

Coventry

News...features...plus more about your city...your neighbourhood...your services

citivision

issue 56 | october | 2016

Just a perfect day



Backing for Godiva Festival

INSIDE

- Football hero honoured
- Top marks for city's parks
- Global focus for peace

Including: news, comments and updates from organisations across the city working together to improve life in Coventry





Ladbrokes

FOUR NATIONS DOUBLE HEADER

ENGLAND v SCOTLAND 5.30PM | NEW ZEALAND v AUSTRALIA 8PM
SATURDAY 5 NOVEMBER | RICOH ARENA

RUGBY-LEAGUE.COM



warwick arts centre

HALF TERM FAMILY FAVOURITES

FIDGET THEATRE

Molly's Marvellous Moustache

Sun 23 Oct
Ages 3 - 7



BASED ON FOUR ERIC CARLE BOOKS

The Very Hungry Caterpillar Show

Created by Jonathan Rockefeller
Wed 26 - Fri 28 Oct
Age 3+





Miss Peregrine's Home for Peculiar Children

TBC
Fri 21 - Sat 29 Oct



LYNGO THEATRE

The Curious Adventures of Pinocchio

Fri 28 Oct & Sat 29 Oct
Age 5+



SCAMP THEATRE & FRECKLE PRODUCTIONS

Stick Man

From the book by Julia Donaldson and Axel Scheffter, creators of *The Gruffalo*
Thu 24 Nov - Sat 31 Dec
Age 3+

Warwick Arts Centre – the region's biggest arts and entertainment venue with restaurant, bars, café, gallery and FREE parking after 6pm

Warwick Arts Centre
@warwickarts
warwickarts

Box Office 024 7652 4524
warwickartscentre.co.uk

Warwick Arts Centre
The University of Warwick
Coventry CV4 7AL



• A personal message from Cllr George Duggins, Leader, Coventry City Council.

Keeping our history intact

I recently had the pleasure of visiting Coventry's historic Register Office where I learnt about the processes for registering births, deaths, holding weddings and other ceremonies at Cheylesmore Manor House.

It's an incredible timber building built in 1237 and I love the story in this issue of *Citivism* about the couple who crossed the world to renew their vows at the venue.

St Mary's Guildhall is another great historic building that Coventry can be proud of and I hope that more people get the chance to visit these and the many other historic buildings - particularly with the help of a new updated heritage trail booklet as outlined in the centre spread.

We want to regenerate the city without losing sight of our rich past and some of the improvements we are planning in the Cathedral Quarter will aim to help guide visitors to special places of interest.

Elsewhere in this issue of *Citivism*, I am pleased that we have been able to honour Jimmy Hill by renaming Phoenix Way in his memory. He was a man who revolutionised football and will always have a special place in our hearts.

I'm also delighted that we have outlined plans for a 50m pool in the city, and that we have guaranteed the future of the Godiva Festival.

These are the things that I know matter to you and I hope you find all of the information inside *Citivism* helpful.

If you need this information in another format or language please contact us:

Tel: 024 7683 1081

Fax: 024 7683 1132

e-mail: communications@coventry.gov.uk

Cover story:
Paul and Chigusa renew their vows

contents

welcome to the october 2016 issue of *citivism*



news

- 4 Two senior Coventry councillors** have been appointed to the board of the Coventry and Warwickshire Local Enterprise Partnership.
- 5 City councillors** have decided to honour footballing legend, Jimmy Hill.
- 6 A plan** to ensure that 350 apprentices get a foot on the career ladder has been outlined by Coventry City Council.
- 8 Consultation** on Coventry City Council's proposals to make £3.8m savings across libraries, children's centres and youth services is underway.

health focus

- 14 A new mental health** awareness campaign has been launched in Coventry to encourage people, particularly men, to talk about how they feel.
- Flu vaccinations** are still the best way to protect people from flu.

Rising focus

- 17 The second annual gathering** of the RISING Global Peace Forum will take place in the city.

universities focus

- 19 Children in the city** and across Warwickshire have been developing a range of skills after signing up to a new chess academy.

ceremonies focus

- 12 Cheylesmore Manor** - which stands alongside the Register Office and St Mary's Guildhall are definitely two of Coventry's hidden gems.

what's on

- 20 A round-up** of some of the attractions on offer in and around Coventry this autumn.

councillors

- 22 Need to contact your councillors?** Check out our comprehensive directory.

contact us

Call the *Citivism* newsdesk on 024 7683 1075 or write to Newsdesk, Room 27, The Council House, Earl Street, Coventry, CV1 5RR, or e-mail communications@coventry.gov.uk

Written and produced by the Communications Team, Coventry City Council. Each edition of *Citivism* costs 7p per copy to write, print and

distribute to every home in Coventry. You can also pick up a copy at libraries and Council buildings. *Citivism* is produced on paper from sustainable woodland and is chlorine free. The milling process also has Environmental Management Systems in place. Once read, please recycle.

If you would like to advertise in the next issue of *Citivism*,

contact Darren O'Shaughnessy on 024 7683 1075. Coventry City Council is grateful for the support from advertisers in this issue of *Citivism*, but accepts no responsibility for the accuracy of adverts.

All details are correct at time of going to print (4 October 2016).

Strengthening growth in the region

Two senior Coventry councillors have been appointed to the board of the Coventry and Warwickshire Local Enterprise Partnership (CWLEP).

Jim O'Boyle and Abdul Khan have joined the 16-strong board of the CWLEP which works with private and public sector organisations to drive economic growth and create jobs across the area.

Cllr O'Boyle is Coventry City Council Cabinet Member for Business, Education and Employment. He is also a councillor for St Michael's ward and is a former Peugeot trade union convenor.



■ (Left to right): Cllr Abdul Khan, Jonathan Browning, chairman of CWLEP and Cllr Jim O'Boyle.

Cllr Khan is Deputy Leader of Coventry City Council, a ward councillor for Foleshill and chairs the Coventry Police, Crime and Community Safety Board. He is a qualified solicitor by profession with an office in Coventry and is

also a magistrate sitting on the Warwickshire bench.

Jonathan Browning, chairman of the CWLEP, said the appointments would help improve economic growth in Coventry and Warwickshire.

No room for a mistake

Anyone who is buying a home should expect to have accurate information about the property they are getting.

This applies especially where a property has undergone a loft conversion or an extension.

Although The Consumer Protection from Unfair Trading Regulations 2008 (CPRs) aims to ensure that estate agents provide the right information for buyers, people should still check with the Council's building control team if they are in any doubt.

Estate agents may simply take the description provided by vendors for an extension or a loft conversion as a bedroom.

But without the proper planning permission and/or building regulations approval, it should not be described as a habitable space.

It's worthwhile checking this out. People who are selling a property or buying a home can check whether a building regulation application has been successfully made by visiting coventry.gov.uk/buildingcontrol

Call for advice volunteers



■ Chelsea Fagan one of the latest citizens' advice volunteers.

Citizens' Advice Coventry has been part of the city for more than 75 years and offers free, confidential, independent and impartial advice on a range of topics.

'I would urge anyone who wants to make a difference, learn some new skills and get to know some new people to get in touch.'

Volunteers play a vital role in the advice service and the organisation is keen to hear from anyone who can commit to at

least half a day a week at the advice centre.

Joanne Adams, head of core services, said: "I would urge anyone who wants to make a difference, learn some new skills and get to know some new people to get in touch, we have a range of volunteering opportunities for people from all backgrounds and experience."

To find out more, contact Amy Rugg on 024 7625 2052, or send an e-mail to arugg@coventrycab.org.uk

Beware of loan sharks

Loans sharks beware! The Illegal Money Lending Team, in collaboration with Coventry Citizens Advice, has designated the week beginning October 17 'Loan Shark Awareness Week'. Look out for community events, social media and press coverage on how you can access support if you know anyone affected by this issue.

50m pool promise

Plans to keep a 50m pool in the city – a promise the Council made in 2014 – have moved a step closer.

The pool is planned for the Alan Higgs Centre, and would be part of a proposed 'Sports Village' at the complex which would boast a wide range of community sports facilities, including state of the art facilities for swimming and rugby and a separately funded Training Centre for Wasps.

Cllr Kamran Caan, Cabinet Member for Public Health and Sport said: "We have always been clear that we, in Coventry, are proud of our 50m pool and of our swimming heritage and we were determined to protect this if possible. The old pool is much loved, but, unfortunately, is no longer viable or fit-for-purpose and we need something new."

Christmas charity shop support

The Midland Charities Association Christmas card shop will be back in Allesley Park Community Library for seven weeks from Monday 31 October.

Based in the medical centre on the corner of Winsford Avenue and Whitaker Road, the shop operates at all library opening times during that period.

The association is always pleased to welcome new volunteers to help in the shop. Contact Janice Whittlesey 01676 534407; e-mail janwhittlesey@yahoo.co.uk for details.

Green fuel jobs boost

An entrepreneur in Coventry is fuelling growth, generating heat and helping the environment after launching his new business.

Peter Turner who runs Grofuel, welcomed the city's Lord Mayor, Councillor Lindsley Harvard, and David Penn, the chair of the Chamber of Commerce's Coventry branch, to the launch of the business, based on Charter Avenue.

"The great thing for our customers is that they save money, it's better for the environment and, of course, we generate orders."

The firm is selling stoves and heating systems, which run off wood pellets, to both the domestic and business market and



(left to right): Installer Mike Harvey, David Penn (Chamber), Lord Mayor, Councillor Lindsley Harvard, Peter Turner.

is also importing and selling the pellets.

The company has had support from the Chamber in getting the business off the ground as well as a grant via the EU. Grofuel is creating at least 12 new jobs.

Peter said that he wanted to

make a positive impact on the economy in the area and, also, on the environment.

He said: "The great thing for our customers is that they save money, it's better for the environment and, of course, we generate orders."

Health app advice for professionals

The Council has been working with Coventry University to design an app on Female Genital Mutilation. The app, which is called Petals for Professionals, has been designed for professionals who work with young girls and women, to use for information and to manage and prevent cases of FGM.

