

# Adult Social Care Preparing for Adulthood



Easy read version



## Preparing for Adulthood



In social care, 'preparing for adulthood' means the time when a young person who uses children's social care services has an assessment by Adult Social Care.



After their assessment they might start to get support from Adult Social Care services.



This time of change used to be called 'transition'.

## What support is available?



Coventry City Council have an All Age Disability Service.

Part of their work is supporting young people with transition – moving to adult services.

All Age Disability Service have social workers and community case workers who provide:

- assessment
- planning
- advice
- support services

for young people preparing for adulthood.





They work with young people who have disabilities and need social care support.



They can work with people if they have had care from children's social care or not.



All Age Disability Service works with young people to help them be as independent as they can.

The ways that they do this are:



- community support



- short term support



- specialised support, for example:
  - help getting a job
  - help with assistive technology



Good transition planning should look at what is important to the young person.



It should look at what the young person is good at (their strengths).





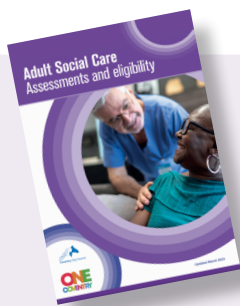
It should look at what the young person wants to achieve in the future (their goals).



This planning will help the young person and their families be prepared for adulthood.



The Transitions Service, and the other organisations that work with them, want the move to adulthood to go smoothly for the young person and the carers.



To find out more about how we do assessments please read our leaflet 'Assessments and Eligibility'

## Paying for care



When someone is 18 and needs support from adult social care, they will also have a financial assessment. This is to work out how much they need to pay towards the cost of their care.



This is different from children's social care when support is free.





You can refer someone who needs support to the City Council by contacting Adult Social Care Direct.



We have advisors who will try to help.



They will refer you to the right service.



Anyone can refer someone who needs support:

- the person's GP
- the person's teacher
- the person's support providers
- the person's community service



The person who is referred must be at least 14.



Before they are 18 someone from Transitions Service will work with:

- them
- their family
- anyone else involved in supporting them



The service can help them plan how to achieve what they want.



The age they start working with a young person depends on their needs.

## Contact Adult Social Care Direct



Call: **024 7683 3003**

or email: **[ascdirect@coventry.gov.uk](mailto:ascdirect@coventry.gov.uk)**

or visit: **[www.coventry.gov.uk/health-social-care](http://www.coventry.gov.uk/health-social-care)**



Speech impairment, deaf or hard of hearing?  
You can call using Next Generation Text  
(also known as Text Relay and TypeTalk):  
**18001 024 7683 3003**



If you require this information in another language or format, please email:  
**[ascdirect@coventry.gov.uk](mailto:ascdirect@coventry.gov.uk)**

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