

# Wood Side Family Hub

## 2022

### Monday

P3 Appointments

**Every 2 weeks**

9 am – 1 pm

CIAS (Coventry  
Independent Advice  
Service)

**Drop In**

1 pm – 5 pm

### Saturday

Short Breaks

**Term Time Only**

10 am – 11:30 am ( 5  
years to 11 years)

12 pm – 1:30 pm (12  
years to 17 years)

### Tuesday

CIAS (Coventry  
Independent Advice  
Service)

**Appointments Only**

9 am – 4 pm

### Wednesday

Post Natal Appointments  
**Appointment Only**

9:30 am – 12 pm

Coventry Haven

9:30 am – 11:30 am

Toddler Stay Together Play  
Together

**Term Time Only**

10 am – 11 am

Baby Group

**Term Time Only**

1 pm – 2 pm

Health Visiting - Baby  
Weighing Clinic

**Appointment Only**

1 pm – 4 pm

Health Visiting –  
Development Checks

**Appointment Only**

9:30 am – 4 pm

### Thursday

Infant Feeding Team:  
Specialist Clinic

**Appointments Only**

9:30 am – 1 pm

Boobie Buddies

**Term Time Only**

1 pm – 2:45 pm

Healthy Lifestyles – ‘Weigh  
and Go’

**Appointments Only**

1 pm – 3 pm

School Nursing – Height  
and Weight Clinic

**Appointments Only**

3 pm – 5 pm

YMCA Youth Club

5 pm – 7 pm

### Friday

Infant Feeding Team

**Appointments Only**

9:30 am – 1:30 pm

Foster Carers Support  
Group – Coffee Morning

**Every second Tuesday of  
the month**

10 am – 11:30 am

Midwifery - IBUMPS

**Appointments Only**

1 pm – 4 pm

Turn over for more information or to book a place

## Wood Side Family Hub

Upper Ride  
Willenhall Wood  
Coventry  
CV3 3GL

**T. 02476978090**

**E. [South2FamilyHub@coventry.gov.uk](mailto:South2FamilyHub@coventry.gov.uk)**

Looking for information on childcare in Coventry or services and activities for Children and young people? Visit the Coventry Family Information Directory website <https://cid.coventry.gov.uk/> If you require Help looking for childcare please call 024 7697 5451

Getting help from your local Family Hub is simple. You can walk in during opening hours and be able to get advice from a member of the team. Alternatively, you can request support for your child by completing an online 'Request for Help' form at [www.coventry.gov.uk/applyearlyhelp](http://www.coventry.gov.uk/applyearlyhelp)

Please do not hesitate to contact your Hub regarding any questions, queries or suggestions that you may have. Your local Hub information and access to our activity timetable can be found on:

**[www.coventry.gov.uk/familyhubs](http://www.coventry.gov.uk/familyhubs)**

Check out our Facebook Pages for holiday activities and new up and coming sessions.



# Here to help

Getting help from your local Family Hub is simple.

You can call the freephone number on 0800 8870545.

You can come to a Family Hub during opening hours to get advice from a member of the team.

Alternatively, you can request support for your child by completing an online 'Request for Help' form at [www.coventry.gov.uk/applyearlyhelp](http://www.coventry.gov.uk/applyearlyhelp)

Please ask if you need to use a computer  
FREE of charge

