

## Equality, Diversity and Inclusion

As an organisation that works with some of the most vulnerable and stigmatised people in our communities, the actions we take to make our society more equal and inclusive can have a real impact.

Our organisational values of social justice and respect, mean we are committed to taking these steps ourselves - improving the accessibility of our services, enhancing our culture and recruiting a more representative workforce.

Doing so makes us a more effective organisation capable of delivering the best possible outcomes for service users. You can find out more about our approach to equality, diversity and inclusion on our website at [www.changegrowlive.org](http://www.changegrowlive.org)

## Confidentiality and consent

Our services are confidential and are available to everyone. However, situations may arise where we will be obliged to notify the relevant authority. If you want to know more about this then just ask. We will also share information with other treatment providers if we refer you on.

Consent means giving permission for something to happen or agreement for something to be done. In relation to Change Grow Live's services this means giving your permission for our teams to provide you with a range of support packages and also giving permission about what we do with the information we hold about you. To find out more about how we use your data please visit [www.changegrowlive.org/privacy-notice](http://www.changegrowlive.org/privacy-notice)

## Registration and Referrals

If you would like to speak to somebody about your alcohol or drug use you can contact the service directly by phone, email or by dropping in to your local service.

GPs, family members, carers and friends, or any other agency, such as social services, can refer somebody into the service.

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*I have done lots of treatment and rehabs but this was different. Attending the group programme gave me the tools and belief that helped me change.*

Service user

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## Opening hours:

Monday: 9am-5pm

Tuesday: 9am-8pm

Wednesday: 12pm-5pm

Thursday: 9am-5pm

Friday: 9am-5pm

## Where to find us:

CGL Coventry  
1A Lamb Street  
Coventry  
CV1 4AE

## Contact us

T: 02476 010241

E: [coventry.info@cgl.org.uk](mailto:coventry.info@cgl.org.uk)

## For more information visit:

[www.changegrowlive.org/coventry](http://www.changegrowlive.org/coventry)

This service  
is part of  
the charity:

cgl

Change Grow Live (CGL) Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number in England and Wales (1079327) and in Scotland (SC039861). Company Registration Number 3861209 (England and Wales).



Coventry

Drug and Alcohol Service



**Free, confidential support for  
people worried about drugs or  
alcohol**

T: 02476 010241

E: [coventry.info@cgl.org.uk](mailto:coventry.info@cgl.org.uk)

This service  
is part of  
the charity:

cgl

For more information visit  
[www.changegrowlive.org/coventry](http://www.changegrowlive.org/coventry)

## What the service does

We provide advice, guidance and support and a clear pathway to recovery if you are affected by drugs or alcohol misuse.

Our expert staff are highly skilled and experienced and are dedicated to supporting you to change your behaviour, reduce your drug or alcohol use and create a healthier, safer life.

### How we work

We will support you to overcome the problems or issues that have affected your life and to move towards independence and participation in positive, healthy activities.

We encourage you to plan your own individual recovery journeys and to participate in local networks and recovery communities that can help develop your confidence and relationships and maintain your commitment to change.

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*Meeting others in a similar situation really helped build my confidence and made me realise I am not alone.*

Service user

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## About change, grow, live

Change, grow, live is a social care and health charity that works with individuals who want to change their lives for the better and achieve positive and life-affirming goals.

Our services will encourage you to find your inner strength and resources to bring about the life and behavioural changes you wish to achieve.

Our goal is to help you regain control, change your life, grow as a person and live life to its full potential.

### Our staff

Our skilled staff team consists of doctors, nurses, recovery coordinators, social workers, group workers, recovery champions, volunteers and peer mentors.

### Partners

Many of our services are delivered in partnership with other treatment services to ensure that we can meet the diverse range of service users' needs.

### Service user involvement and participation

Service users are involved in all aspects of service planning and delivery. We use a variety of methods to gather service users' views and opinions to ensure they inform the development of services.

## What we offer

- Advice, guidance and support
- Drug & alcohol screening, advice and brief interventions
- Alcohol Treatment Referrals (ATR)
- BBV screening and vaccination
- Breaking Free Online
- Psychosocial support
- 1-2-1 support
- Life skills/classes
- Criminal Justice services
- Custody-based services
- Detox & rehabilitation
- Drug Interventions Programme (DIP)
- Drug Rehabilitation Requirement (DRR)
- Education, training and employment
- Mutual aid groups (UK SMART Recovery)
- Family support
- Parenting support

