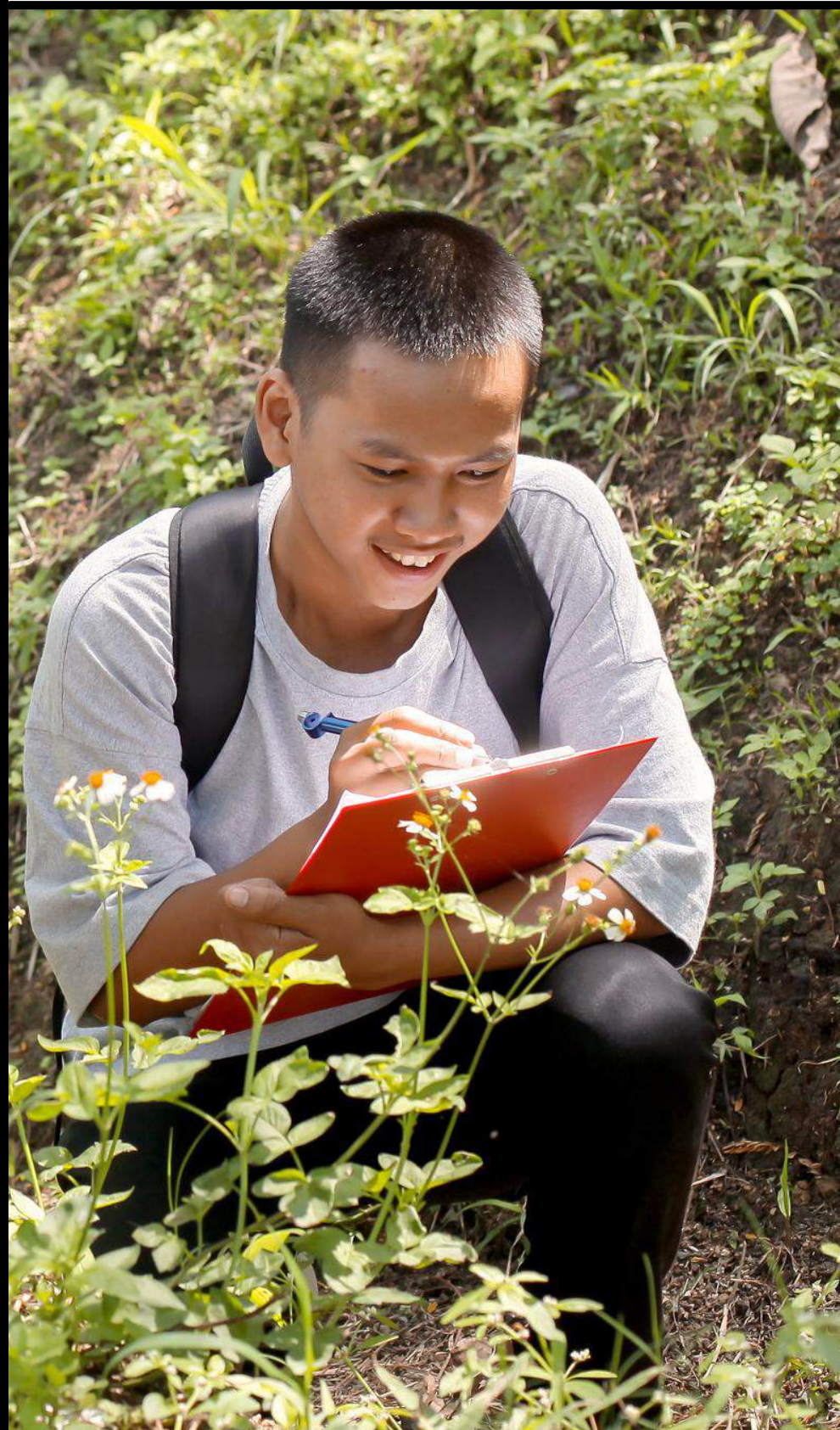
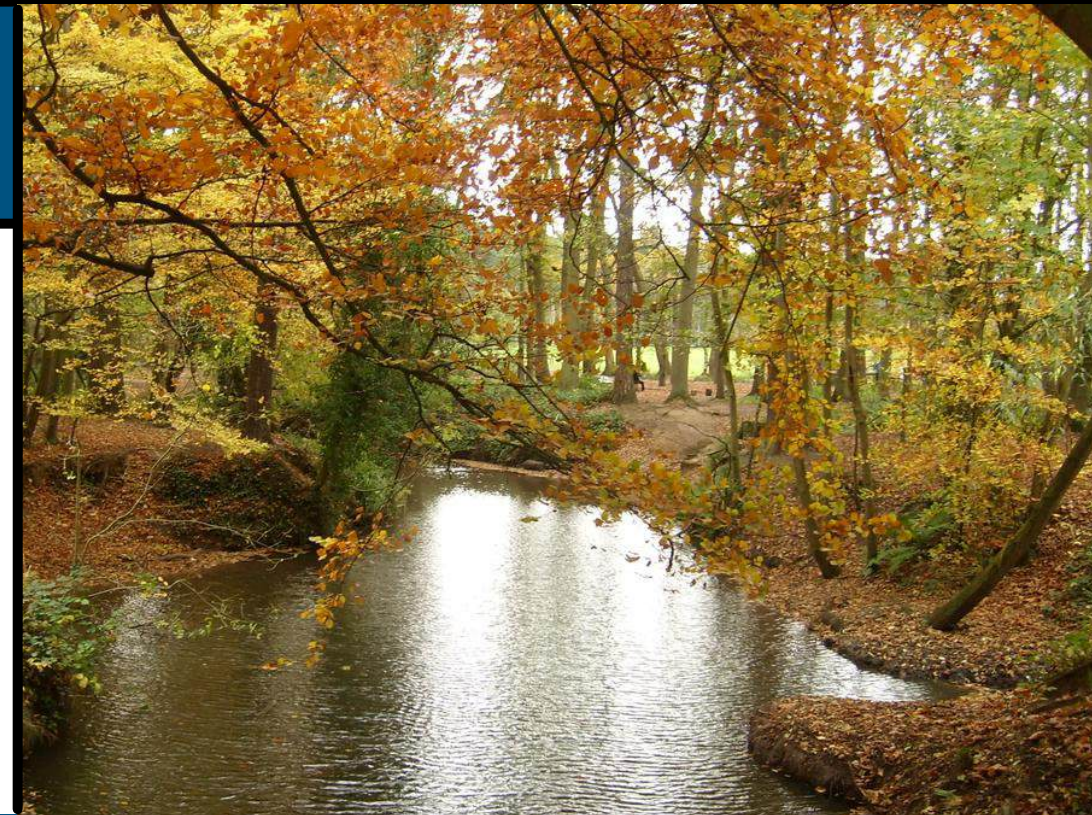