This is the second app that has been created. It follows the success of the Petals app last year, which was designed to offer advice and support for FGM related issues for young people.

Petals for Professionals was officially launched at an event recently.

City legend Jimmy honoured



Leader of the Council Cllr George Duggins and Cllr Jayne Innes.

City councillors have decided to honour footballing legend, Jimmy Hill, by renaming the A444 in his honour.

The road, currently known as Phoenix Way, is set to be renamed Jimmy Hill Way in honour of the man who changed football and who has a special place in Coventry's heart.

"We're really pleased that we are able to honour the man that revolutionised football."

The renaming of the road follows the public campaign led by the Coventry Telegraph, which the Council supported.

Leader of the Council,

George Duggins, said: "We're really pleased that we are able to honour the man that revolutionised football, both for this city and throughout the sport. He transformed Coventry City Football Club into a major league team."

Councillor Jayne Innes, Cabinet Member for City Services, added: "Jimmy Hill Way is one of the main routes through Coventry and is used by thousands of people every single day.

"We will be painting the lower sections of the bridges over the route sky blue as a further tribute. Commemorating him in the right way is important to them, to us and to the city."

Henley College Coventry Hair and Beauty Offers



Treat yourself to a makeover this Autumn

Beauty

Dermologica Facials £10
Indian Head Massage £8
Non Surgical Face Lift £12

Hairdressing

Colours available from £17
Cut and Blow Dry from £4
Sienna X Spray Tan £12



Gift vouchers available for Christmas

To book call **024 7662 6332**

or visit: **www.henley-cov.ac.uk**

HENLEY
COLLEGE
Coventry
Student First

Just the job for Cov kids

■ New apprentices are joined by Cllr Mutton at a recent induction session.



A plan to ensure that 350 apprentices get a foot on the career ladder has been outlined by Coventry City Council as part of its apprenticeship strategy for 2016-19.

The strategy sets out to increase the number of apprenticeships employed at the Council. The Council currently employs 91 apprentices.

Cllr John Mutton, the Council's Cabinet Member for Strategic Finance and

"This will be a great opportunity to grow our own young talent."

Resources, met up with new young apprenticeship starters where he said that he wanted the Council to take a lead. He is also encouraging other organisations to help boost apprentice numbers in the city.

He explained: "Apprenticeships are a great career choice for young people and it is a high priority

for the Council.

"I'm really keen for the apprenticeship scheme to reach out to those young people who have traditionally been under-represented from apprenticeship opportunities. This will be a great opportunity to grow our own young talent. I hope that other organisations help to boost apprenticeships."

For details visit coventry.gov.uk/apprenticeships

Business backing for students

Hereward College has successfully expanded its supported internship programme, having secured new partnerships with Severn Trent Water, Airwave and Whitefriars Housing.

The college which caters for students with a range of disabilities and learning difficulties aims to help the young people



■ Students, job coaches and business managers on the internship scheme.

in finding paid employment, and is committed to providing high quality work experience schemes.

The programme is seeing rapid growth as more employers in the

region are stepping up to become involved in the scheme.

Each student is supported by an on-site job coach employed by Hereward.

Recruitment on the buses



■ On the job training for new recruits.

National Express Coventry are hoping to recruit to 2,000 new staff across Coventry and the West Midlands.

Dozens of applicants attended an event at Pool Meadow bus depot and 10 people are now completing pre-employment training with People Plus.

National Express is being joined by JobCentre Plus and the employment support company People Plus to help with their recruitment programme.

Head of Driver Training and Recruitment, Mark Simcox, said that the programme would run for three years. He explained: "We are creating 2,000 job opportunities in our Routes to Work programme. It's about getting local Coventry people into real careers with good prospects."

Anyone interested in becoming a bus driver should visit www.driveourbus.com

Positive about our youth

A Coventry-based social enterprise, which helps young people across the midlands to improve their lives, has been given a golden seal of approval by a national body.

The Positive Youth Foundation, has been awarded the Gold Standard for Investors In People (IIP) as a measure of the way it manages and supports staff.

Investors in People assessor Richard Tones said: "It was a pleasure to spend some time with the team at the Positive Youth

Foundation and to hear from people how the organisation has grown and evolved over time.

"The story they have to tell is impressive and the work they do with young people remarkable."

Made up of 15 staff the foundation works to support young people through sport, music, education and training as well as through a range of other activities.



In the past year alone, more than 2,000 youngsters have received assistance.

■ Rashid Bhayat (centre) with the team from the Positive Youth Foundation.

Five Coventry parks named as some of the best

More parks and green spaces than ever will be flying the Green Flag Award this year – more than 1,600 across the UK.

Coombe Country Park, Allesley Park, Caludon Castle Park, Longford Park and the War Memorial Park are some of the very best in the UK – and that's official.

The parks are among a record-breaking 1,686 parks and green spaces that have received a prestigious Green Flag Award.

The award is a sign to the

public that the space boasts the highest possible standards, is beautifully maintained and has excellent facilities.

Coombe Country Park was noted for having toilets that were 'the best ever visited in a park'.

Cllr Kamran Caan, Coventry City Council's Cabinet Member with responsibility for parks, said: "We are absolutely delighted. I am so proud of our city parks. I'd like to thank everyone for all of the hard work."



■ Councillors and residents celebrate green flag success.

Military fitness fundraising challenge

Coventry Lord Mayor's chosen charities were given a boost recently when dozens of people took part in a fund raising outdoor fitness event.

Participants attended a free British Military Fitness Coventry session, at the War Memorial Park, where they raised money for his charity appeal – the Alzheimer's Society and Cancer Research at the Warwick Medical School, University of Warwick.

Anyone who would like to support the Lord Mayor's Charities should visit www.coventry.gov.uk/lordmayorcharities

For details of the fitness sessions visit www.britishmilitaryfitness.com



■ Matt Turnell (front) British Military Fitness with the Lord Mayor and Sophie Swords (Lord Mayor's Office).

Golden girl Hannah



Hannah Cockroft MBE, (pictured) is one of the many successful medalists from the Rio Paralympics.

After securing gold on the track in the T34 100m, 400m and 800m, Cockroft was one of Britain's five triple gold medallists and stars of the Paralympics.

Hannah who is taking time off her studies in Journalism and Media at Coventry University, and a former recipient of the University's sports scholarship to support her academically and on the training ground.

Wheelchair rugby player Jim Roberts, also competed for Paralympics GB at the games. Before graduating with a BSc in Architectural Technology in 2013, Jim was awarded Coventry university's sports scholarship during his final year of study.

Other locally based athletes who successfully took part in the Rio Paralympics were, wheelchair athlete Kare Adenegan, who won silver in the 100m and bronze in the 800m. While Charlotte Moore reached the semi-finals playing for the wheelchair basketball team.

Volunteers for lakeside walk

Coombe Country Park is looking for volunteers over weekends in October and November.

The Park is currently searching for people who can support the special Capability Brown Festival lake walk events at Coombe between 9am-3.30pm over the weekends of 29-30 October and

19-20 November.

Staff would be required to support visitors with handing out maps, clicking the number of walkers, taking feedback forms and reminding visitors to respect nature in the conservation area.

For details contact Fiona Mackenzie on 024 7645 3720.

The revolution is here.

assist Mi

assist-Mi brings a new level of disabled access across the city

Coventry City Council and Coventry Citizens' Advice is proud to introduce the assist-Mi app, to bring improved accessibility to many of Coventry's service providers, retailers, offices and public services.

1. Request assistance through app
2. Service providers anticipate your arrival
3. Assistance is ready and waiting

Download assist-Mi

1. Download the assist-Mi app.
2. Register your Mi-Profile.
3. "Find Your Nearest" assist-Mi service provider.
4. Request assistance.
5. Turn up.

For more information contact Elizabeth.Flowers@coventry.gov.uk

www.assist-mi.com @assistMi /assistMi

grid. your smarter city.

Tandems, trikes and adapted bikes



■ Cllr Kamran Caan helps launch the new cycle sessions.

People with disabilities can try out cycling sessions at leisure centres and schools across the city.

More than 600 people have tried the collection of adapted cycles from Wheels for All, which include trikes, tandems and one which can be controlled with a rider's hands.

Sessions take place on Saturdays from 4-6pm and cost £4. The sessions start at the Alan Higgs Centre on 22 October and at the Xcel Centre from 26 November. Wheels for All is delivered by Coventry Sports Foundation and supported by

Coventry City Council.

Cllr Kamran Caan, Cabinet Member for Public Health and Sport at Coventry City Council, said: "We want to make sport accessible to all and events like this are really important."

Wendy Jackson, Community Development Manager at Coventry Sports Foundation, said: "Wheels for All sessions are a really accessible way for people with mobility problems and disabilities to get involved with sports and lead an active lifestyle."

For details visit: www.coventry.gov.uk/cycling

£3.8m community services savings target

Consultation on Coventry City Council's proposals to make £3.8m savings across libraries, children's centres and youth services is underway.

Organisations, residents and community groups have already begun talks with the Council around their role in the delivery of the services.

Cllr Kevin Maton, Cabinet Member for Education, said

that it was important that the Council should conduct a detailed consultation. He said: "This gives us a further opportunity to find a way forward where we can work with community volunteers and other agencies."

"We've talked about government spending cuts and unfortunately the consultation is set against a backdrop of a £3.8m savings target."

"We are determined to find the

best solution."

Since 2010/11 the Council's grant from central government has been cut by 44 per cent.

Any final decision on the shape of children's centres, libraries and youth services will not be made until the beginning of 2017.

The consultation will run until 12 December and includes workshops and drop-in sessions. Details are at www.coventry.gov.uk/connectingcommunities

Details are also available by calling 024 7683 4022.

Paper copies of the response forms can also be provided on request.



Benefit cap cut to families

From around December 2016 a new benefit cap of £384.62 will replace the current £500 limit, affecting families with three or more children and a small number with only two children in Coventry.

