

How can NICE guidance support evidence-informed Social Work practice

A West Midlands resource for frontline staff

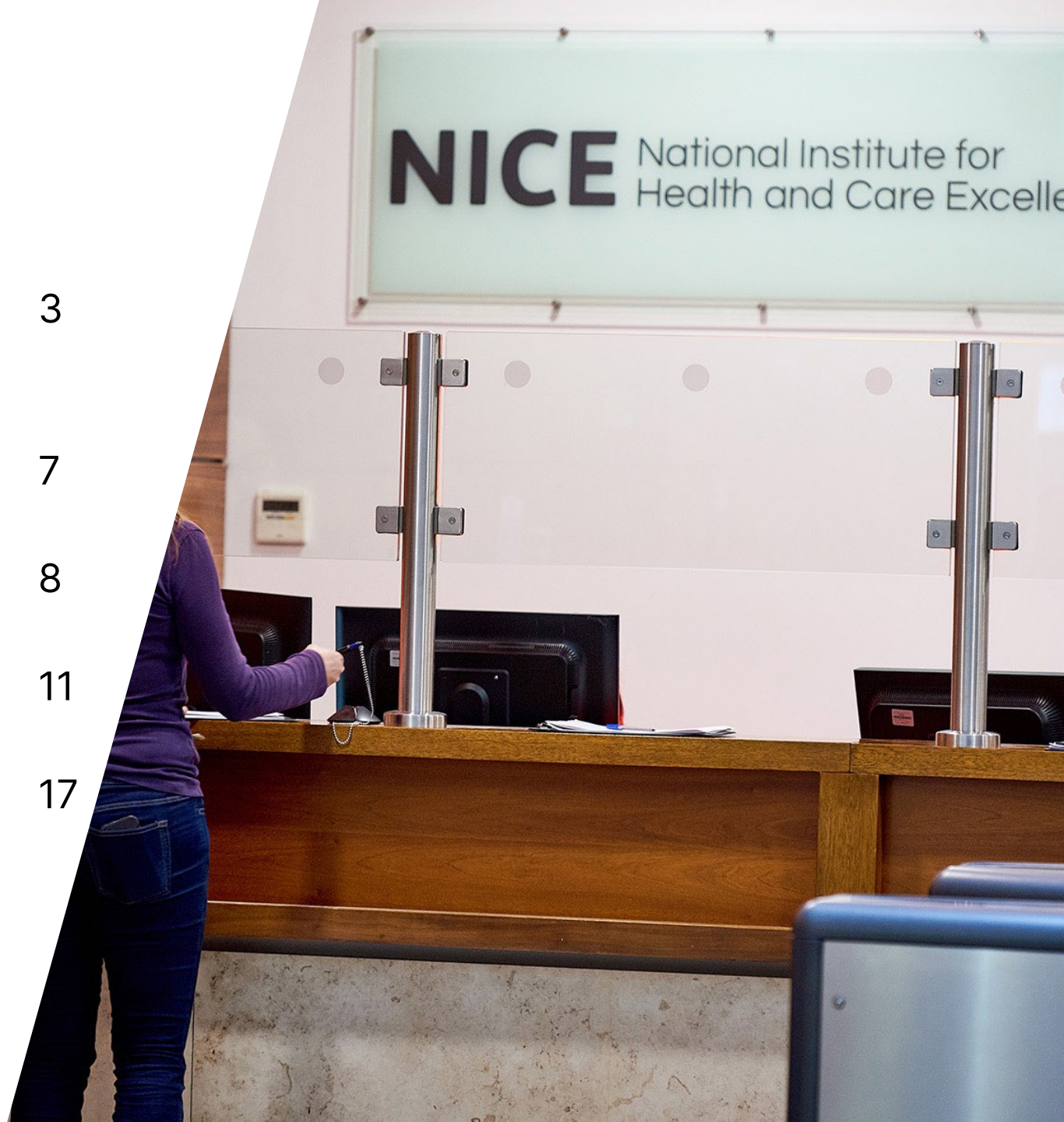
directors of
adass
adult social services
West Midlands

NICE National Institute for
Health and Care Excellence



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What does NICE do?



