

Get game Ready CIC

Rugby Lions RFC, Webb Ellis Drive, Rugby, CV22 7AU

Empowering Young People Through Tailored Provision

Who we are

Get Game Ready (GGR) is a not-for-profit organisation based in Rugby, dedicated to significantly improving the wellbeing and life outcomes for young people in our communities. We understand the diverse and often complex needs of learners who may be struggling in their day to day lives. That's why we offer a range of specialised personal development centres designed to re-engage, empower, and prepare them for a successful future.

Our approach: The Life Preparation Model - At the heart of all our programs is our unique Life Preparation Model. This comprehensive framework is designed to create a truly therapeutic environment that addresses each child's individual needs.

It focuses on six essential areas:

- Life Skills: Practical abilities for daily living.
- Life Experience: Exposure to new opportunities and environments.
- Survival Fit: Developing physical health.
- Needs: Identifying and addressing individual requirements, such as safety, belonging, esteem and curiosity.
- Support & Attitudes: Fostering positive mindsets and seeking help, offering strong relationships and role models.
- Strategies for life: Broadening understanding and perspectives.

By integrating this model, we equip young people with the tools they need to thrive and beyond, fostering a positive sense of self and an ability to understand their full potential.

Our Specialized Provisions for Communities: We work closely with schools, including Coventry Alternative Provision (CAP), to support children who are neuro-diverse, at risk, or facing social, emotional and mental health (SEMH) challenges.



What we offer

Our Personal Development Centres (PDCs) offer tailored alternative provision for learners who are finding it difficult to engage with their current setting. Our currently open PDC is sports-based, utilising sport as a powerful vehicle for personal development. Through engaging in sports activities, young people develop and truly grow, as they build their skills, gain confidence and belonging, they also develop increased emotional bandwidth, enabling them to better manage daily life and school challenges.

Our PDCs are specifically designed for young people who: • Currently struggle with traditional classroom environments. • Benefit from regulating through physical activity and sport. • Have an interest in sport, whether as a hobby or for career aspirations.

Through a blend of targeted physical activity, educational support, and therapeutic interventions informed by our Life Preparation Model, we facilitate significant growth and re-engagement.

SIFA (School Inclusion Football Association).

SIFA focuses on delivering impactful Midland-wide school inclusion football tournaments. These events are specifically designed to enable children who typically struggle to access mainstream football – due to neurodiversity, SEMH needs, or physical differences – to enjoy the game they love. Beyond the pitch, SIFA also provides fantastic pathways into clubs, potential careers in sport, coaching, and refereeing. Counselling and Personal Development.

We offer **dedicated 1-2-1 therapeutic sessions** for young people aged 12 and above. Our qualified counsellors work therapeutically to support, facilitate growth, change, and personal development, providing a safe and confidential space for individuals to explore their challenges and build resilience.

Why Choose Get Game Ready? As a trusted partner for schools, Get Game Ready offers impactful, long-term solutions. Our collaborative approach empowers young people to overcome barriers, develop crucial protective factors, and ultimately achieve their full potential.

To discuss how Get Game Ready can support your students and complement your existing provisions, please don't hesitate to get in touch.

Student Outcomes

We boast a high reengagement rate and data to demonstrate improvements in both health and emotional wellbeing.

Safeguarding

DSL - Gareth Llewelyn (g.llewelyn@getgameready.co.uk), 07305259847

DDSL - Simon Mills (DDSL) (s.mills@getgameready.co.uk), 07889985972

Enhanced DBS Staff

Safeguarding policy - Available

Insurance Documents - Available

QA - Available

Health and Safety

Delivery site is fully RA, Outdoor sports pitches and Classroom, Secure entrance

Risk Assessment - Exp Aug 2027



FSM
Catered



Can be
Arranged



Quality Assured by CAP
Documents on Sharepoint

Specialisms

Primary,
Secondary,
Mental Well-being
Mentoring

Mode of delivery

On-Site

