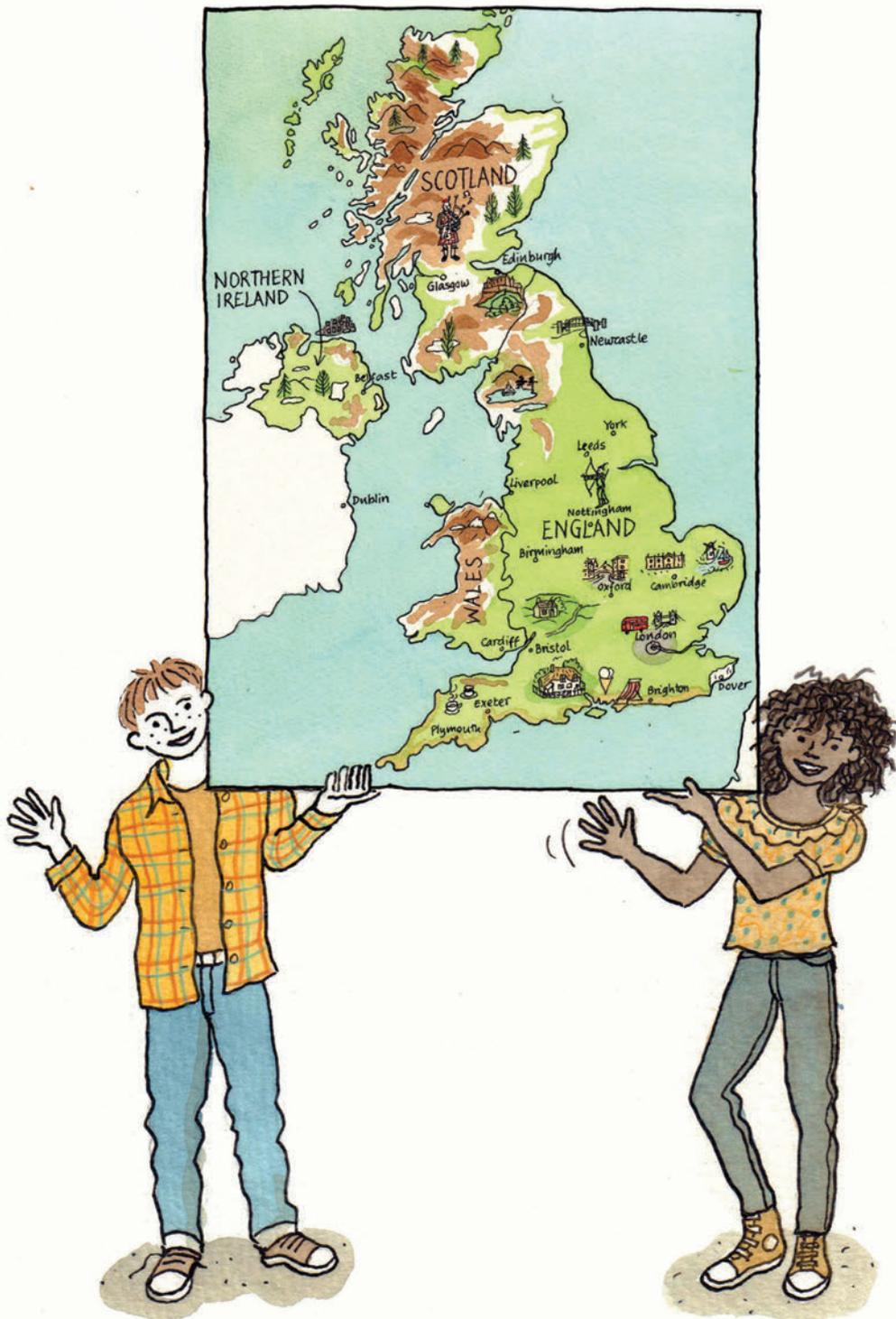


Welcome to the United Kingdom

10-13 year olds' Journal



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Introduction to the UK

Draw arrows to the countries of the UK below:
Northern Ireland, Scotland, England, Wales.



Weather and Seasons

Label these four pictures with the seasons you think they are: **Spring, Summer, Autumn, Winter**





Draw what you would like to do in the **Summer** and **Winter** in the UK.