River Investigation (GCSE)

This is a two-hour programme where students will investigate the river in three separate locations. They will examine factors such as pH, biodiversity, litter and temperature and use the data gathered to draw conclusions about the differences across the locations and the effect it has on the invertebrates they find at each location. These locations will be upstream of a weir, downstream of a weir and a pond.

Meander Investigation (GCSE)

During this two-hour programme, students will investigate the effect of a meander on the river. They will observe, draw and annotate a field sketch of the meander. They will measure the width, depth and flow of the river before, through and after the meander, making observations of the river and surrounding area. They will then use this data to draw conclusions about the effect of the meander on the river.



Field Sampling Techniques (A-Level)

Throughout the day, students will use different sampling techniques:



The calculation of species diversity - Random sampling using quadrats on the events field and an open grassland



Measurement of the distribution and abundance of plants in a habitat - Transect through the open grassland, with part of the transect bordering a woodland



Investigating a correlation between a named species and a biotic and/or abiotic factor - An Invertebrate study

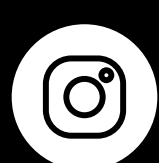


Freshwater invertebrate species diversity across three depths of the pond: Surface, water column and soil layer

Students will investigate the correlation of the abiotic factor of light and the species found but can also record the pH, temperature and general observations.



