



TB

No symptoms, no chance of TB?

THINK AGAIN!

Did you know that Tuberculosis (TB) can be inactive in your body for a long time? This is called latent TB.

It is very common and has NO symptoms. It can become active TB at any time – this can kill if untreated - and be passed on to your friends and family!

You are at more risk of latent TB if you are aged 16 to 35 and have arrived in the UK in the last 5 years from most countries in the following areas:

Latin America, Caribbean, Africa, Asia
Eastern Europe, Russia

If this is you:

- ✓ You can be tested for latent TB quickly and easily with a blood test
- ✓ Treatment and testing are FREE regardless of immigration status

To make an appointment for your free latent TB test contact the TB service on 024 76964169

To find out more about TB AND and the UK Latent TB screening programme please go to www.thetruthabouttb.org/latent-tb/



Questions and answers

Q = I was told years ago I was immune to TB and didn't need the TB vaccine as the test on my arm showed it.

A = No one is immune to TB; you could have caught TB since then and you should get screened for latent TB. Also, a positive test in the past could mean that you already have the sleeping germ and it can wake up and become Active.

Q = I am protected as I had the TB vaccine

A = If you had a TB vaccination as a child you may still get infected with TB as the effectiveness of the vaccine reduces over time so you should get screened for latent TB.

Q = I have had a TB Xray and it was negative.

A = Latent TB is different to active TB and cannot be seen on a chest Xray, you should get screened.

Know the symptoms of Active TB, if you have one or more of the following symptoms you must go to see a Doctor.

- Persistent cough (which lasts for more than 3 weeks)
- Cough with blood in sputum
- Fever for more than 2 weeks
- Pain in chest
- Weight loss
- Night sweats
- Loss of appetite