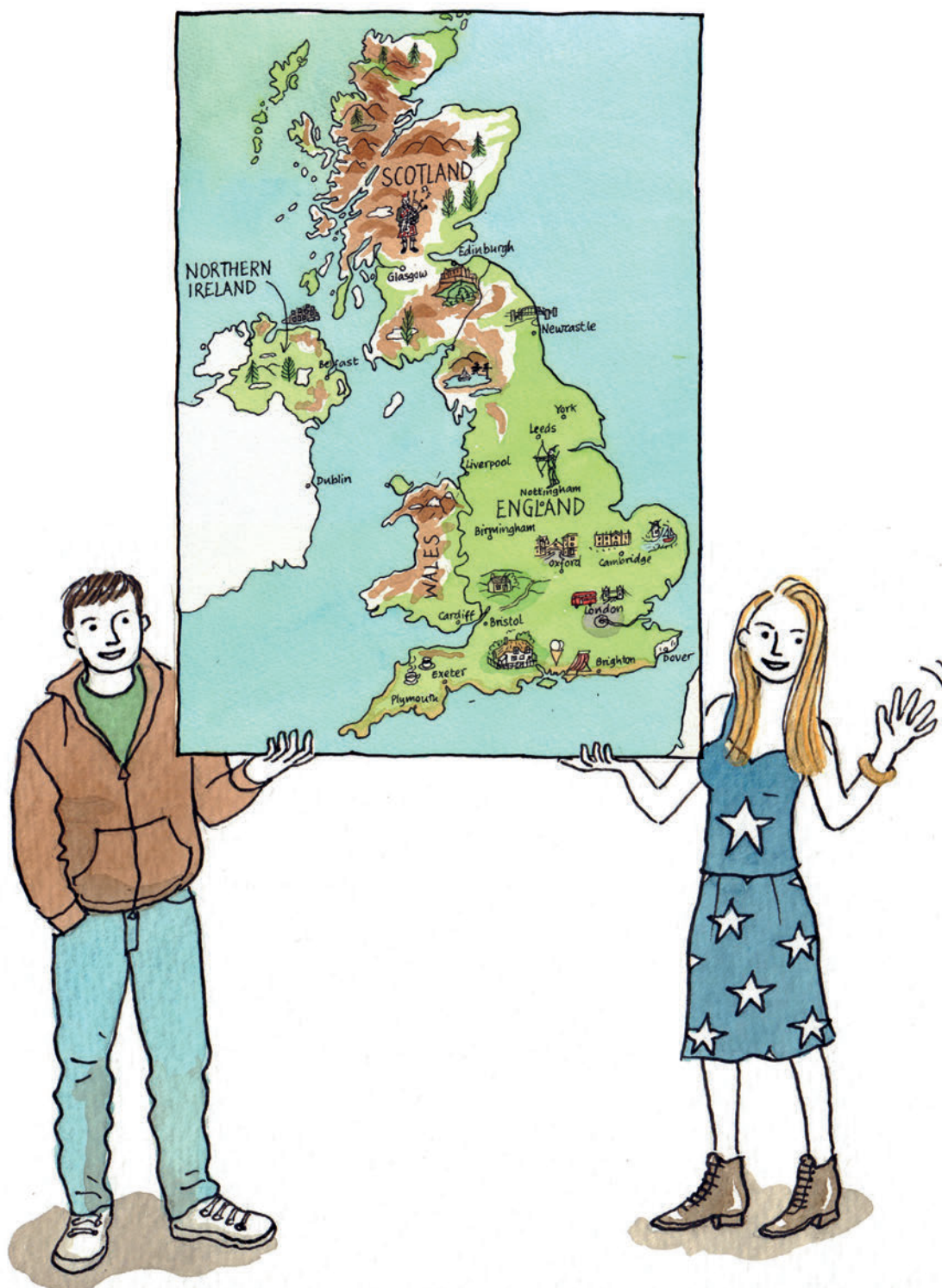


# Welcome to the United Kingdom

## 14-18 year olds' Journal



International Organization for Migration (IOM)  
The UN Migration Agency

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# Introduction to the UK

Draw arrows to the countries of the UK below:  
**Northern Ireland, Scotland, England, Wales.**





# Weather and Seasons

Label these four pictures with the seasons you think they are: **Spring, Summer, Autumn, Winter**







Draw what you would like to do in the **Summer** and **Winter** in the UK.

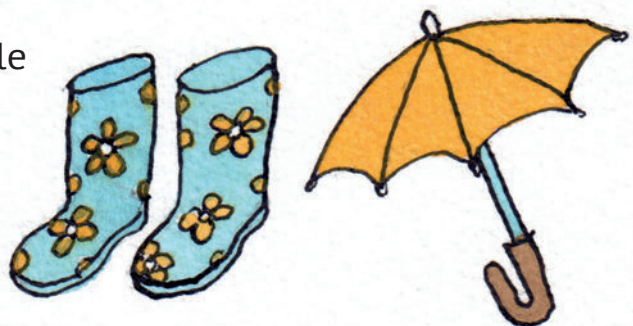
**Winter**



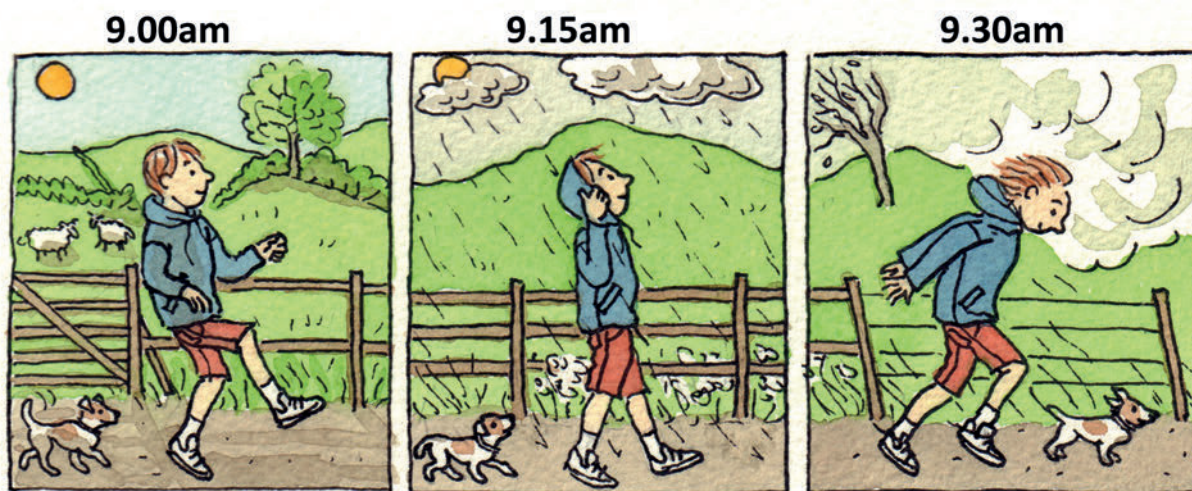
**Summer**



**Fun Fact:** British people are so used to the rain that most people will own an umbrella and wellington boots (also known as a brolly and wellies).



