

## What is Transforming Care?

Transforming Care (now the Learning Disability and Autism Programme) is a national programme that aims to improve the lives of children, young people and adults with learning disabilities and/or autism (including those with a mental health condition) who display behaviours viewed as challenging.



## One Minute Guide Learning Disability and Autism programme

### Aims of the programme

1. To improve **quality of care** for people with learning disability and/or autism
2. To improve **quality of life** for people with a learning disability and/or autism
3. To enhance community capacity, thereby **reducing inappropriate hospital admissions and length of stay**.

## KEY TERMS

- **Dynamic Support Register (DSR)**

A register of adults and children with autism and learning disability at imminent risk of hospital admission.

- **Intensive Support Team (IST)**

A team of nurses, social workers and support workers with expertise in autism and learning disability. Works intensively with children and young people during a crisis to prevent a tier 4 admission.

- **Key Workers**

Independent workers experienced in working with CYP with autism and LD. They hold the system to account for providing person-centred care and planning for CYP aged 16 - 25. MIND provides this service.

- **Care, Education and Treatment Reviews (CETRs)**

NHSE requires children in hospital to have CTRs at least every 3 months to scrutinize the need for treatment in a hospital setting. The CETR

- facilitates quick decisions about changes to packages of care, support and treatment
- provides a forum for developing integrated solutions with health and social care.
- Is chaired by a commissioner
- involves an independent clinician and expert by experience.

## How does The Learning Disability and Autism programme help children and young people in crisis?

Transforming Care is not a pathway or a service. It makes available resources and support if a child or young person

- has a diagnosis of autism or a learning disability, and
  - is in crisis and at risk of being admitted to hospital.
- They are eligible for the **dynamic support register** (see Key Terms), if they or a parent/guardian consents.

### Avoiding inappropriate hospital admission

- CYP on the Dynamic Support Register has access to IST, a keyworker, commissioner involvement, and a Care, Education and Treatment Review. (see left).
- This support can be mobilized on the same day that someone is notified that the individual is at imminent risk of admission.
- Every week, system leads scrutinize plans to reduce the risk of hospital admission and to ensure that barriers to delivering these plans are resolved quickly.
- Clinicians within CWPT CAMHS, CAMHS crisis home treatment team and discharge liaison teams use a validated Clinical Support Tool to assess a CYP's risk of admission to a tier 4 bed.
- The [children's transforming care team CWPT](#) support clinical teams to identify and add eligible CYP to the DSR .
- **Early and effective discharge**

If admission to a tier 4 bed cannot be avoided, the child or young person should be in hospital for the shortest period possible.

- A key worker advocates for the CYP and their family, and supports the unblocking of barriers to discharge.
- A CETR is held at least every 3 months to oversee the appropriateness of treatment in hospital and to support early and effective discharge planning.
- Alongside a multi agency team, a clinical commissioner from the CCG oversees planning and activity needed to progress the discharge.

### How to access support for a child in crisis:

1. The CAMHS crisis home treatment team will be automatically notified if in A&E/paediatric ward.
  2. Contact the CAMHS crisis team 08081 966798.
- Practitioners in these services will be able to initiate access the DSR or signpost to an appropriate service.

If you are concerned about a child being at risk of harm or think they need additional support in the community, a referral can be made to the [Coventry Multi Agency Safeguarding Hub](#)

### What about children and young people who don't meet DSR criteria?

Some children and young people are not eligible for this support because

- they don't have a learning disability or autism diagnosis or
- have been assessed as being **not at risk of admission** to a tier 4 bed.

**See below for links to services and support for individuals who are awaiting an autism diagnosis or who aren't at imminent risk of hospital admission:**

[CWPT neurodevelopmental service](#) provides assessment and advice for individuals up to the age of 17 who need an assessment for ASD of ADHD.

[Children's Community Autism Support Service \(CCASS\)](#) is for children and young people (up until their 19th birthday) who are on the neurodevelopmental waiting list for an autism diagnosis, or who have previously received a diagnosis but require support.

The service is not open to anyone working with CAMHS RISE for therapeutic work or social care/early help or a family support worker.

The [Dimensions Tool](#) is a free online tool providing personalised information to support an individual's well-being and mental health.

### Improving the lives of all people with a learning disability or autism across Coventry & Warwickshire

The LDA 3 year plan, [Warwickshire Learning Disability Statement of Intent\\*](#) and [Autism Strategy](#) outline existing and developing support across Coventry and Warwickshire.

\*This is currently being refreshed. This is the most recent document.

### How is the Learning Disability and Autism programme Delivered?

In Coventry and Warwickshire, the Learning Disability and Autism Executive Board oversees the programme. Its members are from:

- Coventry City Council
- Warwickshire County Council
- Coventry and Warwickshire CCG
- Coventry and Warwickshire Partnership Trust
- NHS England Specialist Commissioning

NHS England oversees the activity and performance of the programme. It uses the number of individuals in hospital as a key indicator of the programme's effectiveness.

### Further information:

[RISE \(CAMHS\) information leaflet](#)

[NHS England » Updates to the Care and Treatment Review \(CTR\) policy](#)