

# Talking Tips

Families **talk** now

1.

Talk to your child while you do everyday activities. Shopping, dressing, washing and mealtimes, have lots of opportunities for talking.

2.

Play games together. This will encourage talking. Your child won't learn language playing alone.

3.

Look at simple picture books. Name and talk about the pictures. Try not to keep saying "What's that?" or "You say it!".

4.

Play imaginary games with dolls, teddies and toys. For example, tea parties, dressing up, giving the toys a bath. Talk about what you are doing while you play.

5.

Have fun singing nursery rhymes and doing the actions

6.

Don't leave your child sitting alone for a long time in front of the T.V or playing on a tablet or phone. Watch or play together and talk about what you see. Children learn to communicate from people not screens!

7.

Develop your child's vocabulary by giving choices, for example "Would you like a juice or a milk?".

8.

Take the dummy out! Your child can't practise talking with a dummy in their mouth. Leave dummies for bedtime

9.

Words may be unclear at this stage. Say them back correctly, but don't make your child repeat them.

10.

Listen to your child and encourage them by adding to what they say, for example, "A car" "Yes a blue car".