The weather can change in the space of one hour.

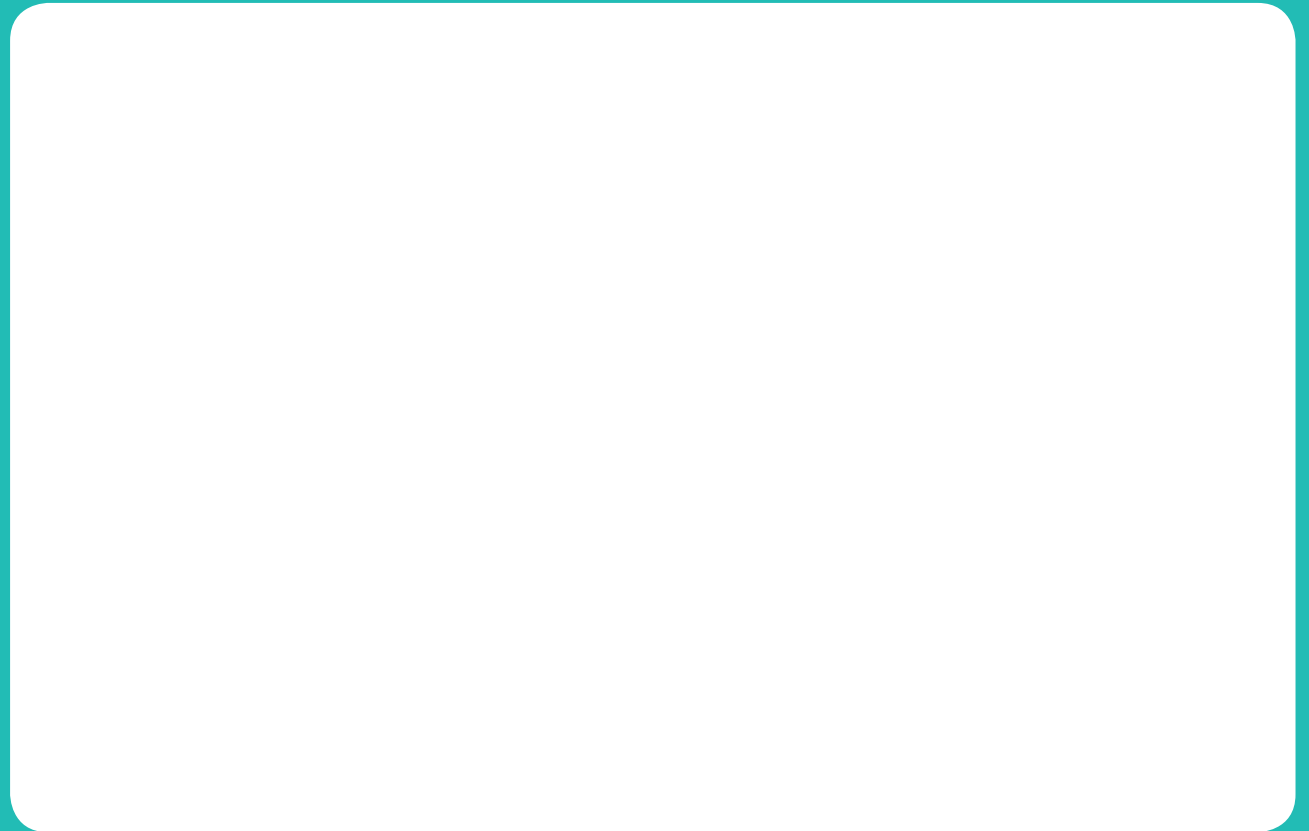


Draw lines to match the weather with the correct clothing.





Draw a picture to show the weather in your country, and the clothes you wear in this weather.



Identify the two seasons shown below and fill in the times of day in the spaces. Why do the hours of daylight differ?



# Where am I?

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Can you find UK on the map below?







This map is for illustration purposes only.

# Food

Put a tick ✓ next to the popular British foods that you have tried.

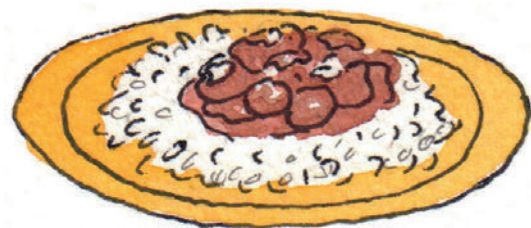
Put a cross ✗ next to the ones you don't like!

The British have special names for their favourite foods.  
Draw lines from the titles to the foods.



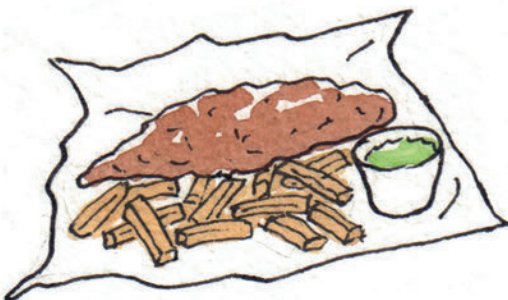
Fish & chips  
and mushy peas

Sunday roast



Bangers  
and mash

Chicken  
tikka masala







Steak and kidney pie

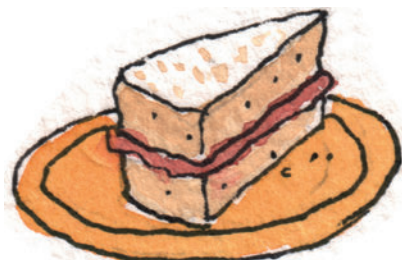
Shepherds pie  
(if made with lamb)  
or cottage pie  
(if made with beef)

Full English,  
also known as  
fry-up and Irish Fry



Victoria sandwich

Cream tea,  
also known as scones  
with cream and jam



# Money

Name the different types of English currency (pounds and pence).