Winter



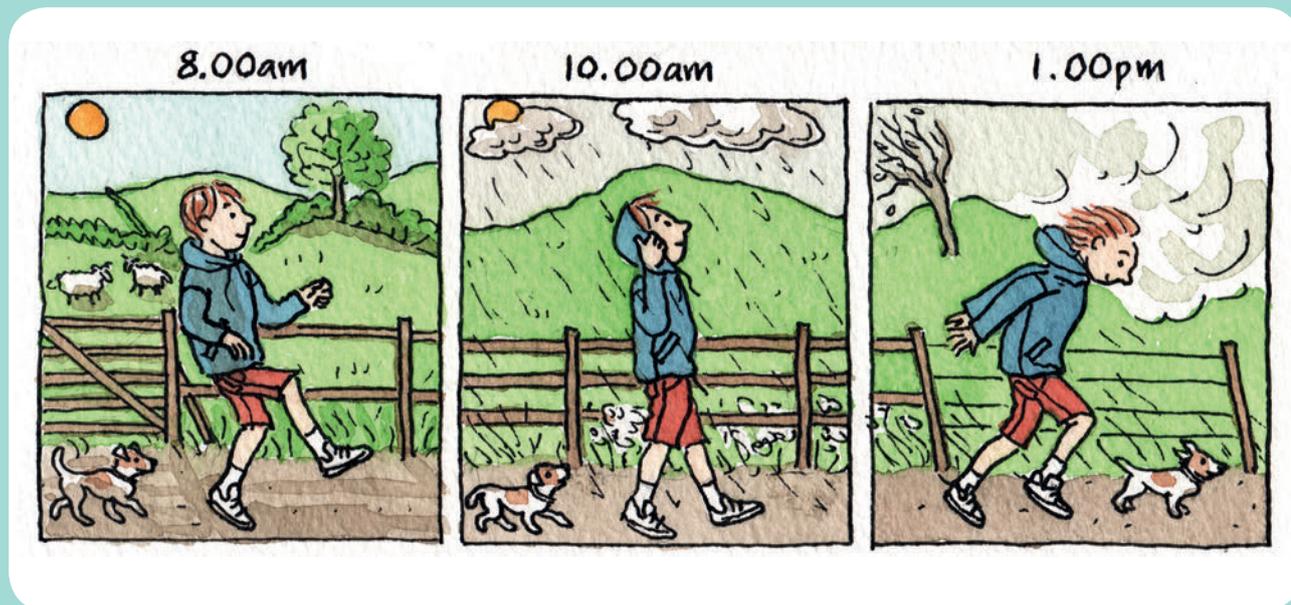
Summer



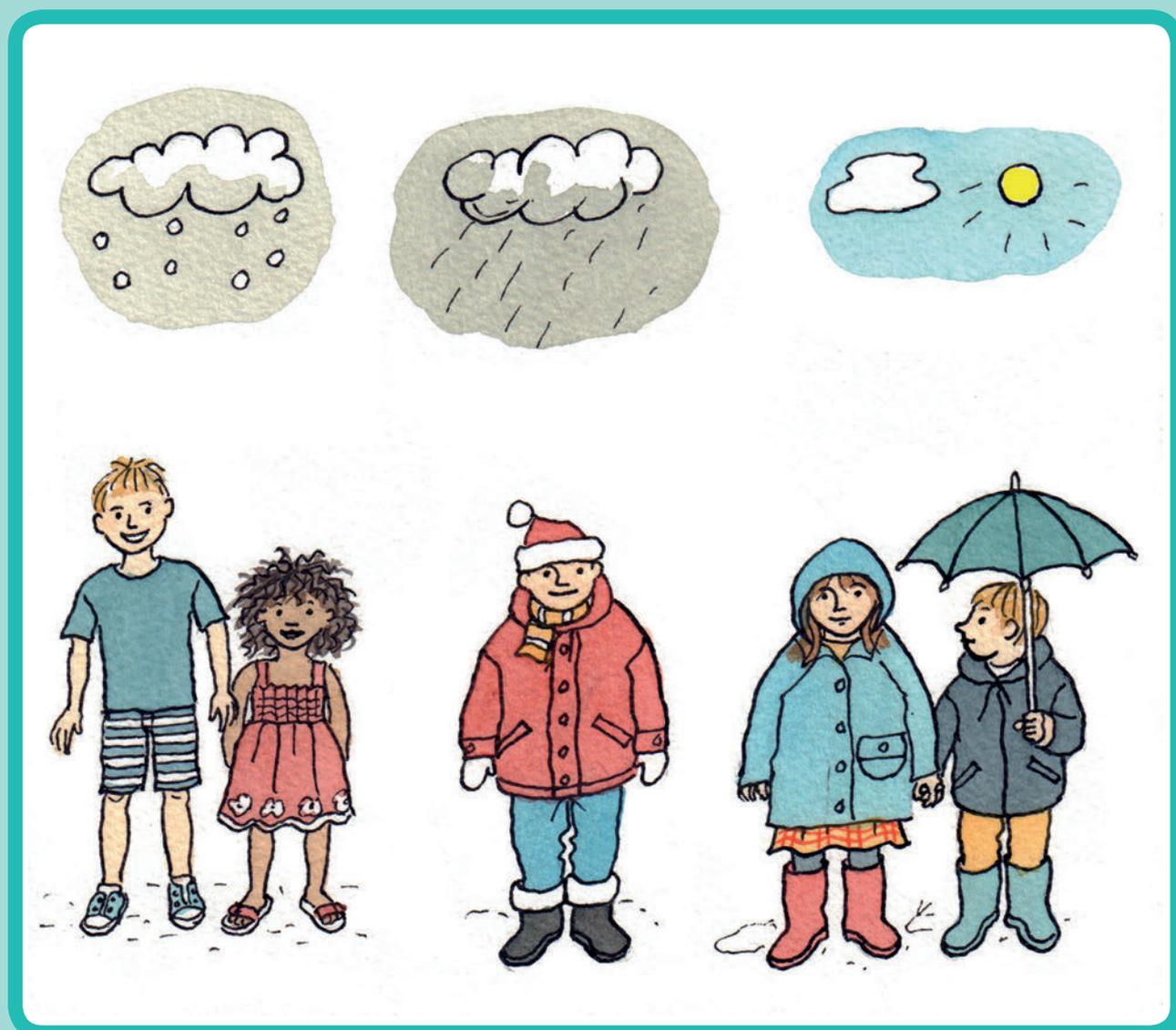
Fun Fact: British people are so used to the rain that most people will own an umbrella and wellington boots (also known as a brolly and wellies).



The weather can change in the space of one hour.



Draw lines to match the weather with the correct clothing.



Draw a picture to show the weather in your country, and the clothes you wear in this weather.



Identify the two seasons shown below and fill in the times of day in the spaces. Why do the hours of daylight differ?



Where am I?

Can you find UK on the map below?





This map is for illustration purposes only.

Food

Put a tick ✓ next to the popular British foods that you have tried.

Put a cross ✗ next to the ones you don't like!

The British have special names for their favourite foods. Draw lines from the titles to the foods.

Steak and kidney pie



Bangers and mash

Chicken tikka masala



Fish & chips and mushy peas

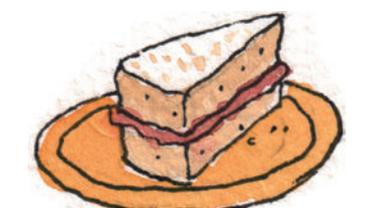
Sunday roast



Full English, also known as fry-up and Irish Fry



Shepherds pie (if made with lamb) or cottage pie (if made with beef)



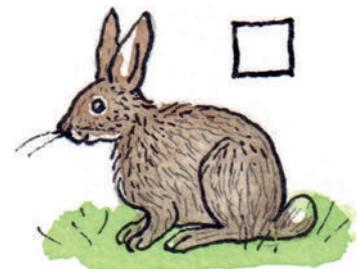
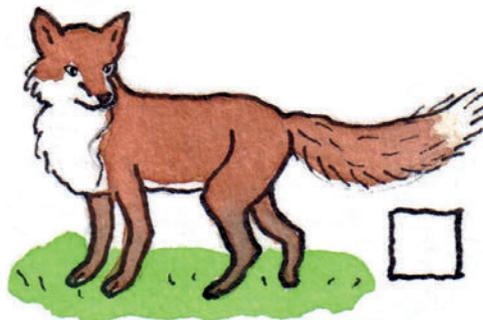
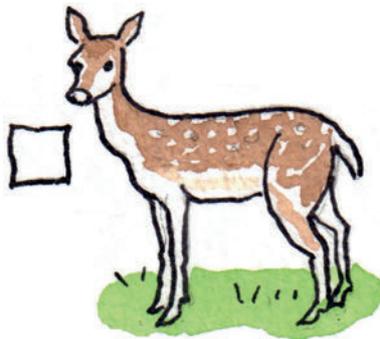
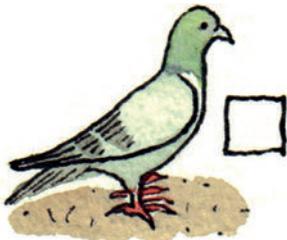
Victoria sandwich