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Bespoke Programmes	KS3	KS4	KS5
Weather & Micro Climate	🔥	🔥	
Urban Geography	🔥		
Riverstudy	🔥		
Passionate about Place	🔥		
Geography Skills 21st Century	🔥		
Creative Writing	🔥		
Physical Education	🔥	🔥	
Counter Urbanisation		🔥	
Economic Growth		🔥	
Ecosystems		🔥	🔥
Fieldwork		🔥	
Flooding		🔥	
Population Change		🔥	
Quality of Life		🔥	
Regeneration		🔥	🔥
Rivers		🔥	
Sustainable Cities		🔥	
Urban Inequalities		🔥	
Challenges in Cities		🔥	🔥
Changing City Environments		🔥	
Photography		🔥	
Employability Skills		🔥	
Personal Development Skills		🔥	
Carbon Cycle			🔥
Human Geo Skills			🔥
Physical Geo Skills			🔥
NEA Data Collection			🔥
NEA Fieldwork/Technique Skills			🔥
Water Cycle			🔥

Green Team Award

The Green Team Awards engage students at every stage of their educational journey, empowering them to take action against climate change. Pupils' complete challenges related to Biodiversity, Waste and Energy, completing their award and becoming Green Team Champions.

The first three awards feature challenges embedded in the National Curriculum, alongside hands-on tasks which promote sustainability at both school and home. The final two awards broaden the scope, encouraging students to act within their communities and explore the world of sustainable enterprise and green careers. The following Table provides a breakdown of our awards.



Seedlings Award	Early Years Foundation Stage	Aimed at budding eco-warriors who are taking their first steps toward a greener future. A smooth introduction to the Green Team process
Hazel Award	Key Stage 1	Provides challenges that introduce concepts for improving biodiversity, reducing waste and maximising energy usage
Silver Birch Award	Lower Key Stage 2	More advanced tasks, that fall in line with the National Curriculum, focusing on biodiversity, waste, and energy. Along with challenges to improve sustainability in school and at home
Oak Award	Upper Key Stage 2	Offers more demanding tasks, as befits seasoned eco-warriors. The Oak Award leans into challenges that require skills from across the curriculum to complete. The results should inspire the lower years to keep up their momentum!
Lime Award	Key Stage 3	Projects that focus on action within the community, sustainable enterprise and investigating green careers.
Beech Award	Key Stage 4	Projects that focus on action within the community, sustainable enterprise and investigating green careers

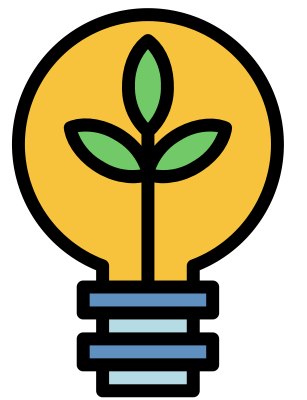
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Level 3 School Sustainability Leader

All schools are now required to appoint a sustainability lead and develop a climate action plan, to be in line with the DfE's Sustainability and Climate Change Strategy. We're here to help your school make a significant improvement in sustainability.

Our Level 3 School Sustainability Leader qualification provides a solid foundation of relevant theory in climate science and biodiversity, before giving participants the skills to develop a targeted climate action plan for their school.



Sustainability Modules



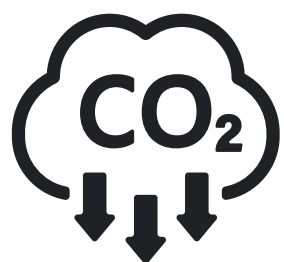
Climate Science

Learn about the current climate situation, local and global trends, and the science behind it. Understand the potential impact of climate change and how to safeguard children affected by it



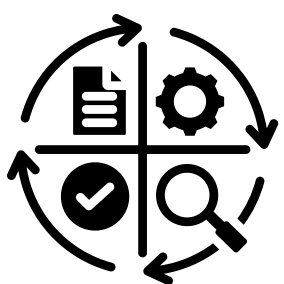
Biodiversity

Explore the current state of UK species, their trends, and how to assess biodiversity at your school. Learn quick-win methods to improve biodiversity engage pupils with the natural world and plan for bigger actions involving local stakeholders