A bunch of bananas, a postcard and stamp costs £3.50.  
Which coins could you use to buy these items?





What is the name of the woman on the face of these coins and on the £10 note?  
Can you find out why she is important?

Where in the United Kingdom would you use these notes?



# Living in the UK:

## Similarities and differences

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Look at the numbered photos. Which were taken in the UK and which were not? Tick the boxes below to show your answers.

Numbers	UK	Somewhere else



# Living in the UK: Before and after

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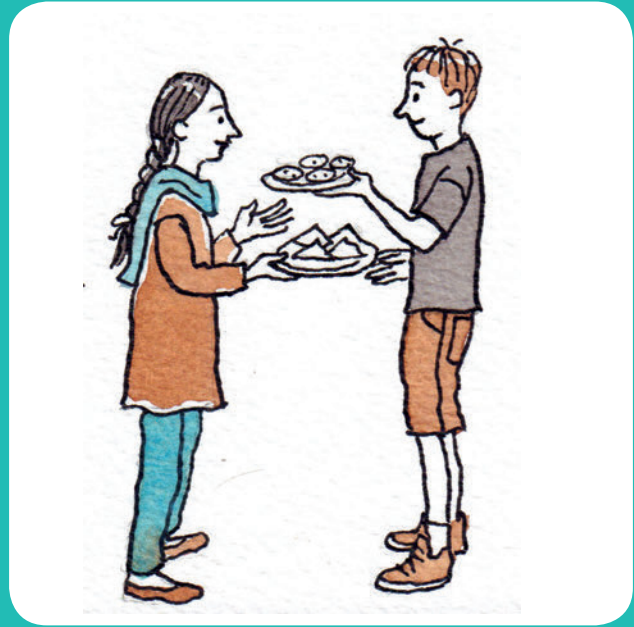
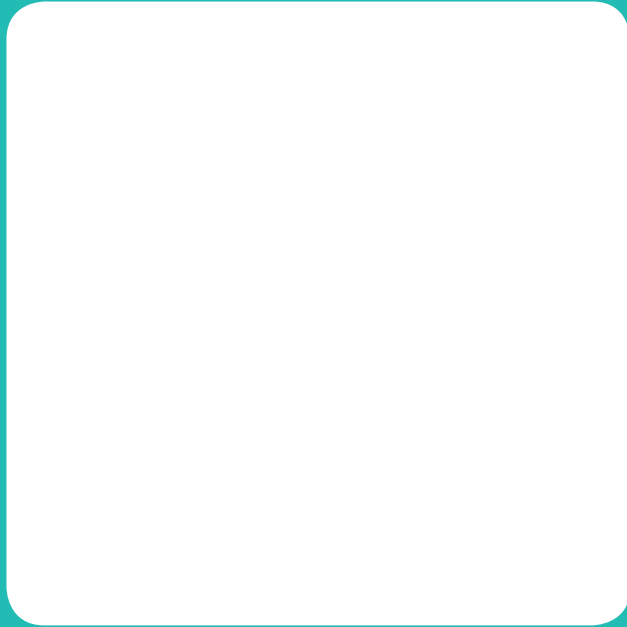
Draw your impressions of the UK before living here.

Draw your impressions of the UK after living here for a few weeks.

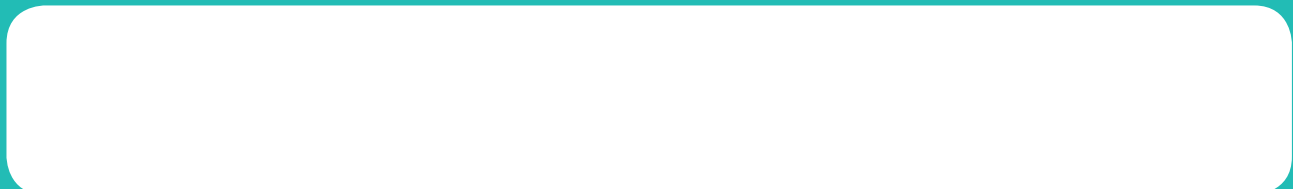


# Diversity, Equality and Tolerance

Rehana and Nick are swapping food from their countries. Draw a typical UK food and one from your country in the box below.



At school, one of your classmates is upset. She says that some other young people have been saying bad things about her because she wears a hijab. How should you respond? Why?





During your lunch break, your friends are making fun of a classmate with a disability by calling him rude names. What should you do? Choose how you would respond by highlighting or underlining your answer (you can pick more than one).



Ignore it and walk away

Get aggressive and start a fight with your friends

Stand up for your classmate by assertively asking your friends to stop

Stay with and support your class mate

Tell an adult

# Who Lives in the UK

---

The UK is home to people from a wide range of cultures. Match the photos and country names to their location on the map.



South Sudan



Syria



Afghanistan



This map is for illustration purposes only.



Eritrea



Iraq



The UK is a safe, multi-cultural and multi-faith place. Boys and girls are able to be friends and share work both inside and outside the home. How does this differ in your country?





# Languages

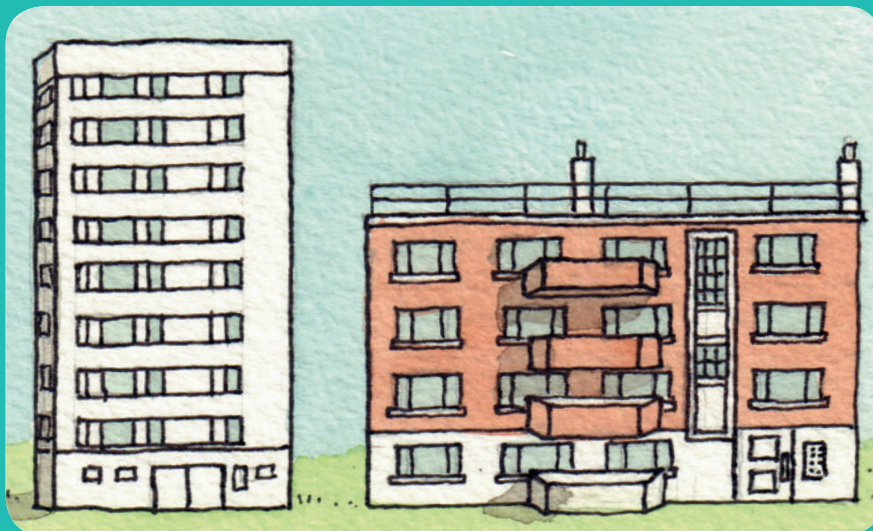
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The UK is a multicultural country with people from many different countries who speak a variety of languages. Write down 5 different languages you have seen on signs or have heard being spoken. Where did you hear/see these languages?

