



HOW CONNOR GRABBED CONTROL

THE OFFICIAL GUIDE FOR YOU TO TAKE CONTROL OF YOUR INJECTIONS

KEY MESSAGES

Diseases that used to be common in this country and around the world can now be prevented by a few small injections.

REMEMBER

It's free to get your jabs up to date!

Don't worry if you have missed any jabs - your Nurse or Doctor can talk you through how to get up to date

Don't be afraid to ask questions about things you find unclear.

If you are worried or frightened about having your jabs, remember it's just a baby scratch.

If you want to know more about what jabs you need check out this link

<http://bit.ly/NHSJabs>

FIND YOUR JAB HISTORY

Your jab details are available from your doctor or you can find it your health care plan.

This plan will outline if you have missed any and also where you can get these done (either at your Doctor's or at your School).

GRAB CONTROL : GRAB RESPECT : GRAB YOUR JABS