Role of NICE

The national point of reference for advice on safe, effective and cost effective practice in health and social care, providing guidance, advice and standards aligned to the needs of its users and the demands of a resource constrained system



Systematic review of a range of evidence
Considered by committees of experts
(including providers and people using services
and their carers)

Why use NICE guidelines?



- **Improve health and wellbeing** outcomes for service users and carers
- Ensure that care provided is **effective** and makes efficient use of resources
- Increase national **consistency** of care provision
- **Reduce inequalities** and unwarranted variation
- Supports and prioritises **quality improvement** activities
- Can help **address incidents** (action plans)
- **Demonstrates quality** to commissioners and to service users & their families
- Help answer questions on quality from CQC
- Support discussions with patients, carer or service users
- Support professional **decision-making** and continuous development
- Support the case for investment (value for money)

Benefits of using NICE guidance



Current

We ensure our guidance is kept up to date



Free

Our guidance and resources are free to download from our website



Quality

Our guidance is designed to improve the quality of care



Evidence-based

Content based on what's been proven to work



Co-produced

Our guidance is developed by experts, including people who use services

3 main components of evidence informed practice



How are Social Workers using NICE guidance?

- Within social work education
- To empower social work practice in relation to rights based and value informed practice
- To inform critical thinking and to clarify points, such as in safeguarding enquiries and supporting report writing
- To understand how to work in health and social care settings
- To request funding and drive strategic change and improvement
- To inform local policy and procedures: Transition from children's to adult services for young people using health or social care services (NG43) rec 1.2.5 for a named worker

How are Social Care organisations using NICE guidance?

Coventry City Council Adult Services as part of their policy governance have an approach to ensuring social care takes account of NICE Guidance to inform its own policies, procedures, guidance and public information

This involves a process whereby relevant NICE guidance is subject to a baseline assessment regarding compliance, identifying areas where they may be partially/unmet recommendations with decisions made as to whether actions will or will not be taken to move towards compliance

Read more about these approaches ...

- Driving quality through the implementation of NICE guidance in a local authority

<https://www.nice.org.uk/sharedlearning/driving-quality-through-the-implementation-of-nice-guidance-in-a-local-authority>

NG108: Using NICE guidance to inform an audit of Mental Capacity Act assessment

<https://www.nice.org.uk/sharedlearning/ng108-using-nice-guidance-to-inform-an-audit-of-mental-capacity-act-assessment>

For more information, contact: andrew.errington@coventry.gov.uk

Using NICE guidance to empower social work practice in hospital discharges

Services for older people
Scenario: discharging people from hospital

During supervision, a hospital social worker discusses the pressure they are feeling to discharge people to care homes when those people may not have the capacity to make a decision about where they live. The social worker feels this potentially conflicts with the Mental Capacity Act 2005, particularly the principle of seeking the least restrictive option

Action

The supervisor advises the social worker to use specific recommendations from guidance on transition between inpatient hospital settings and home and decision-making and mental capacity, to strengthen their professional power when discussing discharge planning with health colleagues, including informing best interest meetings.

More information
NICE guidance:

Transition between inpatient hospital settings and community or care home settings for adults with social care needs (NG27) rec 1.5.11

Decision-making and mental capacity guideline (NG108) rec 1.5

How to use NICE guidance

www.nice.org.uk

NICE National Institute for
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Scenario: 38 year old Male, with ADHD, Bipolar and opioid dependency

Summary: known to a community mental health trust (CMHT) since an adolescent and substance services for approx. 11 years. Limit effect of medication to manage mental health symptoms and was disillusioned with CMHT as felt he was not listened to.

Opiate dependency treatment in place with holistic support and some lapses. Lost sense of self and pride and mental health deteriorated rapidly. Expressing thoughts of suicide and harming others but as not just MH thoughts/symptoms but as a real situation had no emotional support from CMHT. Police involved and after numerous calls did find him with a noose in his bag with a clear plan. Not admitted.