Make friends with someone your age who is living in the UK but comes from another country. Use the space below to write about him/her. You could describe his/her appearance, reasons for coming to the UK, likes and dislikes etc. Draw pictures if you like.

# What are Houses in the UK like?

You are likely to live in flats or terraced houses like these in the UK.



You may also see many other types of housing across the UK.





Name the place where you are staying at in the UK and draw a picture of it here.

Then tick the boxes in the table below.



Type of housing	Where might you see this?	
	Countryside	Town
Flats		
Terraced		
Semi-detached		
Bungalow		
Cottage		
Castle		
Croft		
Country house		

# Law and Safety:

## Who am I?

---

Match the professions to the photos and what they do.

### Barrister

I represent clients in a court of law and in legal matters.



### Firefighter

I am responsible for putting out fires.



### Police Officer

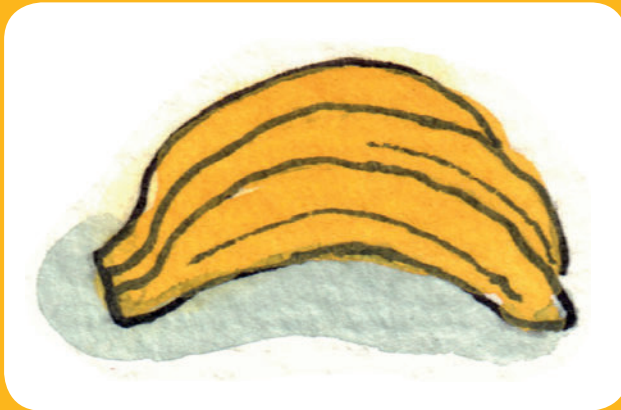
I am responsible for the prevention and detection of crime and the maintenance of public order.



# Healthy Living

'5 A Day!' Eating at least 5 fruits or vegetables every day is meant to be very healthy.

Draw some more foods you need to stay healthy.



## My Favourite Food

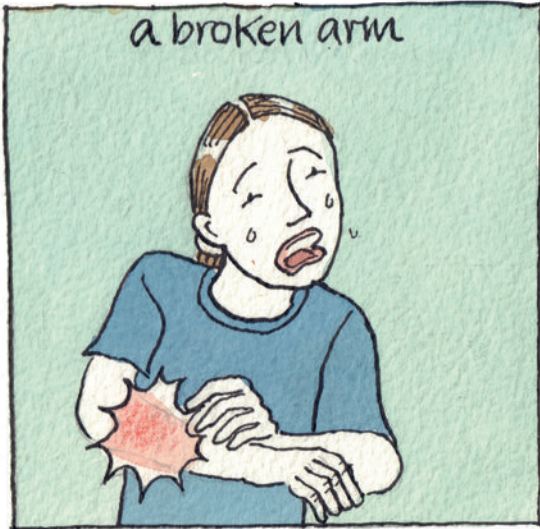
Draw a picture of your favourite local dish or one you have discovered in the UK.



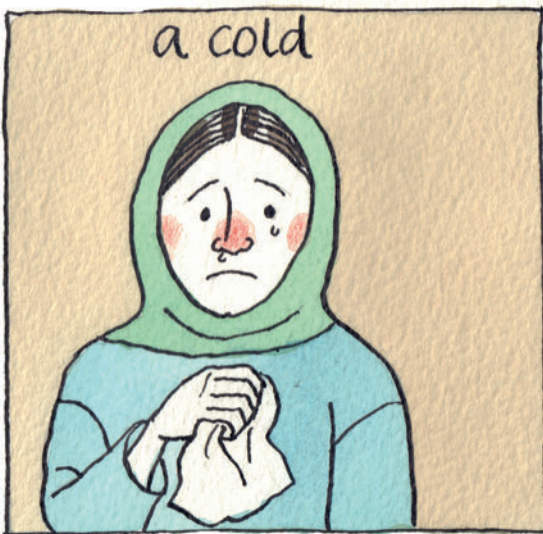


# Healthcare in the UK

Draw lines to match the following ailments to the correct healthcare professional. Who should you see for each of these?



GP (Doctor)

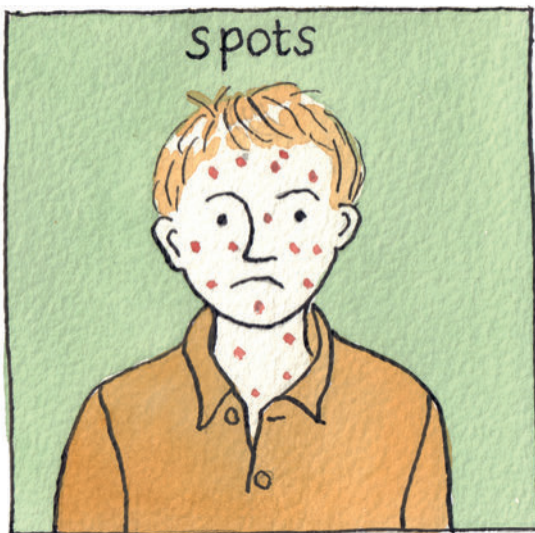
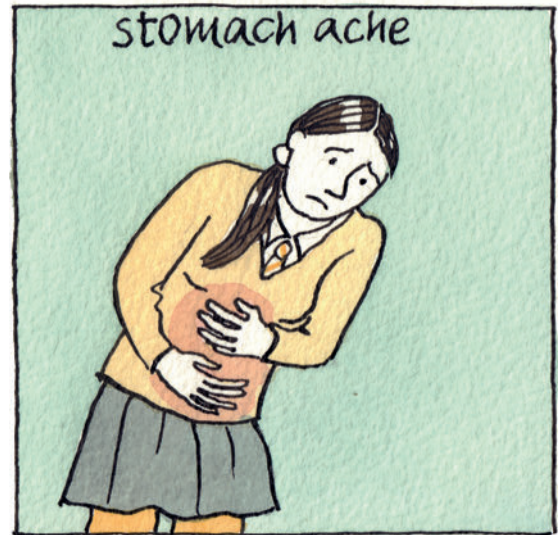


Accident & Emergency





Chemist/Pharmacy



Dentist

# Education:

## Daily life in school

Fill in the blank boxes with your own illustrations and write the times of day and/or what the children are doing underneath the other boxes.



