YEAR 11 PSHE /RSE CURRICULUM OVERVIEW 2026-27

Term	Autumn 1 (8 weeks)		Autumn 2 (7 weeks)		Spring 1 (6 weeks)		Spring 2 (5 weeks)	Summer 1 (7 weeks)	Summer 2 (7 weeks)
Golden Threads	Respectful Relationships	Living in Modern Britain	Emotional Wellbeing	Families & Parenting	Careers & Your Future	Social Media	Keeping Safe & Healthy	Financial Choices	Managing Change & Transition
PSHE 	- Introduction to PSHE in Year 11 - Study Skills for Success Y11 - Criminal behaviour & mob mentality - Cost of Living: Inflation - Choosing Post-16 Options - Fertility & Reproductive Health - Chatbots, AI, Misplaced Affections & Bad Advice		- Study skills (2) - Unwanted, fixed and obsessive behaviours - Exam Anxiety (1) - Brain development & parenting - Parenting costs & considerations - Language, microaggressions & bullying - Extremism & Radicalisation		- Sexualisation of the media - Exam Anxiety (2) - Honour Violence & “Honour” Killings - Virginity Testing, Hymenoplasty & UK Law - Responsible Public Health Choices + Sugar & Processed Foods - Misogyny online		- Personal safety and independent travel - Personal Safety on the streets - Responsible public health choices - Online Privacy & Data Protection - Maintaining Emotional Wellbeing During Exams	- Work, income & deductions - Personal finance - Long term financial planning - Revision Support	- Feelings about transition - Getting ready for Post-16 education (KS5)
Key Resource Links	Relationships and sex education (RSE) and health education - GOV.UK E C Publishing Mentally Healthy Schools Free PSHE teaching resources to help students develop their critical thinking skills | Topical Talk NatWest Thrive - Financial and future skills teaching resources								