Although families claiming disability benefits are not impacted by the cap, 910 local families will still be affected. The average reduction in income will be £63 per week.

Families with a member in receipt of one of these benefits are exempted from the cap:

- Disability Living Allowance
- Personal Independence Allowance
- Employment and Support Allowance paid at Support Group rate
- Working Tax Credit (for people working more than 16 hours)
- Carers Allowance
- Industrial Injuries Benefits
- Guardians Allowance
- War Widows and War Widowers Pension

A city-wide partnership called Coventry Welfare Reform Working Together Group is looking at how many of the 910 families will be able to claim extra benefits and to help exempt them from the benefit cap. Plans are being drawn up to assist people affected by offering budgeting advice and organising discussions with social landlords.

Advice Agencies will be contacting the families affected to assist with claims for disability benefits before the cap comes in, in order to prevent them being

affected by the cap.

A leaflet has been sent to the families affected. Special advice sessions in the areas of Coventry where most of the families live will also be running later in the autumn.

For details visit: www.benefitsaware.centralenglandlc.org.uk/benefit-cap/

Cathedral Quarter to get a makeover

Wider pavements, new lighting, planting and the restoration of some well-loved public art will soon start on Greyfriars Lane and Pepper Lane (to the rear of Cathedral Lanes) as part of the next phase of city centre improvements.

The iconic Coventry Cross could also be moved back to its original position in Cross Cheaping to open up more outdoor space overlooking the Cathedral.

The improvements are part of a larger programme of works to improve the city centre using £2m Coventry and Warwickshire Local Enterprise Partnership (CWLEP) Local Growth Deal funding and will also include widening the pavement and planting trees in Fairfax Street and bringing 'Trigger', the well-known black horse and the 1960s

'Family' sculpture, back into use.

Councillor Jayne Innes, Cabinet Member for City Services, said she hoped the improvements would expand the café culture in Broadgate and Cathedral Lanes. She said: "We are determined to bring about ongoing improvements to the city centre and we hope it is a further boost to cafes and restaurants in the area."

Councillor Jim O'Boyle, Cabinet member responsible for regeneration, added: "We are hoping this will encourage more development in this historic area."

During the works in Greyfriars Lane, the taxi rank will be relocated to Pepper Lane and moved back to Greyfriars Lane as work progresses.

Work will take around 20 weeks. For details visit www.coventry.gov.uk/yourcity

■ Cllr O'Boyle and Cllr Innes backing the new scheme.



Help available to get online

Coventry Libraries are holding a number of events to help people to get online, including Gen2Gen sessions with volunteers from Coventry University sharing skills, basic computer courses and Code Clubs for ages 9-11.

For more information about how to take part in ongoing

computer learning sessions, visit www.coventry.gov.uk/libraries or drop in to your local library.

Residents can also complete a number of top council tasks at www.coventry.gov.uk

These include paying your Council Tax and applying for a school place.

Pet rescue fundraising call

RSPCA inspectors rescue animals that have been abandoned and abused or surrendered by their owners for whatever reason.

However the Coventry, Nuneaton and District Branch of the organisation receives no funding and so has to fundraise to maintain all of the services it provides.

This includes looking after the animals brought in, getting them ready for their new homes, which can include operations and long courses of treatment.

The RSPCA also has waiting lists of animals that are waiting to be surrendered to them.

For details visit rspca-coventryandnuneaton.org.uk

50 year milestone for Margaret



■ Margaret Batten (centre) and colleagues with their winning award.

The Coventry Poppy Appeal Group has been presented with the Queen's Award for Voluntary Service at a ceremony in the city.

The award is the highest a voluntary group can receive and the evening at St Mary's Guildhall was also a celebration for appeal organiser Margaret Batten, who this year celebrated 50 years of service to the Royal British Legion.

The group received a crystal trophy and a certificate signed by the Queen in the ceremony.

Lord Mayor of Coventry Cllr Lindsay Harvard, who presented

commemorative brooches to members of the group, said the city was proud of the appeal and all the work it has done over the years.

He said: "It was an honour to be able to celebrate the achievements of the Poppy Appeal Group. I would like to congratulate Margaret Batten, who started selling poppies in the city in her 20s after seeing the horrors of war as a young child during the Blitz and hearing what her father had endured in the First World War. She is a truly remarkable lady."

TIME TO QUIT?

Did you know that you're four times more likely to quit with the help of a Stop Smoking Service.

There's loads of **FREE** and **CONFIDENTIAL** support and advice available in Coventry.

Details of all stop smoking services and clinics in Coventry are available at www.coventry.gov.uk/oneyou



NOW IS THE RIGHT TIME TO QUIT Join the **#COVQUITTERS** gang on twitter!

Wake up with Ollie and Si in the morning...



96.2 Touch FM



@962 TouchFM

Join Ollie and Simon every weekday from 6.00am - 10.00am, broadcasting live across the Sky Blue City.

Join in with The Echo, Twitter News and Lie of the Day.

With give-aways and prizes to be won, Ollie and Si will ease you into your mornings.

You can find them on Twitter @ollie_gallant | @sialexander

...You have our permission to harrass them and demand songs.

Get in touch by: Texting the show on 78866 starting your message with the word TOUCH, send us a pigeon or light a smoke signal - or call us on 02476 011711

Advertising Contact: shakila.holden@quidemradio.co.uk



“When Chloe came to us she told us she had never been to a birthday party. When she was invited to a friends for the first time she was just so excited. We spent hours choosing the right dress and talking about the party food. To us it was the normal mix of screaming children and too much sugar - but to her it was an absolutely amazing, magical experience”

Coventry City Council needs more people to foster and make a real difference to children's lives

Together we can give children a childhood

024 7683 2828

www.coventry.gov.uk/fostering

FOSTER FOR COVENTRY



Adopt and Foster for Coventry



@AdoptFosterCCC



Warwick Arts Centre's got half term covered

Warwick Arts Centre is offering plenty of entertainment this October half term.

Molly's Marvellous Moustache on Sunday 23 October is Fidget Theatre's adaptation of the original storybook that tells the tale of Molly, a girl who wants

to be just like the grown-ups. Molly's mother fashions her a moustache, with which she can go anywhere and do anything she likes.

Later that week Lyngo Theatre present The Curious Adventures of Pinocchio on Friday 28 October and Saturday

29 October with the help of CBeebies presenter Patrick Lynch.

Jonathan Rockefeller's The Very Hungry Caterpillar Show (pictured above) will also feature on Wednesday 26 October to Saturday 29 October, while the latest film from Tim Burton, Miss Peregrine's Home for Peculiar Children screens from Friday 21 October to Saturday 29 October at the centres cinema.

For details call 024 7652 4524 or visit the website: www.warwickartscentre.co.uk

Culture bid takes flight

Coventry's bid to become UK City of Culture in 2021 is set for international take off thanks to its latest backing.

Birmingham Airport is the latest organisation to become a Development Sponsor and joins a host of businesses and organisations behind the city's bid. David Burbidge, the chair of the Coventry City of Culture Trust, said it was a very significant partnership. He said: "We are thrilled to have Birmingham Airport on board because having region-wide support is great for Coventry."

"The airport is key to bringing in visitors to Coventry and the West Midlands from across the world."

Coventry City Council, The University of Warwick, and Coventry University are all Principal Partners of the bid and

are providing significant support. The Ricoh Arena is Bid Sponsor while Jaguar Land Rover, Friargate, Coventry Building Society, the Coventry and Warwickshire Chamber of Commerce and CEF (City Electrical Factors) are the other Bid Development Sponsors. Support the Bid!

Your continuing support for the bid is really important so make sure you sign up and keep up to date on all things relating to Coventry's City of Culture bid 2021.

You can follow us via

Facebook – www.facebook.com/coventry2021

Twitter – www.twitter.com/coventry2021

Instagram – www.instagram.com/coventry2021
www.coventry2021.co.uk



David Burbidge (left) with David Winstanley (Birmingham Airport).

One Big Thing

It's time to get Coventry moving again for One Big Thing 2016, where people from all walks of life are joining together to get active and keep fit.



People from schoolchildren to pensioners will be united on Wednesday 19 October as they get active in all sorts of ways – from stretching to swimming and from walking to work to paintballing and Laser Quest. You can find out more at www.coventry.gov.uk/onebigthing

There's still time to organise an event or to pledge your activity – just visit the website!

You can also follow [#covonebigthing](https://twitter.com/covonebigthing) on Twitter.

The One Big Thing is a partnership project between Coventry University, the University of Warwick, the City Council, CSW Sport, NHS organisations and the Workplace Wellbeing Charter.

Festival go-ahead

With this summer's Godiva Festival attracting a record 148,000 visits to the park work is going on behind the scenes to guarantee the future of the free family festival.

City leaders recognise the level of public affection for the festival.

The Council is hoping that with the ongoing support of partners, organisers and sponsors, there is potential to

maintain and develop the festival for future years.

The Coventry Godiva Festival 2016 was brought together by Coventry City Council, supported by Free Radio, Jaguar Land Rover and Arts Council England and in association with Deliveroo, Fargo, Radio Plus, BBC Coventry & Warwickshire, Coventry Jubilee Rotary Club and the Coventry 2021 UK City of Culture Bid.



Uncovering Coventry's

Cheylesmore Manor – which stands alongside the Register Office and St Mary's Guildhall are definitely two of Coventry's hidden gems. What makes them special is their appeal to people from near and far. As the city launches its updated heritage trail we take a closer look at what our historic gems mean to the people who have experienced them.

I would fly 6,000 miles

A couple travelled half way round the world to celebrate their marriage in two of Coventry's most historic buildings.

Imagine travelling more than 6,000 miles to renew your vows? Well, Paul and Chigusa Burke travelled from Tokyo, Japan to Paul's home city of Coventry so they could renew their vows together in the Register Office at Cheylesmore Manor.

Paul and Chigusa went on to celebrate with family and friends in the medieval St Mary's Guildhall.