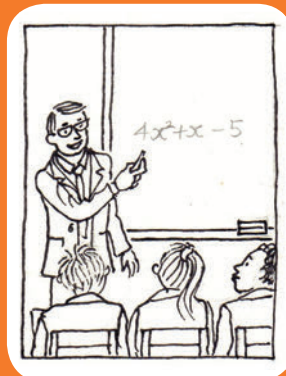






















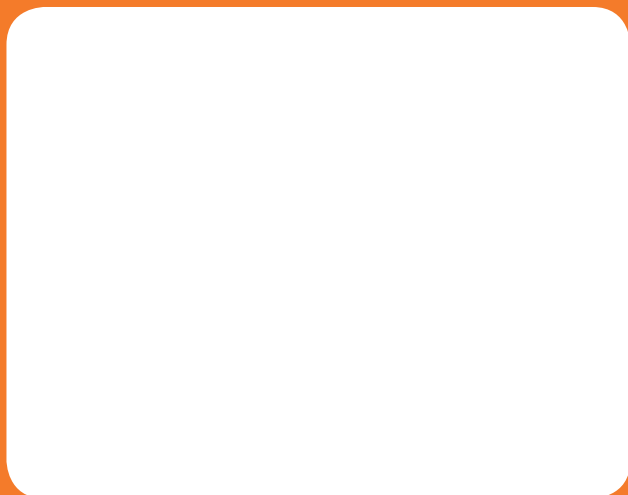


Draw your favourite activity in school.

A large white rectangular area with rounded corners, intended for drawing. It occupies the majority of the page below the instruction text.

# Types of Secondary Schools

Although the UK encourages diversity, some parents wish to send their children to single sex or faith schools. This may be for religious reasons. Identify and label the pictures that show a mixed, single sex or faith school.



## Education: GCSEs and A Levels

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Think about what GCSEs and A Levels you would like to study. Fill in the table below.

Subject	Description	Ranking



# Education: Universities

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Course	Subject	Ranking

# Education: Apprenticeships and Vocational Training

---

Imagine yourself in 10 years time. Where would you like to be? What will you be doing?



# What can I do in my spare time in the UK?

There are so many different hobbies you can pick up in the UK, from physical activities like football and swimming, to creative activities like music, art and drama. Find out about some activities you can do in your local area.

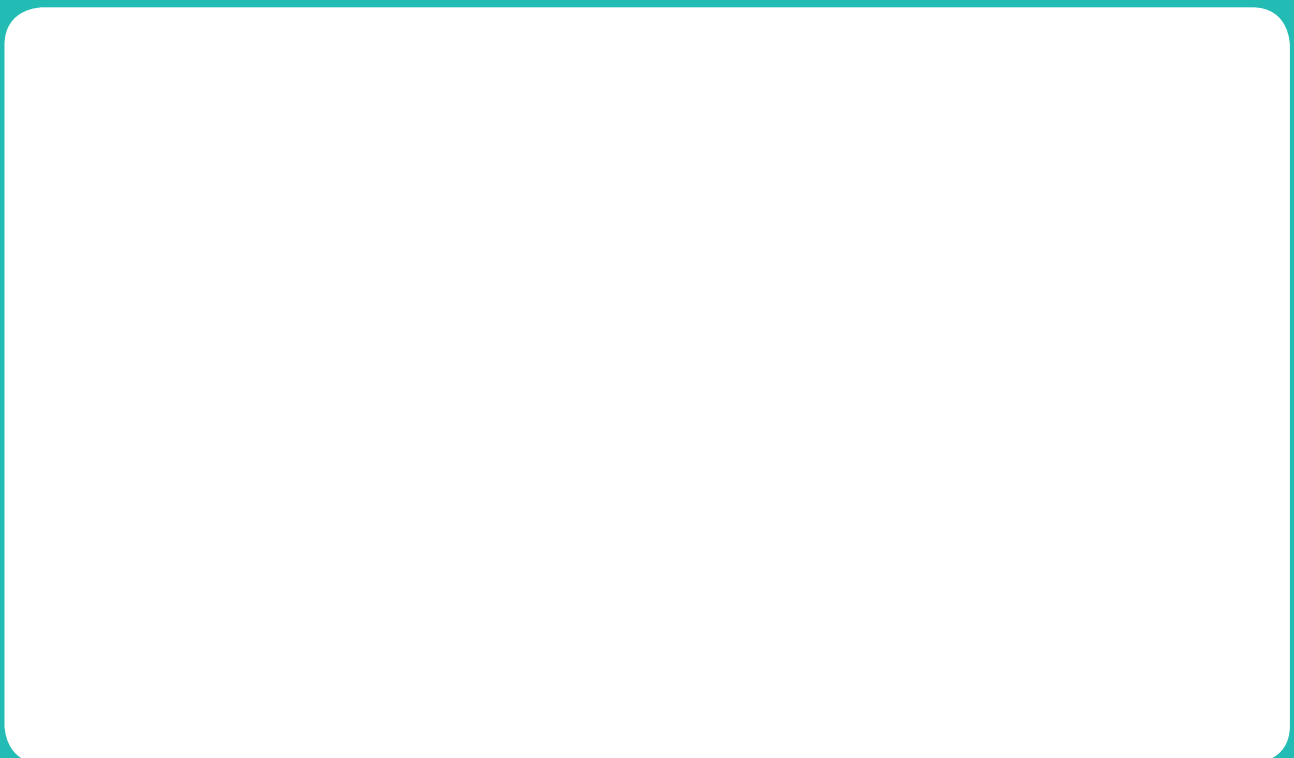


Volunteering is a popular pastime for many young people as it is a fun way to engage with one's local community. NCS is a programme for young people aged 15 - 17 and includes a trip away to an outdoor adventure centre! Use this website to find out more: <http://www.ncsy.es.co.uk/>