Cream tea, also known as scones with cream and jam

Animals

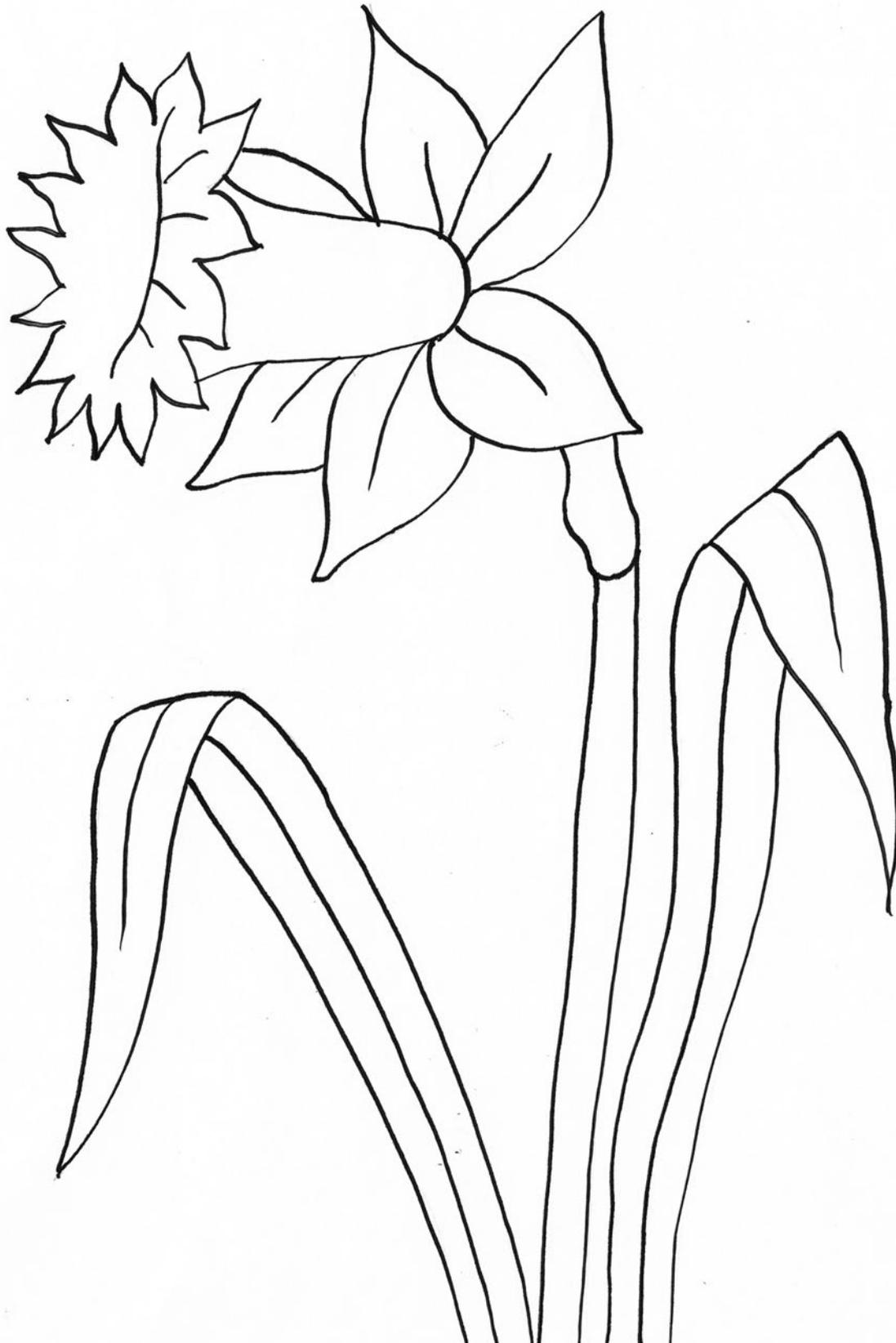
The UK is also home to a lot of wildlife.

Put a tick ✓ next to the wildlife that you've seen:
squirrel, red deer, rabbit, butterfly, fox, badger, mouse,
bumble bee and pigeon.

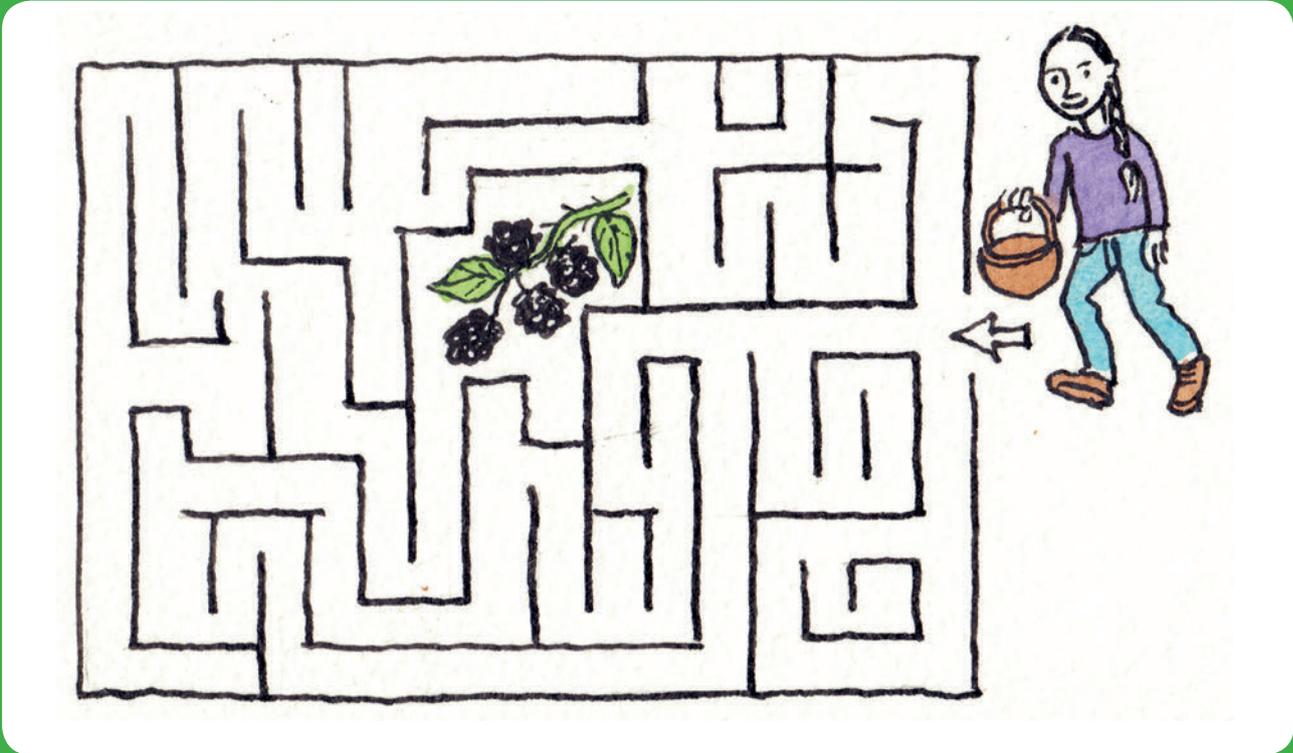


Plants

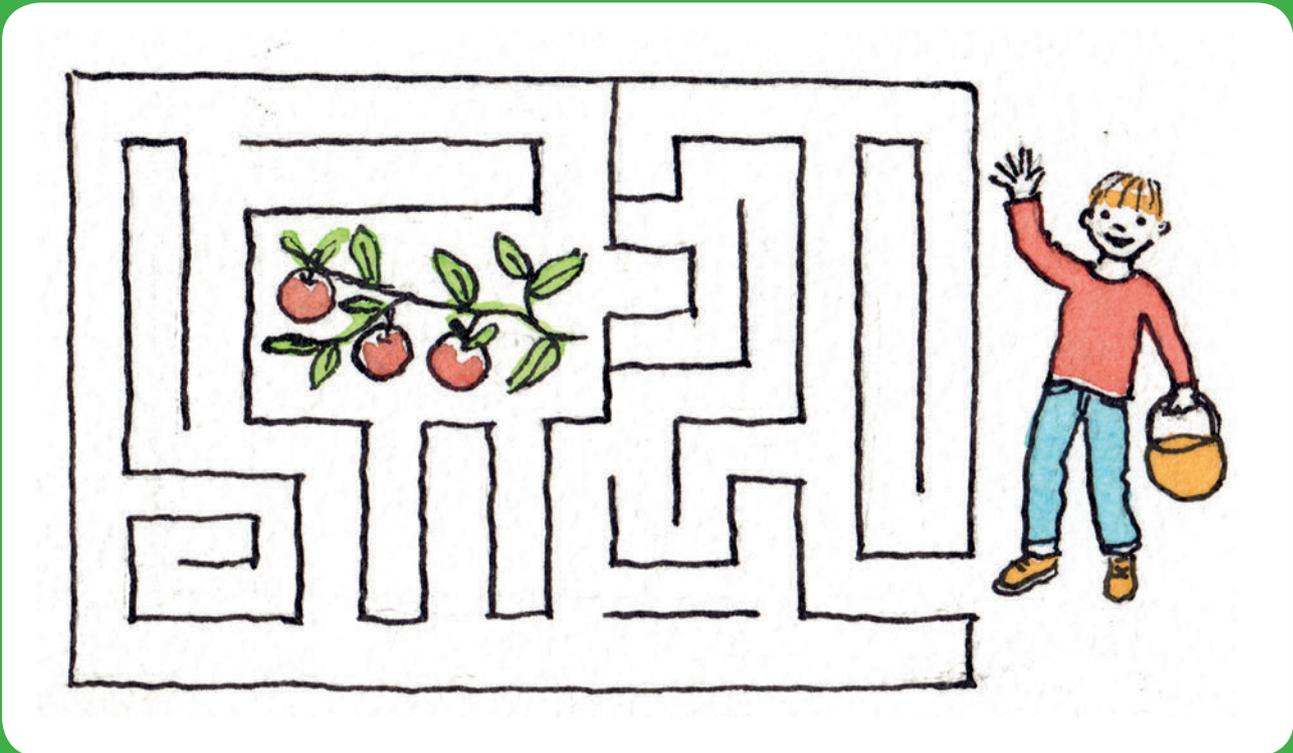
Colour in this spring daffodil as shown.