The couple married in Japan last year, but wanted to have another celebration in Coventry so more of Paul's family could be there with them on their big day.

They really wanted to exchange vows in a traditional English setting - and they were delighted with their choice of venues.

Paul said his bride was amazed at the Guildhall, describing it as something from Game of Thrones. He left the city 14 years ago to teach English in Japan, but ended up making his home there. And after the wedding he said how important it was to have venues like the two historic buildings.

He said: "Chigusa and her family loved it. It's worth protecting what makes it special."

St Mary's is one of the finest medieval guildhalls in England and dates from the 14th century.

And Cheylesmore Manor, which was built in 1237, was once a Royal palace and home to Edward the Black Prince. It is now a spectacular setting for marriage ceremonies, renewals of vows, commitment and naming ceremonies.

To find out more about holding your celebration at Cheylesmore Manor, call 07943 508349 or e-mail registeroffice@coventry.gov.uk

You can also visit www.coventry.gov.uk/registeroffice or see Cheylesmore Manor House on Facebook.



The gatehouse of Cheylesmore Manor is at the heart of the city on New Union Street. The building used to be the only unfortified royal palace outside London and is now better known as the Register Office, being the oldest building in the country to hold that function.

It is thought that it was built for the Earl of Arundel in 1237. By 1320 it had passed to Queen Isabella, wife of Edward II, along with the lavish Cheylesmore Park that surrounded it. It was described as 'somewhat in ruin' in the 16th century and suffered from Coventry's lack of royal support in the Civil War period.

The building we know today is, in fact, only the gatehouse and parts of two cross wings to the original manor house. After restoration work, the building opened as a register office in 1968.

The register office and Cheylesmore Manor has recently undergone a range of improvements.

If you want to get a copy of a certificate for a marriage or civil partnership that was registered in Coventry or meet up with the ceremonies co-ordinator you can arrange online at www.coventry.gov.uk/ceremonycontact

Certificates are usually produced within five working days.



■ Paul and Chigusa Burke at their wedding at Coventry Register Office
Photo courtesy of Stacey Raven.

historic hidden gems



■ St Mary's Guildhall inside and outside. (Pictured above and below).



■ Cllr Linda Bigham with Juliet Colley.

Revealing the city's past

A popular history trail booklet has been reproduced to promote Coventry's amazing past.

The city centre trail covers 60 of the most important historical buildings and sites in the city centre over a four mile route.

Small black plaques have been put up at sites on the route.

Councillor Linda Bigham, Cabinet Member responsible for heritage and the city's bid to be the UK City of Culture in 2021, said: "We've reproduced the original trail booklet as it showcases and explains the importance of the buildings and sites. It highlights a lot of buildings that local people may not be aware of."

The trail reflects on the first town plan of Coventry by John Speed - circa 1610. Many of the

views shown in the booklet dated from about 1800.

Juliet Colley, of the Coventry City of Culture Trust, added: "Bidding for UK City of Culture in 2021 has already begun to shine a light on cultural groups and organisations, artists and places in the city."

"The trail is a further example of how Coventry can shout about some of the amazing assets the city has."

The booklet is available to buy from the Tourist Information Centre (TIC) in the Old Cathedral Spire and also highlights buildings which are listed, be that statutorily or locally, as well as the five conservation areas the trail incorporates, namely: Hill Top, High Street, Greyfriars Green, Spon Street and Lady Herbert's.

It takes balls to talk health



■ L-R: Steven Spriggs - Wasps Project Lead, Alex Cotton – NHS Mental Health Nurse and Campaign Founder, Steven Hill - Director of Mind, and Heidi Sloan - Health Manager at Sky Blues in the Community.

A new mental health awareness campaign has been launched in Coventry to encourage people, particularly men, to talk about how they feel.

'It Takes Balls to Talk' is a campaign which uses sporting themes and key messages to direct people to help and support, when they need it. Mental health issues can affect anyone and can be caused by a number of factors, including bereavement, unemployment, finance and debt issues, family and relationship problems, social isolation, low self-esteem, drug and alcohol issues and many other personal factors.

The campaign was launched on 10 September to mark Suicide Prevention Day. Suicide continues to be three times more common in men than in women. It is also the single most common cause of death in men under 45.

Coventry and Warwickshire Partnership NHS Trust has

developed the campaign, in partnership with Coventry and Warwickshire Mind, Unite the Union, Samaritans, Time to Change and sporting venues including Wasps Rugby Club, Blaze Ice Hockey Club and Coventry City Football Club's charity, Sky Blues in the Community.

Organisations are working together to get their message across to men in sporting venues and male dominated environments to share the message that it is okay to talk about how you feel.

With World Mental Health Day on Monday 10 October, campaign volunteers are attending a number of sporting events throughout the month to share information with sport fans at venues such as the Ricoh Arena and the Sky Dome.

For further information please e-mail communications@covwarkpt.nhs.uk or visit www.ittakesballstotalk.com



Have you thought about volunteering?

Coventry and Warwickshire Partnership NHS Trust are looking for volunteers to give a little bit of help to patients receiving care, and their families.

The Trust recognises the value that volunteers bring to the organisation through their skills and experience. Tariro Gumbo, Volunteer Co-ordinator said: "Our volunteers add an extra dimension to patient care. They are understanding of our patients' needs and are able to listen and

talk to patients, carers and their families."

There are many ways you can help, from meeting and greeting visitors, to helping patients participate in group activities which enhance their wellbeing, such as gardening or arts and crafts.

If you are interested in getting involved, please visit www.covwarkpt.nhs.uk/volunteer-with-us or e-mail volunteer@covwarkpt.nhs.uk for more information.

Planning for your wellbeing

Every health and care system in England has been asked to work together to produce a Sustainability and Transformation Plan (STP), showing how local services will evolve and become sustainable over the next five years.

To do this, local health and care systems have had to declare which 'footprints' (geographical areas) they will work within to narrow the gaps in the quality of care, their population's health and wellbeing, and in NHS finances.

There are 44 footprints, which collectively cover the whole of England, and Coventry and Warwickshire is one footprint which involves the following organisations:

- South Warwickshire NHS Foundation Trust
- South Warwickshire Clinical Commissioning Group
- Warwickshire North Clinical Commissioning Group
- Coventry and Rugby Clinical Commissioning Group
- George Eliot Hospital NHS Trust
- University Hospitals Coventry and Warwickshire NHS Trust
- Coventry and Warwickshire Partnership NHS Trust
- Coventry City Council
- Warwickshire County Council

Work streams have been established to focus on proactive and preventative care, urgent and emergency care, planned care, and productivity and efficiency. All the Chief Executives from the organisations are backing the draft STP and further updates will be shared with local people.

New health visiting evening helpline launched



Coventry now has a Health Visiting evening helpline for parents and carers of babies and pre-school children living in the city.

The helpline number is 0300 303 3400 (charged at local call rate).

Open Monday to Friday 5.00pm – 8.00pm (last calls taken at 7.30pm), the helpline will offer parents additional peace of mind that they can talk to a professional Health Visitor for advice about their pre-school child after the working day.

For more information about the new helpline and all Baby and Well Child Clinics in Coventry, visit www.covwarkpt.nhs.uk/baby-clinics or talk to your Health Visitor.

Choose the right care

A new campaign has been launched aimed at helping to ease seasonal pressure on NHS urgent care and emergency services.

Stay Well this Winter aims to give people the information to make the right choice when accessing health services.

The winter months can be challenging for the NHS, especially for urgent care services, although demand is growing all year round. It is why it is so important that people make the right choice if they or their loved one is unwell.

The campaign raises awareness of the alternatives available, showing people where to go if they don't have a life-threatening condition and offers advice on the best healthcare and treatment for them. These include:

- **Self-care – treat minor illness and injury at home using a well-stocked stocked medicine cabinet.**
- **Pharmacy – visit for expert advice and treatment for minor ailments. Your local pharmacist can offer advice on common problems such as coughs, colds, aches and pains, as well as healthy eating and stopping smoking. They can also help you decide whether you need to see a doctor.**
- **NHS 111 – 111 is the phone number for when you need medical help fast but it is NOT life-threatening. It provides advice on where to go if you're not sure what service you need, and on ways to get an appointment with a GP, or dental care, Out of Hours. NHS 111 operates 24 hours a day, 365 days a year and is free from pay-as-you-go mobiles even when you have no credit!**
- **GP – call for advice and if symptoms persist for more than a few days, make an appointment.**
- **Walk-in centres – open out-of-hours to treat minor illnesses and injuries.**

For more information, advice or how to get help, visit www.nhs.uk/staywell

Miracle baby's set to celebrate his 10th birthday

A 'miracle' baby is celebrating his 10th birthday this year – the same year that the hospital that saved him also turns 10.

When Joseph was born in 2006 at University Hospital, Coventry he weighed just over 2lbs. He was born four months premature, and he was so tiny that his mum Michelle and dad Mark from Binley couldn't hold him for the first four weeks of his life.

Doctors were worried that the tiny tot might not pull through - he stopped breathing countless times and suffered multiple complications from being born so early.

But Joseph received expert care from the neonatal team at University Hospital who care for more than 600 babies premature babies a year.

At just 10 weeks old paediatric ophthalmologists from Birmingham Children's Hospital operated on his eyes to save his sight.

Mum Michelle said: "You would never know to look at him that he was born premature or that he had lung disease because of his prematurity. He is amazing and I



am proud of him."

Consultant Neonatologist, Dr Kate Blake said: "I remember when Joseph was born and how poorly he was and I am delighted to see that being born prematurely hasn't held him back."



Joseph today and inset when he was born four months premature.

It's a no for norovirus

Staff at University Hospitals in Coventry are asking visitors and relatives not to visit if they have had diarrhoea, vomiting or 'flu like' symptoms in the last four days.

The request is part of the Trusts normal winter plans and is designed to help keep 'winter vomiting' or norovirus away from vulnerable patients and staff who could pass it on. Symptoms of norovirus include diarrhoea and vomiting and, just like flu, the virus can seriously affect vulnerable patients.

