

Family Hubs in Coventry

FamilyHub

1. Pathways Family Hub

Lawrence Saunders Road, Coventry CV6 1HD

Tel: 024 7697 8130

www.facebook.com/pathwaysfamilyhub

2. Mosaic Family Hub

Jardine Crescent, Coventry CV4 9PL Tel: 024 7697 8160

www.facebook.com/mosaicfamilyhub

3. Aspire Family Hub

Humber Avenue. Coventry CV1 2SF Tel: **024 7697 8100**

www.facebook.com/aspirefamilyhub

4. Wood Side Family Hub

Middle Ride. Coventry CV3 3GL Tel: 024 7697 8090

www.facebook.com/woodsidefamilyhub

5. The Moat Family Hub

Deedmore Road, Coventry CV2 1EQ

Tel: 024 7697 8036

www.facebook.com/themoatfamilyhub

6. Park Edge Family Hub

Roseberry Avenue. Coventry CV2 1NE Tel: 024 7697 7880 www.facebook.com/parkedge

7. Families for All Hub

454 Foleshill Rd. Coventry CV6 5LB Tel: 024 7697 7991

www.facebook.com/familiesforallhub

8. Harmony Hub

Clifton St.

Coventry CV1 5GR

Tel: 024 7697 8030

www.facebook.com/harmonyfamilyhub



What is a Family Hub?

A Family Hub is a place where children, young people and their families can go when in need of help and support.

The Family Hub will work in partnership with others to enable you to access the advice and help that's needed. They will help you find and get help from different services in the area and will be able to give you information, advice and support.

Who can access a Family Hub?

There is a range of services available for you to access in the Hub and within the Local Community'. These services range from universal services such as Baby Health Clinic to individual support based on your child and family's needs.

Examples of services offered:

- Support for young people aged 11 to 19 (targeted youth support work)
- · Family support which may be offered within the home
- Support to children with special educational needs and their families
- A range of child and family health activities including baby wellbeing clinic and C-Card distribution points
- Parenting support
- Support with managing finances and getting back into work or training

How do I get help from a Family Hub?

Getting help from a Family Hub is simple, you can walk-in during opening times which are widely publicised; you can telephone; or a professional person can refer you. Wherever you live in the City, you will be able to get help from one of our eight Family Hubs.

Most of the workers who provide support as part of a Family Hub will also work in other buildings across the city. To support our partnership working, this might be in a community centre, school or health clinic for example.

If you are unable to get to a Family Hub building, you will be able to get support in your own home or in the local community.

I'm struggling with my seven year old son's behaviour, he seems to be having regular temper tantrums which I am worried about because he sometimes throws himself on the floor. I need help for me to help him.

The family hub will provide family support which may include practical help looking at routines, direct work with the child around his emotional wellbeing and parenting support for mum.

I've noticed that my 16 year old daughter is maybe a little quieter than normal. When I asked her about it, she eventually told me she was feeling pressured by her friends to have sex for the first time with her boyfriend. What help could I get from a family hub?

Some examples of the types of situations that the family hub service could offer help with:

The family hub will be able to support families and offer practical advice on positive parenting, looking at causes of a child's behaviour, encouraging desirable behaviour and developing strong family relationships.

I have recently separated from my partner who used to drink too much and would become aggressive towards me. Since my partner has moved out my three year old son (who was toilet trained) has started to have accidents particularly at night time and I'm getting really stressed. What can the family hub do to help me?

The family hub could arrange for a youth worker to meet her and over a few sessions work through healthy relationships and talk to her about the C-Card scheme (safe sex support).