



Family Thrive for Parents and Carers

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice.

Have you ever wondered what's happening when your child:

- Won't listen?
- Answers back?
- Has a tantrum?

Come on this course to find out about:

- How our brains develop
- How your right brain talks to your left
- Why play and creativity are so important to you and your child
- How to support your child at times of change and difficulty
- Everyday trigger times and how to keep calm
- How to be a behaviour detective
- Thrive in your school

Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

Venue: The Key Intervention, Berkett Road, CV6 4FU

Time & Date: Every Friday, 10-12:00pm on the following dates:

Friday 28th February
Friday 7th March
Friday 14th March
Friday 21st March
Friday 28th March
Friday 4th April

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The course will be run by Bev Kelly, who is a Thrive approved course leader and a Thrive practitioner. The course will run for six sessions that will last for around 2 hours.

The sessions will be structured, yet fun and informal sessions that will allow time to interact with other parents and carers, ask questions, get help and practical suggestions to use with your child.

If you would be interested in coming, have any questions, or would like to discuss this opportunity further please contact:

Bev Kelly on 07983545269 or 02476 6972775