Diseases such as noroviruses can be exacerbated by cold

weather, particularly in people who are already ill or who have a long term condition.

These stomach bugs are highly contagious and can spread rapidly anywhere that people are gathered, such as schools or offices. People should think carefully before visiting hospitals if they or anyone in their family has even mild symptoms of stomach upset.

Good hand hygiene can help to limit the spread of the infection and there are some simple steps that the public can take to help stop a norovirus spreading:

- **Wash your hands frequently and thoroughly with soap and warm water**, particularly after using the toilet, and before preparing food. If you're in an NHS facility pay attention to hand hygiene notices.
- **Disinfect any surfaces or objects that could be contaminated with a norovirus.** It is best to use a bleach-based household cleaner. Always follow the instructions on the cleaning product.
- **Flush away any infected faeces or vomit** in the toilet. You should also keep the surrounding toilet area clean and hygienic.
- **Wash any clothing, or linens, which could have become contaminated with a norovirus.** Washing with hot, soapy water will help to ensure that the virus is killed.
- Although people usually recover without treatment in 24-72 hours, **it is important to stay away from work, school, college or any social gatherings until you have been free of symptoms for at least 48 hours.**

If you have norovirus, the best thing you can do is rest, and take plenty of non-caffeinated drinks to avoid dehydration.

Don't visit your GP surgery or local A&E Unit. You should recover naturally without any specific treatment.

Protect against flu

Residents across Coventry and Warwickshire are being reminded to have their flu vaccinations ahead of the flu season.

Coventry City Council, Warwickshire County Council and local hospitals and medical groups are urging communities to get vaccinated. Flu vaccinations are still the best way to protect people from flu.

People aged 65 and over, pregnant women, children or adults with serious medical conditions and Carers are eligible for free vaccinations

A nasal vaccination is available for children aged 1-3 and the jab is also being offered at schools.

One in three people in the region are entitled to a free vaccination but a large majority of people have not yet had the vaccine.

For details visit: www.coventry.gov.uk/flujab

Adult social care goes online

The Council has launched a new, quick and easy way to help you find the support you need to live a healthy, independent life.

Whether it's help with gardening, support within the home, or any other issue, the adult social care online self-

assessment tool can help.

The tool, available on the Council's website, asks questions about your current situation to help you identify the areas in which you may need support.

Based on your answers, it will then provide you with information on the type of support that might

be appropriate and how to go about arranging this. It could be that you would benefit from a full assessment, in these cases it just takes a few more questions and, following this someone from our social work service will contact you.

The form can be completed anytime, anywhere - by you or by someone acting on your behalf.

It can also give advice about what you will have to contribute towards the total cost of your care.

For more information and to complete the form, visit www.coventry.gov.uk/adultscid Or, if you would prefer to talk to a member of the Adult Social Care Direct Team, call 024 7683 3003.

Positive about breastfeeding

Coventry Infant Feeding Team has been spreading the message about how they are supporting families and their babies.

IKEA store in Coventry has helped to develop a weekly support group for parents to access evidence-based infant feeding advice from birth, through to weaning and beyond.

With support from Coventry and Warwickshire Partnership Trust NHS, parents are also being offered monthly weaning advice, with support from health visitors.

All details can be accessed via www.coventry.gov.uk/breastfeeding



or by telephoning: 07904 984620.

Coventry Infant Feeding Team supports all parents by offering home visits both ante-natally and post-natally and supporting at the many groups city-wide at

children's centres, libraries and other venues.

An up-to-date Breastfeeding Directory can also be accessed online, where many breastfeeding friendly cafés and restaurants in

the city are listed, supporting the work we do.

■ *Coventry Infant Feeding team with local mums and their children.*

Coventry Peace Festival 1-14 November 2016



www.coventry.gov.uk/peace

City to host global peace event

The second annual gathering of the **RISING Global Peace Forum** will take place in the city next month where leading figures from across the world will come together to discuss new ways of responding to conflict.

Inspired and supported by Archbishop Desmond Tutu, the **RISING Global Peace Forum** was founded in 2015 by a partnership between Coventry University, Coventry Cathedral and Coventry City Council.

This year, the gathering will be held on 15 and 16 November. It will consider the "ripple effect" of responding to conflict: the consequences of action and inaction.

During the two-day event, topics being discussed by political, faith and community leaders will include global migration, the role of women in peace, and the effects of conflict on children and young people.

Those who have been caught up in war and violence will be telling their stories, including a former child soldier from the Democratic Republic of the Congo and a man who was blinded as a child in the Bloody Sunday incident in Northern Ireland.

A gala dinner will be held on Tuesday 15 November, where the **RISING Global Peace Prize** will be presented for the first time; and a **FREE RISING** party at Fargo Village will bring the event to a close, with theatre, music and street art performances on the theme of peace.

Ciarán Norris, Director of the **RISING Global Peace Forum**, said: "In the past 12 months global security has dominated the political agenda, by helping people learn about the issues from those with first-hand experience, we aim to ignite debate, challenge assumption and lead a call to action."

For details visit rising.org



Home is where the heart is

Coventry has risen from the ashes of a devastating Second World War air raid to become a proud multicultural city, where people of all faiths, cultures and backgrounds live.

It is also a city that has led the way in helping refugees - from sheltering European children during the Second World War to providing sanctuary for more Syrian refugees than the rest of the country combined.

Cllr Abdul Khan, Deputy Leader and Cabinet Member for Equalities, said:

"We believe it is right to help those in need and we are very proud of our residents for the way they have helped the Syrian people to feel at home and be a part of our community."

"The city prides itself on welcoming those fleeing violence and persecution and **RISING** has become the embodiment of that spirit."

The city is bidding to be UK City of Culture 2021 and a vital part of that work will be its work towards creating a more peaceful world.

Working for peace

Coventry is also hosting the annual Peace Festival from 1-14 November.

As well as the Remembrance and Communal Grave services, there will be a wide variety of community events. 'War Horse' author Michael Morpurgo will be speaking at the Lord Mayor's Annual Peace Lecture, in St Mary's Guildhall.

The very popular annual Peace Walk takes place again and the St Michael's Singers present "The Armed Man - A Mass for Peace" in the cathedral.

Lord Mayor Cllr Lindsley Harvard, said: "Today, the cathedral ruins, the cathedral and the very name of Coventry are symbols of peace and reconciliation recognised around the world."

"The need for unity is as important today as it has always been."

RISING GLOBAL PEACE FORUM



■ (Left to Right above clockwise) Andrew Mitchell MP, Secretary of State for International Development, a young refugee and former Prime Minister Gordon Brown speaking at last year's event.



Your Rubbish, a new waste and recycling app

Do you ever forget to put your bins out? Maybe you're unsure which bin to put out? Or are you ever unsure which bin to put items in?

Your Rubbish is a new smartphone app developed by Coventry University in partnership with Coventry City Council to help residents living in Coventry know what, when and how to dispose of their waste.

► **Set up reminders**

You can set up reminders so you'll get a notification every week to remind you which bin to put out, and when to bring it back in.

► **What goes where?** Check what items go in which bin, or find information about the best way to dispose or recycle them.

► **Cancelled collections** If bin collections are cancelled for any reason, such as heavy snow, the app will let you know not to put your bins out.

Your Rubbish!

Your Rubbish can be downloaded for free for iPhone, iPad and Android devices.



Starring role for enterprise

Social enterprises deliver positive change by tackling social problems, improving communities, enhancing people's life chances and protecting the environment.

Both Coventry University and the University of Warwick are actively supporting social enterprises as a way of improving their links with the community and to increase their social impact. The universities are collaborating to find ways that will help social enterprises grow and become more sustainable. Coventry University is one of only four universities to have achieved the Social Enterprise Mark.

Support for social enterprises, entrepreneurs and the wider social economy is strong and well established, with local organisations such as Coventry and Warwickshire CDA and Voluntary Action Coventry being active for a number of decades.

The Council is extremely supportive of the social enterprise sector; appointing a Cabinet Member for social enterprise, developing a Business Charter for Social Responsibility and providing a toolkit and case studies to help social enterprises win new business.

The Coventry Social Enterprise Forum, a steering group of key agencies and entrepreneurs in the city, has come together to raise the profile of social enterprise in ways that make the sector more sustainable.

There are currently around 250 social enterprises trading in the city, from small start-ups to medium sized enterprises.

Coventry University is hosting a 'Social Enterprise day' on Thursday 17 November as part of 'Global Entrepreneurship Week' from 14 to 18 November.

Getting involved

There are lots of ways to get involved at home and work. You might be a consumer looking for a social enterprise gift; work in a local authority and keen to support social enterprises in your area; or a business looking to buy from social enterprises to improve your supply chain.

For further details about how to get involved and for information about Coventry University's 'Social Enterprise Day' contact Carole Donnelly, Enterprise Programme Manager via e-mail: CDonnelly@cad.coventry.ac.uk



Warm welcome for new scheme

An event management and training company called EnV was set up by former Coventry University staff member David Boughiey (pictured with Ambassadors Dennis Brittain and Diane Hill), with the help of Coventry University Social Enterprise as a registered Community Interest Company (C.I.C.).

EnV manages and delivers a range of events, training and volunteer programmes, including the award winning Coventry Ambassador volunteer programme.

This summer EnV has been involved in a range of high profile sporting activities including the man-made beach in the city centre; the Coventry

Sports Week which saw 5,500 people taking part; and the Fan Zone in Millennium Place that engaged over 26,000 people during this year's Olympics, including over 4,000 people attending the final I Am Team GB event at Ricoh Arena.

A further 40 new volunteers have been recruited and trained over the last 12 months adding to a database of more than 300 volunteers.

In 2016 the programme has supported 18 events. EnV has been a finalist in the Coventry Telegraph Business of the Year Awards in addition to winning a Coventry Community Cohesion Award earlier in the year.

Find out more at: www.env.uk.com

Chess mates join academy

Children in the city and across Warwickshire have been building new friendships and developing a range of skills after signing up to a new chess academy.