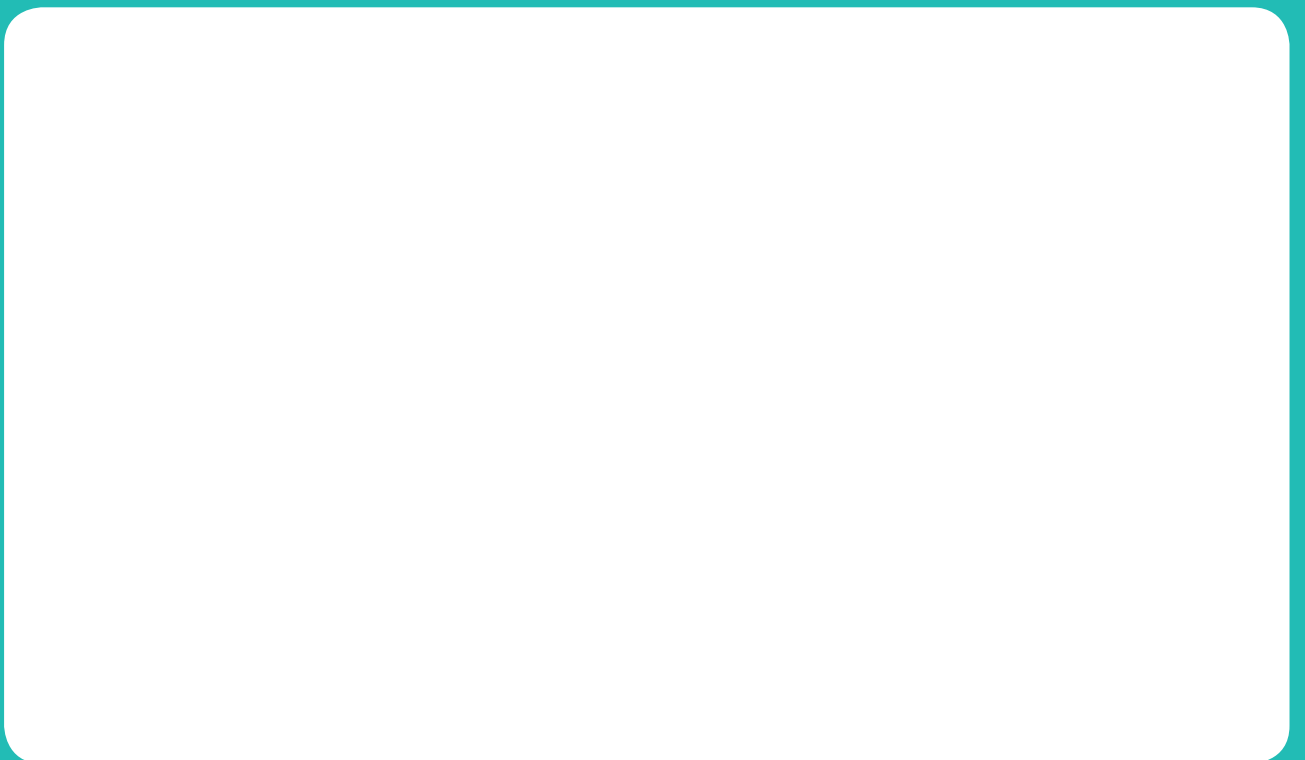
# My Favourite Hobbies

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Imagine you are sending a postcard to tell a friend or relative about what you have been doing. Use these boxes to draw the picture on the front and write a message below.







# Norms in the UK and in your country

Are these behaviours present in the UK, your country, both or neither? Fill in the table.



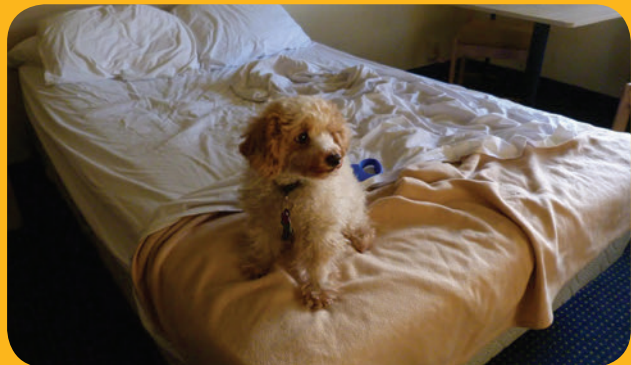
Shaking hands



Hugging



Eating with only the right hand



Allowing dogs on beds



Drinking tea



Queuing



Celebrating Christmas



Celebrating Eid

Norms	In the UK	In Your Country	In both



# Acceptable versus Unacceptable Behaviour

Littering, pushing to the front of queues and being late for school are unacceptable in the UK. Apologising, saying 'please' and 'thank you' is acceptable. Look at these illustrations.

Draw thought or speech bubbles and write or draw what the characters may be thinking or saying.





