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**Social media wording: ChatHealth for School Nurses**

Please help us to promote our School Nurse Health Visitor messaging services to support young people, children and families in these unsettling times, by sharing the following posts via your social media channels.

**School nursing messaging service – for young people aged 11-19**

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| Aged 11-19? Our school nurses are still here to help with all kinds of things in these unsettling times. Just text #ChatHealthNHS on 07507331943 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Aged 11-19? Need emotional support in these unsettling times? Our school nurses are still here to help. Just text #ChatHealthNHS on 07507331943 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Aged 11-19? Need advice on relationship issues in these unsettling times? Our school nurses are still here to help. Just text #ChatHealthNHS on 07507331943and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Aged 11-19? Looking for advice about eating healthily in these unsettling times? Our school nurses are still here to help. Just text #ChatHealthNHS on 07507331943 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |

**School nursing messaging service – for parents/carers of 5-19 year olds**

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| Need advice about your child’s health and wellbeing in these unsettling times, #Parentline is available for parents/carers of 5-19 year olds to text a school nurse. Just text us on 07507329114 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Worried about your child’s emotional health and wellbeing in these unsettling times? Just text school nursing #Parentline on 07507329114 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Concerned about your child’s behaviour in these unsettling times? Just text School Nursing #Parentline on 07507329114 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Need advice on how to keep your children active and healthy in these unsettling times? Just text School Nursing #Parentline on 07507329114 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |

**Health visiting messaging service – for parents/carers of under 5s**

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| Looking for health advice for your baby/toddler in these unsettling times? Just text our Health Visiting messaging service on #ChatHealthNHS 07507331943 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| If you’re a new parent, you may be especially worried in these unsettling times. Just text our Health Visiting messaging service on #ChatHealthNHS 07507331943 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Concerned about your toddler’s behaviour in these unsettling times? Just text our Health Visiting messaging service #ChatHealthNHS on 07507331943 and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |
| Looking for advice on feeding your baby in these unsettling times? Just text our Health Visiting messaging service #ChatHealthNHS on 07507331943and we’ll reply back. T&Cs: bit.ly/ChatHealthPrivacy |