The Coventry Chess Academy (CCA) is a social enterprise providing chess tuition for children aged six to 12. It aims to use chess as a catalyst for social change by providing children with skills that empower them in and outside the classroom.

Paul Lam, a former England junior international and qualified chess coach, and member of staff at the University of Warwick, set up the club with funding from a University of Warwick Social Enterprise Award and has been

overwhelmed by the impact it has made. University of Warwick start-up company Crowdfund Campus has helped raise extra funding for the club.

He said: "I came up with the idea after being contacted by a colleague whose six year old son was interested in playing chess but his school did not have a chess club.

"The CCA opened in July 2013 and has gone from strength to strength. A significant number of our members come from areas of high socio-economic deprivation and others have faced cultural/ linguistic challenges".

"Complete beginners have been transformed into proficient players. Novices have been



transformed into tournament prize-winners."

"Parents have commented on how we have helped their children develop confidence, social skills, concentration, decision-making and thoughtfulness; all while

having fun in the process."

Sessions run in Coventry every Saturday morning: 10-12 noon. For more information please visit: coventrychessacademy.com.

■ Coventry Chess Academy players.

Wrap up and get out this autumn

Here are some of the things you can enjoy in and around Coventry

War Memorial Park

Meet at Education Room, Visitor centre, Booking not essential. Please allow 45 minutes to complete all activities. For more information call reception 024 7678 6280.

Coombe Country Park

Meeting point for all events at the Information Desk/ Shop in the Visitor Centre five minutes before session begins. Advance booking and payment essential for all events unless otherwise stated. Please contact the Visitor Centre on 024 7645 3720 or coombe.countrypark@coventry.gov.uk. Credit/debit card payments accepted over the phone. Car parking charges apply.

*All Capability Brown Festival events are being subsidised by the Heritage Lottery Fund as part of the national festival this year. Coombe Country Park has been designated an urban site and has received some funding to encourage audiences to explore and enjoy the landscape designed by Capability Brown.

Tot waddles - Every Friday

War Memorial Park (10.30am - 12 noon, £3.50 per child). Go on a little adventure before coming inside for some arts and crafts. Dress appropriately for the weather. Suitable for two to four-year-olds but younger accompanied siblings welcome. Children must be accompanied by an adult.

Ranger Volunteer Day Every third Wednesday in the calendar month

Various locations – Good fresh air and healthy exercise! Join the Park Service Rangers and help look after and develop Coventry's green spaces. Drinks and biscuits supplied, but bring your own lunch if staying all day. All volunteers must register in advance. Come once, come every time or just come when it suits you. For further information. Tel: 07831 582854. Suitable for adults.



Take a walk on the wildside at Coombe Country Park.

OCTOBER

22 - 30 – Halloween Trail: frightening Facts and Hair Raising Histories

Coombe Country Park (10am – 4pm, £1.50 per trail including small prize at the end. No Booking Required.) Take your family on a journey down the years at Coombe and the more gruesome parts of its history. This family-friendly self-led trail will lead you round the park to reveal spooky facts and strange stories of the past residents of the historic Coombe Abbey. Suitable for families

19 – Volunteer Day Rangers activities (10.30am – 3pm, free, Register with Rangers in advance if you have not been before.) Location to be confirmed. Good fresh air and healthy exercise! Join the Park Service Rangers on the third Wednesday of every month and help look after and develop Coventry's green spaces. Come once, come every time or just come when it suits you. Tel: 024 7683 3372. Suitable for adults and accompanied teenagers.

25 – Halloween Screams Rangers activities (3pm – 4pm, Free, no booking required) Longford Park, near play area. Halloween related craft, quiz trail and games with the Rangers. Prize for the best fancy

dress U8s and eight to 12years. Suitable for families with children up to 12yrs.

25 – Monster Lab Coombe Country Park

(10am – 11.30am or– 1pm – 2.30pm, £5 per child. Booking Required.) Join our mad scientists in their experiments! Will you survive their gruesome fun and monster meddling? This interactive Halloween session may give even the bravest mums and dads a fright. Suitable for five years and over. N.B Any allergies must be made known at the time of booking.

26 – Halloween Screams Rangers activities (3pm – 4pm, free, no booking required) Allesley Park, meet near play area. Halloween related craft, quiz trail and games with the Rangers. Prize for the best fancy dress U8s and eight to 12years. Suitable for families with children up to 12yrs.

26 – Creepy Creatures Coombe Country Park

(10am – 10.45am, 11am – 11.45am, 1pm – 1.45pm or– 2pm – 2.45, £3 per child. Booking Required.) Fun arts and crafts session with a spooky animal theme. Suitable for three-year-olds and over.

27 – Halloween Screams Rangers activities (3pm – 4pm, free, no booking required)

Caludon Park, meet near play area. Halloween related craft, quiz trail and games with the Rangers. Prize for the best fancy dress U8s and eight to 12years. Suitable for families with children up to 12yrs.

27 – Twit Twoo

War Memorial Park

(1.30pm – 3pm, £3.50 per child, booking not essential) Come and have a hoot with the Education Team by making some fun owl arts and crafts to take home with you. Suitable for families.

28 – Sleepy Time in the Woods War Memorial Park (1.30pm – 3pm, £3.50 per child, booking not essential) Sshh! It's that time of year when some animals will hibernate for the winter. Come and join the Education Team to paint your own Plaster of Paris squirrel and make other hibernating animal arts and crafts. Suitable for families.

29 and 30 – Lake Walk Capability Brown Festival* Coombe Country Park (10am – 3pm, free – parking charges apply, no booking required, self-led activity) Enjoy an extended circular walk on this special open weekend to view the Capability Brown designed lake and building features. This is a not to be missed opportunity for both heritage and wildlife lovers. Look out for green woodpeckers, grey herons and little egrets in this tranquil part of the park. See website for map and access details.

NOVEMBER

19 – Tree Planting and Community Capabili-tea:

Capability Brown Festival* Coombe Country Park (10.30am – 12.30pm, free – parking charges apply, no booking required.) Join us for the final event in our celebration of the Capability Brown Festival and witness the planting of the final three Cedar of Lebanon trees in the recently restored Deer Park. Then join us for a cuppa and a cake at

our community Capabili"tea" celebration in the Visitor Centre.

19 and 20 – Lake Walk

Capability Brown Festival*

Coombe Country Park (10am – 3pm, free – parking charges apply, no booking required, self-led activity) Enjoy an extended circular walk on this special open weekend to view the Capability Brown designed lake and building features. This is a not to be missed opportunity for both heritage and wildlife lovers. Look out for green woodpeckers, grey herons and little egrets in this tranquil part of the park. See website for map and access details.

26 – Walk of Light

Coombe Country Park (5.30pm – 7.30pm, £5 per person). Experience the park in a different light – a walk with natural torchlight followed by stories and marshmallows by the fire. Suitable for families (please note that only natural torchlight will be used – please bring small children and pushchairs at your own discretion).

DECEMBER

3 – Wreath Workshop

Coombe Country Park (10am – 12noon) or 1pm – 3pm, £15 per person) Create your own handmade Christmas welcome wreath with natural materials. Perfect activity for catching up with friends and family over the festive period.

Suitable for 15 years and over.

4 – Nature's Christmas:

Children's Workshop

Coombe Country Park (10am – 11am, 11.15am – 12.15pm or 1pm – 2pm, £5 per child.)

Bring your little elves to have some festive fun and create some natural Christmas decorations for your home using natural materials. Suitable for three years and older.

SANTA'S GROTTO

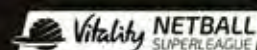
10, 11, 17, 18, 20, 21, 22 & 23 December. Booking and further details available early November

Sign up to www.coventry.gov.uk/coombenewsletter for the latest information.

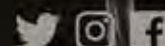


COMING SOON

FOR MORE INFORMATION SIGN UP:
WASPSNETBALL.CO.UK



#WeAreWasps



OCTOBER HALF TERM

AT COVENTRY MUSEUMS

22 - 29 October 2016

A fun filled week of creative activities.

Find out more at:

www.theherbert.org

www.transport-museum.com

www.luntromanfort.org

COVENTRY
TRANSPORT
MUSEUM

HERBERT ART
GALLERY &
MUSEUM

LUNT
ROMAN
FORT



BABLAKE



Cllr Glenn Williams
Tel: 07852 922366 or e-mail
glenn.williams@coventry.gov.uk



Cllr David Kershaw CBE JP
Tel: 024 7671 1107 or
07850 664576 or e-mail
david.kershaw@coventry.gov.uk
Last Tuesday of month from 10.30am-
12noon at The Good Honest Food
Company, Gardenia Drive, Allesley Village. First
Saturday of month 12noon-1pm at Coronation
Club, Keresley Rd.



Cllr Jaswant Birdi
Tel: 07931 364268 or e-mail
jaswant.birdi@coventry.gov.uk
First Monday of month from 5-6pm,
Allesley Village Hall, Birmingham Rd,
Second Tuesday from 10.30-Noon,
Good Honest Food Company,
Gardenia Drive, Allesley Village.

BINLEY AND WILLENHALL



Cllr Christine Thomas
Tel: 07908 228112 or
024 7683 1030 or e-mail
christine.thomas@coventry.gov.uk



Cllr Ram P Lakha OBE
Tel: 024 7683 1030 or e-mail
ram.lakha@coventry.gov.uk
For an appointment or home visit
please contact me.



Cllr John Mutton
Tel: 024 7683 1030 or e-mail
john.mutton@coventry.gov.uk
For an appointment or advice please
contact me.

CHEYLESMORE



Cllr Roger Bailey
Tel: 024 7683 1101 (day)
or e-mail
roger.bailey@coventry.gov.uk
For an appointment please contact me.