# Calendars

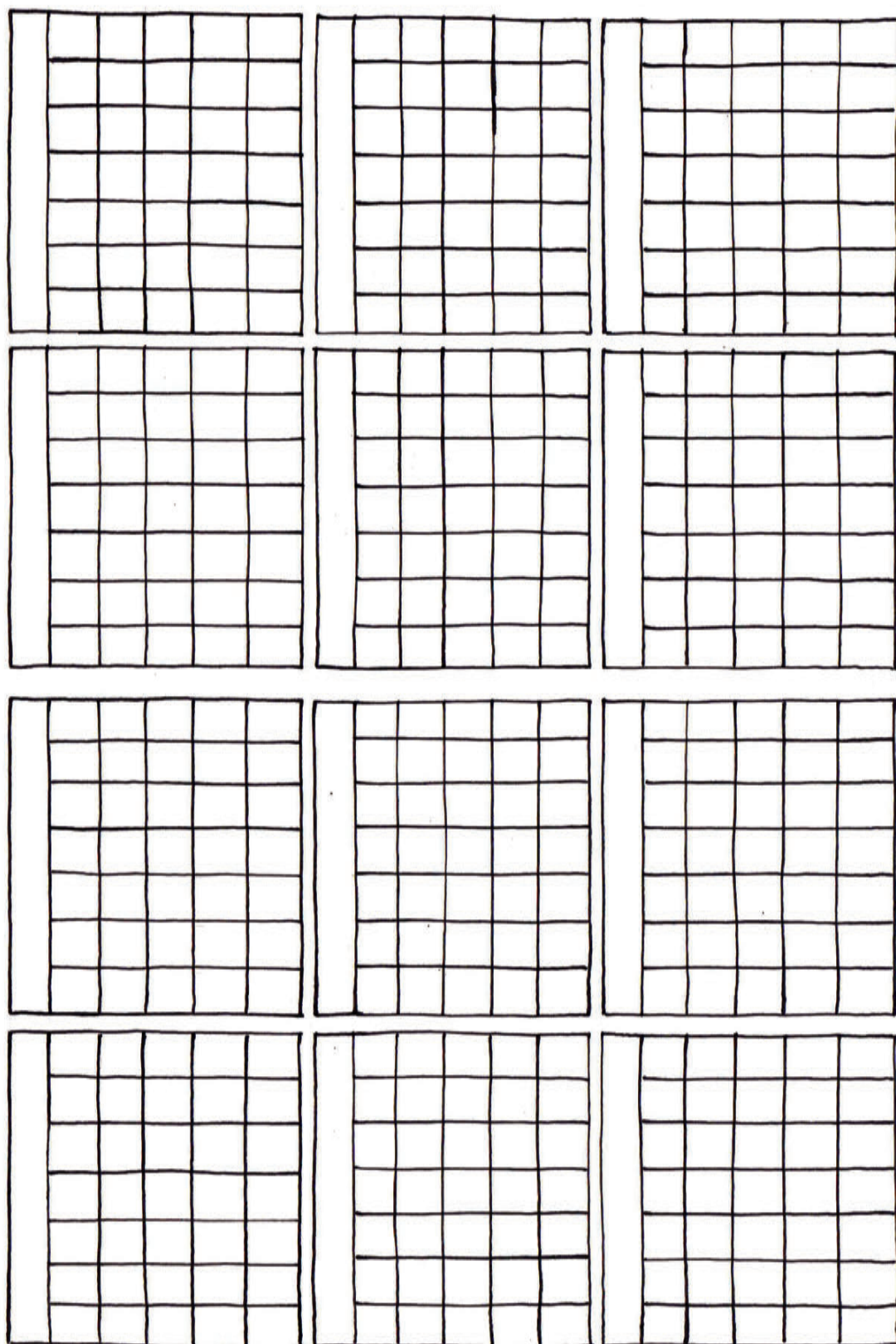
Below is a Western calendar, showing the cool months in blues and greens and the hotter months in yellow, orange and red. Use it to mark your arrival and other important dates.

January							February							March							April						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29							29	30	31					29	30					

May							June							July							August						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30						29	30	31					29	30					

September							October							November							December						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31					29	30						29	30	31				

The calendar below has been left blank in case you want to fill it in in Arabic, another language or colour.