NICE guidance

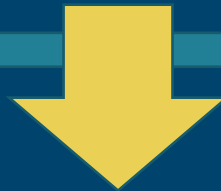
- Coexisting severe mental illness and substance misuse: community health and social care services (NG58) rec 1.4 Partnership working; rec 1.6.4 Recognise trauma and homelessness; rec 1.1 First contact
- Coexisting severe mental illness (psychosis) and substance misuse: assessment and management in healthcare settings (CG120) rec 1.4.3 Do not exclude because of substance misuse
- Service user experience in adult mental health: improving the experience of care for people using adult mental health services (CG136) rec 1.5.9 Crisis assessment

Scenario: 38 year old Male, with ADHD, Bipolar and opioid dependency

How could NICE have been used?

To open conversation with MH services about not allocating a care manager but also how to jointly manage support and risk assessment.

Accepting that there are complex problems alongside MH and SM and preparing the individual for them. Male only seen in out-patients MH services even after numerous requests to be considered for care co-ordination. At contact could have highlighted guidance to respond to holistic needs especially of housing. To support application prior to crisis point for full MH assessment and support due to complex MH behaviours. To take into account level of distress and vulnerability



Learning points

NICE Guidelines on developing joint learning between services and commissioners, using guidance to ensure appropriate service delivery.

In complex scenarios are Social Workers going to be able to quickly find the relevant guidance or will it be more of a reflective tool; in planned work sessions; to challenge decisions of other services, or show your own working practices and why?

NICE mapping

- Drug overdoses during pregnancy
- History of mental health concerns but refused assessment as likely to be drug related
- Mental health support services separate from drug services
- History of DV and own childhood trauma (ACEs) homelessness

Pregnancy and complex social factors: a model for service provision for pregnant women with complex social factors (CG110) rec 1.2 pathway for pregnancy care

Coexisting severe mental illness (psychosis) and substance misuse: assessment and management in healthcare settings (CG120) rec 1.4.3 Mental health cannot exclude due to substance use

Coexisting severe mental illness and substance misuse: community health and social care services (NG58) Mental health and substance use partnership working

Coexisting severe mental illness and substance misuse: community health and social care services (NG58) rec 1.6.4 trauma and homelessness

Key NICE guidance

- Supporting adult carers (NG150)
- People's experience in adult social care services: improving the experience of care and support for people using adult social care services (NG86)
- Older people with social care needs and multiple long-term conditions (NG22)
- Care and support of people growing older with learning disabilities (NG96)
- Older people: independence and mental wellbeing (NG32)
- Home care: delivering personal care and practical support to older people living in their own homes (NG21)
- End of Life care for adults: service delivery (NG142)
- Community engagement (NG44)
- Transition from children's to adults' services for young people using health and social care services (NG43)
- Transition between inpatient mental health settings and community or care home settings (NG53)
- Safeguarding adults in care homes (NG189)
- Decision making and mental capacity (NG108)
- Social work with adults experiencing complex needs (NG216)

Quick guides: a quick, easy way to access key information from NICE on social care topics



Over to you!



Open a new page on the internet and type in the NICE website address www.nice.org.uk
(We will still be in the meeting to speak and hear you)



Is everyone on the NICE website?



Make sure you're on mute but keep the meeting running and explore a topic of your choice on the NICE website.

Guidance

Evidence-based recommendations developed by independent committees, including professionals and lay members, and consulted on by stakeholders.

[View all guidance](#)

[Conditions and diseases](#)

[Health and social care delivery](#)

[Health protection](#)

[Lifestyle and wellbeing](#)

[Population groups](#)

[Settings](#)

Get involved

We want you to be involved in our work. There are many ways you can [get involved as a healthcare professional or a member of the public](#).

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[The NICE strategy 2021 to 2026](#) sets out an ambitious vision for our future.



[NICE and health inequalities](#)



[Register to attend our December board meeting](#)



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Browsing and searching the NICE website

Searching

Searching can be quicker, especially if you have the correct terms. Keep your searches simple.

Q: What does NICE say about mental capacity issues?

