

Adult Social Care Keeping You Safe



Easy read version



ONE
COVENTRY

What is abuse?



You have the same rights as everybody else. People should be nice to each other and respect each other.



Abuse is when somebody does a bad thing that makes you feel scared or unhappy. It could be someone you trust, or someone you do not know. Sometimes abuse can be so bad that it means that they have broken the law.



Nobody is allowed to abuse you. Examples of abuse could be:



- Somebody hitting you or pushing you around
- People taking your money without you saying they can
- People not caring for you properly when it is their responsibility to care for you
- People touching your private parts without you saying it's OK, or making you touch them.
- People treating you unfairly because of your gender, colour, culture, religion or disability
- People saying nasty things that they know will upset or scare you.

What happens if I think me or someone else is being abused?



If you think you or someone else is being abused, it is important to tell somebody that you trust. This means that people can look at what is happening and say what needs to be done.

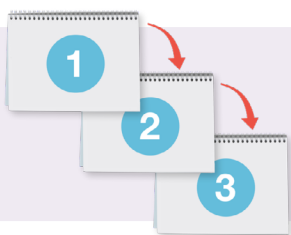


If you want to tell someone, you could tell:

- Your carer, parent, or family member
- A doctor or nurse
- A friend
- A police officer or social worker
- A member of staff
- An advocate



If you tell someone about abuse, they will talk to you to find out what is happening.



They will make sure that you are safe, and tell you what happens next.



It might be that abuse has not taken place, or it might be that the police have to be called.



You should always tell someone if you think abuse is happening, even if you are not sure.



In an emergency you should call **999**



If it is not an emergency, you can contact the All Age Disability Team by phone or email.

Phone number: **024 7683 3003**

Email address: ascdirect@coventry.gov.uk