

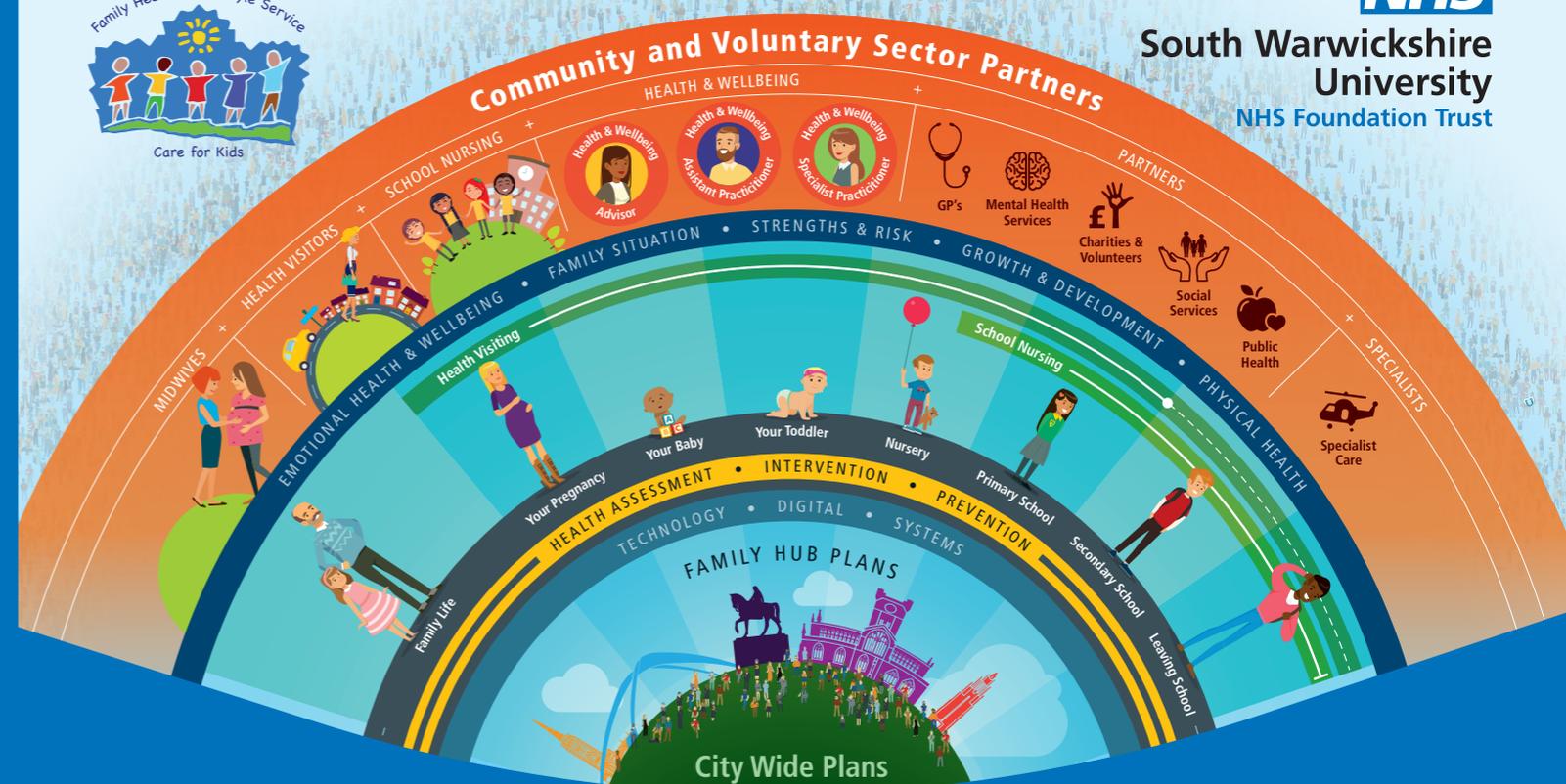
# Family Health & Lifestyle Service in Coventry

For more information about any of the services please contact us on: **02475 189190**

[www.swft.nhs.uk](http://www.swft.nhs.uk)



South Warwickshire  
University  
NHS Foundation Trust



## Family Health & Lifestyle Services in Coventry



The Coventry Family Health and Lifestyle Service provide health and wellbeing support for families and young people across Coventry. The service incorporates the following teams of health and exercise professionals



### Infant Feeding Team

The Infant Feeding Team provide tailored antenatal and postnatal support and information on all aspects of infant feeding. The team is led by a Specialist Infant Feeding Midwife/ Health Visitor and tongue tie practitioner and consists of an Infant feeding coordinator, a public health support worker and Infant feeding peer support workers. The team work in partnership with health visitors, midwives and other health professionals.



Coventry Infant Feeding Team



### Family Nurse Partnership (FNP)

A voluntary programme for young first time mothers (and their partners), aged 19 years or under. Our specially-trained nurses provide regular home visits, from early pregnancy until your child is aged two. Helping increase your chances of a healthy pregnancy and improve your child's development. We can also help you achieve your aspirations such as finding a job or returning to education.

@warwickshireFNP



### Health Visiting

We work to improve the health and wellbeing of children and families in the crucial first years of life. Our community teams offer friendly support and advice and we work closely with GPs, midwives, school nurses and the wider local community.

The Health Visiting and Infant feeding service has been accredited as Unicef Baby Friendly. This means we have been assessed as providing the best evidenced based standards in relation to infant feeding and have been presented with the prestigious Baby friendly Initiative award on 3 consecutive occasions.

Coventry Health Visiting Service



### School Nursing

We provide a named school nurse in each school in Coventry, to help children and young people to take responsibility for their own health and to adopt a healthy lifestyle. We support the delivery of the Healthy Child Programme this includes the delivery of the National Child Measurement Programme, Reception and Year 6 Health Assessments and Hearing Screening.

Coventry School Nursing Team @CovSchoolNurse



### MAMTA

The aim of MAMTA is to improve child and maternal health outcomes for BAME (black, Asian and minority ethnic) women in Coventry. MAMTA is offered to every BAME pregnant woman at booking. MAMTA supports BAME women in pregnancy and after the baby is born.



Contact: Tel: 024 7663 7693 or 07538 092956 Email: MAMTA@fwt.org.uk

FWT - a centre for women @FWTCov



### Stop Smoking Services

We offer a stop smoking service for pregnant women and a stop smoking programme of support for young people who are aged 12-17 years. The service provides a friendly and confidential service, offering advice and support to help you give up smoking and maintain a smoke free home.



Coventry Stop Smoking In Pregnancy Service



### Be Active Be Healthy

We deliver a range of free healthy lifestyle and exercise programmes for families and young people. Our fully qualified exercise professionals offer support to help you achieve and maintain a healthy weight, increase your exercise levels and improve your wellbeing.

Please contact the team to find out about activities happening near you: Tel: 07852 921406 Email: beactivebehealthy@swft.nhs.uk

Be Active Be Healthy Team @CovFamilyhealth