



HOOVES IN HARMONY

*"Enriching Lives and
Enhancing Education &
Employment Opportunities"*

HORSE CARE

If you are interested in learning more about horses and enjoy being out in the countryside, then this course might be for you. You will learn all aspects of caring for horses and achieve a good understanding of stable management practices. This will equip you with the skills and knowledge required to work in a horse care setting with supervision.

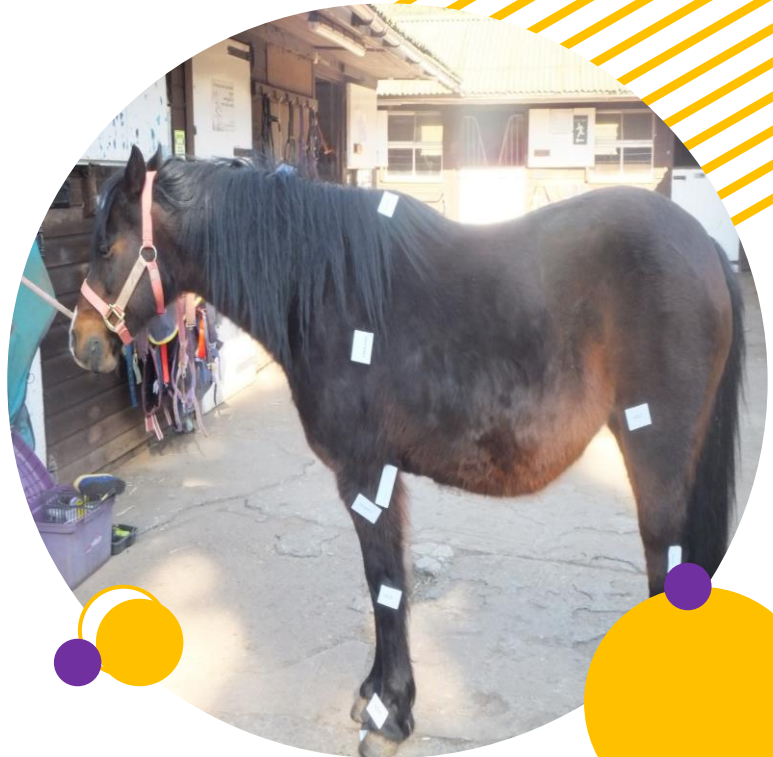
This course is one day per week for an academic year.

What will you learn?

8 AQA Unit Awards can be achieved (7 at Level 1 & 1 at Level 3). These covers topics including:

- Horse Behaviour & Handling Horses
- Health & Safety
- Mucking Out
- Grooming
- Horse Health & Basic First Aid
- Feeding & Fitness
- Grassland Management
- Caring for tack & equipment
- The Hoof & Foot Care
- Animal Welfare Legislation

This is a practical course with plenty of 'hands on' learning. Learners are assessed on an on-going basis through observation and workbooks.



"It was lovely to watch their confidence grow during the session and loved the smiles on everyone's faces." (Parent of a Client)



FURTHER COURSE INFORMATION

The course runs one day per week throughout term time from the British Horse Society Approved Livery Yard, Bubbenhall Bridge Equestrian Centre. As a working yard this gives Learners first-hand experience of completing tasks to a high standard in a working environment.

Aimed at those of secondary school age, the focus is on learning about what is involved in the care of our horses and ponies in a compassionate way.

Literacy and numeracy are embedded into the programme and Learners often find this more practical approach to both, engaging and fun. E.g. making measuring equipment with which to measure the horses and doing so in both hands (the traditional method) and centimetres so to allow a comparison to be made.

Teaching is aimed at those who are working towards a Level 1 qualification or above.

The benefits of being around horses has long been recognised. This course does not involve any riding and no previous horse experience is required. Research has found that simply being around horses lowers blood pressure and heart rate, helping to alleviate symptoms of stress and anxiety.

Horses bring something unique to the learning environment. A horse does not care what you look like or what you have done in the past, they simply "take you as they find you" and react accordingly. Communication takes place almost exclusively on a non-verbal level between horses and to be able to 'tap into' this and communicate effectively with them creates a whole new level of confidence and achievement in an individual.

The course is delivered by a LEAP qualified facilitator with a Level 4 Diploma in Equine Facilitated Learning. This enables not just the horse care aspects to be taught but also areas including communication,

confidence, problem-solving and decision making to be discussed and worked on with the horses too.

Much of the syllabus is readily transferable to daily life skills and throughout the course comparisons can be made. For example, the feeding module relates to healthy eating and fitness and exercise whilst First Aid skills learned with the horses can be adapted to other situations.

The AQA Units chosen give a broad range of basic horse care skills in a wide range of areas to allow them to work safely in an equine setting with supervision.

Learners receive an AQA Unit Award Certificate for each unit achieved. In addition to this Hooves in Harmony award their own certificates to acknowledge attendance and effort, plus those for on-site workshops during the course in areas including Farriery and foot care and holistic equine treatments, e.g. back care.