Blackberries and apples are found all over the UK in the early Autumn. Help Roshan through the maze to find the wild blackberries.



And help Sam find the apples in the middle of the orchard.



Money

Name the different types of English currency (pounds and pence).



A bunch of bananas, a postcard and stamp costs £3.50.
Which coins could you use to buy these items?



Blank white area for writing the answer.

What is the name of the woman on the face of these coins and on the £10 note?
Can you find out why she is important?

Where in the United Kingdom would you use these notes?



Living in the UK: Similarities and differences



Living in the UK: Before and after

Draw your impressions of the UK before living here.

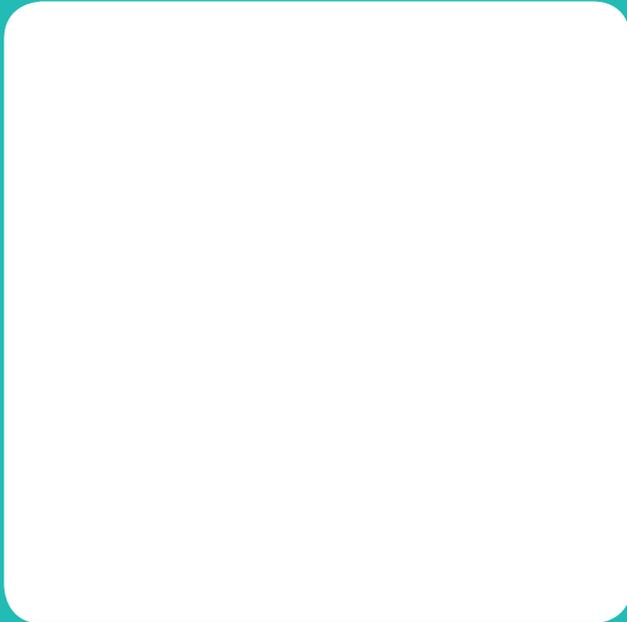


Draw your impressions of the UK after living here for a few weeks.

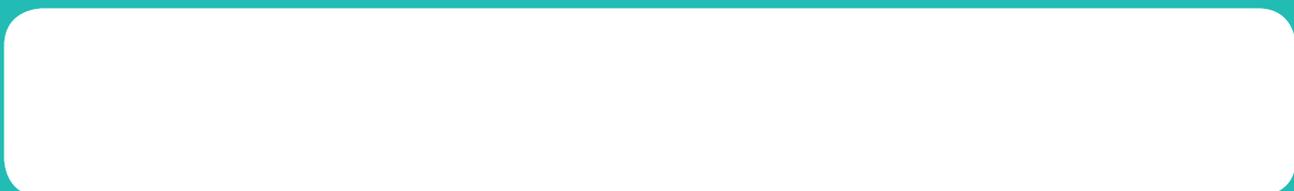
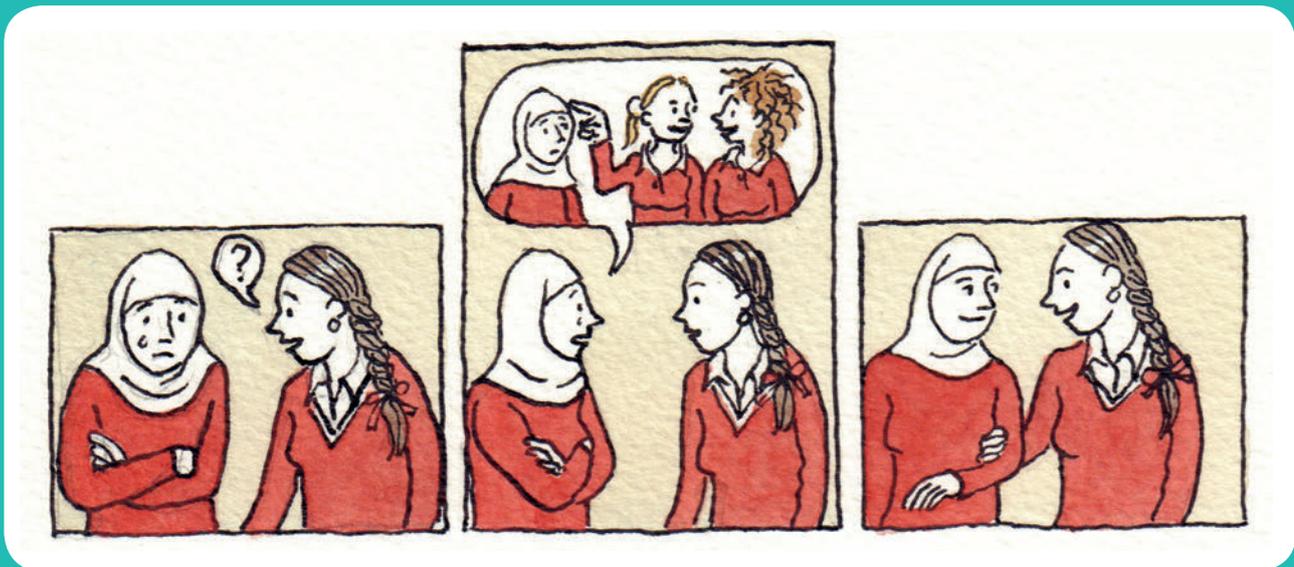


