## SOCIAL

- information on healthy lifestyles and active living.
  - Arts, music, outdoor and creative
- Befriending, counselling, and other support groups.
- Meet like minded people and get involved in local groups and activities around what you find interesting Housing issues.
- Welfare, benefits, financial support and
  - Access to employment, training and volunteering.
    - Education and learning.
  - Identifying care needs.



#### COVENTRY TELECARE SERVICES

- are here to discuss equipment that can be provided in the home. Please check the dementia hub

website for dates and times.

CARERS TRUST DAY CARE SERVICES - TUESDAYS 10:00am 3:00pm

Daybreak provides peace of mind to relax and unwind. Activities include singing, quizzes, gentle exercises and games.

please contact daybreak@carerstrusthofe.org.uk 02476101040





## ROOM HIRES

**DAVE WILLETS** multi purpose room **BETTY HUNTER** meeting room **CAROL JENNINGS** consultation room **BILL WILSON** comfort room THE PARTNERSHIP **ROOM** 

**DAYCARE ROOMS** 

### FOR ALL IMFORMATION PLEASE CONTACT US ON

02476 978080 www.coventry.gov.uk CDPH@coventry.gov.uk

DEMENTIA ACTIVE!! LOVE TO MOVE BRITISH GYMNASTICS FOUNDATION. 1ST FRIDAY OF THE MONTH WITH FIONA COOMBES 11AM - 12PM ALL WELCOME!



USE OUR QR CODE TO TAKE YOU STRAIGHT TO THE WEBSITE





# YOUNG ONSET DEMENTIA

Do you or someone you know have young onset dementia?

Would you be intrested in accessing our new bespoke YOUNG ONSET DEMENTIA SERVICE?

We also offer an OUTREACH
SERVICE to support our community.
For more information
Please contact
CPDH@coventry.gov.uk

COME ALONG TO OUR COFFEE
MORNING EVERY WEDNESDAY AT THE
COVENTRY DEMENTIA PARTERSHIP
HUB HELD IN THE CAFE. MEET THE
STAFF AND OTHER PEOPLE LIVING
WITH DEMENTIA 10:30am - 12:30pm

forget-me-not-café

Monday - Friday

08:30 - 14:30

A social space where

EVERYONE IS

WELCOME!!!

THE DEMENTIA CARE AWARDS WINNER!! INSPIRATIONAL PERSON LIVING WITH DEMENTIA DAVE ATKINS - Here at the hub every Wednesday &
Thursday 10:30am - 1:00pm.

Dave is living with YOUNG ONSET DEMENTIA. He is here to have a friendly chat, help with any information you may need and a little peace of mind.



RUTH CHAUHAN MSc (HEALTHCARE
ETHICS and LAW)
FRSPH Dementia
health and wellbeing specialist:
AMBA CARE
SOLUTIONS



#### HOME INSTEAD 11:00AM-1PM

Provides home help such as Personal Care, Dementia Care, Parkinsons Care, Light Household Chores, Waking nights through to Live in Care. They Provide talks on scam awareness & nutrition. All your care needs. Ruth offers advice and support, any help completing, any help in application forms, making phone calls, sorting attendance allowance and power of attorney. ALSO fun games, lovely chats and most importantly a listening ear.



The fire crew will be at the hub to answer any questions about fire safety, home checks and peace of mind. check website for upcoming dates.

#### WEST MIDLANDS POLICE

Ellie Parry holds a session every month 11:30am-1:30pm. Please see website for dates.



Are you struggling? Angela is available to talk to, about any concerns you may have, an appointment can be made and she will arrange to hire a room at the hub (07752437649)

### ADMIRAL NURSES

Sessions every
4 weeks on a
Friday 10:00am
- 12:00pm All
are invited to
drop in and
discuss
Dementia &
specific queries
that require
nurse advice.

#### DAVID SMITH BENEFITS WELFARE OFFICER

REGARDING
BENEFITS OR
JUST SOME
GENERAL
ADVICE.
FIRST
WEDNESDAY OF
EVERY MONTH
10:00am 12:00pm

## COUNCILLOR STEPHEN GRAY AND ESTHER REEVES

Drop in sessions on the second Wednesday of each month 11am - 1pm OR if you wish to speak to them privately please get in contact on 07823512321 or Email - esther.reeves@coventry.gov.uk stephen.gray@coventry.gov.uk

Bus route from the city centre (outside Sainsbury's) Route 3/56 to Everdon Road.