



Provider Fact Sheet

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<https://guardianballers.org>

<https://www.facebook.com/guardianballersukofficial/>

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Guardian Ballers

Bethel Church, 3-9 Spon End, Coventry
CV1 3HB

Who we are

Our team at Guardian Ballers empower young people through engagement in Basketball activities [BALL], we deliver education around mental-and-emotional wellbeing and identity [BE] and we facilitate practical experiences to serve local communities and charitable organisations [BETTER]. The collective expertise and lived experiences of our staff enable Guardian Ballers to support young people's mental health and physical wellbeing, and to encourage community involvement. Our organisation is led by Kieran Joseph BSc MEd, an experienced and qualified secondary PE teacher whose lived experience of supporting a family member with mental illness inspired the development of the Guardian Ballers programme. Scott Neely BSc, Head of Delivery & Projects Manager, is a Former Basketball Professional and Level 3 Basketball Coach with 20+ years' experience and Andy Ransberry BEd is a former Teacher with 20+ years' teaching and basketball coaching experience, including working with individuals with SEN; our coordinator Dr Helen Joseph BSc is a former Paediatric Speech & Language Therapist. We were winners of the "Not for Profit Champion" category in the 2025 Coventry & Warwickshire Business Awards. Please see this video which showcases the work of Guardian Ballers: <https://youtu.be/NUGL3FqCTbc>



What we offer



An engaging blend of Basketball Coaching and Wellbeing Education. Our well-being curricula, developed in collaboration with experts at CWW Mind, address key challenges faced by young people today, including mental health issues, social isolation, and physical inactivity. The programmes include a foundational "Becoming a Guardian Baller" programme and an aspirational "Level up" programme and these are delivered as either group or one-to-one weekly sessions. To enhance the learning experience, we integrate real-life stories from professional athletes, introducing topics like anxiety, depression, grief, and dealing with life's challenges. In group situations, we use methods like 'think-pair-share,' to facilitate meaningful discussions that promote self-reflection and empathy for others' experiences. Our expertise lies in helping children/young people experience fun activities, to help them discover a talent/love for sport that they didn't know they had, but above all, to progress on a journey of self discovery in relation to their emotional and mental health needs.

Student Outcomes

Averaging our data over the 3 years from 2021-2024, an average of **1607** young people attended a multi-week programme each year, and analysis of evaluations completed by the participants revealed that 85% felt their journey with Guardian Ballers positively impacted their wellbeing and physical activity levels. Over this period, 53% of the young people we supported were female, and 63% from ethnically diverse communities.

A survey of young leaders who completed the "Re-present" young leaders development programme revealed that: **86%** improved mental and emotional well-being • **93%** reported improvements in physical health • **100%** experienced increased self confidence, aspirations and self-awareness • **79%** expressed interest in mentoring 'RE-Present' Leaders in the future.

When asked to reflect on the positive changes since taking part, a 13 year old male replied:

"Not getting excluded at school – still getting some detentions but it is better. I am making better decisions when sent out of class"

A 14 year old female reflected that the sessions were helping her with being calmer and listening to people more, to understand where they are at. She said she's not just getting angry and hitting out/pulling hair and biting people. Her Mum also said that she has noticed a difference in her behaviour.

Safeguarding

DSL – Kieran Joseph, Kieran.Joseph@guardianballers.org, 07502 371441

DDSL – Scott Neely, Scott.Neely@guardianballers.org, 07855 340722

Enhanced DBS Staff

Safeguarding policy

Insurance Documents – Exp 24/2/2026

Health and Safety

Delivery site is fully RA, Indoor Basketball and Classroom, Secure entrance

Risk Assessment – February 2026



No
FSM



No
Transport



Quality Assured by CAP
Documents on Sharepoint

Specialisms

Mental Well-being
Sport
Mentoring

Mode of delivery

On-Site
In-School