Diversity, Equality and Tolerance

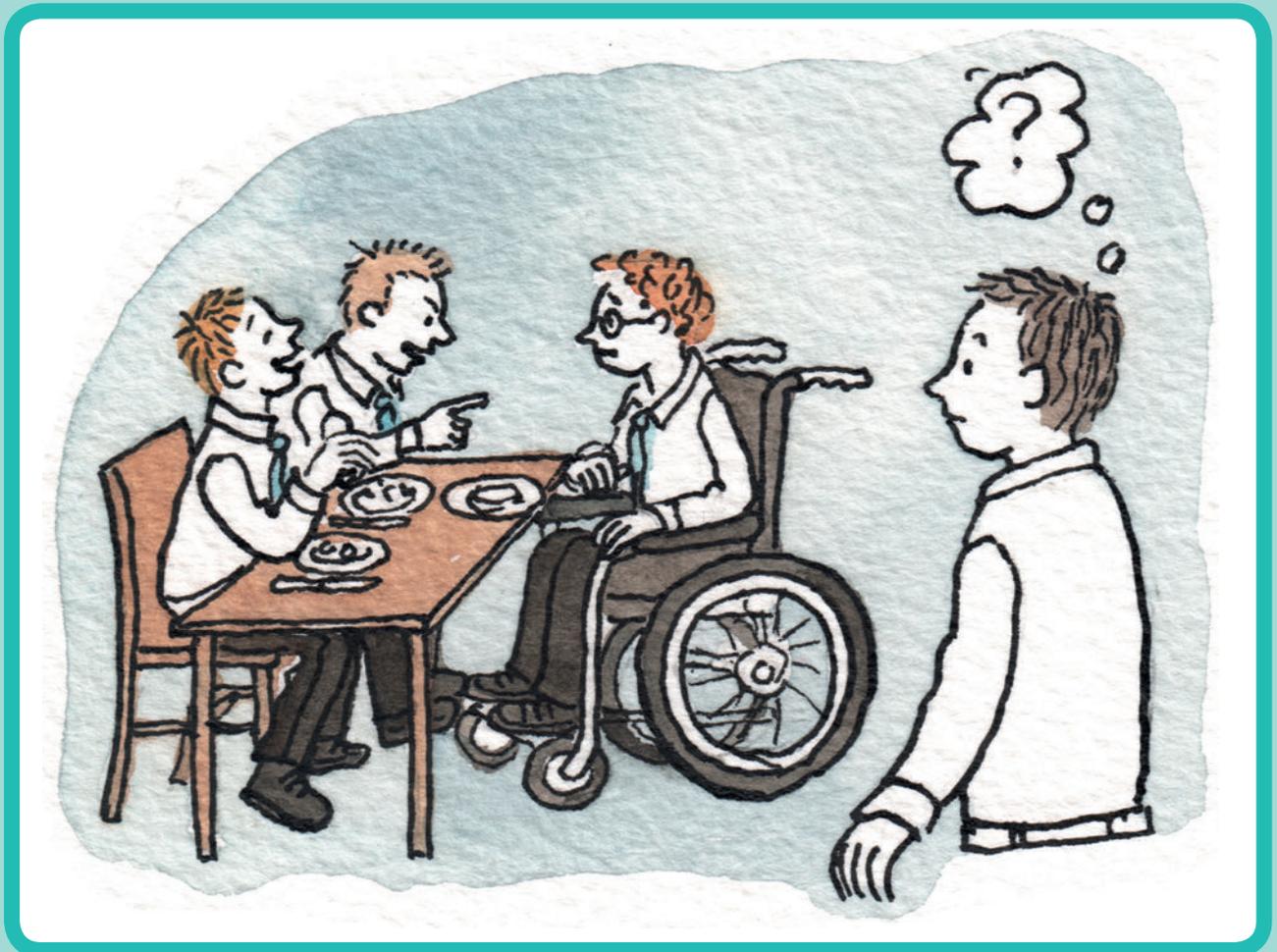
Rehana and Nick are swapping food from their countries. Draw a typical UK food and one from your country in the box below.



At school, one of your classmates is upset. She says that some other young people have been saying bad things about her because she wears a hijab. How should you respond? Why?



During your lunch break, your friends are making fun of a classmate with a disability by calling him rude names. What should you do? Choose how you would respond by highlighting or underlining your answer (you can pick more than one).



Ignore it and walk away

Get aggressive and start a fight with your friends

Stand up for your classmate by assertively asking your friends to stop

Stay with and support your class mate

Tell an adult

Who Lives in the UK

The UK is home to people from a wide range of cultures. Match the photos and country names to their location on the map.



South Sudan



Syria



Afghanistan



This map is for illustration purposes only.



Eritrea



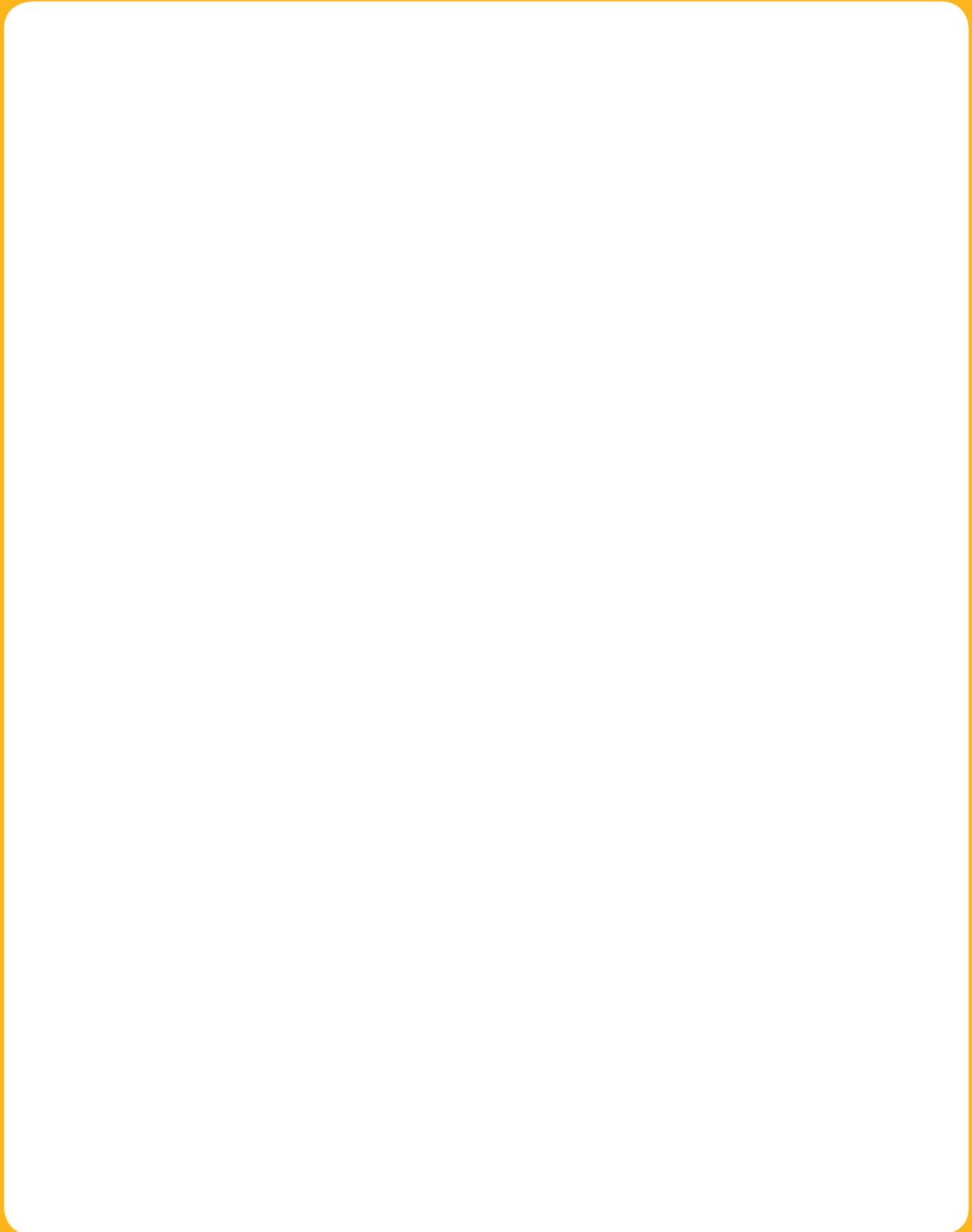
Iraq

The UK is a safe, multi-cultural and multi-faith place. Boys and girls are able to be friends and share work both inside and outside the home. How does this differ in your country?