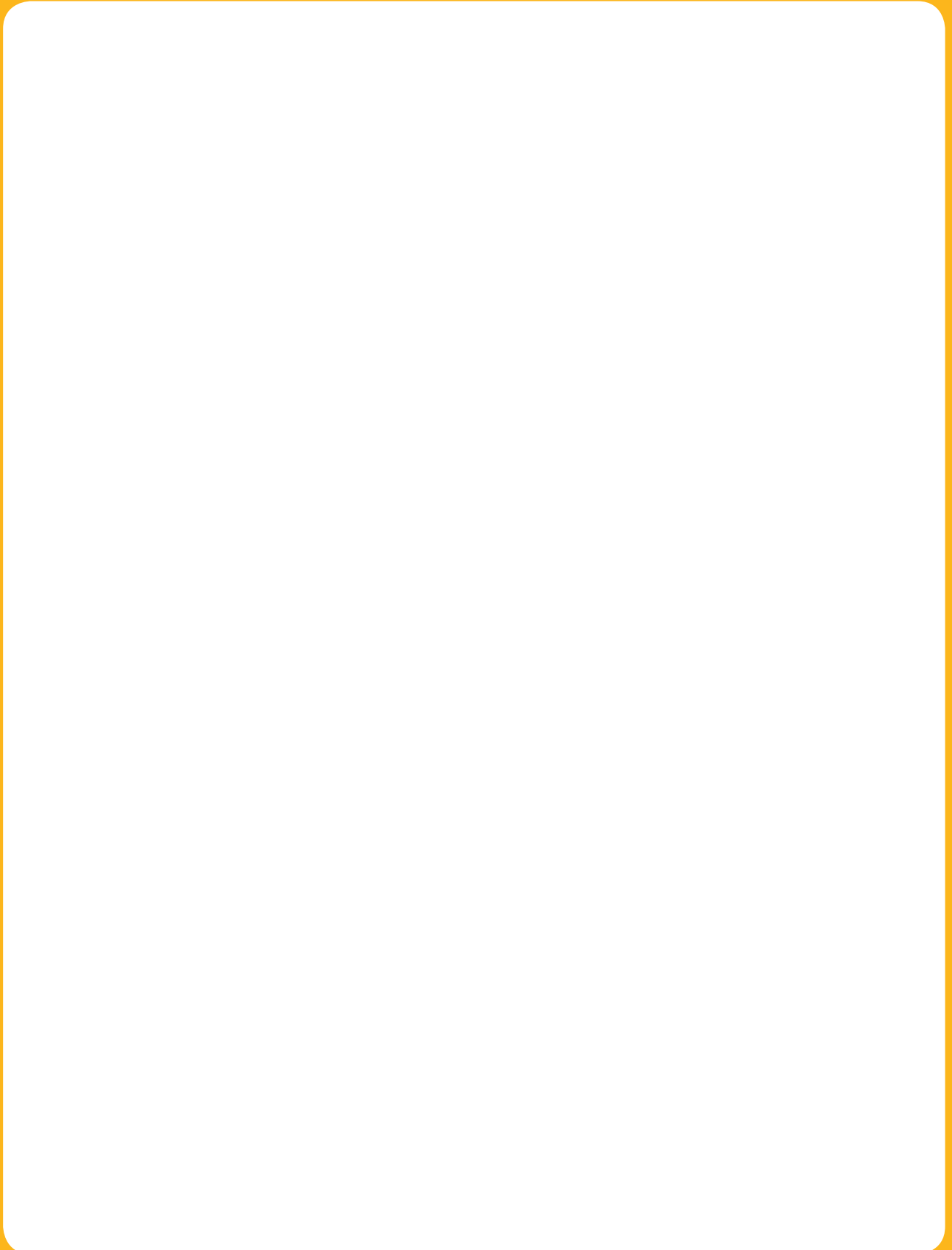




# My Scrapbook of the UK

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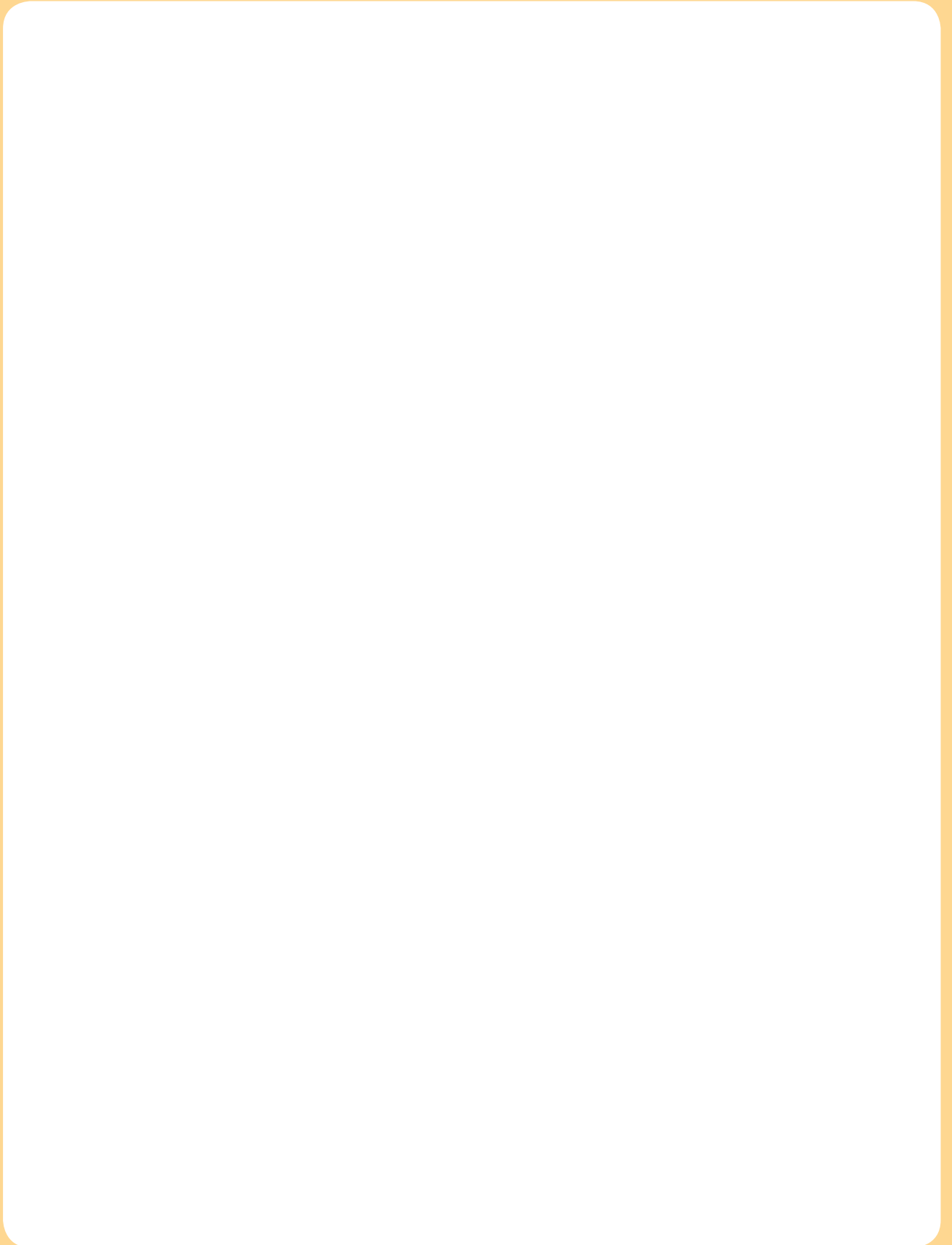
Time to get creative! On these pages you can draw pictures and patterns or glue anything that you would like to keep such as bus tickets, photographs or food wrappers.



# My Scrapbook of the UK

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# My Scrapbook of the UK

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Complete this wordsearch by highlighting the names of rooms and household items.

Z	S	I	X	P	X	D	L	N	J	W	K	C	B	D
O	I	M	G	X	V	E	R	E	W	C	X	Y	N	U
J	N	S	V	E	G	K	K	V	O	Y	J	V	X	X
K	K	Y	J	N	I	E	C	O	W	N	J	Z	W	I
I	D	F	U	V	U	H	K	E	X	R	D	D	I	L
T	S	O	E	Y	R	E	P	V	U	B	J	Z	O	Q
C	L	G	E	B	R	G	R	A	J	E	M	H	N	C
H	L	J	Y	I	U	W	W	W	C	O	J	M	N	J
E	N	X	D	W	J	S	R	O	O	Z	W	D	J	Y
N	T	V	T	B	W	O	A	R	Y	U	S	B	F	J
O	C	F	P	A	I	Z	H	C	K	E	T	T	L	E
E	G	D	I	R	F	T	F	I	V	I	N	N	I	A
D	T	X	H	I	A	H	J	M	N	I	C	I	C	L
N	L	Y	H	B	K	M	H	G	M	T	G	U	H	Z
N	K	V	V	M	O	O	R	D	E	B	Z	T	Z	N

KITCHEN  
BATHROOM  
BEDROOM  
LOUNGE  
FRIDGE  
COOKER  
TV  
MICROWAVE  
OVEN  
KETTLE  
SINK



