

# Working Together, Ready for School

#### **Guide for Parents and Professionals**

- supporting children with getting a good education





# Parents

# I will...

...support my child to become independent with toileting.

...support my child with a regular bedtime routine, and ask for additional support if needed.

...support my child to practice getting dressed and undressed independently.

...encourage my child to eat a variety of foods. I will encourage my child to eat at a table, using a knife, fork and spoon.

...encourage my child to keep their toys tidy and look after their belongings.

...support my child's communication and language skills by playing, talking and reading with them.



...provide play activities which will help my child to develop their listening and concentration skills.

...encourage my child to play with other children.

...encourage my child to 'have a go' at new things, and to keep trying when things are challenging.

...encourage my child to explore new places and interact with other people.

# Child

### l can...

...manage my toileting needs and wash my hands by myself, or with adult support if needed.

...go to sleep by myself, so that I have enough energy to learn and play at school.

...put my coat and shoes on and take these off. I can get dressed and undressed with some help.

...feed myself using a knife, fork and spoon and enjoy sitting at a table, eating a variety of foods, with family and friends.

...tidy my toys and care for my belongings.

...ask for help, be understood, follow simple instructions, share my thoughts and ideas.

...listen, enjoy and concentrate on stories and play activities of my choosing.

...make friends and enjoy playing together with other children.



...confidently try new things, not worry if things are difficult and keep trying.

...feel happy and confident to be away from my parents / family.

# Early Years Provider

# School

# **Useful Contacts**

# We will...

...support your child to manage their toileting needs independently, and with help as needed.

...work in partnership with you to support your child's sleep routines.

...encourage your child to put on and take off their coat and shoes. We will support with dressing and undressing, as needed.

...support your child to eat a variety of foods, using a knife, fork and spoon, whilst sitting at a table with their friends. We will teach your child about healthy lifestyle choices.



...encourage your child to care for their belongings and tidy up toys with their friends.

...help your child to develop good communication and language skills, through daily routines, and a wide range of play experiences.

...support your child to join in with a variety of play activities, to help develop their listening and concentration skills.

...support your child to make friends, play together, and think about other children's feelings.

....encourage your child to explore and find out about new things, and be willing to 'have a go'.

...build secure and positive relationships with your child, so they feel happy and comfortable with other people.

### We will...

...encourage your child's independence with managing their personal hygiene, so they stay clean and dry at school.

...work in partnership with you to help develop bedtime routines for your child. We will teach your child why having enough sleep is good for them.

...encourage your child's independence when dressing, such as putting on their coats and changing their shoes.

...teach your child why healthy eating is important, and encourage healthy lifestyle choices.

...encourage your child to be responsible for their belongings, help tidy the classroom and use equipment safely.

...help to extend your child's communication and language skills, through planned activities, which will teach your child word patterns, sounds and rhymes.

...help further develop your child's listening, attention and concentration skills, through planned activities and experiences.

...promote positive relationships between children and adults, whilst being thoughtful of other people's needs and feelings.

...help your child to succeed and celebrate their achievements, building their resilience and confidence to try new things.

...develop positive and trusting relationships with your child, so they feel ready to learn and get a good education.



#### Coventry Family Information Directory

https://cid.coventry.gov.uk/kb5/co ventry/directory/family.page? familychannel=0



### Coventry Family Hubs

https://www.coventryfamilies. co.uk/



Toileting support: ERIC, The Children's Bowel and Bladder Charity

https://eric.org.uk/

## Children's Speech & Language Therapy

Coventry and Warwickshire Partnership NHS Trust

www.coventrychildrens slt.co.uk/families/



#### The Sleep Charity

https://thesleepcharity.org.uk/information-support/children/



### Better Health, Healthier Families

Better Health, Healthier Families www.nhs.uk/healthier-families/



National Literacy Trust https://wordsforlife.org.u k/activities/



#### Coventry Family Health and Lifestyle Service (0-19)

www.swft.nhs.uk/ourservices/coventry-family-healthand-lifestyle-service-0-19-years



### Coventry SEND Early Years Team

www.coventry.gov.uk/coventrysend-support-service/send-earlyyears-team



### Coventry 50 things to do before you're five

https://coventry.50thingstodo. org/app/os#!/welcome



www.easypeasyapp.com/

**BBC Tiny Happy People** 

www.bbc.co.uk/tiny-happy-

people



# Coventry Libraries and

Information Service

www.coventry.gov.uk/libraries-1

www.coventry.gov.uk/libraries-1

# Coventry Primary School Admissions

www.coventry.gov.uk/schooladmissions/primary-schooladmissions