Cllr Rois Ali
Tel: 07908 228109 or
024 7683 1030 or e-mail
rois.ali@coventry.gov.uk
Follow me on twitter
@RoisCheylesmore and
facebook Rois4Cheylesmore



Cllr Richard Brown
Tel: 07563 729215 or
024 7683 1039 or e-mail
richard.brown@coventry.gov.uk

EARLSDON



Cllr Ken Taylor OBE
Tel: 024 7667 3717
ken.taylor@coventry.gov.uk
For an appointment please contact me.



Cllr Michael Hammon
Tel: 024 7683 1039 for an
appointment or e-mail
michael.hammon@coventry.gov.uk



Cllr Allan Andrews
Tel: 024 7683 1039 or e-mail
allan.andrews@coventry.gov.uk
Happy to help where I can, will
visit you at home or at the Council
House. Please call for appointment.
Follow me on twitter
@allanandrews

FOLESHILL



Cllr Tariq Khan
Tel: 024 7683 1039 or
07415 534267 or e-mail
tariq.khan@coventry.gov.uk
For an appointment please contact me.



Cllr Abdul Salam Khan
Tel: 024 7683 1034 (day) or
07903 847160 or e-mail
abdul.khan@coventry.gov.uk



Cllr Balvinder Kaur
Tel: 07957 539615
balvinder.kaur@coventry.gov.uk

HENLEY



Cllr Patricia Seaman
Tel: 07813 528963 or
024 7683 1030 or e-mail
pat.seaman@coventry.gov.uk



Cllr Kevin Maton
Tel: 07852 450953 or
024 7683 1030 e-mail
kevin.maton@coventry.gov.uk



Cllr Ed Ruane
Tel: 07817 218137 or
024 7683 1030 or e-mail
ed.ruane@coventry.gov.uk

HOLBROOK



Cllr Joe Clifford
Tel: 024 7646 5315 or e-mail
joseph.clifford@coventry.gov.uk
Every Wednesday, 6.30-7.30pm at
Holbrook Community Care Assoc,
Holbrooks Lane.



Cllr Rachel Lancaster
Tel: 024 7636 0021 or
024 7683 1039 or e-mail
rachel.lancaster@coventry.gov.uk
For an appointment please contact me.



Cllr Ann Lucas OBE
Tel: 024 7683 1039 or e-mail
ann.lucas@coventry.gov.uk
Surgery on first Monday of each
month 9.30-10.30am at Holbrook
Health Centre, Wheelwright Lane.

LONGFORD



Cllr Lindsley Harvard (Lord Mayor)
Tel: 024 7683 3048 (day)
024 7667 5717 (evening) or e-mail
lindsley.harvard@coventry.gov.uk
During the next year I will be undertaking
Civic Duties and will therefore be
suspending my surgeries. If you wish to contact me please
call or email using the contact details above.



Cllr Linda Bigham
Tel: 024 7683 1030 or e-mail
linda.bigham@coventry.gov.uk
First Friday of month 3.30-4.30pm
at Longford Primary Care Centre,
Longford Rd, and 5.30-6.30pm at Scout
Headquarters, Aldermans Green Rd. Last Friday of month
6-7pm at St Thomas' Parish Church Hall, Longford Rd.
Please book for an appointment.



Cllr George Duggins
Tel: 024 7683 1003 or e-mail
george.duggins@coventry.gov.uk
Second Saturday of month 12-1pm at
Bell Green Community Centre, Old
Church Rd and 1.15-2pm at Royal
Hotel, Old Church Rd. Second Sunday of month
11.30am-1pm at Bell Green Club, Roseberry Ave.



Cllr Catherine Miks
Tel: 024 7683 1039 or
07415 534274 or e-mail
catherine.miks@coventry.gov.uk
For an appointment please contact me.



Cllr John McNicholas
Tel: 024 7683 1039 or
07968 498860 or e-mail
john.mcnicholas@coventry.gov.uk
I can visit you in your home and I am
at the Empress buildings, Binley Rd
on the first and third Saturday of month from 10am.
Follow me on twitter @CllrJMcNicholas



Cllr Rupinder Singh
Tel: 024 7683 1039 or
07960 962642 or e-mail
rupinder.singh@coventry.gov.uk

RADFORD



Cllr Mal Mutton
Tel: 024 7630 4497 or
024 7683 1039 or e-mail
mal.mutton@coventry.gov.uk
For an appointment please contact me.



Cllr Keiran Mulhall
Tel: 024 7683 1039 or e-mail
keiran.mulhall@coventry.gov.uk
Every Tuesday at Radford Social Club,
226, Radford Rd, CV6 3BQ, 6.30-7.30pm
and the first Sunday of month 11.30am-
12.30pm.



**Cllr Tony Skipper
(Deputy Lord Mayor)**
Tel: 024 7683 3048 or e-mail
tony.skipper@coventry.gov.uk
For an appointment please contact me.

SHERBOURNE



Cllr Seamus Walsh
Tel: 07956 546983 or
024 7683 1039 (day) or e-mail
seamus.walsh@coventry.gov.uk



Cllr Lynnette Kelly
Tel: 024 7683 1039 or e-mail
lynnette.kelly@coventry.gov.uk
For an appointment please contact me.



Cllr Damian Gannon
Tel: 07725 536259 or e-mail
damian.gannon@coventry.gov.uk
For an appointment please contact me.

ST MICHAEL'S



Cllr David Welsh
Tel: 07956 307437 or
024 7683 1030 or e-mail
david.welsh@coventry.gov.uk
Second and fourth Friday of the
month, 12noon – 1.00pm, Hope
Centre, Sparkbrook Street.



Cllr Jim O'Boyle
Tel: 024 7669 4873 or
024 7683 1030 or e-mail
jim.o'boyle@coventry.gov.uk
Second Saturday of month 1.15-
1.45pm at Hillfields Library St. Peter's
Community Centre, Charles St. Fourth Saturday of
month, 12noon at Transport House, Short St.



Cllr Naeem Akhtar
Tel: 07747 003141 or e-mail
naeem.akhtar@coventry.gov.uk
Surgeries first Tuesday of month, 5-6pm
at Hillfields Youth Centre, Yardley St.
For an appointment or home visit
please contact me.

UPPER STOKE



Cllr Sucha Bains
Tel: 024 7645 9484 or e-mail
sucha.bains@coventry.gov.uk
Barras Green Social Club, Coventry
St, between 12noon-12.45pm, first and
third Saturday of the month.



Cllr Kamran Caan
Tel: 024 7683 1030 or e-mail
kamran.caan@coventry.gov.uk
For an appointment or home visit
please contact me.



Cllr Dr Randhir Auluck
Tel: 07813 527888 or
024 7683 1039 or e-mail
randhir.auluck@coventry.gov.uk
For an appointment please contact me.

WAINBODY



Cllr John Blundell
Tel: 024 7683 1276 (weekdays)
or 024 7641 9794 (evenings/
weekends) or e-mail
john.blundell@coventry.gov.uk
Please contact me to make an
appointment.



Cllr Gary Crookes
Tel: 024 7683 1276 (day) or 024
7646 1777 (after 6pm) e-mail
gary.crookes@coventry.gov.uk
For an appointment please contact me.



Cllr Tim Sawdon
Tel: 024 7683 1039 (day) or 024
7641 5771 (after 6pm) or e-mail
tim.sawdon@coventry.gov.uk

WESTWOOD



Cllr David Skinner
Tel: 024 7683 1039 (day) or
024 7646 8106 (out of hours)
or e-mail
david.skinner@coventry.gov.uk



Cllr Marcus Lapsa
Tel: 07813 528946 or
024 7683 1039 or e-mail
marcus.lapsa@coventry.gov.uk
For an appointment please contact me.



Cllr Tim Mayer
Tel: 07852 218093 or e-mail
tim.mayer@coventry.gov.uk

WHOBBERLEY

Cllrs Akhtar and Innes hold regular surgeries every
fourth Saturday (except Dec, July and August) from
12 noon at Allesley Park Library.



Cllr Pervez Akhtar
Tel: 07813 529217 or
024 7683 1030 or e-mail
pervez.akhtar@coventry.gov.uk
For an appointment please contact me.



Cllr Jayne Innes
Tel: 024 7647 0411 (home) or
024 7683 1030 (office) or e-mail
jayne.innes@coventry.gov.uk
For an appointment or home visit
outside these times, please contact me.



Cllr Bally Singh
Tel: 07779 256898 or e-mail
bally.singh@coventry.gov.uk
Surgeries are held every third
Saturday 10am-noon at St Mary
Magdalen Centre, Sir Thomas White
Rd. For an appointment please
contact me.

WOODLANDS



Cllr Peter Male
Tel: 07813 528960 or
024 7683 1039 or e-mail
peter.male@coventry.gov.uk
For an appointment please contact me.



Cllr Gary Ridley
Tel: 024 7683 1039 or e-mail
gary.ridley@coventry.gov.uk
For an appointment please contact me.



Cllr Julia Lepoidevin
Tel: 024 7683 1039 (day) or
07710 716913 or e-mail
julia.lepoidevin@coventry.gov.uk
For an appointment please contact me.

WYKEN

Cllrs Thay, Abbott and Sweet hold surgeries every
third Friday of month, 6.30-7.30pm at Wyken
Working Men's Club, Ansty Rd, Wyken.



Cllr Robert Thay
Tel: 07875 031851 or e-mail
robert.thay@coventry.gov.uk
For an appointment please contact me.



Cllr Faye Abbott
Tel: 07944 996294 or
024 7683 1030 or e-mail
faye.abbott@coventry.gov.uk
For an appointment please contact me.



Cllr Hazel Sweet
Tel: 024 7661 6273 or e-mail
hazel.sweet@coventry.gov.uk
For an appointment please contact me.

