

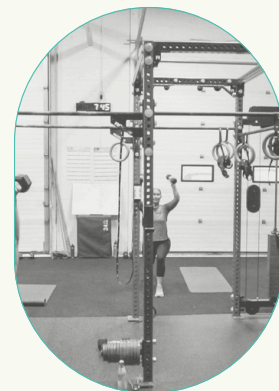


Forward Movement Gym

UNIT 24 HOTCHKISS WAY, BINLEY INDUSTRIAL ESTATE, COVENTRY

Who we are

At Forward Movement, our mission is to empower young people through physical fitness, discipline, and personal development. We believe that the lessons learned under the barbell and in the gym — commitment, resilience, respect, and teamwork — are the same values that shape success in life. Through providing real world qualifications and structured gym-based education, we help learners rediscover confidence, build positive habits, and develop the mindset needed to re-engage with learning, enhance their employability and have a positive impact on their communities.



Student Outcomes

Students who take part in our Lifting Potential Programme will have the opportunity to rediscover their self-confidence, develop greater self-belief, and build the motivation needed to re-engage positively with education and future learning opportunities. Through a supportive and engaging environment, participants will enhance their employability skills, improve communication and teamwork, and develop a positive mindset that will help them overcome barriers and achieve their personal goals.

In addition to the personal development benefits, students will gain access to nationally recognised qualifications that can support their progression into further education, training, or employment. These include the RQF Focus Awards Level 1 Award in Assisting a Gym Instructor, the RQF Focus Awards Level 2 Award in Planning and Delivering Gym-Based Exercise, and an Emergency First Aid at Work qualification.

These industry-relevant qualifications provide students with valuable knowledge and practical skills within the health and fitness sector, helping them to build a strong foundation for future career opportunities. Upon leaving school, students will be better equipped to seek employment within gyms, fitness centres, and leisure facilities, while also possessing transferable skills that are highly valued across a wide range of workplaces. By combining personal development with accredited learning, the programme aims to raise aspirations, improve future prospects, and empower young people to take positive steps towards sustainable employment and lifelong success.

Safeguarding

DSL -Danny Rowland, danny@forwardmovementpt.co.uk, 07584990046

DDSL - N/A

Enhanced DBS Staff

Safeguarding policy

Insurance Documents - 02/27

Health and Safety

Delivery site is on-site

Risk Assessment - 10/11/2027

Specialisms

- Vocational
- SEND
- Mental Well-being
- Mentoring
- Secondary

Mode of delivery

- On-Site



FSM



Transport Can be Arranged



Quality Assured by CAP Documents on Sharepoint