Languages

The UK is a multicultural country with people from many different countries who speak a variety of languages. Write down 5 different languages you have seen on signs or have heard being spoken. Where did you hear/see these languages?



Make friends with someone your age who is living in the UK but comes from another country. Use the space below to write about him/her. You could describe his/her appearance, reasons for coming to the UK, likes and dislikes etc. Draw pictures if you like.

A large white rounded rectangular area intended for students to write their descriptions and draw pictures of their friends.

What are Houses in the UK like?

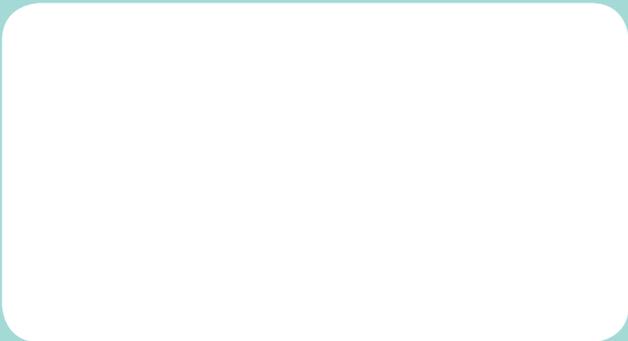
You are likely to live in flats or terraced houses like these in the UK.



You may also see many other types of housing across the UK.



Name the place where you are staying at in the UK and draw a picture of it here.



Then tick the boxes in the table below.



Type of housing	Where might you see this?	
	Countryside	Town
Flats		
Terraced		
Semi-detached		
Bungalow		
Cottage		
Castle		
Croft		
Country house		

Law and Safety:

Who am I?

Match the professions to the photos and what they do.

Ambulance Crew

We get people to hospital as quickly as possible.



Firefighter

I am responsible for putting out fires.



Police Officer

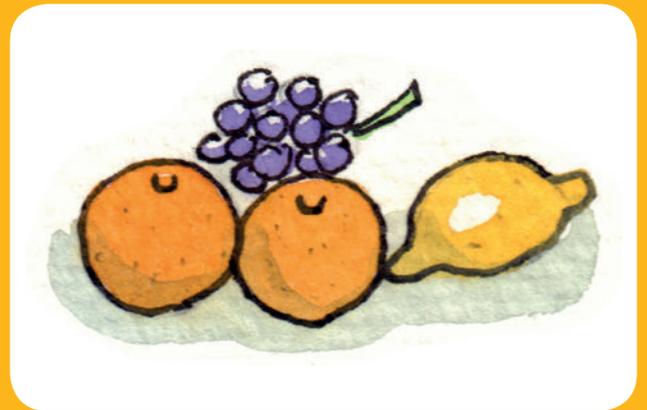
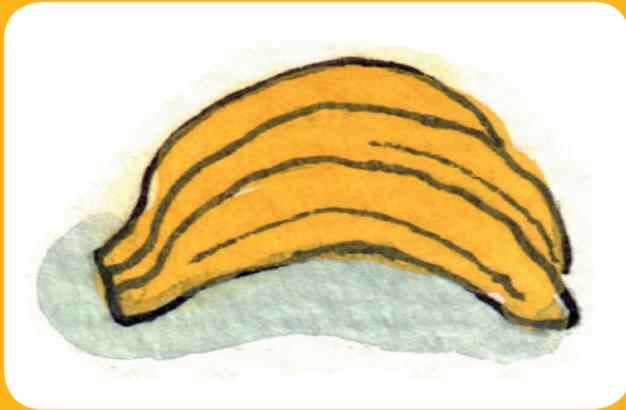
I am responsible for the prevention and detection of crime and the maintenance of public order.



Healthy Living

'5 A Day!' Eating at least 5 fruits or vegetables every day is meant to be very healthy.

Draw some more foods you need to stay healthy.



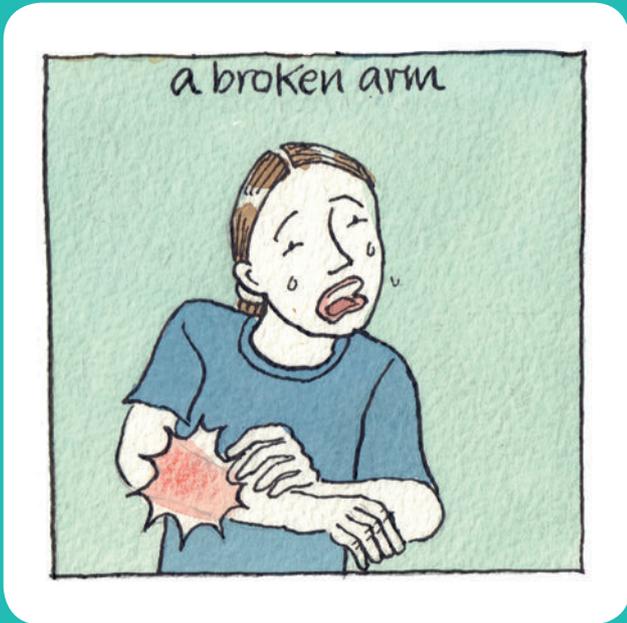
My Favourite Food

Draw a picture of your favourite local dish or one you have discovered in the UK.



Healthcare in the UK

Draw lines to match the following ailments to the correct healthcare professional. Who should you see for each of these?



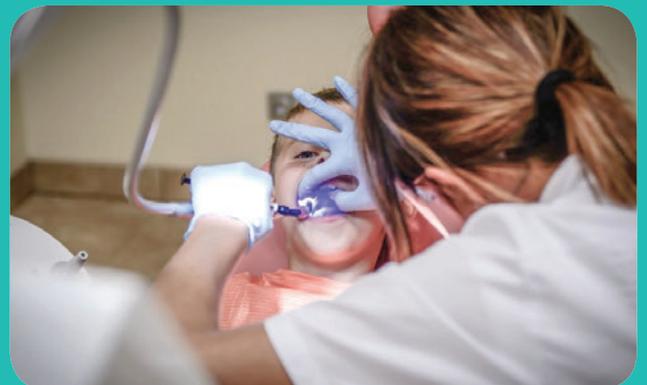
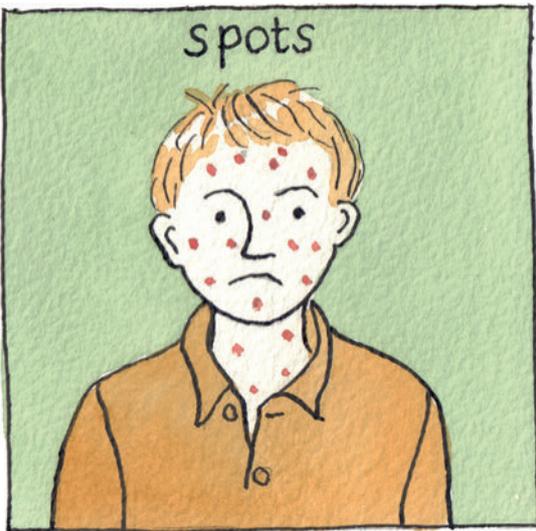
GP (Doctor)