CABINET MEMBERS

Cllr George Duggins, Leader,
Policy and Leadership
Cllr Abdul Khan, Deputy Leader,
Policing and Equalities
(Deputy, Cllr Pervez Akhtar)
Cllr John Mutton,
Strategic Finance and Resources
Cllr Ed Ruane, Children and Young People
(Deputy, Cllr Pat Seaman)
Cllr Kevin Maton, Education and Skills
Cllr Jim O'Boyle, Jobs and Regeneration
(Deputy, Cllr David Welsh)
Cllr Jayne Innes, City Services
(Deputy, Cllr Ram Lakha)
Cllr Faye Abbott, Adult Services
Cllr Kamran Caan,
Public Health and Sport (Deputy, Cllr Rois Ali)
Cllr Linda Bigham,
Community Development
(Deputy, Cllr Christine Thomas)

COMMITTEES

Audit and Procurement
C Cllr Sucha Bains DC Cllr Joe Clifford
Ethics
C Cllr Seamus Walsh
Licensing and Regulatory Committee
C Cllr Tariq Khan DC Cllr Robert Thay
Planning
C Cllr Richard Brown DC Cllr Keiran Mulhall
Scrutiny Co-ordination
C Cllr Rachel Lancaster DC Cllr Rupinder Singh
Finance and Corporate Services
(Scrutiny Board 1) C Cllr Lynnette Kelly
Education and Children's Services
(Scrutiny Board 2) C Cllr Mal Mutton
Business, Economy and Enterprise
(Scrutiny Board 3) C Cllr John McNicholas
Communities and Neighbourhoods
(Scrutiny Board 4) C Cllr Naeem Akhtar
Health and Social Care Scrutiny Board
(Scrutiny Board 5) – C Cllr Damian Gannon

C = Chair DC = Deputy Chair

COVENTRY MPs

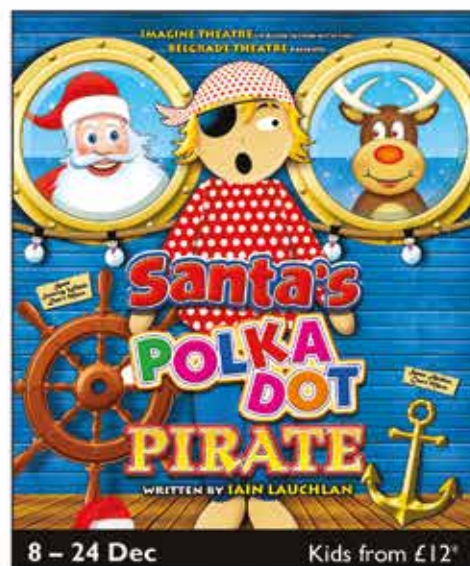
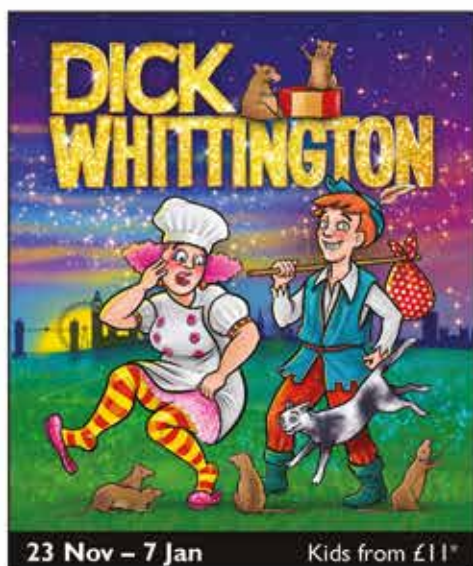
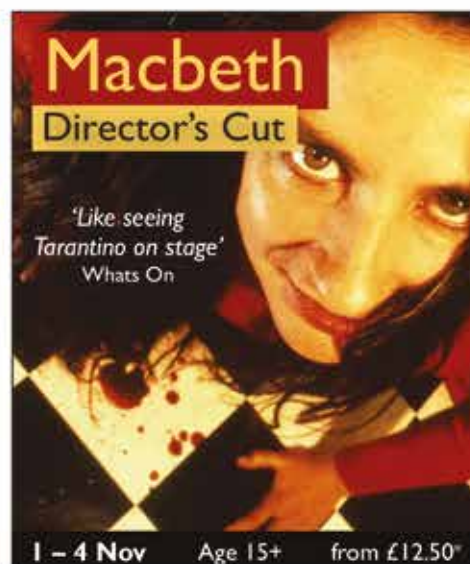
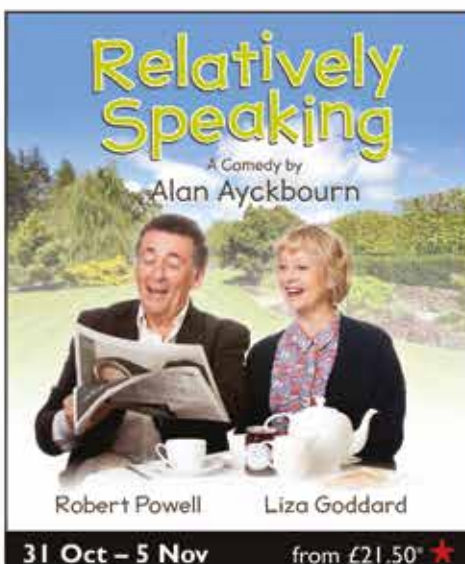
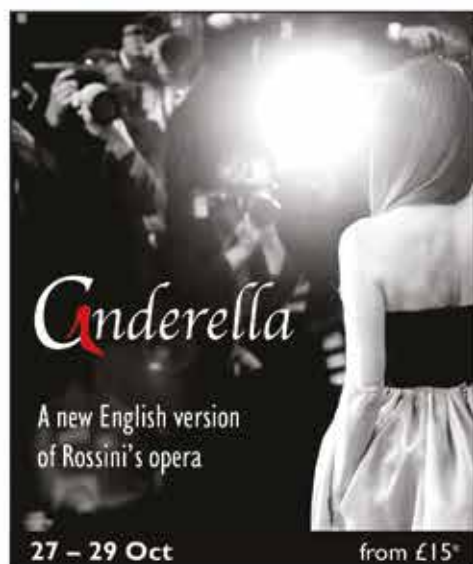
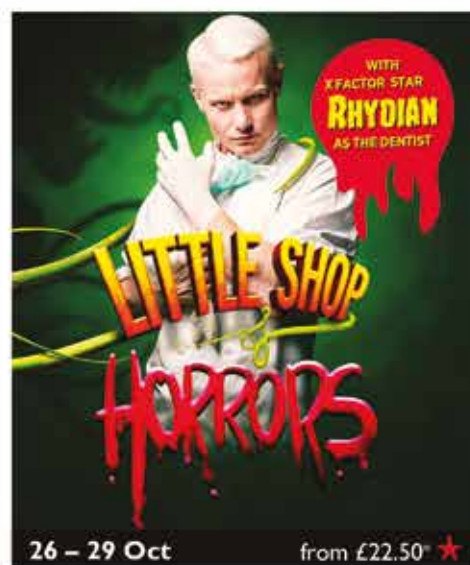
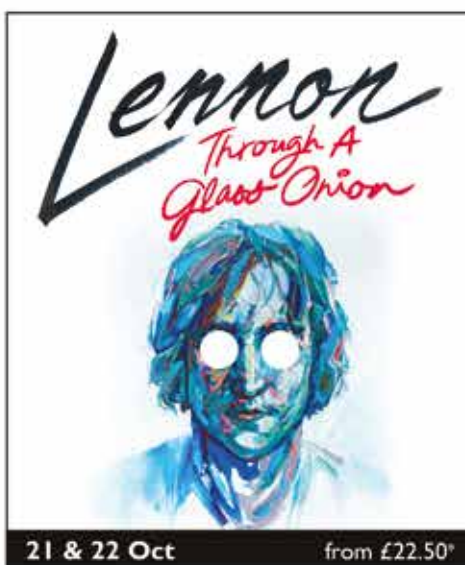
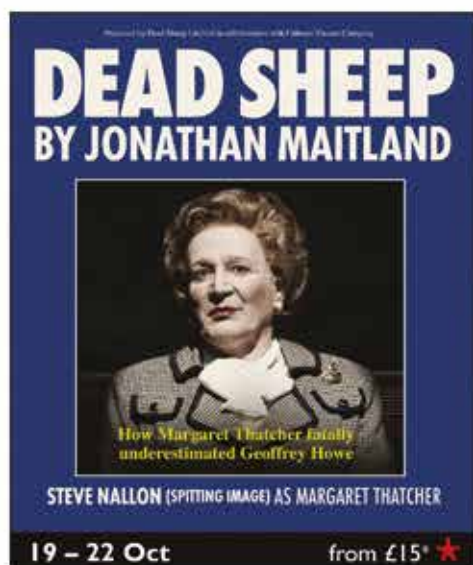
Colleen Fletcher MP
Coventry North East, Call 0207 219 8036
e-mail colleen.fletcher.mp@parliament.uk
Jim Cunningham MP
Coventry South, Call 024 7655 3159
e-mail emmal.davies@parliament.uk
Geoffrey Robinson MP
Coventry North West, Call 024 7625 7870
e-mail robinsong@parliament.uk

EUROPEAN MPs WEST MIDLANDS REGION

CONSERVATIVE
Anthea McIntyre, call 01989 769 544
e-mail anthea@antheamcintyre.com
Daniel Dalton call 01926 930683
e-mail daniel@danieldomcme.co.uk
LABOUR
Neena Gill, call 0121 622 7298
e-mail neenagillmep@gmail.com
Sion Simon, call 0121 569 1911
e-mail sionsimon@sion-simon.org.uk
UKIP
James Carver, call 01562 216020
e-mail mep@jamescarver.org
Bill Etheridge, call 01902 664670
e-mail info@mepukip.com
Jill Seymour call 01952 924040
e-mail enquiries@jillseymourmep.co.uk

POLICE COMMISSIONER

West Midlands Police and Crime Commissioner
David Jamieson 0121 626 6060
For details, visit www.westmidlands-pcc.gov.uk



Look for the ★ to save 20% off the cost of your full price tickets when you book equivalent amounts for two or more participating shows at the same time. See website for further information on ticket prices and other concessions.

*Ticket prices include a £1 booking fee. No booking fee applies if booked online.