School Emissions & Data Collection

Examine areas for improvement in energy usage, water consumption, and transport. Discover how to collect data, and make changes to reduce your school's carbon footprint



Targeted Climate Action Plan

Consolidate everything into a customised action plan for your school. Learn how to involve the whole school community in completing short, medium, and long-term goals

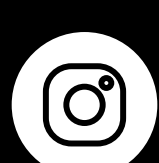


Climate Action & Community

Share the success of your climate action plan with the wider community. Learn how to collaborate with local groups and inspire other schools to follow your lead in sustainability



OutdoorEducation@coventry.gov.uk



Residentials

Our Centre, Plas Dol-y-Moch, provides high quality adventure, personal development and curriculum based courses within our residential setting. We strongly believe that children and young people deserve the opportunity to experience the outdoor environment as an integral part of their learning and development, complementing learning in the classroom.



Mountains & Mines

Within the Eryri National Park students have the opportunity to challenge themselves, explore themes such as resilience, respect, teamwork and commitment all whilst learning about the geography of the uplands. Mine exploration is a unique adventure exploring themes of personal challenge, resilience and respect. Students immerse themselves in the Victorian history of quarrying and the geology of slate.

Rivers, Lakes & Gorges

A canoe journey down the river provides students opportunities to explore working together, learning about river basins and tidal estuaries. Our kayak lake provides opportunities for students to explore themes such as personal responsibility and the importance of listening and following instructions as well as discipline. Gorges provide opportunities to explore teamwork, confidence, resilience and the delights of sliding down a waterfall, or jumping into a mountain stream!



plasdolymoch@coventry.gov.uk



Coast & Beaches

The stunning coastline of North Wales is just a short drive from the Centre. Students have the opportunity to explore and learn about the coastal environment beneath the medieval Criccieth Castle or support each other whilst climbing along the sea cliffs and zawns of Borth y Gest.

Learning through Adventure

Part of Coventry Outdoors, Plas Dol-y-Moch delivers high quality residential Outdoor Education Courses for the young people of Coventry and beyond. Bespoke adventure courses focus on developing young people's social, emotional and mental health through genuine outdoor and adventure activity courses delivered by expert practitioners in Outdoor Education, all in a residential setting. Each day's activities are tailored through consultation with your staff to maximise opportunities for each of your students.



Bespoke Adventure Courses



Included in the course fees are coach transport from Coventry and back (coach pickup & drop off out of Coventry can be arranged for an additional fee), as well as all transportation during your course. You'll receive expert tailored inspirational tuition from highly qualified and experienced outdoor professionals, working in low ratios (typically 1:12 including at least one participating adult). Additionally, all technical equipment and clothing, such as waterproofs, wellies or boots, fleece, and rucksack are issued to each student



Drying rooms with individual spaces are available, providing students the opportunity to realistically look after their own and issued equipment



Students are given the responsibility of the Centre, make their own beds (all bedding is provided), and tasked with looking after their dormitory and social space throughout the course. All meals are included, including wholesome home-made evening meals, breakfast, packed lunch, and world-famous cakes



The Centre boasts ample social and teaching spaces, equipped with whiteboards, high-speed internet access, and digital projectors. Outside, we have acres of woodland, fields suitable for football and volleyball, as well as a lit basketball court to help wear your students out if necessary! Additionally, there's a small tuck and souvenir shop available



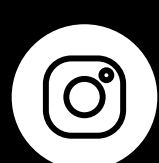
Our building is secure, with door code access complying with safeguarding best practice. Staff bedrooms are also secure, with visiting staff provided door passes to access their rooms



On arrival all groups are fully inducted to the Centre, outlining the course aims and ensuring you're all fully settled into the building. Our staff are available to support the delivery of evening activities as well as remaining on call overnight should your staff need any support



plasdolymoch@coventry.gov.uk





COVENTRY OUTDOORS

EDUCATION & ADVENTURE SERVICE



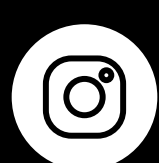
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Coventry City Council