Accident & Emergency



Chemist/Pharmacy

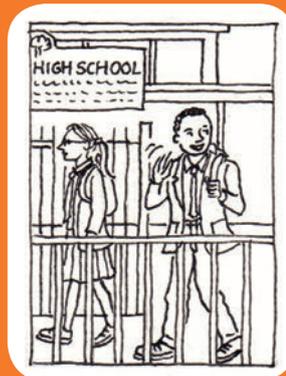
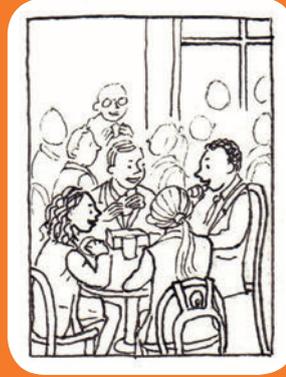
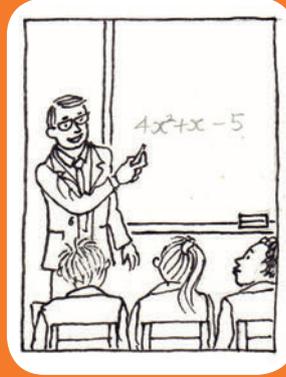


Dentist

Education:

Daily life in school

Fill in the blank boxes with your own illustrations and write the times of day and/or what the children are doing underneath the other boxes. You can colour the pictures too, if you want to.



Draw your favourite activity in school.



Types of Secondary Schools

Although the UK encourages diversity, some parents wish to send their children to single sex or faith schools. This may be for religious reasons. Identify and label the pictures that show a mixed, single sex or faith school.



What can I do in my spare time in the UK?

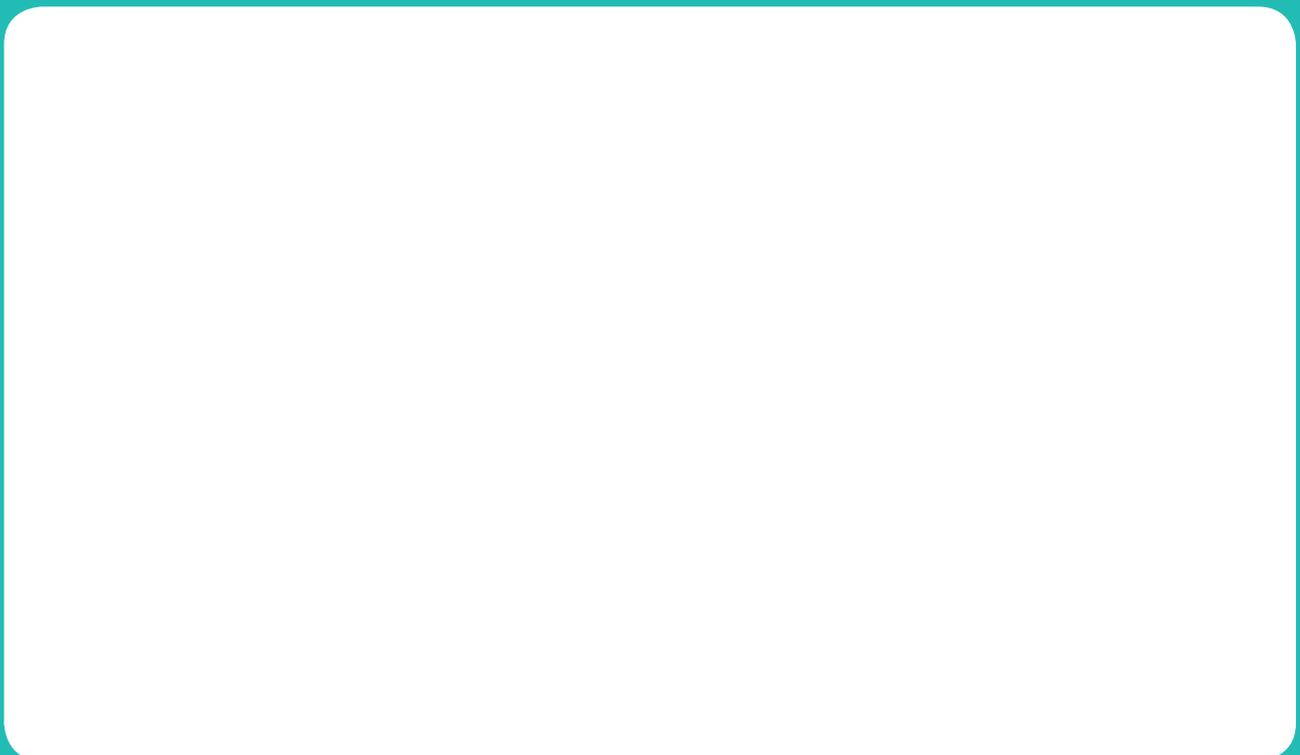
There are a lot of activities you can do in the UK, like football, swimming, music, art and drama. Find out about what you can do in your local area.



My Favourite Hobbies

Imagine you are sending a postcard to tell a friend or relative about what you have been doing.

Use these boxes to draw the picture on the front and write a message below.





Norms in the UK and in your country

Are these behaviours present in the UK, your country, both or neither? Fill in the table.



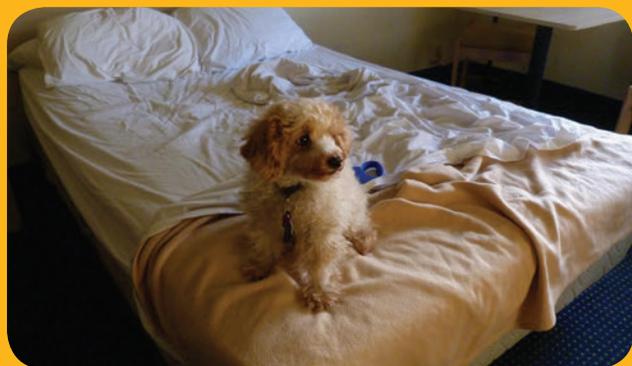
Shaking hands



Hugging



Eating with only the right hand



Allowing dogs on beds



Drinking tea



Queuing



Celebrating Christmas



Celebrating Eid

Acceptable versus Unacceptable Behaviour

Littering, pushing to the front of queues and being late for school are unacceptable in the UK. Apologising, saying 'please' and 'thank you' is acceptable. Look at these illustrations.

Draw thought or speech bubbles and write or draw what the characters may be thinking or saying.

