Health in Coventry North East - Headline Data

Summary

This document sets out a summary of health outcomes in Coventry North East.

Health trends

Coventry North East is chosen for this report on the basis that a number of health outcomes in Coventry North East are worse than both Coventry South and the average for England:

- **6.9%** of people in Coventry North East report that their general health is 'bad' or 'very bad', compared to 5.4% in Coventry South and 5.5% in England.
- **18.4%** of people in Coventry North East are living with a disability or a limiting long term illness, compared to 16.8% in Coventry South and 17.6% in England.
- 27.5% of adults are obese in Coventry North East, compared to 22.9% of adults in Coventry South and 24.1% of adults in England.
- 12.1% of reception age children are obese in Coventry North East, compared to 9.1% in Coventry South and 9.3% in England.
- Hospital stays for self-harm are 63% higher in Coventry North East than the average for England.
 The rate for Coventry South is 27% higher than the average of England.
- Hospital stays for alcohol related harm are 37% higher in Coventry North East than the average for England. The rate for Coventry South is 22% higher than the average of England.

Wider trends

These inequalities in life expectancy and health arise out of inequalities in society; they are not inevitable, and there are ethical, social and economic reasons why they should be prevented. As well as improving health outcomes, reducing inequality in society has been shown to lead to improvements in wellbeing, better mental health, better community and social relations, reduced levels of violence and better educational attainment.

Some of these wider inequalities include:

- **30.2%** of children in Coventry North East are living in poverty, compared to 24.3% of children in Coventry South and 19.9% in England.
- **48.2%** of children achieve 5 A*-C GCSEs in Coventry North East compared to 57.5% in Coventry South and 56.6% in England.
- 27.5% of older people in Coventry North East are in deprivation, compared to 19.9% in Coventry South and 16.2% in England.

What we're doing

Coventry is a Marmot city committed to tackle health inequalities. One of the three priorities of the city's Joint Health and Wellbeing Strategy for 2016-19 is to tackle health inequalities, which will improve the health, wellbeing and life chances of the people of Coventry.

Find out more

- Coventry Joint Health and Wellbeing Strategy www.coventry.gov.uk/jhwbs/
- Coventry Joint Strategic Needs Assessment www.coventry.gov.uk/jsna/
- Facts about Coventry <u>www.coventry.gov.uk/factsaboutcoventry/</u>

Insight Team

Public Health and Insight Coventry City Council

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