



Supporting Families Practice Toolkit

Headline Criteria Three: Improved Mental and Physical Health



No.	Criteria	Outcome
3.1	Child needs support with their mental health	The child's mental health and or wellbeing has improved, and the family feel better equipped to manage the child's mental health and well being
3.2	Adult needs support with their mental health	The adult's mental health and/ or wellbeing has improved, and the family feel better equipped to manage the adult's mental health and wellbeing
3.3	Child and/ or parent require support with learning disabilities, neurodiverse conditions and or physical health needs that affect the family	Physical health needs are being well managed, and family have sufficient/ the right support in place


Who can help the Family Plan be Achieved? (Signposting, contribute to the Plan and TAF)

COMPASS CAMHS/ RISE Positive Youth Foundation Health Visiting and School Nursing GP MAMTA Samaritans Mental Health Matters IAPT Primary Mental Health Team Coventry and Warwickshire MIND NCT- Parents in Mind Shout	Grapevine Teen Vine Plus / Teen Vine Next Steps Dear Life (Coventry and Warwickshire Suicide Prevention) Social Prescribers- Health Exchange AMPARO (Support following suicide) Wild Earth- wellbeing in nature (0-25s) Be Active Be Healthy Foleshill Women's Training Positive Choices Men's Shed (over 30s) CRASAC Sahil Project
--	--

What Interventions, Tools, Direct Work could be included in the Family Plan?

Referrals to services (above) Support to access the services above Boomerang Specific direct work tailored to individual needs 3 houses Feelings cards Talking Dice Games/ drawing	WEMWBS (Warwick Edinburgh Mental Wellbeing Scales) Mind of My Own Dimensions Tool Words and Pictures Safety planning Direct work toolkit KOOTH
---	--

How can you Evidence the Outcome has been achieved? (Systems, methods)

Recording in EHM (TAF, Case notes, uploaded documents- using scaling demonstrating improvement) Family/ Carer Feedback demonstrating improvement – scaling questions Young people's Feedback demonstrating improvement – scaling questions	Coventry Families Portal QA Code 
--	---