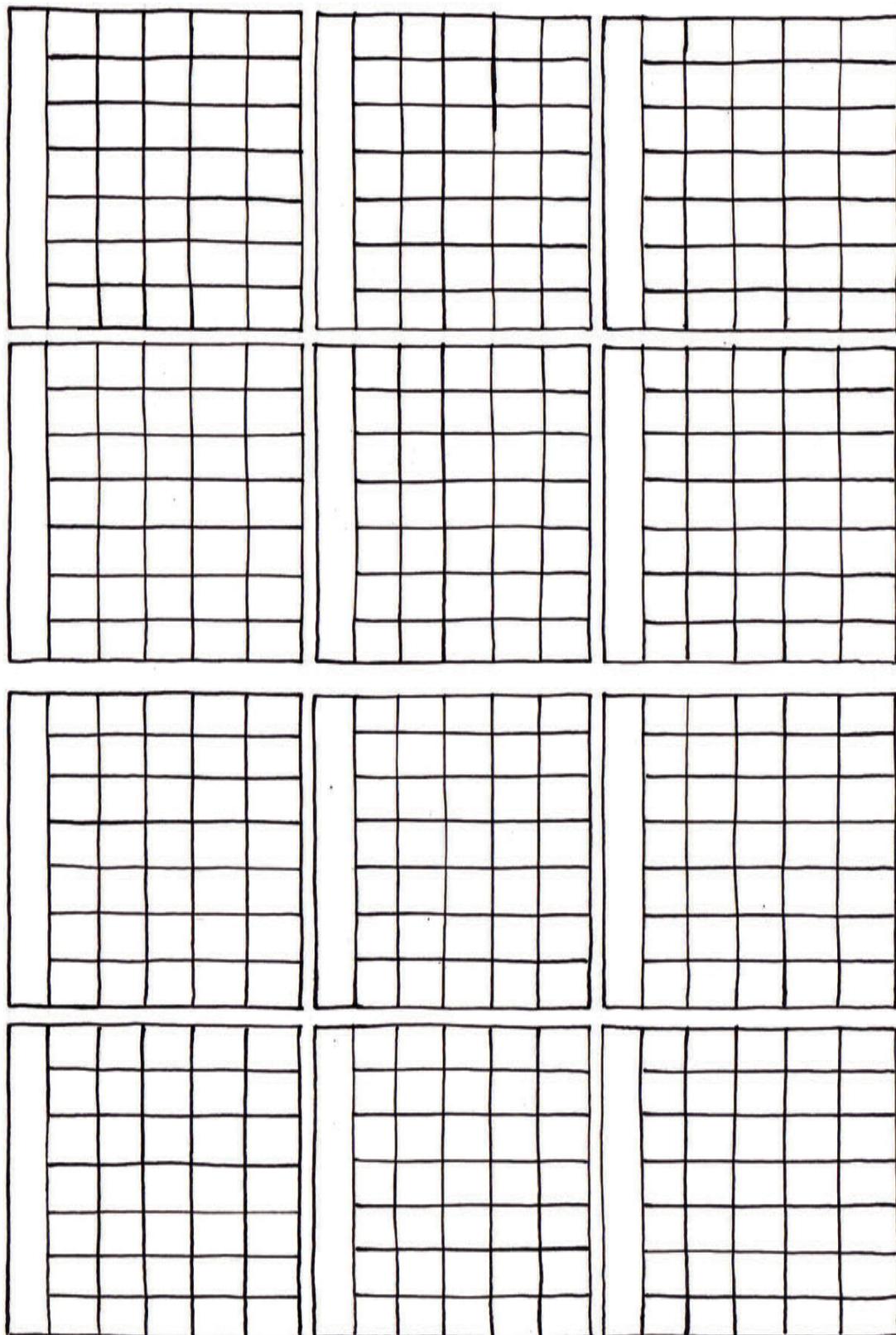


Calendars

Below is a Western calendar, showing the cool months in blues and greens and the hotter months in yellow, orange and red. Use it to mark your arrival and other important dates.

January	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	February	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	March	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	April	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	June	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	July	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	August	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
September	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	October	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	November	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	December	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

The calendar below has been left blank in case you want to fill it in in Arabic, another language or colour.



My Scrapbook of the UK

Time to get creative! On these pages you can draw pictures and patterns or glue anything that you would like to keep such as bus tickets, photographs or food wrappers.



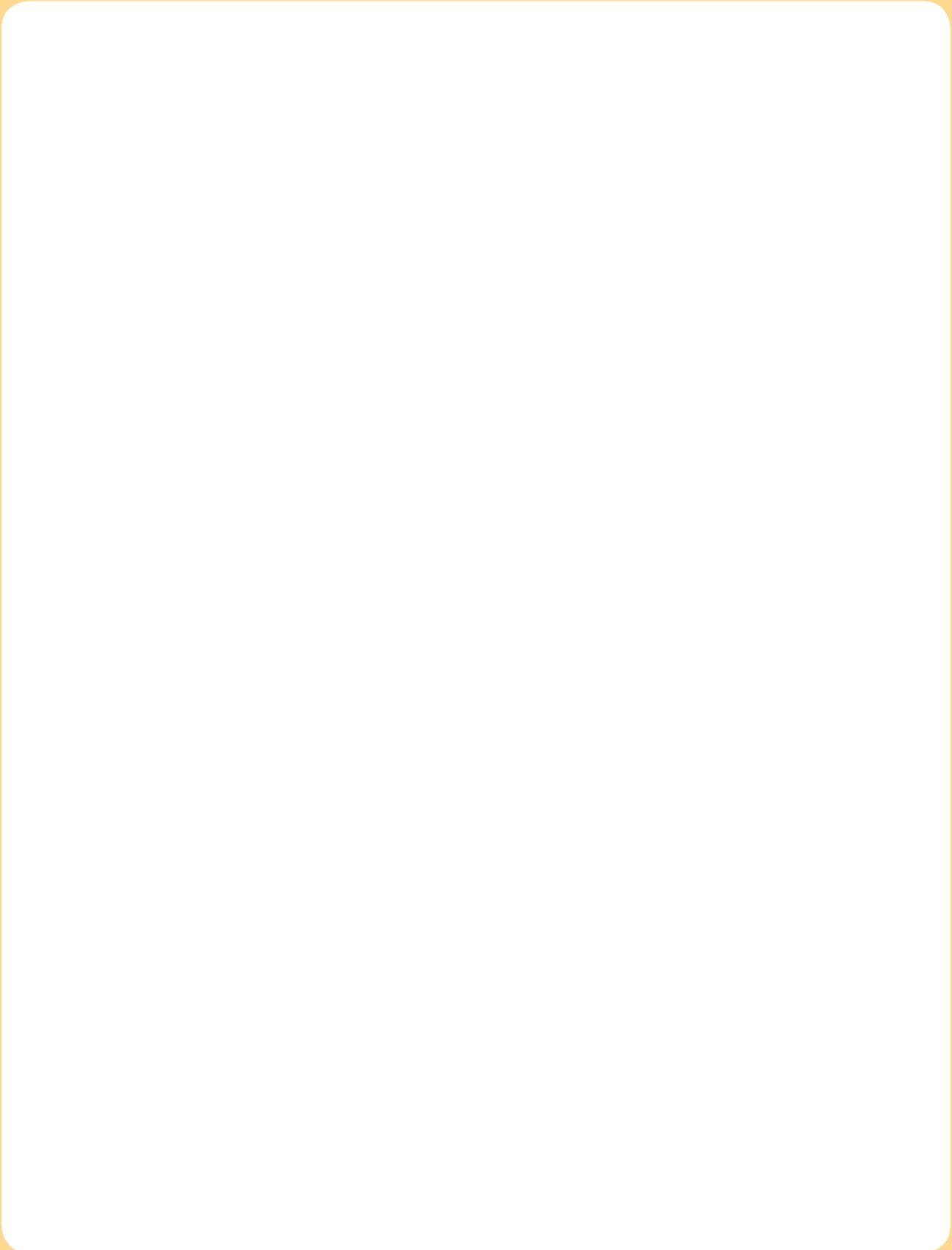
My Scrapbook of the UK





My Scrapbook of the UK







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