Search: 'mental capacity' or 'decision making'

Results page: NG108, QS194, Shared learning example

Guidance: NG108 – check overview, scope – for 16 yrs and older, lacking capacity now or in the future (all the recommendations are here)

Explore the topic guidance tool bar – use NG108

[Guidance](#)

[Tools and resources](#)

[Information for the public](#)

[Evidence](#)

[History](#)

Decision-making and mental capacity

NICE guideline [NG108] Published: 03 October 2018

Guidance

Tools and resources

Information for the public

Evidence

History

Overview

Context

Recommendations

Recommendations for
research


Putting this guideline into
practice

Finding more information and
committee details

Update information

Guidance

[Download guidance \(PDF\)](#)

 Quality standard - Decision making and mental capacity

Next >

This guideline covers decision-making in people 16 years and over who may lack capacity now or in the future. It aims to help health and social care practitioners support people to make their own decisions where they have the capacity to do so. It also helps practitioners to keep people who lack capacity at the centre of the decision-making process.

This guideline should be read in conjunction with the [Mental Capacity Act 2005](#). It is not a substitute for the law or relevant Codes of Practice.

It does not cover Deprivation of Liberty Safeguards processes.

Recommendations

This guideline includes recommendations on:

- [supporting decision-making](#)
- [advance care planning](#)
- [assessing mental capacity to make specific decisions at a particular time](#)
- [best interests decision-making](#)

Decision-making and mental capacity

NICE guideline [NG108] Published: 03 October 2018

Guidance

Tools and resources

Information for the public

Evidence

History

Tools and resources

Tools to help you put the guidance into practice.

Education

- [Quick guide: Advance care planning - for registered managers of care homes and home care services](#)

Research recommendations

- [Research recommendations information](#)

Audit and service improvement

- [Baseline assessment tool](#)
Excel 431 KB
03 October 2018

Shared learning

- [Shared learning information](#)

Resource impact

- [Resource impact statement](#)

Implementation support

- [Implementation resource](#)

Guidance into practice

- [About the Into practice guide](#)
- [Practical steps to improving the quality of care and services using NICE guidance](#)

Browsing and searching the NICE website

Q: What kind of support do people with complex needs require?

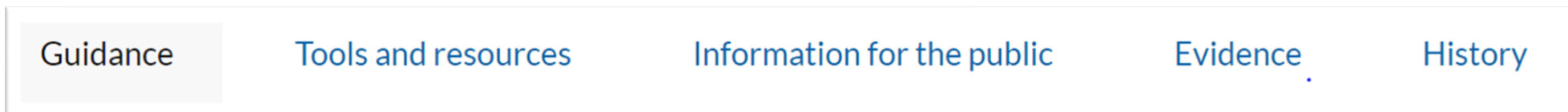
Search: 'complex needs'

Results page: NG216, NG213, QS, quick guides

Guidance: NG216 Social work with adults experiencing complex needs

NG213 Disabled children and young people up to 25 with severe complex needs

Explore the topic guidance tool bar, tools and resources



Homework

- Access the NICE website for at least two cases either to prepare you for starting work OR to consider a current case and how the guidelines could help.
- Read a shared learning experience and think about how this influences you.
- Consider recording this as a CPD reflect for SWE?

Join our audience insight community

We want those working within the health and care sector to join our insight community and have their voice heard. Your views will influence the continual development of our products and services.

Members of the community have already helped us to:

- better understand how health and care staff use our guidance and recommendations
- improve the way we present our resources
- develop our implementation strategy
- gain insights into our guidance users' perceptions of NICE.

We run different activities depending on what we're trying to find out. This can vary from a quick online survey to an all-day workshop. There's no obligation to take part - just help if you can.



Focus groups
& workshops



Depth
interviews



User
testing



Surveys

NICE

Our community is made up of over 1,700 healthcare, social care and public health professionals as well as academics, charities, patients and carers.

[Join them to have your say!](#)

Click the link above

Learn more about the community and join - <https://www.nice.org.uk/get-involved/help-us-improve>

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- Contact the field team joanne.mccormack@nice.org.uk
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Q&A

Thanks for joining us

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