Stacey-Jade Mason/Lynch 07532364336

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Who we are

Creative Optimistic Visions is a grassroots youth and community organisation established in 2014 that provides education, training, mentorship, youth and community engagement through the lens of the Protective Behaviours Process. We believe we all have the right to feel safe all the time and we can talk with someone about anything even if it is awful or small. We pride ourselves on building meaningful connections, to ensure the people who work with us feel seen, heard and safe. We accommodate the best we can to ensure we meet people where they are at to equip them with personal development skills fit for purpose.



What we offer



We create a balance between theory, practical, and creative tasks with plenty of movement breaks. We encourage young people to find their strengths and skills via a range of small group and one to one support, creating a more positive attitude towards learning.

We believe we all have the right to feel safe all the time. This is our core value. Here at COV, we will support and accommodate each day at a time. Providing young people with a range of theoretical, creative and practical activities supporting their personal development, health and wellbeing.

Together, we explore the following:

Understand positive risk taking

- Know the reasons for feeling confident/non-confident
- Effective participation in social situations
- Ways to manage stress
- Link decision making with associated emotions & feelings
- How to set goals and targets and increase confidence
- How to set goals for own development
- How communication skills can contribute to improving confidence
- Identifying, foster an understanding and practice of regulation

Student Outcomes

Increase of self esteem and confidence Increase social interaction increased skill set of effective communication and managing stress. Increase knowledge of Protective Behaviours strategies. Our students have increased their attendance with education and progressed onto other courses and joined youth and community projects.

Safeguarding

DSL - Stacey-Jade Mason- Lynch Stacey@creativeoptimisticvisions.co.uk 07532364336

DDSL - Karen Smith karen@creativeoptimisticvisions.co.uk 02476445439

Enhanced DBS Staff

Safeguarding policy

Insurance Documents - Exp 24/02/2026

Health and Safety

Delivery site is fully RA, Classroom, and Secure Entrance Risk Assessment - Exp 01/09/2025



FSM Catered



No Transport



